

Azithromycin induces anti-viral responses in bronchial epithelial cells

Vera Gielen ^{*,†,‡}, Sebastian L. Johnston ^{*,†,‡} and Michael R. Edwards ^{*,†,‡,1}

^{*}Department of Respiratory Medicine, National Heart & Lung Institute & Wright-Fleming Institute for Infection and Immunity, Imperial College London

[†]MRC and Asthma UK Centre for Allergic Mechanisms of Asthma

[‡]Centre for Respiratory Infections

Running title: Anti-viral activity of macrolide antibiotics

¹ Corresponding author: Michael R. Edwards, Department of Respiratory Medicine, National Heart & Lung Institute, St Mary's Campus, Imperial College London W2 1PG, London UK, PH +44 (0)207 594 3775, Fax: +44 (0)207 262 8913, Email: michael.edwards@ic.ac.uk

Abstract

The majority of asthma exacerbations are caused by rhinovirus. Currently the treatment of asthma exacerbations is inadequate. Previous evidence suggests that macrolide antibiotics have anti-inflammatory and anti-viral effects however the mechanism is unknown. We investigated the anti-rhinoviral potential of macrolides through the induction of anti-viral gene mRNA and protein. Primary human bronchial epithelial cells were pre-treated with the macrolides Azithromycin, Erythromycin and Telithromycin, and infected with minor group rhinovirus 1B and major group rhinovirus 16. The mRNA expression of the anti-viral genes, type I interferon- β and type III interferon- λ 1, interferon- λ 2/3, and interferon stimulated genes (retinoic acid inducible gene I, melanoma differentiation associated gene 5, oligoadenylate synthase, MxA and Viperin) and pro-inflammatory cytokines (IL-6 and IL-8), and rhinovirus replication and release were measured. Azithromycin, but not Erythromycin or Telithromycin significantly increased rhinovirus 1B and 16 induced interferons and interferon stimulated gene mRNA expression and protein production. Furthermore, Azithromycin significantly reduced rhinovirus replication and release. Rhinovirus induced IL-6 and IL-8 protein and mRNA expression were not significantly reduced by Azithromycin pre-treatment. In conclusion, the results demonstrate that Azithromycin has anti-rhinoviral activity in bronchial epithelial cells, and during rhinovirus infection increases the production of interferon stimulated genes.

Word count: 194

Keywords: cytokines, inflammation, lung, viral

Introduction

Respiratory viral infections are associated with the majority of asthma exacerbations (approximately 80%) in both adults [1,2] and children [3,4]. Asthma exacerbations are the major cause of morbidity, mortality and healthcare costs in asthma [5]. The mechanisms of virus induced asthma exacerbations are poorly understood [6]. Inhaled corticosteroids reduce asthma exacerbation frequency [7-9]; however, this effect is only partial even in combination with long-acting β_2 -agonists [10,11], more effective therapies are therefore necessary. Rhinoviruses (RV) are responsible for approximately 60% of virus induced exacerbations [1,4]. Asthmatics have an increased susceptibility to RV infection compared to normal subjects [1]. A novel mechanism for this increased susceptibility has been identified recently: asthmatics exhibit lower levels of interferon (IFN)- β and IFN- λ gene and protein expression upon RV infection [12,13], and IFN- λ levels negatively correlate with exacerbation severity [13].

Type I IFNs consist of the single gene IFN- β and numerous IFN- α s. The recently discovered type III IFNs consist of IFN- $\lambda_{1,2,3}$ (respectively IL-29, IL-28A and IL-28B). The major IFNs produced by bronchial epithelial cells are IFN- β and- λ [14]. Despite using different receptor complexes, both types of IFNs have functional similarities, including antiviral effects through stimulation of the innate and adaptive immune responses. After secretion, IFNs bind to the surface of infected and neighbouring cells to initiate the Janus activated kinases (JAKs) and the signal transducers and activators of transcription (STATs). Activation of the JAK-STAT pathway leads to the induction of many interferon stimulated genes (ISGs), which

prevent viral replication such as MxA [15], Viperin [16] or the 2'-5' oligoadenylate synthetase (OAS) family [17], and also recognise viral RNA, such as retinoic acid inducible gene I (RIG-I) [18], and melanoma differentiation associated gene 5 (MDA5) [19]. As asthmatics have defective IFN- β and IFN- λ expression, one potential approach to therapy of asthma exacerbations is to augment host IFN responses and induction of anti-viral ISG expression.

Macrolides include Erythromycin (EM), Azithromycin (AM) and the ketomacrolide Telithromycin (Tel). They have well established anti-bacterial [20] and anti-inflammatory effects [21-23], and preliminary evidence showed that they may also have anti-viral effects [24-27]. The anti-bacterial action of macrolides is through inhibition of protein synthesis via binding to the 50S subunit of bacterial ribosomes. Macrolides also inhibit IL-6 and IL-8 protein production and reduce neutrophil attraction to the site of infection, likely through inhibiting NF- κ B [21,28]. Tel was reported to have a beneficial effect in treatment of asthma exacerbations, with Tel treated patients experiencing greater improvements in lower airway symptoms and lung function compared to placebo treated patients though the mechanisms of this therapeutic effect are unknown [29]. *In vitro* studies report an anti-rhinoviral and anti-inflammatory effect of some macrolide antibiotics [24,26,27], possibly via a reduction of ICAM-1 mRNA expression after major group RV infection, which use ICAM-1 as their receptor. In contrast, anti-viral effects were also observed for minor group RVs, which utilise a different receptor [26,27]. The mechanisms for this effect are therefore unknown.

We hypothesised that the beneficial effects of macrolide antibiotics in asthma exacerbations may be due, at least in part, to their ability to exhibit anti-viral activity. In the current study, we used *in vitro* models of normal primary human bronchial epithelial cell (HBEC) culture and investigated the effects of the macrolides AM, EM and Tel on IFN and ISG gene expression, ISG protein induction and also the anti-viral activity during RV infection.

Materials and Methods

Cell and virus culture

Human bronchial epithelial cells (HBEC, Lonza, Cleveland, USA) were cultured in BEGM according to manufacturers recommendations. RV1B and RV16 (ATCC, Rockville, USA) were prepared as previously described [30], and were titrated on HeLa cells to ascertain their 50% tissue culture infective dose (TCID₅₀)/mL [31]. The identity of each virus was confirmed by inhibition with serotype specific antibody using titration assays. Both viruses were negative for *Mycoplasma* infection.

Treatment with macrolides and infection of HBECs with RV1B

HBEC cells were cultured in 12-well tissue culture plates (Nunc, Rochester, NY) until 80-90% confluent before being treated with AM, EM (Sigma-Aldrich, St Louis MA), and Tel (a kind gift from Sanofi Aventis) at a concentration of 10 μ M or 50 μ M in bronchial epithelial basal medium (BEBM) for 24h. The diluent used for all three macrolides was 96% ethanol, at a final concentration of 0.05% for 50 μ M macrolides and was confirmed in preliminary experiments not to have any effect on measured outcomes (data not shown). HBECs were then infected with RV1B, at multiplicity of infection (MOI) 1 or 0.25, or RV16 (MOI of 1) for 1h with shaking at room temperature and replaced with 1mL of BEBM. After 8, 24 and 48h, supernatants and cells were harvested in RLT-buffer (Qiagen, Crawley, UK) for RNA isolation, or in 2% Tris-glycine SDS sample buffer (Invitrogen, Paisley, UK) for protein. Supernatants and lysates were stored at -80°C until analysis.

RNA isolation and cDNA synthesis

Total RNA isolation was performed using RNeasy® mini kit (Qiagen) according to the manufacturers' recommendations. cDNA was prepared using random primers (Promega, Maddison, WI) and Omniscript RT kit (Qiagen) according to manufacturers recommendations and stored at -80°C.

TaqMan real time PCR

In a 25µL PCR reaction, 2µL cDNA was amplified in a 7500 Sequence Detector, using the 2x QuantiTect Probe PCR Master Mix (Qiagen), 50nM forward primer and 300nM reverse primer and 100nM probe were used for RV, 300nM primers and 100nM probe were used for the 18S rRNA internal control, 300nM forward primer, 900nM reverse primer and 100nM probe for OAS, IL-29 and IFN-β and 900nM primers and 100nM probes for MxA, Viperin, IL-28, IL-6, IL-8, RIG-I and MDA5 (all FAM-TAMRA labelled). Sequences of primers and probes used are listed in Table 1. The copy numbers were determined via standard curves of each gene constructed as dsDNA plasmids, and normalised with the housekeeping gene 18S rRNA. Data is presented as % of copy number of control wells (RV1B), from approximately 2.5×10^5 cells/well.

ELISA

IL-6 and IL-8 were quantified by ELISA using commercially available paired antibodies and standards, following the manufacturer's instructions (R&D Systems, Abingdon, UK). The sensitivity of each assay was 10pg/mL.

SDS PAGE and Western Blotting

Total protein lysates were run on 4-12% Bis-Tris polyacrylamide gels, and transferred onto nitrocellulose membranes (Invitrogen), blocked in 5% skimmed milk, and probed with antibodies specific for human RIG-I 0.083µg/mL (Cell Signalling, Danvers, MA, USA), RSAD2/Viperin 0.3µg/mL (ProteinTech Group, Chicago, USA), OAS1 0.5µg/mL (Abgent, San Diego, USA), MxA 0.2µg/mL (Santa Cruz Biotechnology Inc) or α -tubulin 0.2µg/mL (Santa Cruz Biotechnology Inc). Secondary antibodies used were goat anti-mouse HRP, 0.08µg/mL and sheep anti-rabbit HRP, 2µg/mL (AbD Serotec, Oxford, UK). Blots were developed using ECL (GE Healthcare, Chalfont St Giles, UK).

Virus titration assay

Supernatants were serially diluted in DMEM containing 4% FCS (Invitrogen) and titrated on HeLa cells to determine the TCID₅₀/mL of the RV in the supernatants (42). Each dilution was assayed in eight replicates, and TCID₅₀/mL was calculated according to the Spearman-Kärber formula [31].

Statistical analysis

All data were expressed as means±SEM. Comparisons of different groups were analyzed using one-way analysis of variance (ANOVA) with Bonferroni post testing (Prism, GraphPad Software, San Diego, CA). Values were considered significant if $p < 0.05$. All experimental work was performed as 3-5 independent experiments.

Results

RV1B increases type I and III IFN and ISG mRNA expression

At 8h after infection, RV1B (MOI 0.25) significantly induced IL-28 mRNA expression ($p<0.01$, data not shown) and at MOI 1 there was a significant induction of IL-28, MxA, RIG-I, MDA-5 ($p<0.05$) and OAS ($p<0.01$) compared to medium treated cells (data not shown). At 24h after infection, RV1B significantly induced type I and III IFNs and the ISGs measured at both RV1B concentrations compared to medium treated cells. RV1B increased IFN- β mRNA levels from 8.9×10^3 ($\pm 4.4 \times 10^3$) copy number per 2.5×10^5 cells to 1.6×10^5 ($\pm 6.2 \times 10^4$, $p<0.05$) at MOI 0.25 and to 5.6×10^5 ($\pm 2.1 \times 10^5$, $p<0.05$) at MOI 1, IL-28 from 1.3×10^1 ($\pm 1.1 \times 10^1$) to 1.1×10^5 ($\pm 4.3 \times 10^4$, $p<0.05$) at MOI 0.25 and to 5.6×10^5 ($\pm 3.0 \times 10^5$, $p<0.05$) at MOI 1 and IL-29 mRNA from 1.6×10^1 ($\pm 0.6 \times 10^0$) to 3.2×10^3 ($\pm 6.9 \times 10^2$, $p<0.05$) at MOI 0.25 and to 5.2×10^6 ($\pm 3.3 \times 10^4$, $p<0.05$) at MOI 1 24h post infection. ISG mRNA levels were also significantly increased by RV1B 24h post infection, Viperin was increased from 2.5×10^1 ($\pm 2.3 \times 10^1$) copy number per 2.5×10^5 cells to 9.2×10^5 ($\pm 4.4 \times 10^5$, $p<0.05$) at MOI 0.25 and to 1.2×10^6 ($\pm 3.9 \times 10^5$, $p<0.05$) at MOI 1, MxA from 1.1×10^4 ($\pm 1.4 \times 10^3$) to 3.5×10^6 ($\pm 1.4 \times 10^6$, $p<0.05$) at MOI 0.25 and to 3.7×10^6 ($\pm 1.3 \times 10^6$, $p<0.05$) at MOI 1, OAS from 1.8×10^5 ($\pm 4.4 \times 10^4$) to 4.3×10^6 ($\pm 1.3 \times 10^6$, $p<0.01$) at MOI 0.25 and 4.0×10^6 ($\pm 1.2 \times 10^6$, $p<0.01$) at MOI 1, RIG-I from 2.0×10^5 ($\pm 4.7 \times 10^4$) to 1.5×10^6 ($\pm 4.7 \times 10^5$, $p<0.05$) at MOI 0.25 and 3.2×10^6 ($\pm 1.1 \times 10^6$, $p<0.05$) at MOI 1 and MDA5 from 3.2×10^4 ($\pm 6.7 \times 10^3$) to 2.5×10^5 ($\pm 8.0 \times 10^4$, $p<0.05$) at MOI 0.25 and 2.8×10^5 ($\pm 6.8 \times 10^4$, $p<0.01$) at MOI 1.

AM increases RV1B induced type I and type III IFN mRNA expression

RV1B (MOI 1 and 0.25, Fig. 1) induced type I and III IFN and the effects of AM, EM and Tel pre-treatment on this were determined using real-time PCR. RV1B infection (MOI 1 and 0.25, respectively Fig. 1A,B,C and Fig. 1D,E,F) increased type I and III IFN mRNA expression in HBECs 24h post infection. RV1B (MOI 1) induced IFN- β (Fig.1A), IL-28 (Fig.1B) and IL-29 (Fig.1C) mRNA expression was non-significantly increased by 10 μ M and 50 μ M AM compared to RV1B infected cells. RV1B (MOI 0.25) induced IFN- β (Fig.1D), IL-28 (Fig.1E) and IL-29 (Fig.1F) mRNA expression and this was non-significantly increased at 10 μ M AM and significantly increased at 50 μ M AM ($p<0.05$) compared to control (RV1B infected cells). The effects of EM and Tel on RV induced type I and III IFN mRNA expression were also investigated, but neither macrolide had any significant effect on RV1B induced IFN or ISGs (data not shown).

AM increases RV1B induced ISG mRNA and protein expression

RV1B (MOI 1 and 0.25, respectively Fig. 2 and Fig. 3) induced ISG mRNA and the effects of AM, EM and Tel pre-treatment on this were determined using real-time PCR. RV1B (MOI 1) induced ISG mRNA expression was increased by AM at 10 μ M and 50 μ M at 24h post infection, RIG-I (Fig.2A), OAS (Fig.2C), Viperin (Fig.2D) and MxA (Fig.2E) mRNA expression were non-significantly increased by 10 μ M and significantly increased at 50 μ M AM (respectively $p<0.01$, $p<0.001$, $p<0.01$ and $p<0.05$) compared to control (RV1B MOI 1). MDA5 mRNA expression was non-significantly increased at 10 μ M and 50 μ M AM compared to control (RV1B MOI 1, Fig.2B). To confirm the effects of AM on ISG mRNA, using western blotting, RV1B (MOI 1, Fig. 4) induced ISG protein and the effects of AM on this were determined. RV1B induced Viperin, RIG-I, OAS and MxA protein were further increased by AM

in a dose dependent manner. AM did not induce any of these ISGs when administered alone (Fig. 2F). The cytoskeletal protein α -tubulin was used as load control. RV1B (MOI 0.25), induced ISG mRNA expression was increased by AM at 10 μ M and 50 μ M at 24h post infection, RIG-I (Fig.3A), OAS (Fig.3C), Viperin (Fig.3D) and MxA (Fig.3E) mRNA expression were non-significantly increased by 10 μ M and significantly increased at 50 μ M AM ($p<0.01$, $p<0.001$ and $p<0.01$ respectively) compared to control (RV1B MOI 0.25). MDA5 mRNA expression was non-significantly increased at 10 μ M AM and 50 μ M AM compared to control (RV1B, Fig.3B). The effects of EM and Tel on RV induced ISG mRNA expression were also investigated, but neither macrolide had any significant effect (data not shown).

AM increases RV16 induced ISG mRNA and protein expression

HBECs were also infected with major group RV16 following pre-treatment with AM. Fig 4 shows that RV16 induced IFN- β (Fig 4A), MxA (Fig 4B) and Viperin (Fig 4C) was enhanced by 10 μ M AM and significantly augmented with 50 μ M AM ($p<0.05$, $p<0.05$, $p<0.01$ versus RV16 control, respectively). To confirm the effects of AM on ISG induction, RV16 induced ISG protein by western blot and the effects of AM on this were determined. RV16 induced Viperin, and MxA protein were further increased by AM in a dose dependent manner. AM did not induce any of these ISGs when administered alone. The cytoskeletal protein α -tubulin was used as load control. (Fig. 4D).

AM has no significant effects on RV1B induced pro-inflammatory cytokines

The effects of AM, EM and Tel on RV1B induced IL-6 and IL-8 mRNA levels were determined by real-time PCR and RV1B induced IL-8 and IL-6 protein levels

determined by ELISA (Fig.5) AM reduced IL-6 and IL-8 mRNA expression and protein levels modestly, but not statistically significant at either concentration at 24h post infection (Fig.5). The effects of EM and Tel on RV1B induced IL-8 and IL-6 mRNA were also investigated, but both macrolides did not have any significant effect (data not shown).

AM suppresses RV replication and release

The effects of AM, EM and Tel on RV1B and RV16 release and RNA was measured using a virus titration assay and quantitative PCR for viral RNA. RV1B RNA (Fig. 6A) at 24h and 48h post infection was non-significantly reduced by 10 μ M AM and significantly reduced by 50 μ M AM ($p<0.001$). At 48h post infection 10 μ M AM also significant reduced RV1B RNA abundance ($p<0.001$). Furthermore, the reduction by 50 μ M AM was significantly more than by 10 μ M AM ($p<0.001$). RV1B release (Fig. 6B) was significantly reduced by 50 μ M AM at 24h ($p<0.05$) and 48h ($p<0.001$). AM at 10 μ M had no significant effect on RV1B release. RV16 RNA abundance was significantly decreased by 50 μ M AM at 24h ($p<0.01$, Fig 6C). RV16 RNA at 48h was also decreased by AM, significantly so 50 μ M AM ($p<0.001$, Fig 6C). RV16 release was not affected at 24h post infection however was significantly affected using AM at 50 μ M ($p<0.05$, Fig 6D). The effects of EM and Tel on RV1B release and replication were also investigated, but both macrolides did not have any significant effect on RV replication (data not shown).

Discussion

The current treatment of asthma consists of corticosteroids and/or β_2 -agonists, and only partially prevents asthma exacerbations. A vital need exists for new treatment regimes for this form of asthma. Macrolide antibiotics have anti-inflammatory activity and possibly anti-viral activity in airway epithelial cell lines [24,26,27], although the exact a mechanism of this is unclear. In our study, AM, but not EM and Tel, increased RV induced IFN and ISG responses and reduced RV replication and release in HBECs. The macrolides had no anti-inflammatory effect.

Several macrolide antibiotics have anti-inflammatory effects, demonstrated by inhibition of the production of pro-inflammatory cytokines *in vitro* [22,24-28,32]. This effects occurs via suppression of NF- κ B activation in human bronchial epithelial cells [22,24,32]. Reduction of cytokines such as IL-6 and IL-8 can be an advantageous mechanism that leads to attenuation of airway inflammation. Other studies have reported anti-inflammatory activity of Clarithromycin, Bafilomycin A1 and EM on major group RV infection, and minor group RV infection for EM, in airway epithelial cells showing reduction of RV induced pro-inflammatory cytokines [24,26,27]. In the present study we showed no significant reduction of RV1B induced IL-6 and IL-8 mRNA and protein by AM, EM or Tel. This data questions the anti-inflammatory potential of macrolides and the mechanism of this in bronchial epithelial cells.

The conflicting results observed in studies with various macrolides may be explained by differences in experimental model. In the present study, using primary bronchial epithelial cells, we used shorter incubation times with the macrolides and sampled at

24 to 48h post RV infection, as primary bronchial epithelial cells are more susceptible to RV infection than cell lines, requiring a shorter duration of experimentation. The reduction of RV induced anti-inflammatory cytokines previously observed by macrolides is also modest, at best. The reduction of pro-inflammatory molecules by macrolides in micromolar concentrations range from 80-25% [24,26,27]. In contrast, corticosteroids reduce RV induced pro-inflammatory cytokine production by 70-85% in bronchial epithelial cells using nanomolar concentrations [33]. Therefore the anti-inflammatory effects observed with macrolides are modest if compared to the anti-inflammatory effects of corticosteroids, and require much higher doses, questioning their real use as anti-inflammatory agents.

A possible mechanism of anti-RV activity of macrolides has been demonstrated as reduction of ICAM-1, the receptor of major group RVs. However the anti-rhinoviral effects of macrolides can not be completely explained by this. A range of studies have suggested that macrolides inhibit replication of both major and minor groups of RV [24,26,27]. Furthermore, a study by Suzuki et al observed anti-viral effects of EM on minor group RV2, but no reduction in the LDL receptor, the receptor for minor group RV [27]. Our study further supports that the anti-viral effects of macrolides are not completely dependent on reduction of ICAM-1, as our results show suppression of viral replication with minor group RV1B and major group RV16, which therefore can not be explained by reduction of the major group RV receptor, ICAM-1.

In our studies, AM reduced RV1B and RV16 replication and release into supernatants, and increased ISG gene and protein expression. The ISGs studied have been shown to have anti-viral activity. Recently Viperin, one of the RV induced ISGs

increased by AM, is required for the host defence against RV infection in human bronchial epithelial cells [34]. The anti-viral role for the other ISGs investigated in the present study have not been yet established to have rhinoviral activity in bronchial epithelial cells, yet are well established in other viral infections [35,36].

AM also induced the mRNA and protein of the important intracellular dsRNA and ssRNA pattern recognition molecules RIG-I and MDA5, required for IFN- β induction [18]. Hence not only are macrolides responsible for direct induction of anti-viral genes, but they also upregulate the sensors of viral infection. This may be desirable for use as a therapeutic treatment given shortly after viral infection, whereby macrolides if given topically to the airway, during viral infection, could potentially increase the number of sensory molecules ready to detect and respond to replicating viral nucleic acid.

We found that the macrolides did not induce anti-viral genes by themselves. Currently we do not understand the mechanism of how AM induces anti-viral activity in the presence of RV infection. Anti-viral ISGs can be induced via IRF transcription factors following virus infection [37]. One possible mechanism of AM could be activation of signalling pathways including I κ B-kinase (IKK)- β [38], IKK- α/ϵ [37] and TBK-1 [39], producing IRF activation. Alternatively, macrolides may act via the type I IFN receptor complex (IFNAR1), inducing IRF9, IRF7 and STAT1/2, producing the transcription factor ISGF3 [40,41]. AM could in theory act on the IFNAR1 complex, or the receptor complex for IL-29 and IL-28 [42].

In vivo studies of macrolides have shown contradictory results. Clarythromycin had no effect on the development of cold symptoms and nasal inflammation. In contrast, the TELICAST study demonstrated the potential benefits of the macrolide antibiotic Tel in the treatment of asthma exacerbations [29]. Whether the success of the TELICAST study was in part due to anti-viral activity is unknown. Interestingly, we found no anti-viral activity of Tel *in vitro*, suggesting that the positive effect of Tel in asthma exacerbations is either unrelated to virus infection or through anti-viral properties in other cell types and different immune responses during infection. This data demonstrates that although studies in cell lines are important and useful in defining mechanisms, results need to be confirmed *in vivo*. A similar study examining the effects of AM as a treatment for asthma exacerbations would therefore be appealing.

In summary, we present a possible new mechanism of anti-rhinoviral activity of macrolides in human bronchial epithelial cells. This is the first study showing anti-viral effects of macrolides in primary human bronchial epithelial cells, which is the site of infection of RV *in vivo* and therefore important in rhinovirus induced asthma exacerbations [43,44]. While only modest, the upregulation of IFNs and ISGs and suppression of RV replication may have consequences on asthma exacerbations and may further explain the anti-viral effects seen in previous studies. The importance and protective role of IFN- β and IFN- λ in asthma exacerbations have recently been shown [12,13], and epidemiological studies have provided a model of the disease burden associated with RV induced asthma exacerbations. Whether the anti-viral effects of AM can be used as a therapeutic treatment for asthma exacerbations requires further study in appropriate animal and human models.

Acknowledgements

We thank Sanofi-Aventis for supplying Telithromycin.

References

1. Corne JM, Marshall C, Smith S, Schreiber J, Sanderson G, Holgate ST, Johnston SL. Frequency, severity, and duration of rhinovirus infections in asthmatic and non-asthmatic individuals: a longitudinal cohort study. *Lancet* 2002; 359(9309):831-4.
2. Grissell TV, Powell H, Shafren DR, Boyle MJ, Hensley MJ, Jones PD, Whitehead BF, Gibson PG. Interleukin-10 gene expression in acute virus-induced asthma. *Am J Respir Crit Care Med* 2005;172(4):433-9.
3. Chauhan AJ, Inskip HM, Linaker CH, Smith S, Schreiber J, Johnston SL, Holgate ST. Personal exposure to nitrogen dioxide (NO₂) and the severity of virus-induced asthma in children. *Lancet* 2003;361(9373):1939-44.
4. Johnston SL, Pattemore PK, Sanderson G, Smith S, Lampe F, Josephs L, Symington P, O'Toole S, Myint SH, Tyrrell DA. Community study of role of viral infections in exacerbations of asthma in 9-11 year old children. *BMJ* 1995;310(6989):1225-9.
5. Johnston NW, Sears MR. Asthma exacerbations . 1: epidemiology. *Thorax* 2006;61(8):722-8.
6. Wark PA, Gibson PG. Asthma exacerbations . 3: Pathogenesis. *Thorax* 2006;61(10):909-15.
7. FitzGerald JM, Becker A, Sears MR, Mink S, Chung K, Lee J. Doubling the dose of budesonide versus maintenance treatment in asthma exacerbations. *Thorax* 2004;59(7):550-6.
8. Johnston NW, Johnston SL, Duncan JM, Greene JM, Keadze T, Keith PK, Roy M, Wasserman S, Sears MR. The September epidemic of asthma exacerbations in children: a search for etiology. *J Allergy Clin Immunol* 2005;115(1):132-8.
9. Murray CS, Poletti G, Keadze T, Morris J, Woodcock A, Johnston SL, Custovic A. Study of modifiable risk factors for asthma exacerbations: virus infection and allergen exposure increase the risk of asthma hospital admissions in children. *Thorax* 2006;61(5):376-82.
10. O'Byrne PM, Bisgaard H, Godard PP, Pistolesi M, Palmqvist M, Zhu Y, Ekstrom T, Bateman ED. Budesonide/formoterol combination therapy as both maintenance and reliever medication in asthma. *Am J Respir Crit Care Med* 2005;171(2):129-36.
11. Pauwels RA, Lofdahl CG, Postma DS, Tattersfield AE, O'Byrne P, Barnes PJ, Ullman A. Effect of inhaled formoterol and budesonide on exacerbations of asthma. Formoterol and Corticosteroids Establishing Therapy (FACET) International Study Group. *N Engl J Med* 1997;337(20):1405-11.
12. Contoli M, Message SD, Laza-Stanca V, Edwards MR, Wark PA, Bartlett NW, Keadze T, Mallia P, Stanciu LA, Parker HL, Slater L, Lewis-Antes A,

- Kon OM, Holgate ST, Davies DE, Kolenko SV, Papi A, Johnston SL. Role of deficient type III interferon-lambda production in asthma exacerbations. *Nat Med* 2006;12(9):1023-6.
13. Wark PA, Johnston SL, Bucchieri F, Powell R, Puddicombe S, Laza-Stanca V, Holgate ST, Davies DE. Asthmatic bronchial epithelial cells have a deficient innate immune response to infection with rhinovirus. *J Exp Med* 2005;201(6):937-47.
 14. Khaitov MR, Laza-Stanca V, Edwards MR, Walton RP, Rohde G, Contoli M, Papi A, Stanciu LA, Kolenko SV, Johnston SL. Respiratory virus induction of alpha-, beta- and lambda-interferons in bronchial epithelial cells and peripheral blood mononuclear cells. *Allergy* 2009;64(3):375-86.
 15. Staeheli P, Haller O. Interferon-induced human protein with homology to protein Mx of influenza virus-resistant mice. *Mol Cell Biol* 1985 ;5(8):2150-3.
 16. Chin KC, Cresswell P. Viperin (cig5), an IFN-inducible antiviral protein directly induced by human cytomegalovirus. *Proc Natl Acad Sci U S A* 2001;98(26):15125-30.
 17. Hovanessian AG. Interferon-induced and double-stranded RNA-activated enzymes: a specific protein kinase and 2',5'-oligoadenylate synthetases. *J Interferon Res* 1991;11(4):199-205.
 18. Yoneyama M, Kikuchi M, Natsukawa T, Shinobu N, Imaizumi T, Miyagishi M, Taira K, Akira S, Fujita T. The RNA helicase RIG-I has an essential function in double-stranded RNA-induced innate antiviral responses. *Nat Immunol* 2004;5(7):730-7.
 19. Kang DC, Gopalkrishnan RV, Wu Q, Jankowsky E, Pyle AM, Fisher PB. mda-5: An interferon-inducible putative RNA helicase with double-stranded RNA-dependent ATPase activity and melanoma growth-suppressive properties. *Proc Natl Acad Sci U S A* 2002;99(2):637-42.
 20. Chinali G, Nyssen E, Di GM, Cocito C. Inhibition of polypeptide synthesis in cell-free systems by virginiamycin S and erythromycin. Evidence for a common mode of action of type B synergimycins and 14-membered macrolides. *Biochim Biophys Acta* 1988;949(1):71-8.
 21. Takizawa H, Desaki M, Ohtoshi T, Kikutani T, Okazaki H, Sato M, Akiyama N, Shoji S, Hiramatsu K, Ito K. Erythromycin suppresses interleukin 6 expression by human bronchial epithelial cells: a potential mechanism of its anti-inflammatory action. *Biochem Biophys Res Commun* 1995;210(3):781-6.
 22. Takizawa H, Desaki M, Ohtoshi T, Kawasaki S, Kohyama T, Sato M, Tanaka M, Kasama T, Kobayashi K, Nakajima J, Ito K. Erythromycin modulates IL-8 expression in normal and inflamed human bronchial epithelial cells. *Am J Respir Crit Care Med* 1997;156(1):266-71.

23. Tamaoki J, Sakai N, Tagaya E, Konno K. Macrolide antibiotics protect against endotoxin-induced vascular leakage and neutrophil accumulation in rat trachea. *Antimicrob Agents Chemother* 1994;38(7):1641-3.
24. Jang YJ, Kwon HJ, Lee BJ. Effect of clarithromycin on rhinovirus-16 infection in A549 cells. *Eur Respir J* 2006;27(1):12-9.
25. Khair OA, Devalia JL, Abdelaziz MM, Sapsford RJ, Davies RJ. Effect of erythromycin on Haemophilus influenzae endotoxin-induced release of IL-6, IL-8 and sICAM-1 by cultured human bronchial epithelial cells. *Eur Respir J* 1995;8(9):1451-7.
26. Suzuki T, Yamaya M, Sekizawa K, Hosoda M, Yamada N, Ishizuka S, Nakayama K, Yanai M, Numazaki Y, Sasaki H. Bafilomycin A(1) inhibits rhinovirus infection in human airway epithelium: effects on endosome and ICAM-1. *Am J Physiol Lung Cell Mol Physiol* 2001;280(6):L1115-L1127.
27. Suzuki T, Yamaya M, Sekizawa K, Hosoda M, Yamada N, Ishizuka S, Yoshino A, Yasuda H, Takahashi H, Nishimura H, Sasaki H. Erythromycin inhibits rhinovirus infection in cultured human tracheal epithelial cells. *Am J Respir Crit Care Med* 2002;165(8):1113-8.
28. Desaki M, Takizawa H, Ohtoshi T, Kasama T, Kobayashi K, Sunazuka T, Omura S, Yamamoto K, Ito K. Erythromycin suppresses nuclear factor-kappaB and activator protein-1 activation in human bronchial epithelial cells. *Biochem Biophys Res Commun* 2000;267(1):124-8.
29. Johnston SL, Blasi F, Black PN, Martin RJ, Farrell DJ, Nieman RB. The effect of telithromycin in acute exacerbations of asthma. *N Engl J Med* 2006;354(15):1589-600.
30. Papi A, Johnston SL. Rhinovirus infection induces expression of its own receptor intercellular adhesion molecule 1 (ICAM-1) via increased NF-kappaB-mediated transcription. *J Biol Chem* 1999;274(14):9707-20.
31. Johnston SL, Tyrrell DA. Diagnostic procedures for viral, rickettsial and chlamydial infections. In: Lennette ED, Schmidt N.J., editors. American Public Health Association, Washington, D.C.; 2005. p. 253-63.
32. Takizawa H, Desaki M, Ohtoshi T, Kikutani T, Okazaki H, Sato M, Akiyama N, Shoji S, Hiramatsu K, Ito K. Erythromycin suppresses interleukin 6 expression by human bronchial epithelial cells: a potential mechanism of its anti-inflammatory action. *Biochem Biophys Res Commun* 1995;210(3):781-6.
33. Edwards MR, Haas J, Panettieri RA, Jr., Johnson M, Johnston SL. Corticosteroids and beta2 agonists differentially regulate rhinovirus-induced interleukin-6 via distinct Cis-acting elements. *J Biol Chem* 2007;282(21):15366-75.
34. Proud D, Turner RB, Winther B, Wiehler S, Tiesman JP, Reichling TD, Juhlin KD, Fulmer AW, Ho BY, Walanski AA, Poore CL, Mizoguchi H, Jump L, Moore ML, Zukowski CK, Clymer JW. Gene Expression Profiles During In

Vivo Human Rhinovirus Infection: Insights into the Host Response. *Am J Respir Crit Care Med* 2008.

35. Haller O, Kochs G, Weber F. Interferon, Mx, and viral countermeasures. *Cytokine & Growth Factor Reviews* 2007;18(5-6):425-33.
36. Castelli J, Wood KA, Youle RJ. The 2-5A system in viral infection and apoptosis. *Biomedecine & Pharmacotherapy* 1998;52(9):386-90.
37. Mori M, Yoneyama M, Ito T, Takahashi K, Inagaki F, Fujita T. Identification of Ser-386 of interferon regulatory factor 3 as critical target for inducible phosphorylation that determines activation. *J Biol Chem* 2004;279(11):9698-702.
38. Chu WM, Ostertag D, Li ZW, Chang L, Chen Y, Hu Y, Williams B, Perrault J, Karin M. JNK2 and IKKbeta are required for activating the innate response to viral infection. *Immunity* 1999;11(6):721-31.
39. McWhirter SM, Fitzgerald KA, Rosains J, Rowe DC, Golenbock DT, Maniatis T. IFN-regulatory factor 3-dependent gene expression is defective in Tbk1-deficient mouse embryonic fibroblasts. *Proc Natl Acad Sci U S A* 2004;101(1):233-8.
40. Ghislain JJ, Wong T, Nguyen M, Fish EN. The interferon-inducible Stat2:Stat1 heterodimer preferentially binds in vitro to a consensus element found in the promoters of a subset of interferon-stimulated genes. *J Interferon Cytokine Res* 2001;21(6):379-88.
41. Harada H, Matsumoto M, Sato M, Kashiwazaki Y, Kimura T, Kitagawa M, Yokochi T, Tan RS, Takasugi T, Kadokawa Y, Schindler C, Schreiber RD, Noguchi S, Taniguchi T. Regulation of IFN-alpha/beta genes: evidence for a dual function of the transcription factor complex ISGF3 in the production and action of IFN-alpha/beta. *Genes Cells* 1996;1(11):995-1005.
42. Kotenko SV, Gallagher G, Baurin VV, Lewis-Antes A, Shen M, Shah NK, Langer JA, Sheikh F, Dickensheets H, Donnelly RP. IFN-lambdas mediate antiviral protection through a distinct class II cytokine receptor complex. *Nat Immunol* 2003;4(1):69-77.
43. Fleming HE, Little FF, Schnurr D, Avila PC, Wong H, Liu J, Yagi S, Boushey HA. Rhinovirus-16 colds in healthy and in asthmatic subjects: similar changes in upper and lower airways. *Am J Respir Crit Care Med* 1999;160(1):100-8.
44. Papadopoulos NG, Bates PJ, Bardin PG, Papi A, Leir SH, Fraenkel DJ, Meyer J, Lackie PM, Sanderson G, Holgate ST, Johnston SL. Rhinoviruses infect the lower airways. *J Infect Dis* 2000;181(6):1875-84.

Table 1: Primer and probe sequences 5'-3'

Gene	Forward primer	Reverse primer	Probe (5'-FAM, 3'-TAMRA)
<i>18s rRNA</i>	CGCCGCTAGAGGTGA AATTCT	CATTCTTGGCAAATG CTTTCG	ACCGGCGCAAGACG GACCAGA
<i>IFN-β</i>	CACGGATACAGAACC TATGG	ACGAACAGTGTCGCC TACTA	TCAGACAAGATTCAT CTAGCACTGGCTGGA
<i>IL-28</i>	CTGCCACATAGCCCA GTTCA	AGAAGCGACTCTTCT AAGGCATCTT	TCTCCACAGGAGCTG CAGGCCTTTA
<i>IL-29</i>	GGACGCCTTGGAAGA GTCACT	AGAAGCCTCAGGTCC CAATTC	AGTTGCAGCTCTCCT GTCTTCCCCG
<i>RIG-I</i>	CCAAGCCAAAGCAGT TTTCAA	CACARGGATTCCCCA GTCATG	TTGAAAAAAGAGCA AAGATATTCTGTGCC CGAC
<i>MDA-5</i>	GATTCAGGCACCATG GGAAGT	AGGCCTGAGCTGGAG TTCTG	GGGATGCTCTTGCTG CCA CAT TCT CTT
<i>OAS</i>	CTGACFCTGACCTGG TTGTCT	CCCCGGCGATTTAAC TGAT	CCTCAGTCCTCTCAC CACTTTTCA
<i>MXA</i>	CAGCACCTGATGGCC TATCAC	CATGAACTGGATGAT CAAAGG	AGGCCAGCAAGCGC ATCTCCAG
<i>Viperin</i>	CACAAAGAAGTGTCC TGCTTGGT	AAGCGCATATATTTT ATCCAGAATAAG	CCTGAATCTAACCAG AAGATGAAAGACTCC
<i>IL-6</i>	CCAGGAGCCCAGCTA TGA AC	CCCAGGGAGAAGGC A ACTG	CCTTCTCCACAAGCG CCTTCGGT
<i>IL-8</i>	CTGGCCGTGGCTCTC TTG	CCTTGGCAAACTGC ACCTT	CAGCCTTCCTGATTT CTGCAGCTCTGTGT
<i>RV</i>	GTGAAGAGCCSRTG TGCT	GCTSCAGGGTTAAGG TTAGCC	TGAGTCCTCCGGCCC CTGAATG

Figure Legends

Figure 1: AM increased minor group RV1B induced IFN gene expression.

HBECs were pre-treated with AM or medium for 24h and infected with RV1B MOI 1 (A,B,C) or MOI 0.25 (D,E,F), or treated with medium. AM and RV1B induced mRNA levels of IFN- β (A,D), IL-28 (B,E) and IL-29 (C,F), measured by real time PCR at 24h post infection compared to control (RV1B infected cells, $n=5$).

Fig 1

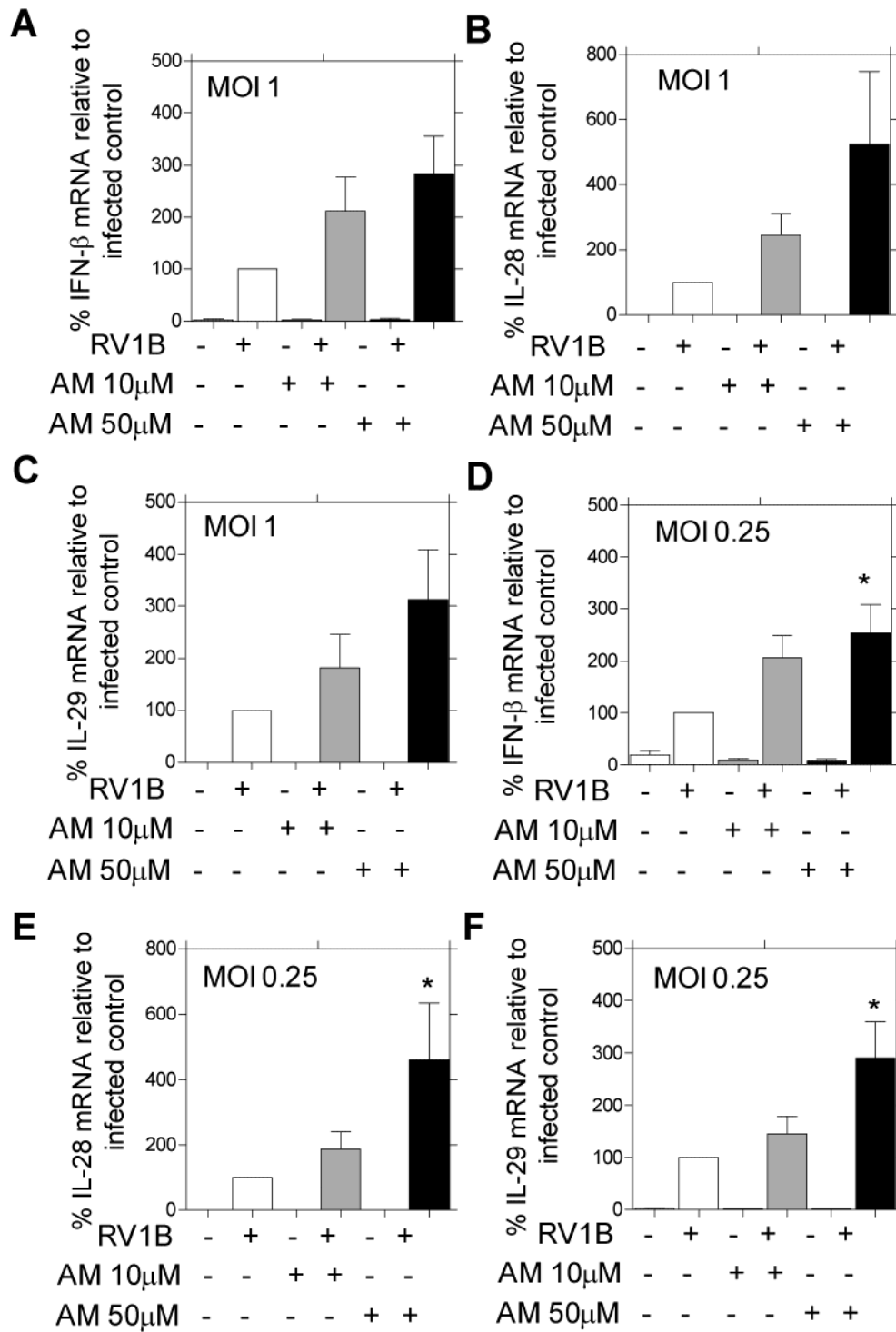


Figure 2: AM increased high dose RV1B induced ISGs. HBECs were pre-treated with AM or medium for 24h and infected with RV1B MOI 1 or treated with medium. AM and RV1B induced mRNA levels of RIG-I (A), MDA5 (B), OAS (C), Viperin (D) and MxA (E), measured by real time PCR at 24h post infection compared to control (RV1B infected cells, $n=5$). Both 10 and 50 μ M AM increased RV1B induced ISG protein in HBECs compared with RV1B infected cells (the above figure is representative of 3 independent experiments, F).

Fig 2

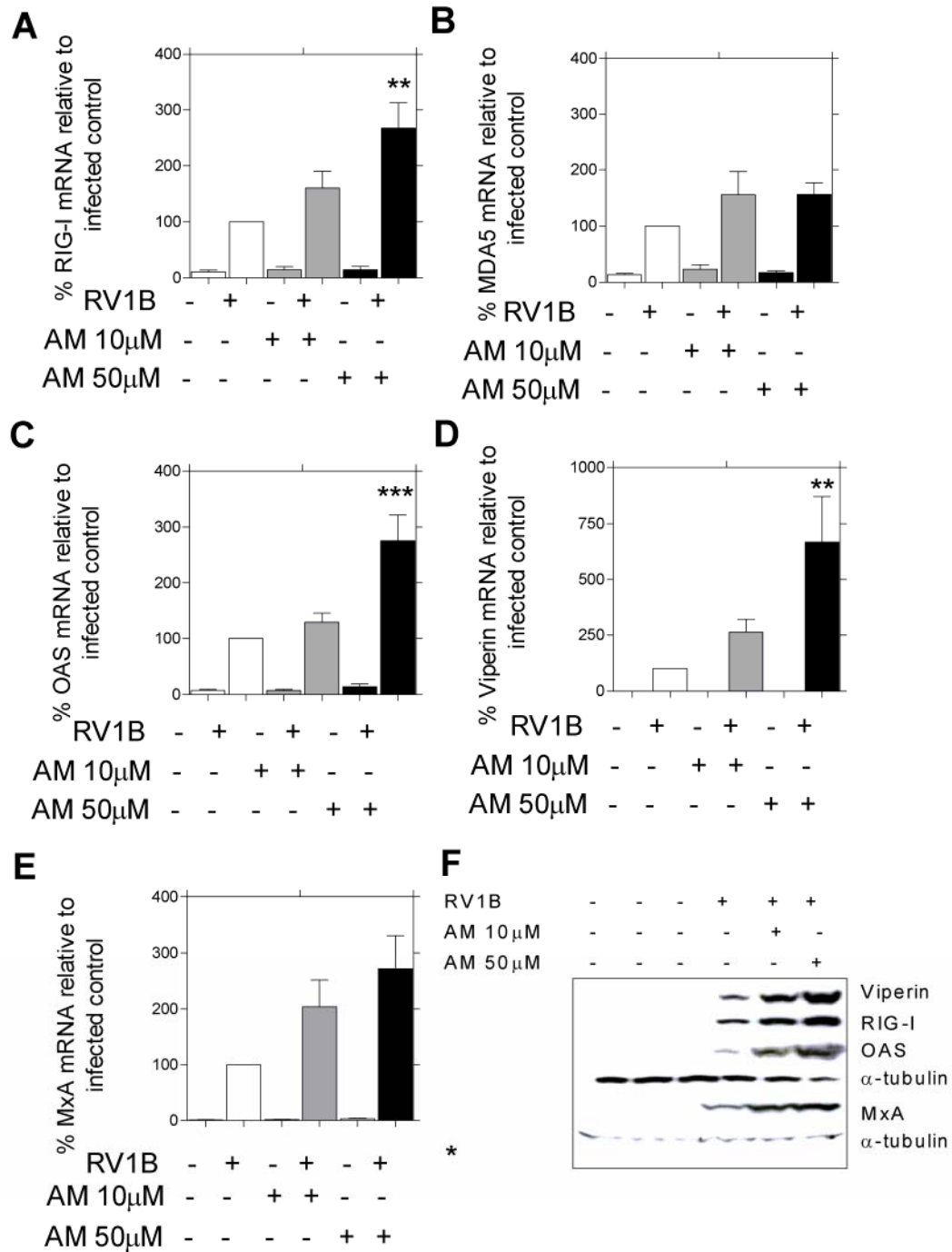


Figure 3: AM increased low dose RV1B induced ISGs. HBECs were pre-treated with AM or medium for 24h and infected with RV1B MOI 0.25 or treated with

medium. AM and RV1B induced mRNA levels of RIG-I (A), MDA5 (B), OAS (C), Viperin (D) and MxA (E), measured by real time PCR at 24h post infection ($n=5$).

Fig 3

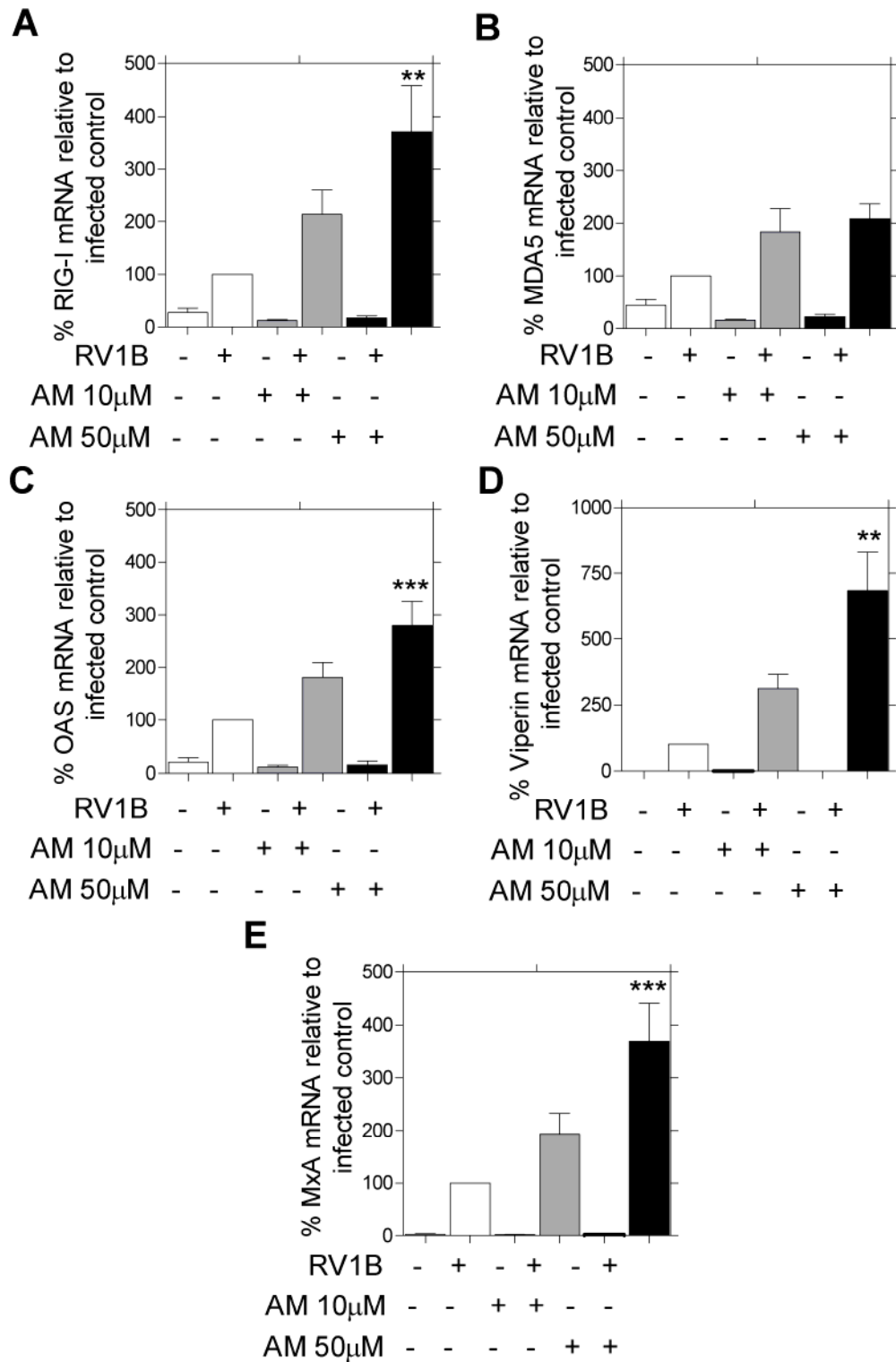


Figure 4: AM increased major group RV16 induced ISGs AM HBECs were pre-treated with AM or medium for 24h and infected with RV16 MOI 1 or treated with medium. AM and RV1B induced mRNA levels of IFN- β (A), MxA (B) and Viperin (C) measured by real time PCR at 24h post infection ($n=5$). Both 10 and 50 μ M AM increased RV16 induced ISG protein in HBECs compared with RV16 infected cells (the above figure is representative of 3 experiments, F).

Fig 4

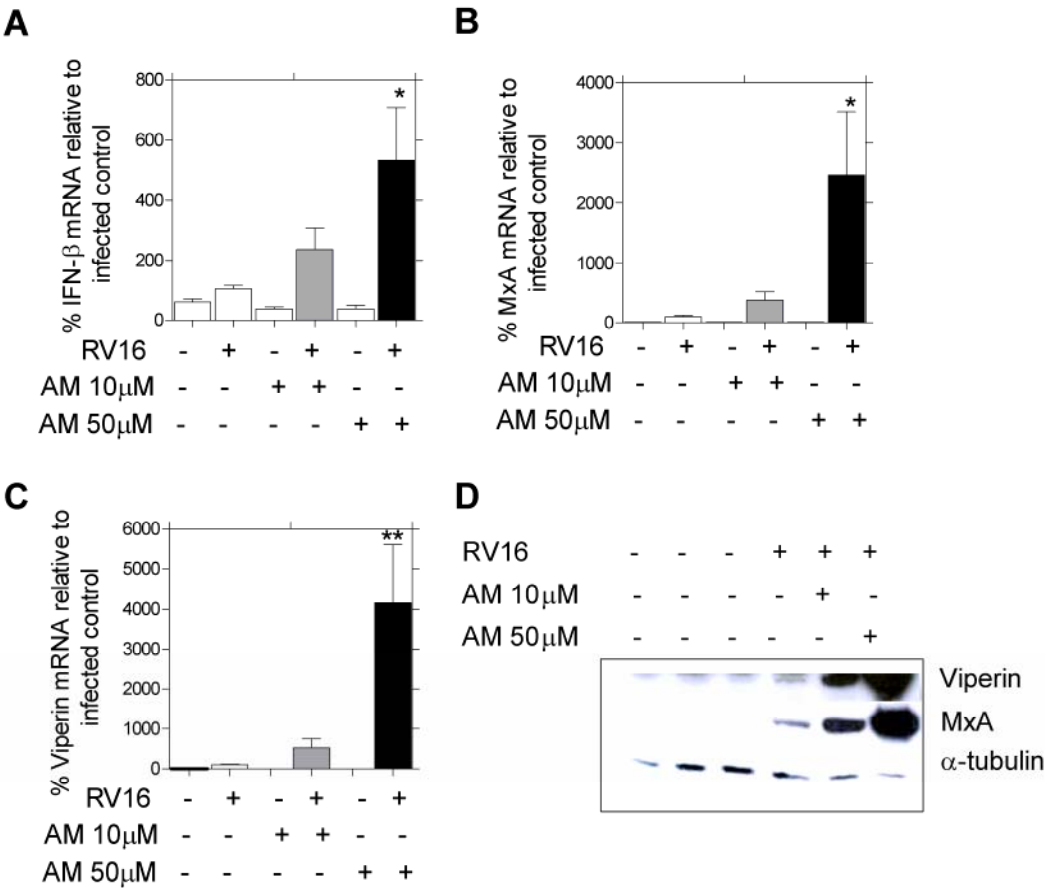


Figure 5: AM had no effect on RV induced pro-inflammatory cytokines. HBECs were pre-treated with AM or medium for 24h and infected with RV1B MOI 1 or treated with medium. AM and RV1B at either 10 or 50 μ M did not significantly

increase RV1B induced IL-8 mRNA (A), IL-6 mRNA (B), as measured by real time PCR at 24h post infection or IL-8 protein (C) or IL-6 protein (D) as measured by ELISA at 24h post infection compared to control (RV1B infected cells, $n=5$).

Fig 5

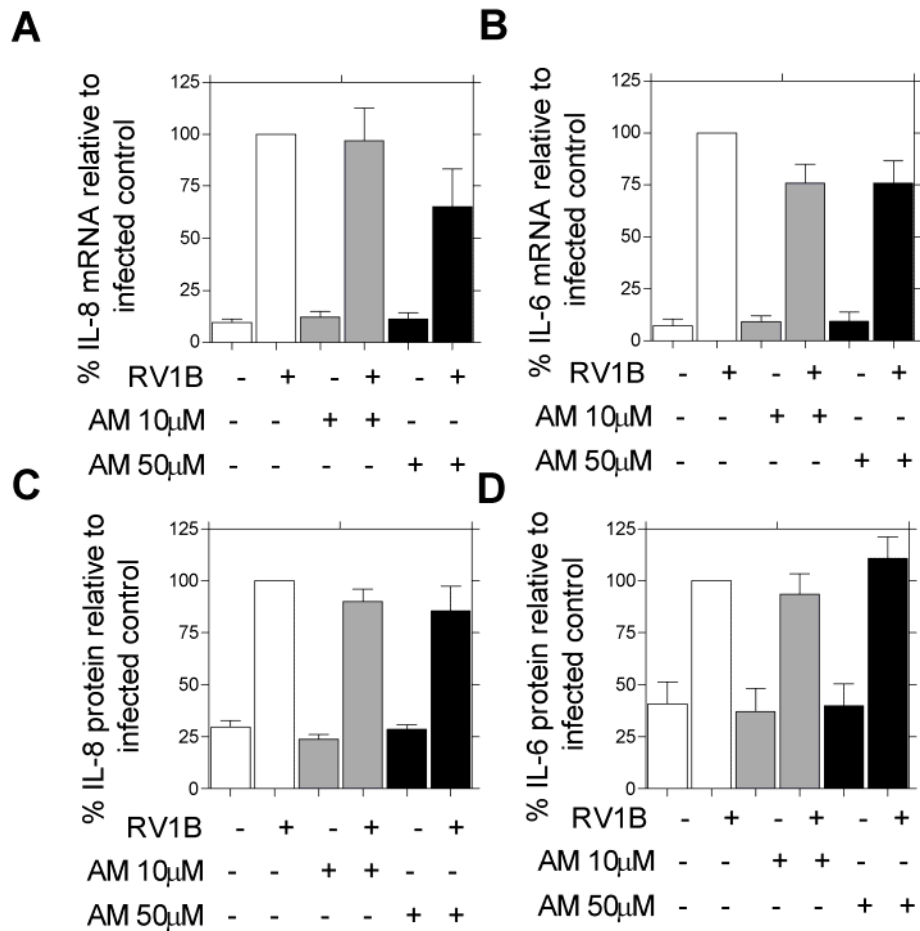


Figure 6: AM reduced RV1B and RV16 replication. HBECs were pre-treated with AM or medium for 24h and infected with RV1B or RV16 MOI 1. At 50 μ M, AM decreased RV1B RNA at 24h, and also at 10 and 50 μ M at 48h post infection, as assessed by real time PCR (A). AM at 50 μ M reduced RV1B release at 24h and 48h (B) ($n=8$). At 50 μ M, AM decreased RV16 RNA at 24h, and also at 50 μ M at 48h post

infection, as assessed by real time PCR (C). AM at 50μM reduced RV16 release at 48h (D, *n*=5).

Fig 6

