

Follow-up of 452 totally implantable vascular devices in cystic fibrosis patients

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ABSTRACT: The use and complications of totally implantable vascular access devices (TIVADs) were examined during multiple courses of antibiotics in cystic fibrosis (CF) patients.

This retrospective study involved 36 CF centres. Risk factors for removal and septicaemia were sought by survival analysis of censored data. Multivariate Cox models were constructed with removal or septicaemia as the event and the characteristics of TIVADs as explanatory variables.

TIVADs (n=452) were implanted in 315 patients. The mean functional time per device was 32±25 months. Long-term complications occurred with 188 devices (42%); they consisted mainly of occlusion (21%, requiring removal in 77%), infection (9.3%, requiring removal in 85%; septicaemia in 7.3%; rate 0.3 per 1,000 days, *Candida* in 66%), and vascular thrombosis (4.7%, removal in 58%). Multivariate survival analysis showed that removal, whatever the reason, was associated with polyurethane (*versus* silicone) and routine use of the device for blood sampling (*versus* never). No risk factors, including heparin lock, were identified for septicaemia or for removal for obstruction.

Totally implantable venous access devices appear to be safe and reliable for long-term intermittent venous access. Although retrospective, this study suggests that the characteristics of the material and blood sampling are risk factors for removal.

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Chronic infections in patients with cystic fibrosis (CF), especially after colonisation by *Pseudomonas aeruginosa*, require repeated courses of intravenous antibiotics. Increasing problems with peripheral venous access may indicate implantation of a central venous access.

Relative to external central catheters, totally implantable vascular access devices (TIVADs) facilitate long-term maintenance, permit almost unlimited physical activity, and improve the patient's self-image, which is especially important for children and young adults. Nevertheless, TIVADs are associated with a number of complications. Previous studies of these devices in CF patients have involved small groups. The experience of 36 CF centres over a period of 9 yrs is reported here, based on systematic review of the implantation procedure, use, long-term maintenance and complications.

Materials and methods

Patients

The medical charts of 315 CF patients who underwent one or more TIVAD procedures between January 1990 and December 1998 were reviewed. The patients were treated in 36 CF centres. A chart was sent to a corresponding physician in each CF centre who collected the data for all the patients treated in their centre. Data analysed included patient age, *P. aeruginosa* colonisation, surgical reports (TIVAD model,

insertion site, procedure, prophylactic antibiotics, immediate complications), TIVAD use (courses of antibiotics, parenteral nutrition, lipid infusion, blood sampling), long-term maintenance (heparin, physiological sera, counter-pressure), long-term complications (catheter occlusion, vascular thrombosis, infection, discomfort, catheter rupture, displacement or disconnection, aesthetic prejudice, skin necrosis, pinch-off) and indications for TIVAD removal.

Statistical analysis

Univariate and multivariate analysis were performed using two separate models for censored data. Each device was considered as a statistical unit. The first model considered the life of the device and the withdrawal as the event, and assessed risk factors of withdrawal among explicative variables, such as the material of the device, long-term maintenance, and use of the device for blood sampling. The other model considered septicaemia as the event, withdrawal being a censure, with the same risk factor as the previous model. Significance level was 0.05.

Results

Devices (n=452) were implanted in 315 patients with a mean age of 12.3±6.9 yrs (range 0.42–43 yrs) at the first implantation. *P. aeruginosa* colonisation was diagnosed in 418 patients

(93%). The mean interval between initial *P. aeruginosa* isolation and implantation of the first device was 49 ± 0.4 months (range 0–23.5 yrs).

Surgical procedure

Of the patients, 215 (69%) received one device, 66 (21%) received two, 27 (9%) received three and six (2%) received four. All the devices were inserted in the operating room. The procedure (427 available answers to the questionnaire (AAQ)) was performed by a surgeon in 263 cases (62%), and by an anaesthetist in 164 (38%). The insertion sites (440 AAQ) were mainly thoracic (94%); only 26 devices (6%) being implanted brachially. The vascular access was prepared by denudation in one-half of the cases and percutaneously in the other half. The main sites of cannulation (408 AAQ) were the internal jugular vein in 141 cases (35%), the subclavian vein in 137 (34%), the external jugular vein in 94 (23%), the cephalic vein in 20 (5%), the basilic vein in 10 (2%) and the humeral vein in four (1%). The right side of the body was used for 69% of the devices.

A large variety of models were used in the different centres: the catheter material (289 AAQ) was silicone in 201 cases (70%) and polyurethane in 88 (30%); the catheter diameter (193 AAQ) was mainly 5, 6 or 7 French (26, 30 and 38% of cases, respectively); port sizes (203 AAQ) were micro in 65 cases (32%), paediatric in 76 cases (37%) and adult in 62 cases (31%). At the time of insertion (401 AAQ), 269 patients (67%) were on intensive intravenous antibiotic therapy for pulmonary exacerbations and 60 were receiving prophylactic antibiotics (357 AAQ), mainly consisting of aminoglycosides (40%), vancomycin (26%), amino penicillin (6%) and cephalosporins (4%).

Immediate complications

Immediate complications (452 AAQ) occurred in 17 cases (4%), with eight cases of haematoma (1.8%), four pneumothoraces (0.9%), one haemothorax, one minor wound to the external jugular vein, one case of abdominal pain, one of local redness, and one of severe bronchospasm. No association was found between the occurrence of immediate complications and the type of vascular access.

Totally implantable venous access device use

The devices were used chiefly (432 AAQ) for intermittent antibiotic infusion (86%); 14% were used for regular parenteral nutrition or lipid infusion. Blood sampling (407 AAQ) was performed through the devices routinely in 56 cases (14%), occasionally in 171 (42%) and never in 180 (44%). Anaesthetic cream was applied to the skin before insertion of the Huber needle (421 AAQ) in 49% of TIVADs.

Long-term maintenance

The TIVAD maintenance protocol (432 AAQ) consisted of flushing with heparin solution in 385 cases (89%) every 3.9 ± 1.7 weeks, flushing with physiological saline in 25 cases (6%) and a counter-pressure technique in 87 cases (20%).

Totally implantable venous access device lifespan

The mean functional time per device (449 AAQ) was 32 ± 25 months, and ranged from 0–165 months (1,205 catheter-yrs).

The mean number of antibiotic courses per device was 8.4 ± 6.4 (0–32).

Long-term complications

Late complications (452 AAQ) occurred in 188 cases (42%; table 1). Catheter occlusion was the most common mechanical complication, occurring in 21% of cases and requiring removal of the device in 77%.

Infectious complications (8.6%) included septicaemia and site infection, and led to removal of the catheter in 83% of relevant cases. The mean duration of catheter residence prior to infection was 680 ± 546 days. Catheter-related septicaemia occurred with 7.3% of devices (0.3 per 1,000 catheter-days). Organisms cultured from blood or the device were fungi (66%), *Staphylococcus epidermidis* (22%), *S. aureus* (6%) and Gram-negative bacilli (6%); *P. aeruginosa* was never isolated. The device was always removed when fungaemia occurred. There were eight episodes of site infection (1.3%) requiring removal of the device in 83% of relevant cases. The TIVADs were mainly used for intermittent antibiotic infusion, although lipid infusion or parenteral nutrition was combined in 14%. No association was found between total parenteral nutrition (TPN) and the risk of septicaemia. Multivariate analysis identified no risk factors associated with the risk of septicaemia, including the catheter material, site of insertion, long-term maintenance, blood sampling and parenteral nutrition.

Vascular thrombosis occurred with 21 TIVADs (4.7%); medical therapy was ineffective in 57%, requiring removal of the device. In this study, the catheter was made of silicone in 70% of cases and polyurethane in 30%. An association was found between the risk of vascular thrombosis and the use of polyurethane (11.4%) versus silicone (1.5%; $p < 0.01$, Chi-squared test) and between the risk of vascular thrombosis and the site of TIVAD insertion (brachial 20% versus thoracic 3.6%; $p < 0.01$). With brachial devices, the main sites of vein cannulation were humeral, basilic and cephalic; this may explain the high rate of thrombosis.

Frequent complications (<5% of cases) included discomfort in 4.4% (requiring replacement in 15%), catheter displacement in 3% (requiring removal in 92%), catheter disinsertion in 2%, and catheter rupture in 2% (all required removal), skin necrosis in 1% (requiring removal in 80%), aesthetic prejudice in 1% (requiring removal in 20%) and pinch-off in 0.4% (never requiring removal).

Totally implantable venous access device removal

Of the 452 (37%) devices, 170 were removed, generally for complications (table 2) comprising 72 catheter occlusions

Table 1.—Main long-term complications and removal of the device

	Complications %	Removal of the device %
Catheter occlusion	21	77
Infection	8.6	83
Vascular thrombosis	4.7	57
Discomfort	4.4	15
Catheter displacement	3	92
Catheter disinsertion	2	100
Catheter rupture	2	100
Skin necrosis	1	80
Aesthetic prejudice	1	20
Pinch-off	0.4	0

Table 2.—Main indications for the 170 totally implantable venous access device removal

Catheter occlusion	43
Infection	21
Vascular displacement	6.5
Catheter disinsertion	6
Catheter rupture	5
Transplantation	4
Clinical improvement	2.5
Skin necrosis	2.5
Others: discomfort, aesthetic prejudice, short-length catheter	<2

Data are presented as per cent.

(43%), 36 infections (21%), 12 vascular thromboses (7%), 11 catheter displacements (6.5%), 10 catheter disinsertions (6%), nine catheter ruptures (5%), four cases of skin necrosis (2.5%) and three of discomfort (2%), two short-length catheters (1%) and one for aesthetic prejudice. In the present study, multivariate survival analysis (Cox models) showed that blood sampling *via* the TIVAD carried a relative risk of 2.23 (95% confidence interval (CI) 1.24–4.01; $p < 0.01$) for device removal for all reasons *versus* nonuse. Furthermore, multivariate analysis (Cox models) showed that polyurethane devices were twice as likely as silicone devices to be removed, whatever the reason (relative risk 2, 95% CI 2.05–161.7; $p < 0.01$). The device was also removed from six patients (4%) undergoing lung transplantation, owing to the risk of infection associated with long-term immunosuppression and from four patients (2.5%) with clinical improvement, allowing intravenous antibiotic therapy to be stopped.

Discussion

Experience with long-term TIVAD implantation in patients with CF is still limited, but these devices are commonly used in the management of patients with cancer and acquired immune deficiency syndrome (AIDS). The use of TIVADs in patients with CF was first described in 1986 by PATTISON and HEAF [1]. Since then, only a few retrospective studies have been published, involving cohorts of between nine [2] and 115 [3] children or adults, with follow-up ranging from 2–13 yrs. A summary of previous studies in CF patients [3–12] is presented in table 3. The multicentre retrospective study over 9 yrs is the largest to date, with 1,205 catheter-yrs. The medical charts of 315 patients treated from January 1990 to December 1998 in 36 CF centres were reviewed.

The mean age at insertion of the first device was younger

here than in most other studies [2–10] but similar to that in the study by DEEROJANAWONG *et al.* [11] and older than in the series of CASSEY *et al.* [12]. Most of the patients had the devices inserted while on intensive intravenous therapy for pulmonary infection or antibiotic prophylaxis. Only one previous study, involving heterogeneous patients, mentioned antibiotic prophylaxis lasting 7 days in CF patients [13].

In contrast with most reports [3–5, 7–10, 13], the devices in the present study were not exclusively inserted by a surgeon but by an anaesthetist in 38% of cases. The vascular access was created by denudation for one-half of the devices and percutaneously for the others; this procedure is less traumatic for the vein but may be associated with an increased rate of pneumothorax when the subclavian vein is chosen [2]. In this study, the subclavian vein was cannulated in only 34% of cases, and severe immediate complications such as pneumothorax were rare compared with the 3.5% reported by AITKEN and TONELLI [4] or 4.4% by MORRIS *et al.* [5], reaching 9.2% reported by BURDON *et al.* [10]. In these studies, the subclavian vein was frequently catheterised (78, 82 and 100%, respectively) and this may explain the high rate of complications. However, it is interesting to note that the present authors had a very low incidence of pneumothorax, even with a percutaneous access.

Mechanical problems such as catheter occlusion were the most common complications in the study, with a rate of 21%, similar to that reported by DEEROJANAWONG *et al.* [11]; catheter removal was necessary in 77% in the present study and 53% of cases in the last study. The salvage rate of blocked catheters with urokinase was low (23%) compared with the 96% reported by MORRIS *et al.* [5], possibly owing to early intervention. Patients should be warned to seek medical advice if their TIVAD becomes slow to flush.

Vascular thrombosis occurred with 4.7% of TIVADs in this study, a rate lower than the 9% in the study by DEEROJANAWONG *et al.* [11]; removal was necessary for 57% and 100% of the catheters, respectively. PECKHAM *et al.* [14] reported the efficacy and safety of thrombolytic therapy, but this point remains controversial. No cases of thromboembolism related to the device were identified in the present study, but this complication has been described by others [15]. DEEROJANAWONG *et al.* [11] recommends Doppler ultrasonography to detect unsuspected thrombosis, allowing early thrombolytic treatment. In order to reduce the high incidence of mechanical complications, SOLA *et al.* [7] recommended prophylactic use of aspirin by all CF patients free of liver disease and clotting disorders, but there are too few data to support this recommendation. Furthermore, the risk of haemoptysis remains a particular concern in patients with CF.

Table 3.—Summary of case series of totally implantable venous access device (TIVAD) complications in patients with cystic fibrosis

Source and year	Patients n/ TIVAD n	Catheter-yrs	Pneumothorax	Catheter occlusion	Infection	Thrombosis	Mechanical complication	Overall
Current study 2004	315/452	1205	0.9	21	8.6	4.7		42
[3] 2000	74/115		1.4		14	3.5	36	54
[4] 2000	65/87	210	3.5	7	10.5	16		40
[5] 1990	58/68	73	4.4	34	17.6			
[6] 1989	26/26	29			8.7	4	27	40
[7] 1992	15/22	36		14	9	14	27	36
[8] 1996	18/33	71	0	66	15	10		
[9] 1998	42/61	269	1.6	16	5	6.5		38
[10] 1998	57/65	78	9		8			32
[11] 1998	44/57	145		22	31	9	53	84
[12] 1988	13/15	17		6.6	0		13	20

Data are presented as per cent of devices unless otherwise stated.

It would be of interest to manage a large scale prospective study evaluating factors favouring thrombosis before the insertion of central venous catheters.

In this study, long-term maintenance of TIVADs, when not in use, was based mainly on heparin; this seems to be the standard method for maintaining line patency [5–8, 10–13]. Counterpressure was used by ESSEX-CATER *et al.* [13] and BURDON *et al.* [10], and in 20% of cases in the present series. To date, there is no standard maintenance therapy, and randomised prospective studies would be of great interest.

The TIVADs in this study were used mainly for intermittent antibiotic infusion, although lipid or parenteral nutrition was combined in 14%. In other series, nutritional support was combined routinely [7], or for one-half of the devices [2] or for 31% [5], with no increase in the risk of infection. However, in the study by BURDON *et al.* [10], the two patients with *Candida* septicaemia were receiving nutritional support; the author recommended that TPN should only be given through the port if essential for the patient. The study by ALLEN *et al.* [16], which involved 25 CF patients, showed an increased rate of central venous catheter-related sepsis (1.29 to 3.45 cases per 1,000 days) during TPN.

Large differences in blood sampling practices are found among studies; the TIVAD being used systematically in the series by DEEROJANAWONG *et al.* [11], rarely in the study by YUNG *et al.* [8] and never in the studies by CASSEY *et al.* [12] or KARIYAWASAM *et al.* [3]. Since the authors have shown that blood sampling *via* TIVAD carries a higher risk for device removal, the medical team must be aware of the choice between a better comfort for the patient or a longer TIVAD lifespan.

Catheter-related septicaemia was reported by MORRIS *et al.* [5] (10% rate over 4 yrs), DEEROJANAWONG *et al.* [11] (9.1% over 9 yrs), RODGERS *et al.* [9] (5%) and YUNG *et al.* [8] (9.6% over 8 yrs), while CASSEY *et al.* [12] and STEAD *et al.* [2] reported no cases of bacterial or fungal sepsis in these two short follow-up studies. The 7.3% rate of septicaemia over 9 yrs in this study is relatively low. SOLA *et al.* [7] and DEEROJANAWONG *et al.* [11] identified certain factors potentially increasing the infection rate, including corticosteroid therapy, parenteral nutrition, diabetes mellitus, malnutrition, severe respiratory deficiency, and frequent broad-spectrum antibiotic therapy. A high incidence of fungal septicaemia (66% in this study) occurs among CF patients [17, 18]. Whether or not CF patients with TIVADs should receive daily antifungal prophylaxis is controversial [8, 18, 19].

LA QUAGLIA *et al.* [20] identified the age of <7 yrs as a significant predictor of device-related septicaemia. ROSS *et al.* [21] found that prematurity, parenteral nutrition and continuous catheter use, but not the duration of catheter residence, increased the risk of thrombosis. The retrospective multicentre study shown did not permit the analysis of this many parameters.

The rate of complications in CF patients compares favourably to other populations studied. The occurrence of thrombosis in the present patients was lower than the one reported in patients with malignant disease [22, 23] or sickle cell disease [24]. A higher rate of infectious complications has been described in oncology patients [23, 25], AIDS [26] or in sickle cell disease [24]. Furthermore, it should be mentioned that because of disease-related mortality (cancer, AIDS), TIVADs used in these patients have less time *in situ* to develop complications. Complications more likely to occur in CF patients have not been identified.

In this study the overall rate of complications was 42%, a rate higher than in other series (20–38%) with shorter follow-up [7, 9, 10, 12], but lower than that reported by DEEROJANAWONG *et al.* [11] (84% over 9 yrs) and KARIYAWASAM *et al.* [3] (54% over 13 yrs).

In this study the mean functional life per device is a little better than in other studies, DEEROJANAWONG *et al.* [11] reporting a median of 690 days, MORRIS *et al.* [5] 458 days, SOLA *et al.* [7] 539 days, and STEAD *et al.* [2] 180 days. The median port lifetime was 53 months in RODGERS study [9], and 45 months in the series by KARIYAWASAM *et al.* [3]. YUNG *et al.* [8] found a huge difference between the median survival of Port-a-Cath (1,146 days; Celsite B. Braun Biotrol S.A., Paris, France) and P.A.S. Port devices (248 days; Graseby Medical Ltd, Walford, UK).

This study shows that totally implantable vascular access devices are relatively safe and reliable long-term intermittent venous accesses for cystic fibrosis patients who require frequent intravenous antibiotic therapy. There are, however, major risks associated with totally implantable vascular access devices, and patients should be carefully selected. The catheter material and blood sampling were risk factors for removal, and the insertion site significantly influenced the occurrence of vascular thrombosis. No risk factors for septicaemia were identified.

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