European Respiratory Society Annual Congress 2012

Abstract Number: 1844

Publication Number: P2541

Abstract Group: 10.1. Respiratory Infections

Keyword 1: Pneumonia Keyword 2: Sepsis Keyword 3: Immunosuppression

Title: Clinical features, outcome and factors associated with mortality in patients with Nocardia pneumonia

Dr. Irfan 13688 Muhammad muhammad.irfan@aku.edu MD ¹, Dr. Ahmed S. 13689 Haque suleman.haque@aku.edu MD ¹, Dr. Kauser 13690 Jabeen kausar.jabeen@aku.edu MD ², Mr. Wasay 13691 Hafiz Abdul mirf95@gmail.com ¹, Ms. Safia 13692 Awan safia.awan@aku.edu ¹ and Dr. Fasih 13693 Ur Rehman fasih.rahman@aku.edu MD ¹. ¹ Medicine, Aga Khan University, Karachi, Pakistan, 74800 and ² Pathology & Microbiology, Aga Khan University, Karach, Pakistan, 74800 .

Body: Background: Nocardia pneumonia has emerged as an important cause of mortality and morbidity in both immunocompetent and immunocompromised hosts. In this study, risk factors, clinical features, outcomes and factors associated with mortality in nocardia pneumonia were reported. Materials and Methods: Clinical records of all cases diagnosed with nocardia pneumonia during 2001-2010 were reviewed. Identification of Nocardia species was based on positive Gram stain and positive modified acid-fast stain results, colonial morphology, and conventional biochemical reactions. Data was analyzed using SPSS version 17. Factors associated with mortality was assessed by univariate and multivariate analysis. Results: Fifty Five cases were identified. Fever, cough and dyspnea were the most common presentations. Most important risk factors were chronic steroid administration (69%) and an underlying malignancy (24%). Most common complications observed were respiratory failure (27%) and septicemia (27%). 19(34.5%) patients died. Factors associated with mortality were Smoking (p 0.01), decreased appetite (p 0.007), leukocytosis (p 0.006), mechanical ventilation (p <0.001) and septicemia (p <0.001). Septicemia (OR 20 [95% CI 3.13 -130] was found to be independent risk factor for mortality on multivariate analysis. Conclusion: We report underlying malignancy and chronic corticosteroid therapy as a risk factor for development of nocardiosis in our patients. High mortality rate in this cohort were observed. Septicemia was found to be independent risk factor for mortality. Clinicians should keep a high index of suspicion for early diagnosis and management to decrease mortality.