

Airway responsiveness to leukotriene C₄ (LTC₄), leukotriene E₄ (LTE₄) and histamine in aspirin-sensitive asthmatic subjects

P.E. Christie*, M. Schmitz-Schumann**, B.W. Spur⁺, T.H. Lee⁺

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ABSTRACT: We wanted to determine whether the airway response to inhaled leukotriene C₄ (LTC₄) is similar to inhaled leukotriene E₄ (LTE₄) in aspirin-sensitive asthma and, therefore, determined airway responsiveness to histamine, LTC₄ and LTE₄ in seven aspirin-sensitive subjects and 13 control asthmatic subjects, who were tolerant of aspirin.

The concentration of inhaled lysine-aspirin which produced a 15% fall in forced expiratory volume in one second (FEV₁) (PC₁₅) was determined in aspirin-sensitive asthmatic subjects. The dose of histamine, LTC₄ and LTE₄ which produced a 35% fall in specific airways conductance (PD₃₅sGaw) was determined by linear interpolation from the log dose response curve.

There was no correlation between the PC₁₅ for lysine-aspirin and the airway reactivity to inhaled LTC₄ or LTE₄. There was no difference in airway response to histamine and LTC₄ between any of the groups of asthmatic subjects. There was a rank order of potency LTC₄>LTE₄>histamine in both groups, with LTC₄ approximately 1,000 fold more potent than histamine in both groups. Aspirin-sensitive asthmatic subjects were significantly more responsive to LTE₄ (p=0.02) than aspirin-tolerant asthmatic subjects. The relative responsiveness of LTE₄ to histamine (PD₃₅ histamine/PD₃₅ LTE₄) was significantly greater in aspirin-sensitive asthmatic subjects compared to aspirin-tolerant asthmatic subjects (p=0.05). There was no difference in relative responsiveness of LTC₄ to histamine between aspirin-sensitive or aspirin-tolerant asthmatic subjects.

We conclude that the airways of aspirin-sensitive asthmatic subjects demonstrate a selective hyperresponsiveness to LTE₄, which is not observed for LTC₄.

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*Swiss Institute for Allergy and Asthma Research, Davos, Switzerland. **Hochgebirgsklinik, Wolfgang-Davos, Switzerland. ⁺Dept of Allergy and Allied Respiratory Disorders, UMDS, Guy's Hospital, London, UK.

Correspondence: T.H. Lee
Dept of Allergy and Allied Respiratory Disorders
4th Floor, Hunt's House
Guy's Hospital
London SE1 9RT
UK

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Arachidonic acid, released from cell membrane phospholipids by the action of phospholipase A₂, may be metabolized by the cyclo-oxygenase pathway to generate prostaglandins and thromboxane A₂, or by the 5-lipoxygenase pathway to generate the leukotrienes (LT), LTB₄, LTC₄, LTD₄ and LTE₄ [1, 2]. The sulphidopeptide leukotrienes LTC₄, LTD₄ and LTE₄ comprise the activity previously recognized as slow-reacting substance of anaphylaxis (SRS-A) [3, 4]. *In vitro* these compounds are potent contractile agonists for nonvascular smooth muscle, and in humans are potent bronchoconstrictor agonists when inhaled [5].

A proportion of asthmatic subjects develop bronchospasm following ingestion of aspirin, which may be accompanied by naso-ocular symptoms, and they are termed aspirin-sensitive. Sulphidopeptide leukotrienes may play a role in aspirin-sensitive asthma. The airways of aspirin-sensitive asthmatic subjects demonstrate increased airway response to inhaled LTE₄, compared to asthmatic subjects who are aspirin-tolerant [6]. Following desensitization with aspirin, the airway response to inhaled LTE₄ is reduced, whilst the airway response to histamine remains unchanged [6]. Baseline urinary LTE₄ concentrations are elevated in aspirin-

sensitive asthmatic subjects compared to aspirin-tolerant subjects, and there is further release of LTE₄ following oral aspirin challenge in aspirin-sensitive asthmatic subjects [7, 8]. Prior inhalation of the leukotriene receptor antagonist SK&F 104353 attenuates aspirin-induced bronchoconstriction in aspirin-sensitive subjects [9].

It is unknown whether the airway response to inhaled LTC₄ is similar to inhaled LTE₄ in aspirin-sensitive asthma. This study compares the airway responses to inhaled LTC₄, LTE₄ and histamine, between aspirin-sensitive and aspirin-tolerant asthmatic subjects.

Subjects

Seven aspirin-sensitive subjects (4 male, 3 female, aged 23-55 yrs), and 13 non-aspirin-sensitive asthmatic subjects (7 males, 6 female, aged 23-52 yrs), of whom seven were non-atopic and six were atopic, were studied (table 1). Asthma was defined by a history of episodic wheezing and a greater than 20% reversibility of resting forced expiratory volume in one second (FEV₁) following 400 µg

Table 1. - Patient characteristics and treatment

Subject No.	Age yrs	Sex	Atopy	FEV ₁ % pred	Treatment	lys-aspirin mg·ml ⁻¹
Aspirin-sensitive asthmatic subjects						
1	42	M	-	85	AB	2.5
2	23	F	+	92	AB	2.5
3	34	M	+	82	ABC	1.25
4	23	F	+	97	ABC	2.5
5	55	F	-	95	AB	5.0
6	51	M	+	81	AB	2.5
7	46	M	-	78	ABD	1.25
Mean	39			87		2.5
SEM	4.8			2.8		0.4
Aspirin-tolerant asthmatic subjects						
1	45	M	-	129	AB	
2	18	M	-	97	AB	
3	22	F	-	82	A	
4	41	F	-	107	AB	
5	24	F	-	99	A	
6	52	M	-	105	A	
7	45	M	-	88	A	
8	48	F	+	92	AB	
9	48	M	+	112	A	
10	20	F	+	89	AB	
11	43	M	+	86	AB	
12	40	F	+	107	AB	
13	28	M	+	100	AB	
Mean	36			99		
SEM	3.3			3.5		

A: inhaled albuterol, 200 µg *t.d.s.*, *pm*; B: inhaled corticosteroid, 200 µg *b.d.*; C: theophylline, 500 mg *b.d.*; D: prednisolone, 8 mg orally *q.d.*; FEV₁: forced expiratory volume in one second; lys-aspirin (inhalation challenge).

inhaled salbutamol. The % predicted baseline FEV₁ was 87±2.8% (mean±SEM) and 99±3.5% in the aspirin-sensitive asthmatic and control (aspirin-tolerant) asthmatic subjects, respectively. Aspirin-sensitive asthma was confirmed by the presence of a positive lysine-aspirin inhalation challenge. Atopy was defined by positive skin prick tests to at least two common aeroallergens: grass pollen, tree pollen, cat dander, dog hair, *Dermatophagoides pteronyssinus* and *D. farinae* and total serum immunoglobulin E (IgE) level >160 kU·ml⁻¹. Subjects had not taken antihistamines or cromolyn in the month prior to the study, and no subject had experienced an upper respiratory tract infection in the preceding month or during the study. Permitted medication, which remained unchanged during the study, included inhaled β-agonist and inhaled corticosteroid. Aspirin-sensitive asthmatic subjects Nos. 3 and 4 were receiving theophylline, 500 mg twice daily, and subject No. 7 was receiving oral prednisolone, 8 mg daily. Medication was withheld 8 h prior to provocation prior to each study day. Each subject underwent inhalation challenge with lysine-aspirin to exclude the presence of aspirin sensitivity.

The study protocol was approved by the Hochgebirgsklinik, Davos-Wolfgang Ethics Committee and each subject gave informed consent.

Study design

Subjects were recruited into the study following clinical assessment, skin prick tests blood sampling and lysine-aspirin inhalation challenge. Subjects attended the laboratory on three separate occasions, separated by at least a one week interval, when inhalation challenges with histamine, LTC₄ or LTE₄ were performed in a randomized fashion. Histamine challenge was performed single-blind, whereas LTC₄ and LTE₄ were performed double-blind.

Methods

Measurements of airway calibre

Measurements of specific airways conductance (sGaw) were made in a total body plethysmograph linked to a digital computer (Bodytest, Jaeger Ltd). Provided baseline sGaw was >0.7 s⁻¹·kPa⁻¹, inhalation challenge with agonist proceeded. There was no significant difference in baseline sGaw values in individual subjects on separate study days.

Inhalation challenge

Inhalation challenges were performed using the Asthma Provocation System (APS) Jaeger dosimeter which delivers compressed air at a pressure of 1.6 bar (22.8 psi) for a duration of 0.6 s from the start of each breath. Under these conditions, the nebulizer delivers droplets with a mass median aerodynamic diameter of 1.9 µm and the output of the nebulizer is 5.8 µl·breath⁻¹. Following baseline measurements of sGaw, subjects inhaled control solution (10 breaths of phosphate buffered saline (PBS) for leukotriene challenges, and 5 breaths of normal saline for histamine challenge). Each inhalation started at functional residual capacity and terminated at approximately 70% baseline vital capacity; a 5 s breathhold was maintained at the end of each inhalation. If the decrease in sGaw was <10% from baseline value, subjects underwent inhalation challenge with histamine, LTC₄ or LTE₄.

Histamine challenge

Serial twofold increasing concentrations of histamine chloride (Fluella apothek, Davos, Switzerland) were inhaled from a concentration of 0.03 mg·ml⁻¹ (0.16 mM). Specific airways conductance was measured 2 min after each inhalation, and doubling concentrations were administered until the sGaw had fallen by more than 35%.

Inhalation challenge with LTC₄ and LTE₄

LTC₄ and LTE₄ were prepared by total chemical synthesis, as described previously, and frozen under argon at

-70°C [3]. Each leukotriene was analysed before inhalation challenge by reverse phase high performance liquid chromatography (RP-HPLC), on a 10 µm C₁₈ ultrasil-ODS column (4.6×250 mm; Beckman Instruments Inc., Berkeley, CA, USA), at a flow rate of 1 ml·min⁻¹ with 65% methanol (BDH), 34.9% water, 0.1% acetic acid, pH 5.6, as solvent. Absorbance was monitored with an on-line spectrophotometer at 280 nm linked to an integrator (Spectraphysics, Mountain View, CA, USA, model SP 4270). The purity of each leukotriene was confirmed before challenge by its elution as a single peak at its retention time of 12.5±0.2 mins (LTC₄) and 23±0.1 min (LTE₄) (mean±SEM, n=15) in this solvent system. The concentration of each leukotriene solution was assessed by ultraviolet scanning at 280 nm, assuming an extinction coefficient of 40,000 cm⁻¹·M⁻¹, and dilutions of each leukotriene were prepared in PBS.

For LTC₄ and LTE₄ challenges, each subject inhaled geometrically increasing concentrations starting at 4×10⁻⁸ M and 4×10⁻⁷ M for LTC₄ and LTE₄, respectively, to a maximal concentration of 1×10⁻⁵ M and 1×10⁻⁴ M for LTC₄ and LTE₄, respectively. Five sGaw measurements were made at each time-point, namely at 2 and 5 min, and then at 5 min intervals for 15 min. The dose response curve for leukotrienes was constructed from the lowest mean value of sGaw after each inhaled dose. If a 35% decrease in sGaw was not achieved, the concentration of leukotriene in the nebulizer was increased by threefold and the protocol was repeated.

Lysine-aspirin inhalation challenge

Lysine-aspirin inhalation challenge was performed using the method of SCHMITZ-SCHUMANN *et al.* [10]. Lysine-aspirin (Synthelabopharma, Lausanne, Switzerland) was used as a powder containing 900 mg lysine acetylsalicylate with 100 mg glycine. The powder was diluted in 5 ml of water to produce a solution, 180 mg·ml⁻¹ (0.55 mol·l⁻¹) lysine acetylsalicylate, which is equivalent to 100 mg·ml⁻¹ acetylsalicylic acid. This solution was diluted in 0.9% sodium chloride to produce increasing doubling concentrations ranging 1.25–25 mg·ml⁻¹ (3.8–0.076 mol·l⁻¹). One millilitre of lysine-aspirin solution was placed in a Heyer nebulizer driven by compressed air (output 8 l·min⁻¹), which generates an aerosol with a mass median particle diameter of 5 µm. Subjects inhaled the aerosol solution *via* a mouthpiece during normal tidal breathing. Measurements of airway response were made using a spirometer (Micromedical Ltd) and the subjects were studied if baseline FEV₁ was greater than 65% predicted. If the change in FEV₁ was less than 10% after inhalation of normal saline, challenge with lysine-aspirin was performed. Three measurements of FEV₁ were made at 15 and 30 min following each dose of lysine-aspirin, and the maximal reading was recorded. If the fall in FEV₁ was <10%, a doubling concentration of lysine-aspirin was inhaled and the protocol repeated until there was a >15% fall in FEV₁. Measurements of airway response were continued for up to 4 h following a positive reaction.

Data analysis

Airways responsiveness to each agonist was determined by the cumulative dose of agonist required to induce a 35% fall in sGaw (PD₃₅) as determined by linear interpolation from the log dose response curve. The PD₃₅sGaw LTE₄ in aspirin-tolerant asthmatic subjects Nos. 5 and 7 was extrapolated from the log dose response curve, since there was only 31 and 30% fall in sGaw, respectively, following inhalation of the highest dose of LTE₄. All values were log transformed for analysis. Results were considered to be significantly different if p=0.05 or less. Differences in airway response to bronchoconstrictor agonists between groups of asthmatic subjects were analysed using t-test for independent observations. The relative response of inhaled leukotriene to histamine was determined by the ratio of PD₃₅sGaw histamine to PD₃₅sGaw LTC₄ or PD₃₅sGaw LTE₄. The time course of recovery following LTC₄ or LTE₄ inhalation was not analysed, since inhaled bronchodilator therapy was required by some subjects following maximal bronchoconstriction.

Results

The concentration of lysine-aspirin administered in aspirin-sensitive subjects was 2.7±0.6 mg·ml⁻¹ (mean±SEM,

Table 2. – Airway response to histamine, LTC₄ and LTE₄

Subject No.	PD ₃₅ sGaw His nmol	PD ₃₅ sGaw LTC ₄ nmol	PD ₃₅ sGaw LTE ₄ nmol
Aspirin-sensitive asthmatic subjects			
1	25	0.032	0.55
2	300	0.13	2.2
3	110	0.035	0.002
4	900	0.3	1.6
5	170	0.12	0.16
6	40	0.016	0.3
7	38	0.027	0.24
GM	110	0.06	0.24*
Control asthmatic subjects			
1	360	0.46	1.0
2	8	0.4	0.2
3	480	0.005	0.85
4	360	0.018	0.13
5	1800	0.04	28.0
6	320	0.48	8.0
7	480	0.17	20.0
8	70	0.42	7.5
9	7	0.004	8.0
10	50	0.15	2.1
11	190	0.065	3.8
12	240	0.69	5.0
13	100	0.055	0.5
GM	140	0.09	2.45

PD₃₅sGaw: cumulative dose of agonist producing a 35% fall in specific airway conductance; His: histamine; LTC₄: leukotriene C₄; LTE₄: leukotriene E₄; GM: geometric mean. *: p=0.02 vs control asthmatic subjects.

$n=7$). Control asthmatic subjects inhaled 25 mg·ml⁻¹ lysine-aspirin with no effect. There was no correlation between the dose of lysine-aspirin inhaled in aspirin-sensitive asthmatic subjects and the airway response to LTC₄ and LTE₄ ($r=0.338$, $p=0.51$; $r=0.31$, $p=0.53$, respectively).

Airway response to histamine, LTC₄ and LTE₄

The PD₃₅sGaw histamine, PD₃₅sGaw LTC₄ and PD₃₅sGaw LTE₄ in individual subjects is shown in table 2. There was no significant difference in PD₃₅sGaw histamine between aspirin-sensitive and the control asthmatic subjects.

Following LTC₄ inhalation, maximal bronchoconstriction occurred within 2–5 min and did not differ between aspirin-sensitive and control asthmatic subjects. The PD₃₅sGaw LTC₄ in aspirin-sensitive asthmatic subjects was 0.06 nmol (GM, range 0.032–0.3 nmol), which was not significantly different from the PD₃₅sGaw LTC₄ in the control asthmatic subjects, which was 0.09 nmol (GM, range 0.004–0.69 nmol) ($p=0.5$). In the control asthmatic subjects there was no significant difference in PD₃₅sGaw LTC₄ between atopic or non-atopic asthmatic subjects ($p=0.9$).

Following LTE₄ inhalation, maximal bronchoconstriction occurred within 5–10 min and did not differ between aspirin-sensitive and control asthmatic subjects. The GM PD₃₅sGaw LTE₄ was 0.24 nmol (GM, range 0.002–2.2 nmol) and

2.45 nmol (GM, range 0.13–28.0 nmol) in aspirin-sensitive and control asthmatic subjects, respectively, ($p=0.02$). The airways of aspirin-sensitive asthmatic subjects were significantly (10.2 fold) more responsive to LTE₄ than control asthmatic subjects. In aspirin-sensitive subject No. 3, there was a 60% fall in sGaw following inhalation of the first dose of LTE₄. There was no significant difference in GM PD₃₅sGaw LTE₄ between the atopic and non-atopic control asthmatic subjects ($p=0.6$).

Responsiveness of the airways to LTC₄ and LTE₄ relative to that of histamine

The responsiveness of the airways to LTC₄ and LTE₄ compared with histamine is shown in table 3. The responsiveness of the airways to LTC₄ relative to histamine was 1,862 (GM, range 781–3,142) and 1,584 (GM, range 20–96,000) in aspirin-sensitive and control asthmatic subjects, respectively, and was not significantly different. There was no significant difference in responsiveness of the airways to LTC₄ relative to histamine between atopic and non-atopic control asthmatic subjects. The responsiveness of the airways to LTE₄ relative to histamine was 457 (GM, range 45–55,000) in aspirin-sensitive subjects, which was significantly different from the control asthmatic subjects (58 GM, range 0.8–2,769) ($p=0.05$). There was no significant difference between the responsiveness of the airways to LTE₄ compared to histamine between atopic and non-atopic control asthmatic subjects.

Table 3. – Relative response of LTC₄ or LTE₄ to histamine

Subject No.	PD ₃₅ sGaw His PD ₃₅ sGaw LTC ₄	PD ₃₅ sGaw His PD ₃₅ sGaw LTE ₄
Aspirin-sensitive asthmatic subjects		
1	781	45
2	2307	136
3	3142	55000
4	3000	562
5	1416	1062
6	2500	133
7	1407	158
GM	1862	457*
Control asthmatic subjects		
1	782	360
2	20	40
3	96000	564
4	20000	2769
5	45000	64
6	666	40
7	2823	24
8	166	9
9	1750	1
10	333	24
11	2923	50
12	347	48
13	1818	200
GM	1584	58

Discussion

Aspirin-sensitive asthmatic subjects demonstrate increased airways responsiveness to inhaled LTE₄ but not to LTC₄ or histamine, when compared to asthmatic subjects who are aspirin-tolerant. This study was prompted by the following two observations which we had made previously. Firstly, whilst airways of asthmatic subjects were approximately 14, 15, 6 and 9 fold more responsive to histamine, methacholine, LTC₄ and LTD₄, respectively, airways of subjects with bronchial asthma were 219 fold more responsive to LTE₄ [11]. Thus, there was a substantially augmented level of hyperresponsiveness to LTE₄ in bronchial asthma, which was not observed for the other bronchoconstrictor agents. As the nonspecific airways responsiveness increased, the relative potency of LTE₄ also increased, whereas the potency of LTC₄ and LTD₄ decreased. These results suggest that the mechanism of bronchoconstriction induced by LTE₄ may be distinct from that produced by LTC₄ or LTD₄ in subjects with asthma. We suggested that this may reflect leukotriene subtype receptor heterogeneity in asthmatic airways. The difference in PD₃₅sGaw LTE₄ in control asthmatic subjects compared to that of a prior study [11] illustrates the wide range of airway response to LTE₄ which is observed in asthmatic subjects. This occurs despite random selection of subjects and good reproducibility of the leukotriene challenges, as observed from prior studies. For this reason, the airway response of LTE₄ relative to histamine was determined.

For abbreviations see legend to table 2. *: $p=0.05$ vs control asthmatic subjects.

The second observation was the finding that the airways of patients with aspirin-induced asthma were significantly more responsive to LTE_4 than asthmatic subjects who were tolerant to aspirin [6]. We reasoned that, if there is an abnormal responsiveness to LTE_4 in asthma, which is not observed for LTC_4 and LTD_4 , we may find a disproportionate increase in LTE_4 responsiveness in aspirin-sensitive asthmatic subjects, which is not seen for LTC_4 or LTD_4 .

The present study was conducted in Davos, Switzerland, at altitude (1,560 m above sea level), whereas the previous study was performed in London. Thus, the control asthmatic subjects come from a different population and are, therefore, not directly comparable. It is important to note that one of the reasons why asthmatic patients are sent to Davos is because they benefit from the change in environment. Many of these individuals spend at least 6 weeks in Davos, and lung function improves and stabilizes within the first week. Our patients were studied when they were stable. It is likely that the differences observed in LTC_4 and LTE_4 ratio between the patients in Davos and the patients in London [11] is explained by the effects of the environment on airways responsiveness. The present study included aspirin-sensitive and non-aspirin-sensitive patients who had been in Davos for a similar period of time, and the results are, therefore, directly comparable. This study emphasizes the importance for a proper control group for this type of study.

Our results demonstrate that the increased responsiveness seen in aspirin-sensitive asthmatic subjects to LTE_4 is not observed for LTC_4 . Thus, the recognition mechanisms for LTC_4 and LTE_4 in the airways of patients with aspirin sensitivity may differ. The finding of enhanced airways response to LTE_4 in aspirin-sensitive asthma is consistent with the findings of ARM *et al.* [6], who demonstrated that aspirin-sensitive asthmatic subjects were approximately 13 fold more responsive to LTE_4 compared to control asthmatic individuals.

We have used specific airways conductance as a measure of large airways function, as previous work has suggested that asthmatic subjects demonstrate a greater response to LTE_4 in the central airways [12]. Apart from the possibility of leukotriene subtype receptor heterogeneity, our results may be explained by the possibility that LTC_4 and LTE_4 had a different site of deposition, or that there was a difference between asthmatic and normal subjects in the rate of metabolism with LTC_4 and LTE_4 .

It seems unlikely that differential deposition was the explanation for our data, although this cannot be excluded. The leukotrienes were prepared in an identical manner by an independent investigator and the inhalation challenges were performed in random order and blind. Furthermore, each volunteer was subjected to each of the three challenges. Methods of nebulization and inhalation were identical for all doses of leukotrienes in all subjects.

Because there is bioconversion of LTC_4 to LTD_4 to LTE_4 , a possible explanation for our observations may be that the metabolism of LTC_4 to LTD_4 to LTE_4 occurred more rapidly in aspirin-sensitive individuals than in asthmatic subjects who were aspirin-tolerant. There are no data

on the rate of metabolism of LTC_4 in aspirin-sensitive subjects, although work is in progress to evaluate this question.

The most interesting possibility for the difference between LTC_4 and LTE_4 is that there are different sulphidopeptide leukotriene recognition mechanisms, and that there may be differential expression of these receptors between the two groups of asthmatic subjects studied. If LTE_4 had a distinct recognition unit that was expressed relatively more than the receptor for LTC_4 in airways of aspirin-sensitive individuals, then the different relative responsiveness of LTC_4 and LTE_4 to the reference agonist would be explained. There is significant evidence in guinea-pigs to support the suggestion that separate receptors exist [13–17]. However, in man, there is no pharmacological or radioligand binding data to support the view of receptor heterogeneity. A previous study, conducted in the presence of bioconversion inhibitors on intralobar airways isolated in human subjects undergoing surgery for carcinoma of the bronchus, has revealed no evidence for multiple leukotriene receptors [18]. However, airways from asthmatic subjects were not studied, and the influence of underlying airway inflammation on receptor expression is unknown.

Apart from differences in the response to inhaled leukotrienes in aspirin sensitivity, there appear to be selective alterations in responsiveness to prostaglandins in aspirin-induced asthma. SZCZEKLAK *et al.* [19] investigated the airway response to $\text{PGF}_{2\alpha}$ in aspirin-sensitive, atopic and non-atopic asthmatic subjects [19]. Atopic subjects were reactive to low-doses of histamine and $\text{PGF}_{2\alpha}$. Aspirin-sensitive asthmatic subjects had similar airways responses to histamine, but tolerated higher doses of $\text{PGF}_{2\alpha}$. In patients with intrinsic asthma, even larger doses of histamine and $\text{PGF}_{2\alpha}$ were necessary to induce bronchoconstriction. The response to PGE_2 was similar in all three groups of asthmatic subjects, although in aspirin-sensitive asthmatic individuals, peak bronchodilatation occurred at the end of PGE_2 inhalation, unlike the response in atopic and intrinsic asthmatic subjects, in whom bronchodilatation occurred up to 30 min later.

The finding that the airways of patients with aspirin sensitivity have a significantly augmented responsiveness to LTE_4 compared to asthmatic subjects who are tolerant of aspirin, suggests that sulphidopeptide leukotriene antagonists, with a specificity for LTE_4 , may be particularly beneficial to asthmatic subjects with aspirin sensitivity. In this respect, the sulphidopeptide leukotriene receptor antagonist SK&F 104353 has already been shown to significantly attenuate aspirin-induced bronchospasm [9].

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