

## Online supplement

Combined endobronchial and esophageal endosonography for the diagnosis and staging of lung cancer: European Society of Gastrointestinal Endoscopy (ESGE) Guideline, in cooperation with the European Respiratory Society (ERS) and the European Society of Thoracic Surgeons (ESTS)

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## Appendices

### Appendix e1 Key questions, level of evidence, and conclusions supporting the Guideline recommendations

Topic	Key questions	Summary of available evidence	Conclusions	Working group recommendation
1 Peripherally located lung cancer with abnormal mediastinum (enlarged or FDG-PET-avid nodes)	<p>– What is the sensitivity of EBUS and EUS in combination for mediastinal nodal staging in patients with suspected or proven peripherally located lung cancer and abnormal mediastinum at imaging?</p> <p>– Does the combination of EBUS and EUS result in a significant improvement of the sensitivity regarding mediastinal nodal staging in comparison with each of the techniques alone?</p> <p>– What is the next investigation when EBUS and EUS show no nodal metastases?</p>	<p>Data were extrapolated from the cited meta-analyses and randomized clinical trials. Other prospective nonrandomized clinical trials were also considered.</p> <p>No meta-analyses or randomized clinical trials assessed the role of the combined technique only in patients with abnormal mediastinum at imaging.</p>	<p>– The pooled sensitivity for mediastinal nodal staging for EBUS and EUS performed in combination was 86% (95%CI 82%–90%) (evidence level 1–).</p> <p>– The pooled sensitivities of EBUS or EUS alone were 94% (95%CI 93%–96%) and 90% (95%CI 84%–94%), respectively (evidence level 1–).</p> <p>–The sensitivity of EBUS + EUS followed by surgical staging vs. surgical staging: 94% (95%CI 85%–98%) vs. 79% (95%CI 66%–88%) (evidence level 1++).</p> <p>A patient with a negative result from complete endosonography should be considered for progression to surgical staging for the confirmation of that result, in order to avoid an unnecessary thoracotomy (evidence level 2+).</p> <p>– The pooled increase in sensitivity of adding EUS to EBUS is 13% (95%CI 8%–20%), and the pooled increase in sensitivity of adding EBUS to EUS is 21% (95%CI 13%–30%) (evidence level 1–).</p> <p>According to a recent RCT, the EBUS procedure should be performed first. Starting with EUS-FNA could be a reasonable alternative, especially in patients with low cardiorespiratory function (evidence level 1+).</p>	<p>For mediastinal nodal staging in patients with suspected or proven NSCLC with abnormal mediastinal and/or hilar nodes at CT and/or PET, endosonography is recommended over surgical staging as the initial procedure (Recommendation grade A).</p> <p>The combination of EBUS-TBNA and EUS-(B)-FNA is preferred over either test alone (Recommendation grade C).</p> <p>If the combination of EBUS and EUS-(B) is not available, we suggest that EBUS alone is acceptable (Recommendation grade C).</p> <p>Subsequent surgical staging is recommended, when endosonography does not show malignant nodal involvement (Recommendation grade B).</p>

[18,25,27,28,31–38]

**2 and 3** Peripheral lung cancer without abnormal mediastinal lymph nodes (no enlarged or FDG-PET-avid nodes)

– What is the sensitivity of EBUS and EUS in combination for mediastinal staging in patients with suspected or proven peripheral lung cancer and normal mediastinum at radiological imaging?

– Does the combination of EBUS and EUS result in significant improvement of sensitivity regarding mediastinal nodal staging in comparison with each of the techniques alone?

– What is the next investigation when EBUS and EUS show negative results?

Data were extrapolated from the cited meta-analyses and randomized clinical trials. Other prospective nonrandomized clinical trials were also considered.

No meta-analyses or randomized clinical trials assessed the role of the combined technique only in patients with normal mediastinum at imaging. The role of routine surgical staging after a negative endosonography should be further investigated.

– The sensitivity for mediastinal staging of EBUS, only followed by EUS-B in patients with inaccessible or difficult-to-reach nodes, was 38% in one study, which increased to 73% by adding mediastinoscopy (evidence level 2+).

– The sensitivity for mediastinal staging for EBUS and EUS performed in combination with two scopes in this group of patients was 68% in one study (evidence level 2+).

– The sensitivity for mediastinal staging of EBUS and EUS performed in combination with two scopes was 71% and 75% in two small subgroup analyses of larger trials (evidence level 2–).

– The pooled sensitivities of EBUS or EUS alone were 76% (95%CI 65%–85%) and 58% (95%CI 39%–75%), respectively (evidence level 1–).

– No studies investigated the role of combined EBUS and EUS with a single scope in patients with normal mediastinal lymph nodes (evidence level 4).

– For patients with negative results from complete endosonography, there should be multidisciplinary consideration on whether surgical staging should be undertaken for confirmation of that result, in order to avoid unnecessary thoracotomy (evidence level 2–).

For mediastinal nodal staging in patients with suspected or proven non-small-cell peripheral lung cancer without mediastinal involvement at CT or CT-PET, we suggest that EBUS-TBNA and/or EUS-B-FNA should be performed before therapy, provided that one or more of the following conditions is present: (i) enlarged or FDG-PET-avid ipsilateral hilar nodes; (ii) primary tumor without FDG uptake; (iii) tumor size  $\geq 3$  cm (**Fig. 3a–c**) (Recommendation grade C).

If endosonography does not show malignant nodal involvement, we suggest that mediastinoscopy is considered especially in suspected N1 disease (Recommendation grade C).

If PET is not available and CT does not reveal enlarged hilar or mediastinal lymph nodes, we suggest performance of EBUS-TBNA and/or EUS-FNA and/or mediastinoscopy for further staging (Recommendation grade C).

In patients with suspected or proven  $<3$  cm peripheral non-small-cell lung cancer with normal mediastinal and hilar nodes at CT and/or PET, we suggest initiation of therapy without further mediastinal staging (Recommendation grade C).

[9–11,21,29–31,46–48]

**4 and 7** Centrally located

– What is the value of EBUS/EUS in staging of centrally located

No meta-analyses or randomized clinical trials assess

– In selected cases tumor invasion of the heart, mediastinum and the vessels can be

For mediastinal staging in patients with centrally located suspected or proven non-small-cell lung

lung cancer	<p>lesions?</p> <p>– What is the value of EBUS/EUS in diagnosing centrally located lesions suspected for lung cancer?</p>	<p>the role of the combined technique only in patients with centrally located tumors.</p>	<p>detected (T4) by EUS/EBUS. The advantage of using both techniques is that, in selected cases, the tumor can be reached from the esophagus and/or from the trachea, depending on its location (evidence level 4).</p> <p>– The sensitivity for EBUS in diagnosing lung tumors that are invisible by conventional bronchoscopy was 82% in one study and 91.4% in another study, and was around 96% for EUS (evidence level 2–).</p> <p>[12,13,15,21,27,29,49–51,63–65]</p>	<p>cancer without mediastinal or hilar involvement at CT and/or PET, we suggest performance of EBUS-TBNA with or without EUS-(B)-FNA in preference to surgical staging (<b>Fig. 4</b>) (Recommendation grade D).</p> <p>If endosonography does not show malignant nodal involvement, mediastinoscopy may be considered (Recommendation grade D).</p> <p>For diagnostic purposes, in patients with a centrally located lung tumor that is not visible at conventional bronchoscopy, endosonography is suggested, provided the tumor is located immediately adjacent to the larger airways (EBUS) or esophagus (EUS). (Recommendation grade D).</p>
5 Restaging after neoadjuvant therapy	<p>– What is the sensitivity and NPV of endosonography (EBUS/ EUS) for mediastinal restaging after induction chemo- and/or radiotherapy in patients with NSCLC?</p>	<p>There are no RCTs on these topics. Few studies have been performed and most have a small sample size. The reference standard, however, is adequate in most studies.</p>	<p>– Sensitivity and NPV for EUS for mediastinal restaging after induction chemo- and/or radiotherapy in patients with NSCLC range from 44% to 75% and from 42% to 91.6%, respectively, in 5 studies (evidence level 2–).</p> <p>– Sensitivity and NPV of EBUS for mediastinal restaging after induction chemo- and/or radiotherapy in patients with NSCLC range from 67% to 76% and from 20% to 78%, respectively, in 2 studies (evidence level 2+).</p> <p>– Sensitivity and NPV of combined EBUS-TBNA and EUS-B-FNA for mediastinal restaging after induction chemotherapy in patients with NSCLC were 67% and 73%, in one study (evidence level 2+)</p> <p>[22,52–62]</p>	<p>For mediastinal nodal restaging following neoadjuvant therapy, EBUS-TBNA and/or EUS-(B)-FNA is suggested for detection of persistent nodal disease but, if negative, subsequent surgical staging is indicated (Recommendation grade C).</p>
6 How many lymph nodes should be sampled?	<p>– How many lymph node stations should be sampled to consider mediastinal staging as “complete”?</p>	<p>For endosonography, there is no agreement about how many and which lymph node stations should be sampled and which level of thoroughness is necessary for different situations.</p>	<p>– At least three stations should be sampled in patients with high risk of mediastinal lymph node metastases (evidence level 4).</p> <p>[21,22]</p>	<p>A complete assessment of mediastinal and hilar nodal stations is recommended, and sampling of at least three different mediastinal nodal stations (4R, 4L, 7) (<b>Figs 1, 5</b>) is suggested in patients with NSCLC and an abnormal mediastinum (Recommendation grade D).</p>

8 EUS for adrenal glands	<ul style="list-style-type: none"> <li>– What is the feasibility of EUS for detection in the left and right adrenal glands?</li> <li>– Are specific EUS imaging characteristics predictive for metastatic involvement?</li> <li>– What are the sensitivity and NPV of EUS-FNA of adrenal glands suspicious for metastatic lung cancer involvement?</li> </ul>	<p>There are no meta-analyses and no RCTs. The vast majority of studies had a retrospective design. Additionally, only half of the selected studies included patients with lung cancer.</p>	<ul style="list-style-type: none"> <li>– EUS of the left adrenal gland is feasible in the vast majority (97%–100%) of patients with lung cancer (evidence level 2–).</li> <li>– Loss of seagull shape of the adrenal gland on EUS imaging seems to be predictive of malignancy (evidence level 2–).</li> <li>– Sensitivity of EUS left adrenal gland metastases in patients with lung cancer ranges from 86% to &gt;90%, and NPV ranges from 70% to &gt;90%, but the number of studies is limited. (evidence level 2–).</li> <li>– Detection and aspiration of the right adrenal gland by EUS is feasible in selected cases (evidence level 2–).</li> <li>– EUS-FNA of suspicious left adrenal gland is feasible and safe in the absence of clinical signs of a pheochromocytoma (evidence level 4)</li> </ul>	<p>In patients with a left adrenal gland suspected of a distant metastasis, we suggest performance of EUS-FNA, while the use of EUS-B with a transgastric approach is at present experimental (Recommendation grade D).</p>
[66–80]				
9 and 10 Training	<ul style="list-style-type: none"> <li>– Which steps should be included in the training curriculum for endosonography?</li> <li>– What is the impact of simulator-based training on patient care?</li> </ul>	<p>We await results from randomized trials exploring the effect of simulation-based training in endosonography. However, we believe that evidence from high quality RCTs from other surgical and endoscopic domains can be extrapolated to endosonography.</p>	<ul style="list-style-type: none"> <li>– The quality and the safety of endosonography are dependent on the level of experience of the operator (evidence level 2–).</li> <li>– The training curriculum for endosonography should include two steps: a simulator-based training followed by supervised practice on patients (evidence level 4–).</li> <li>– No data are available about the effects of the simulator-based program for endosonography on patient care (evidence level 4).</li> </ul>	<p>For optimal endosonographic staging of lung cancer, we suggest that individual endoscopists should be trained in both EBUS and EUS-B in order to perform complete endoscopic staging in one session (Recommendation grade D).</p> <p>We suggest that new trainees in endosonography follow a structured training curriculum consisting of simulation-based training followed by supervised practice on patients (Recommendation grade D).</p>

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[81–88]

**11** Competence assessment

– How many procedures must a trainee perform before being being considered competent in endosonography?

All available evidence on acquisition of skills in endosonography show substantial variability between trainees, making it impossible to define a certain number of procedures required for credentialing. Perhaps because of the lack of standardized certification programs in endosonography, there are no studies that actually show that ensuring basic competence and monitoring of outcomes leads to better patient care.

–There is no standard number of procedures that can be used as a criterion for considering a trainee to be competent (evidence level 4)

–The acquisition of competence in endosonography varies between operators, but basic competence should be ensured before operators perform the procedures by themselves (evidence level 4).

[16,17,61,88–100]

We suggest that competence in EBUS-TBNA and EUS-FNA for staging lung cancer be assessed using available validated assessment tools (Recommendation grade D).

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95%CI, 95% confidence interval; CT, computed tomography; EBUS-TBNA, endobronchial ultrasound with real-time guided transbronchial needle aspiration; EUS-B, endoscopic ultrasound, using the EBUS scope; FDG, fluorodeoxyglucose; FNA, fine needle aspiration; NPV, negative predictive value; PET-CT, positron emission tomography-CT; PPV, positive predictive value; RCT, randomized controlled trial; vs., versus.

## **Appendix e2. Search strategy for key questions**

**1** Search terms: EUS[All Fields] AND EBUS[All Fields] AND staging[All Fields] AND ("lung neoplasms"[MeSH Terms] OR ("lung"[All Fields] AND "neoplasms"[All Fields]) OR "lung neoplasms"[All Fields] OR ("lung"[All Fields] AND "cancer"[All Fields]) OR "lung cancer"[All Fields]) AND combination[All Fields]

**2, 3** Search terms: EUS[All Fields] AND EBUS[All Fields] AND staging[All Fields] AND ("lung neoplasms"[MeSH Terms] OR ("lung"[All Fields] AND "neoplasms"[All Fields]) OR "lung neoplasms"[All Fields] OR ("lung"[All Fields] AND "cancer"[All Fields]) OR "lung cancer"[All Fields]) AND combination[All Fields]

**4, 5** Search terms: (centrally[All Fields] AND located[All Fields] AND ("lung neoplasms"[MeSH Terms] OR ("lung"[All Fields] AND "neoplasms"[All Fields]) OR "lung neoplasms"[All Fields] OR ("lung"[All Fields] AND "cancer"[All Fields]) OR "lung cancer"[All Fields])) AND (("mediastinum"[MeSH Terms] OR "mediastinum"[All Fields] OR "mediastinal"[All Fields]) AND ("lymph nodes"[MeSH Terms] OR ("lymph"[All Fields] AND "nodes"[All Fields]) OR "lymph nodes"[All Fields] OR ("lymph"[All Fields] AND "node"[All Fields]) OR "lymph node"[All Fields])) AND staging[All Fields] AND ("diagnosis"[Subheading] OR "diagnosis"[All Fields] OR "diagnosis"[MeSH Terms])



**6** Search terms: (((EBUS[All Fields] AND EUS[All Fields] AND (combined[All Fields] AND technique[All Fields]) AND ("mediastinum"[MeSH Terms] OR "mediastinum"[All Fields]) AND ("lymph nodes"[MeSH Terms] OR ("lymph"[All Fields] AND "nodes"[All Fields]) OR "lymph nodes"[All Fields] OR ("lymph"[All Fields] AND "node"[All Fields]) OR "lymph node"[All Fields]) AND ("lung neoplasms"[MeSH Terms] OR ("lung"[All Fields] AND "neoplasms"[All Fields]) OR "lung neoplasms"[All Fields] OR ("lung"[All Fields] AND "cancer"[All Fields]) OR "lung cancer"[All Fields])))

**7** Search terms: (((("Endoscopic Ultrasound-Guided Fine Needle Aspiration"[Mesh] OR ("Ultrasonography, Interventional"[Mesh] OR Ultrasound[tiab] OR ultrasonograph\*[tiab] OR EUS[tiab]) AND ("Biopsy, Fine-Needle"[Mesh] OR Fine Needle[tiab] OR FNA)) OR EUS-FNA[tiab] OR echoendoscop\*[tiab] OR echo-endoscop\*[tiab])) AND ("Adrenal Glands"[Mesh] OR adrenal[tiab]))

**8** Search terms: (((("Lung Neoplasms"[Mesh] OR lung neoplasm\*[tiab] OR lung cancer\*[tiab] OR pulmonary neoplasm\*[tiab] OR pulmonary cancer\*[tiab])) AND ("Combined Modality Therapy"[Mesh] OR neoadjuvant[tiab] OR therapy[tiab] OR treatment[tiab] OR treated[tiab] OR chemotherap\*[tiab] OR chemoradiat\*[tiab] OR combined modality[tiab])) AND (((("Endoscopic Ultrasound-Guided Fine Needle Aspiration"[Mesh] OR ("Ultrasonography, Interventional"[Mesh] OR Ultrasound[tiab] OR ultrasonograph\*[tiab] OR EUS[tiab]) AND ("Biopsy, Fine-Needle"[Mesh] OR Fine Needle[tiab] OR FNA)) OR EUS-FNA[tiab] OR echoendoscop\*[tiab] OR echo-endoscop\*[tiab])) OR ((Endobronchial ultrasound[tiab] OR

EBUS[tiab]) AND (transbronchial needle aspiration\*[tiab] OR TBNA[tiab]) OR EBUS-TBNA[tiab]))

Appendix e3. Evaluation of single studies according to the Scottish Intercollegiate Network (SIGN) system [26]

First author, year	Study design	Intervention	Participants	Reference standard	Results	Conclusions	Level of evidence  Limits and comments	Recommendations
Gu, 2009 [29]	Systematic review and meta-analysis	EBUS for mediastinal staging in lung cancer patients	11 studies, 1299 patients	Histopathology in 5 studies, and histopathology or clinical follow-up in 6	<p>EBUS-TBNA: – Sensitivity: 0.93 (95%CI 0.91–0.94) – Specificity: 1.00 (95%CI 0.99–1.00).</p> <p>The subgroup of patients who were selected on the basis of CT- or PET-positive results had higher pooled sensitivity (0.94, 95%CI 0.93–0.96) than the subgroup of patients without any selection by CT or PET (0.76, 95%CI 0.65–0.85) (<math>P &lt; 0.05</math>).</p> <p>Only two complications occurred (0.15%).</p>	EBUS-TBNA is an accurate, safe and cost-effective tool in lung cancer staging.	<p>Directly applicable</p> <p>1–</p> <p>Limits: – Reference standard included clinical follow-up in some studies</p>	1–5
Micames, 2007 [30]	Systematic review and meta-analysis	EUS for mediastinal staging in lung cancer patients	18 studies, 1201 patients	Histopathology in 10 studies, and histopathology or clinical follow-up in 8	<p>EUS-FNA: – Sensitivity: 0.83 (95%CI 0.78%–0.87%) – Specificity: 0.97 (95%CI 0.96–0.98)</p> <p>The subgroup of patients who were selected on the basis of CT-positive results had higher pooled sensitivity (90%, 95%CI 84%–94%) than the subgroup of patients without mediastinal abnormalities on CT (58%; 95%CI 39%–75%).</p>	EUS-FNA is a safe modality for the invasive staging of lung cancer that is highly sensitive when used to confirm metastasis to mediastinal lymph nodes seen on CT scans. In addition, among lung cancer patients with normal mediastinal adenopathy on CT scans, despite lower sensitivity, it has the potential to prevent unnecessary surgery in a large proportion of cases missed by CT scanning.	<p>Directly applicable</p> <p>1–</p> <p>Limits: – Reference standard included clinical follow-up in some studies</p>	1–5

Zhang, 2013 [25]	Systematic review and meta-analysis	Accuracy of the combination of EBUS-TBNA and EUS-FNA procedures and clarification of its current role for mediastinal lymph node staging of lung cancer	8 studies, RCT 1 Prospective 7 822 patients	Surgery in 4 studies, and surgery and clinical follow-up in 4	<p>Combined approach:</p> <ul style="list-style-type: none"> <li>– Sensitivity: 86%</li> <li>– Specificity: 100%</li> <li>– Positive likelihood ratio: 51.77</li> <li>– Negative likelihood ratio : 0.15</li> <li>– Diagnostic odds ratio (DOR): 416.83</li> <li>– Area under the curve (AUC): 0.99</li> </ul> <p>Complications:</p> <p>1 pneumothorax, 1 lymph node abscess</p>	<p>The combined technique is more sensitive than EBUS-TBNA or EUS-FNA alone.</p> <p>The diagnostic power of this combined technique is accurate.</p>	<p>1–</p> <p>Directly applicable</p> <p>Limits:</p> <ul style="list-style-type: none"> <li>– Reference standard included clinical follow-up in some studies</li> <li>– Heterogeneity across studies</li> </ul>	1, 6
Annema, 2010 [18]	RCT  Multicenter study	<p>Combination of EBUS and EUS (conventional endoscope) in detecting N2/N3 disease in lung cancer patients</p> <p>Primary outcome: sensitivity for N2/N3 disease</p> <p>Secondary outcome: rate of unnecessary thoracotomy</p>	<p>n = 241</p> <p>Consecutive patients potentially operable for NSCLC</p> <ul style="list-style-type: none"> <li>– n = 118 surgical staging group</li> <li>– n = 123 endosonography staging group, followed by surgical staging</li> </ul>	Surgery (thoracotomy with node dissection)	<p>Primary outcome: sensitivity for N2/N3 metastases:</p> <p>Sensitivity</p> <ul style="list-style-type: none"> <li>– Surgery alone: 79%</li> <li>– Endosonography (EBUS + EUS) alone: 85%</li> <li>– Endosonography followed by surgical staging: 94%</li> </ul> <p>NPV</p> <ul style="list-style-type: none"> <li>– Surgery alone: 86%</li> <li>– Endosonography alone: 85%</li> <li>– Endosonography followed by surgical staging: 93%</li> </ul> <p>Abnormal mediastinum:</p> <ul style="list-style-type: none"> <li>– Sensitivity for endosonography of 86%, but 97% when it is followed by surgical staging.</li> </ul> <p>Thoracotomy was unnecessary in 21 patients (18%) in the surgical group and in 9 patients (7%) in the endosonography group.</p> <p>Complication rate was similar in both groups.</p>	<p>Among patients with (suspected) NSCLC, a staging strategy combining endosonography and surgical staging compared with surgical staging alone resulted in greater sensitivity for mediastinal nodal metastases and fewer unnecessary thoracotomies</p>	<p>For statement 1: 1++</p> <p>Directly applicable</p> <p>Limits:</p> <ul style="list-style-type: none"> <li>– Only tertiary hospitals</li> </ul> <p>For statement 2–: Extrapolated</p> <p>Limits:</p> <ul style="list-style-type: none"> <li>– Small sample</li> </ul>	1, 2, 3, 6

Wallace, 2008 [31]	Prospective comparative study  Single-center study	Combination of EBUS and EUS (regular) in mediastinal lymph node staging in lung cancer	n = 138 consecutive patients	Surgery (thoracotomy with node dissection, lobectomy with mediastinal exploration, mediastinoscopy, or thoracoscopy) or clinical follow-up	The overall sensitivity of the combined technique was 93% and the NPV was 97%.  Sensitivity: – EBUS alone: 69% – EUS alone: 69% – EBUS+EUS: 93%  Moreover:  – If mediastinoscopy had been performed only when results from endosonography were negative, this surgical procedure would have been avoided in 28% of patients (39/138).	EBUS-TBNA has higher sensitivity than “blind” TBNA and that EUS plus EBUS may allow near-complete minimally invasive mediastinal staging in patients with suspected lung cancer. These results require confirmation in other studies but suggest that EUS plus EBUS may be an alternative approach for mediastinal staging in patients with suspected lung cancer.  Suboptimal reference standard	2+  Directly applicable  Limits: – Not randomized – Single-center  Reference standard included clinical follow-up	1, 2, 3, 6
Dooms, 2014 [47]	Prospective multicenter study	Endosonography (EBUS, only followed by EUS-B if patients had inaccessible or difficult to reach lymph nodes) and mediastinoscopy for mediastinal nodal staging of cN1 lung cancer.	n = 100 consecutive patients	Surgery (thoracotomy or video-assisted thoracic surgery [VATS] resection)	Of the 100 patients with cN1 on imaging, 24 patients were diagnosed with N2 disease.  Invasive mediastinal nodal staging with endosonography alone had a sensitivity of 38%, which was increased to 73% by adding a mediastinoscopy. The NPVs were 81% and 91%, respectively; 10 mediastinoscopies were needed to detect 1 additional N2 disease missed by endosonography.	Endosonography alone has unsatisfactory sensitivity for detecting mediastinal nodal metastasis in cN1 lung cancer, and the addition of a confirmatory mediastinoscopy is of added value.	2+  Limits: – EUS-(B) only performed in 25% of patients	1
Rintoul, 2005 [101]	Prospective comparative study  Single-center study	Combination of EBUS and EUS for mediastinal nodal staging  (EUS has been done only when the assessment of postero-inferior mediastinal lymph nodes was needed)	n = 20 Selected patients underwent EBUS and 7 patients EUS and EBUS	Mediastinoscopy Clinical follow-up	EBUS-TBNA: Diagnosis of malignant lymph nodes: 11 out of 18 patients Negative for N2/N3: 7 patients: – 5 true-negative – 2 false-negative  Procedure time: – EBUS-TBNA: 30 min – EUS-FNA: 45 min	EBUS with real-time TBNA offers improved sensitivity and accuracy for staging of the middle mediastinum, and, combined with endoscopic ultrasound, should allow investigation of the majority of the mediastinum.	2–  Not directly applicable  Limits: – Small sample of patients, – EUS not in all cases – Not consecutive patients – Reference standard included clinical follow-up	1

Ok, 2014 [37]	Prospective study	EBUS-TBNA was followed by EUS-FNA with a single bronchoscope in the preoperative hilar and mediastinal staging of NSCLC	n = 150 (of whom 146 were included in analysis)	Surgery (resection with node dissection, or resection with node examination), or (in a small number of patients) clinical follow-up	<p>Sensitivity per patient:</p> <ul style="list-style-type: none"> <li>– EBUS-TBNA: 52%</li> <li>– EUS-FNA: 45%</li> <li>– Combined approach: 73%</li> </ul> <p>Corresponding negative predictive value:</p> <ul style="list-style-type: none"> <li>– EBUS-TBNA: 88%</li> <li>– EUS-FNA: 86%</li> <li>– Combined approach: 93%</li> </ul>	The combined endoscopic approach with EBUS-TBNA and EUS-FNA is a safe and accurate method for preoperative hilar and mediastinal staging of NSCLC, with better results than with each technique by itself.	2+ Limits: – Single-center	1
Vilmann, 2005 [32]	Prospective cohort study Single-center study	Combination of EBUS and EUS for mediastinal lymph node staging	n = 33 (of whom 28 were included in analysis) Selected patients	Surgery (thoracotomy) or clinical follow-up	Diagnostic accuracy: 100%	EUS-FNA and EBUS-TBNA appear to be complementary methods. A combined approach with both EUS-FNA and EBUS-TBNA may be able to replace more invasive methods for evaluating lung cancer patients with suspected hilar or mediastinal metastases, as well as for evaluating unclear mediastinal or hilar lesions	2- Directly applicable Limits: – Small sample of patients – Not consecutive patients – Reference standard included clinical follow-up	1
Szlabowski, 2010 [41]	Prospective comparative study  Multicenter study	Combination of EBUS and EUS for mediastinal lymph node staging	<p>n = 120 Selected patients</p> <p>To assess the diagnostic yield of the combined approach in the radiologically normal mediastinum in NSCLC staging.</p>	Surgery (pulmonary resection with node dissection, or transcervical extended bilateral mediastinal lymphadenectomy [TEMLA])	<p>Overall sensitivity: 68%</p> <p>Overall NPV: 91%</p> <p>Overall PPV: 91%</p> <p>Prevalence of N2-N3 disease: 22%</p> <p>Station 4R: high rate of false negatives</p> <p>Station 4L: sensitivity for the combined procedure was 90%, significantly higher compared with the single techniques alone.</p> <p>Station 7: sensitivity for the combined procedure was 92%, significantly higher compared with the single techniques alone.</p>	In the radiologically normal mediastinum, the combined technique is a highly effective and safe technique in NSCLC staging and, if negative, a surgical diagnostic exploration of the mediastinum may be omitted.	2+ Directly applicable	2, 3

Varadarajulu, 2004 [50]	Retrospective study  Single-center study	EUS-FNA for diagnosing lung masses adjacent to or abutting the esophagus after unrevealing CT-guided biopsy or bronchoscopy	n = 18 patients	Mean follow-up: 205 days	Diagnostic yield: 100%, no complication  10 patients had mediastinal invasion. In 6 out of the 10 patients mediastinal lymph nodes were involved: – Station 7: 5 lymph nodes – Station 8: 1 lymph nodes Out of 6, in 3 patients FNA was performed and a diagnosis was not reached; in the other 3, lymph nodes were difficult to reach because of the position of the tumor.  8 patients had no mediastinal invasion; of these EUS-FNA detected a metastasis in only 1 (station 8).	In this study, EUS-guided FNA of lung mass was safe, and it established a diagnosis in all patients with accessible lesions.	2–  Directly applicable  Limits: – Small sample – Retrospective study	4, 5
Szlubowski, 2014 [62]	Prospective study	Combination of EBUS-TBNA and EUS-B-FNA for mediastinal lymph node restaging after induction therapy	n =106 NSCLC patients with confirmed N2 disease who had undergone induction chemotherapy	Transcervical extended bilateral mediastinal lymphadenectomy (TEMLA)	Sensitivity: 67% NPV: 73%	The combination of EBUS-TBNA and EUS-B-FNA is a reasonable and safe technique in mediastinal restaging in NSCLC patients after induction therapy.	2+  Directly applicable	
Hernandez, 2007 [51]	Review of prospective cohort  Single-center study	EUS-FNA for diagnosing centrally located primary lung cancers	n = 17 patients  9 lesions at hilum 8 lesions in upper lobe  4/17 had lymph node abnormalities at EUS of which 3 were confirmed for metastases	Clinical follow up	Diagnostic yield: 100%  Complication: 1 case of hemoptysis that needed hospitalization	EUS-FNA is a safe, relatively cost-effective, and accurate initial diagnostic modality for the diagnosis of lung lesions adjacent to the esophagus or invading the mediastinum.	2–  Directly applicable  Limits: – Small sample – Retrospective study	4, 5

Vazquez-Sequeiros, 2013 [63]	Review of prospective cohort  Multicenter study	EUS-FNA after unsuccessful CT-guided lung biopsy or bronchoscopy for diagnosing indeterminate central mediastinal lung masses	n = 73 patients  Mean tumor size in short axis: 26 mm  CT/PET-CT  Tumor close to the cervical/upper part of the esophagus	Clinical follow-up (12 months)  Surgical staging/treatment  Autopsy	62 patients had a diagnosis from the lung infiltrates with EUS (1 hamartoma, 47 NSCLC, 8 SCLC, 6 metastatic cancer). 11 patients had no diagnosis because EUS did not visualize the lung infiltrates.  Sensitivity: – in 73 patients: 80.8% – excluding 11 patients: 96.7%  Complication: 1 tension pneumothorax	Good accuracy and safety of EUS-FNA for evaluation of central mediastinal lung masses	2+  Directly applicable  Limits: – Only EUS-FNA was considered – Only lung tumor	4, 5
Annema, 2005 [64]	Retrospective cohort  Single-center study	EUS-FNA following a nondiagnostic bronchoscopy for diagnosing centrally located lung tumors	n = 32 patients  Mean tumor size at CT: 45 mm  No lymph node involvement  Location: Left upper lobe: 7 Right upper lobe: 15 Left lower lobe: 7 Right lower lobe: 3	Surgery (only in 11 patients)	– 31 out of 32 patients (97%) had a diagnosis of malignancy – Only 1 patient had the diagnosis after pneumonectomy (lymphoma)  – 11 patients underwent operation and were referred to surgery. – 39% of patients were staged as having T4 disease.	EUS-FNA qualifies as the next diagnostic step in patients with suspected lung cancer and a nondiagnostic bronchoscopy if the intrapulmonary mass is located adjacent or near the esophagus. In these cases, EUS-FNA may replace computed tomography of the chest (CT)-guided biopsies and reduce the number of exploratory thoracotomies.	2-  Directly applicable  Limits: – Small sample	4, 5
Tournoy, 2009 [65]	Retrospective  Multicenter study	EBUS-TBNA after a nondiagnostic conventional bronchoscopy for diagnosing central parenchymal lung lesions	n = 60 patients  CT or CT-PET  Mean size of tumor: 25 mm	Transthoracic needle aspiration biopsy or surgical diagnostic procedure (98% of patients)	The primary tumor was visible with EBUS in all cases.  Lung cancer was diagnosed in 46 patients (77%)  Overall sensitivity: 82% Overall NPV: 23%	EBUS-TBNA can be considered as a diagnostic test in patients with a centrally located lung lesion after a previous nondiagnostic conventional bronchoscopy.	2-  Directly applicable  Limits: – Small sample	4, 5



					<p>Sensitivity:</p> <ul style="list-style-type: none"> <li>– For lung tumor &lt;25 mm: 78%</li> <li>– For lung tumor &gt; 25 mm: 86%</li> </ul>			
					No serious complication			
Verma, 2013 [15]	<p>Review of prospective cohort</p> <p>Single-center study</p>	<p>EBUS-TBNA for diagnosing central lung parenchymal lesions</p>	<p>n = 37 patients</p> <p>CT scan</p> <p>Mean size in short axis: 8–82 mm</p>	<p>Surgery (not in all patients)</p>	<p>32/37 had a final diagnosis</p> <p>30/37 had diagnosis of lung cancer</p> <p>Sensitivity of EBUS-TBNA for detecting:</p> <ul style="list-style-type: none"> <li>– Malignancy: 91.4%</li> <li>– Benign process: 86.5%</li> </ul>	<p>EBUS-TBNA is an effective and safe method for tissue diagnosis of parenchymal lesions that lie centrally close to the airways. EBUS-TBNA should be considered the procedure of choice for patients with centrally located lesions without endobronchial involvement.</p>	<p>2–</p> <p>Directly applicable</p> <p>Limits:</p> <ul style="list-style-type: none"> <li>– Surgical reference not done in all patients</li> </ul>	
Kang, 2013 [35]	Randomized clinical trial	<p>EUS-B-FNA +EBUS-TBNA for mediastinal lymph node staging</p> <p>Primary outcome:</p> <ul style="list-style-type: none"> <li>– Diagnostic accuracy for N2/N3 disease</li> </ul> <p>Secondary outcomes:</p> <ul style="list-style-type: none"> <li>– Procedure sequence</li> <li>– Diagnostic added benefits of the second procedure</li> <li>– Procedure time</li> <li>– Number of nodal stations aspirated</li> <li>– Procedure tolerance</li> <li>– Cardiorespiratory parameters</li> <li>– Medication</li> </ul>	<p>n = 162</p> <p>Consecutive patients were randomized into 2 groups:</p> <ul style="list-style-type: none"> <li>– Group A: 82 patients, EBUS-TBNA then EUS-B-FNA (of whom 74 were included in analysis)</li> <li>– Group B: 80 patients, EUS-B-FNA then EBUS-TBNA (of whom 74 were included in analysis)</li> </ul>	<p>Surgery (open thoracotomy with node dissection, or video-assisted thoracic surgery [VATS])</p>	<p>Primary outcome:</p> <p>Values achieved with the first procedure, then with the second added:</p> <p>Group A:</p> <ul style="list-style-type: none"> <li>– Diagnostic accuracy: 91.9% then 93.2%</li> <li>– Sensitivity: 82.4%, then 85.3%</li> <li>– NPV: 87%, then 88.9%</li> </ul> <p>These values were not significant.</p> <p>Group B:</p> <ul style="list-style-type: none"> <li>– Diagnostic accuracy: 86.5%, then 97.3%</li> <li>– Sensitivity: 60%, then 92%</li> <li>– NPV: 83.1%, then 96.1%</li> </ul> <p>These values were significant.</p> <p>Secondary outcomes:</p> <ul style="list-style-type: none"> <li>– Procedure time; number of lymph node stations sampled and number of aspirations; amount of medication, cardiorespiratory parameters; patient tolerance:</li> </ul>	<p>Using a combination of EBUS-TBNA and EUS-B-FNA in mediastinal staging, the diagnostic values and the patient satisfaction were not different between group A and group B.</p> <p>The necessity for EBUS-TBNA following EUS-B-FNA suggests that EBUS-TBNA is a better primary procedure in endoscopic mediastinal staging.</p>	<p>1+</p> <p>Directly applicable</p> <p>Limits:</p> <ul style="list-style-type: none"> <li>– Suboptimal performance of EUS-B (selective sampling, low number of aspirations, little time spent)</li> </ul>	6

requests  
– Complications

similar in both groups  
– Complications: hypoxia similar in both groups; in group B, 1 pneumomediastinum was observed after EBUS but did not require specific treatment

Ohnishi, 2011 [33]	Prospective comparative study	Combination of EBUS and EUS for mediastinal lymph node staging  To compare the diagnostic yield of CT-PET and the combination of EBUS/EUS-FNA	n = 120 Consecutive patients	Surgery (resection with N staging)	CT-PET: – Accuracy: 73.6% – Sensitivity: 47.4% – Specificity: 87.5% – PPV: 66.7% – NPV: 75.9% – False-negative: 20  EBUS+EUS – Accuracy: 90% – Sensitivity: 71.8% – Specificity: 100% – PPV: 100% – NPV: 86.6% – False-negative: 11  The number of false-negative results was 14 with only EBUS and 20 with only EUS.	The combined endoscopic approach using EUS-FNA and EBUS-TBNA provided excellent diagnostic performance. Therefore, this approach is strongly recommended before surgery or mediastinoscopy to avoid futile thoracotomy and surgical intervention.	2+  Directly applicable	6
Hwangbo, 2010 [36]	Prospective study  Single-center study	Combination of EBUS and EUS (single scope) for mediastinal lymph node staging	n = 143 Consecutive patients	Surgery (node dissection)	EBUS alone: – Sensitivity: 84.4% – NPV: 93.3% – Diagnostic accuracy: 95.1%  EBUS + EUS-B-FNA – Sensitivity: 91.1% – NPV: 96.1% – Diagnostic accuracy: 97.2% (not significant values)  Among 473 mediastinal nodal stations having at least one node ≥5 mm that were evaluated, the proportion of mediastinal nodal stations accessible by EBUS-	Following EBUS-TBNA in the mediastinal staging of potentially operable lung cancer, the accessibility to mediastinal nodal stations increased by adding EUS-B-FNA, and an additional diagnostic gain might be obtained by EUS-B-FNA.	2+  Directly applicable  Limits: – Single-center – EUS-B only used for those nodes not accessible by EBUS	6

					<p>TBNA was 78.6%; the proportion increased to 84.8% by combining EUS-B-FNA with EBUS-TBNA (<math>P = .015</math>).</p> <p>Mean procedure time:  – EBUS-TBNA: 18.9 min  – EUS-B-FNA: 38 min</p>			
Herth, 2010 [34]	<p>Prospective comparative study</p> <p>Multicenter study</p>	Combination of EBUS and EUS (single scope) for mediastinal lymph node staging	n = 139 Consecutive patients	Surgery (thoracoscopy or open thoracotomy) or clinical follow-up	<p>Sensitivity:  – EBUS alone: 89%  – EUS alone: 92%  – Combined approach: 96%</p> <p>NPV:  – EBUS alone: 92%  – EUS alone: 82%  – Combined approach: 95%</p> <p>Mean procedure time:  – EBUS-TBNA: 14 min  – EUS-B-FNA: 16 min</p> <p>No patient intolerance</p> <p>No complications</p>	<p>The two procedures can be performed with a dedicated linear endobronchial ultrasound bronchoscope in one setting and by one operator. They are complementary and provide better diagnostic accuracy than either one alone. The combination may be able to replace more invasive methods as a primary staging method for patients with lung cancer.</p>	<p>2+</p> <p>Directly applicable</p> <p>Limits:  – Reference standard included clinical follow-up</p>	6
Lee, 2014 [39]	Retrospective study	EUS-B-FNA was performed after EBUS-TBNA when mediastinal lymph nodes were not accessible using EBUS-TBNA or when tissue sampling using EBUS-TBNA alone was inadequate.	n = 44 (37 included in analysis)	<p>Surgery:  – Mediastinoscopy  – Pulmonary resection with mediastinal node dissection</p>	<p>EBUS:  Sensitivity: 79%  NPV: 57%</p> <p>Combined approach:  Sensitivity: 100%  NPV: 100%</p>	Use of a combination of EBUS-TBNA and EUS-B-FNA can afford better sensitivity and accuracy of mediastinal N-staging compared with use of EBUS-TBNA alone	<p>2–</p> <p>Limits:  – Reference standard included mediastinoscopy  – Only included patients with inaccessible nodes during EBUS-TBNA  – Retrospective study</p>	
Liberman, 2014 [40]	Prospective study	Combined EBUS/EUS for mediastinal lymph node staging	n = 166	Surgery: – Mediastinoscopy	<p>EBUS:  – Sensitivity: 72%  – NPV: 88%</p> <p>EUS:  – Sensitivity: 62%  – NPV: 85%</p>	The combined EBUS/EUS procedure can replace surgical mediastinal staging in patients with potentially resectable NSCLC.	<p>2–</p> <p>Limits:  – Reference standard included mediastinoscopy</p>	

Combined approach:  
 – Sensitivity: 91%  
 – NPV: 96%

Chang, 1996 [71]	Consecutive patients  Single-center study	EUS: imaging and characterization of left adrenal gland	n = 31  Indication for EUS: diagnosis and staging of GI and lung malignancies.	Radiological follow-up	Left adrenal gland visualized by EUS in 97% of patients	Technically feasible	2–  Not directly applicable  Limits: – Small – Several GI malignancies	7
Uemura, 2013 [79]	Retrospective cohort study	EUS: Detection rate for right adrenal gland  Diagnostic ability of EUS-FNA for adrenal metastases in lung cancer	n = 150  Indication for EUS: staging of lung cancer	No reference standard	Visualization: – Right adrenal gland: 87% – Left adrenal gland: 100%  Diagnostic accuracy for adrenal metastases 100%	Technically feasible	2–  Directly applicable  Only a few with actual metastasis	7
Eloubeidi, 2004 [72]	Consecutive patients. Data collection prospectively as an ongoing observational study in one center and by retrospective cohort design at the other center.	EUS-FNA left adrenal gland: feasibility and safety	n = 31  Indications for EUS-FNA: enlarged adrenal gland on imaging and known or suspected malignancies  2 EUS referral centers	No reference standard	Adequate tissue obtained in 100%. No complications.	Technically feasible, including aspiration	2–  Directly applicable	7
Stelow, 2005 [102]	Retrospective review of cytology files	EUS-FNA of left adrenal gland (1 right adrenal gland): comparison of EUS-FNA and non-EUS-guided FNA for utility of cell block immunohistochemistry.	n = 22 (24 cases)  Indications for EUS-FNA: in 86%, staging for malignancies  1 center	No reference standard	Diagnostic material was present in all cases	Technically feasible, including aspiration, to detect left adrenal gland metastases	2–  Not directly applicable	7

DeWitt, 2006 [103]	Retrospective case series	EUS-FNA of left adrenal gland: report experience	n = 38  Indication for EUS-FNA: lung mass in 14, left adrenal gland mass in 5, pancreatic mass in 14          1 center	Surgery, clinical and/or radiological follow-up	24% nondiagnostic  0% false-negative results in lung cancer cases.  No complications	Technically feasible, including aspiration, to detect and exclude left adrenal gland metastases	2–  Not directly applicable	7
Eloubeidi, 2008 [104]	Prospective	EUS-FNA (lymph nodes, pancreatic masses, liver etc): diagnostic accuracy and complications	n = 540  n = 15 for adrenal gland   Indications for EUS-FNA of adrenal gland: unknown    1 center	Death from disease progression; radiological and/or clinical follow-up	Sensitivity: 100%  NPV: 100%	Technically feasible, including aspiration, to detect and exclude left adrenal gland metastases	2–  Not directly applicable	7
Ang TL, 2007 [73]	Prospective	EUS or EUS-FNA for left adrenal gland	n = 119 Consecutive patients	No reference standard	Overall prevalence of left adrenal gland mass: 3.4%	EUS-FNA is a safe and useful technique for evaluation of left adrenal gland masses.	2–  Not directly applicable  Not all patients had lung cancer	7
Bodtger, 2009 [74]	Retrospective	Evaluation of impact of EUS-FNA of left adrenal gland on TNM staging	n = 40	No reference standard	EUS-FNA of enlarged left adrenal gland altered TNM staging in 70% of patients, and treatment in 48%. Malignant left adrenal gland lesion was found in 28% of patients and was associated with shorter survival.	EUS-FNA of an enlarged left adrenal gland in patients with known or suspected lung cancer had a significant impact on TNM staging, treatment, and survival. The impact of routine visualization of the left adrenal gland in lung cancer work-up needs to be prospectively validated.	2–  Directly applicable	7

Schuurbiers, 2011 [75]	Retrospective	EUS-FNA sensitivity for left adrenal metastases in lung cancer patients with an adrenal gland suspicious at radiological imaging	n = 85	Imaging, no surgical reference	<p>EUS-FNA findings:</p> <ul style="list-style-type: none"> <li>– 62% of patients, left adrenal gland metastases</li> <li>– 29%, benign lesions</li> <li>– 1%, colon carcinoma metastasis</li> <li>– 1%, primary adrenocortical carcinoma</li> </ul> <p>In 5.9%, aspirates had no representative material.</p> <p>False negatives: 2/85 Sensitivity: 86% NPV: 70%</p>	EUS-FNA is a sensitive, safe and minimally invasive technique to provide tissue proof of left adrenal metastases in patients with (suspected) lung cancer.	2– Directly applicable	7
Von Bartheld, 2011 [58]	Retrospective  Single-center study	EUS-FNA for mediastinal restaging	<p>n = 58</p> <p>Inclusion: stage III NSCLC and tissue proven lymph node metastases N2/N3, who underwent EUS-FNA for restaging after chemoradiotherapy</p>	Surgical-pathological staging of nodal metastases	<p>Sensitivity: 44%</p> <p>False negative rate: 58%</p> <p>NPV: 42%</p>	For mediastinal restaging of stage III NSCLC, EUS-FNA is a minimally invasive and safe method to confirm persistent nodal metastases but has a low NPV.	2– Directly applicable	8
Stigt, 2009 [57]	Prospective  Single-center study.	EUS-FNA for mediastinal restaging	<p>n = 28</p> <p>Inclusion: NSCLC stage III and pathologically proven nodal disease. Restaging was performed on the same nodes after chemoradiotherapy</p>	Thoracotomy with mediastinal lymph node dissection if restaging with EUS showed no tumor cells	<p>NPV: 91.6%</p> <p>Diagnostic accuracy: 92.3%</p>	Restaging with EUS-FNA after induction chemoradiotherapy is well tolerated and reliably predicts the absence of nodal metastasis. Although changes in mediastinal FDG-PET uptake show a high concordance with EUS-FNA, pathological confirmation is still superior and therefore necessary.	2– Directly applicable	8

Zielinski, 2013 [59]	Retrospective  Single-center study	EBUS-TBNA and/or EUS-FNA for mediastinal restaging  Aim: compare diagnostic yield of EBUS and/or EUS with transcervical extended mediastinal lymphadenectomy (TEMLA)	n = 88  – 32 EBUS-TBNA – 6 EUS – 50 Combined EBUS and EUS  Inclusion: NSCLC with previously endosonographically proven metastatic mediastinal nodes and neoadjuvant treatment	TEMLA in the case of negative results of endoscopy	Endosonography:  – Sensitivity: 64.3% – NPV 82.1%	The results of this largest reported series comparing endoscopic and surgical primary staging and restaging of NSCLC showed a significantly higher diagnostic yield of TEMLA when compared with that of EBUS or EUS.	2–  Directly applicable	8
Annema, 2003 [55]	Prospective  Single-center study	EUS-FNA for mediastinal restaging	n = 19  Inclusion: patients with NSCLC and proven IIIA-N2 disease who had been treated with induction chemotherapy were referred for mediastinal restaging by EUS-FNA	When EUS-FNA restaged the mediastinum as N0, surgical resection of the tumor with lymph node sampling or dissection	PPV: 100%  NPV: 67%  Sensitivity: 75%  Specificity: 100%  Diagnostic accuracy: 83%	EUS-FNA qualifies as an accurate, safe and minimally invasive diagnostic technique for the restaging of mediastinal lymph nodes after induction therapy in NSCLC.	2–  Directly applicable	8
Varadarajulu, 2006 [56]	Pilot study: Retrospective analysis of prospectively collected data.  Single-center study	EUS-FNA for mediastinal restaging	n = 14  Inclusion: patients with NSCLC and biopsy-proven N2 disease who underwent restaging by EUS following chemoradiation therapy	Those staged as N0 by EUS underwent tumor resection with complete lymph node dissection	Diagnostic accuracy: 86%	EUS-FNA appears to qualify as an accurate, safe and minimally invasive diagnostic technique for restaging of mediastinal lymph nodes after chemoradiation therapy in NSCLC patients.	2–  Directly applicable	8

Herth 2008 [60]	Prospective	EBUS-FNA sensitivity and accuracy for restaging the mediastinum after induction chemotherapy in patients with NSCLC	n = 124 Consecutive patients	Thoracotomy	Sensitivity: 76% Specificity: 100% PPV: 100% NPV: 20% Diagnostic accuracy: 77%	EBUS-TBNA is a sensitive, specific, accurate, and minimally invasive test for mediastinal restaging of patients with NSCLC. However, because of the low negative predictive value, tumor-negative findings should be confirmed by surgical staging before thoracotomy.	2+ Directly applicable	8
Szlubowski, 2010 [61]	Prospective	EBUS-TBNA sensitivity and diagnostic yield in restaging of NSCLC patients after neoadjuvant therapy	n = 61 Consecutive patients	Transcervical extended mediastinal lymphadenectomy (TEMLA)	Sensitivity: 67% Specificity: 86% Diagnostic accuracy: 80% PPV: 91% NPV: 78%	EBUS-TBNA is an effective and safe technique for mediastinal restaging in NSCLC patients.  In patients with negative results of EBUS-TBNA, a surgical restaging of the mediastinum might not be mandatory.	2+ Directly applicable	8
Steinfort, 2011 [81]	Prospective	EBUS-TBNA sensitivity for malignancy and evaluation the effect of procedural learning curve on diagnostic sensitivity	n = 215 Consecutive patients (analysis of the first 215 patients undergoing EBUS-TBNA at one institution)	Surgery	Sensitivity for malignancy was 92%  Significant improvement in diagnostic performance was seen after 20 procedures were completed, and diagnostic accuracy did not peak until after 50 procedures	EBUS-TBNA is able to accurately confirm histologically a large number of disease processes, both malignant and benign, in all clinical indications studied. The procedure is safe even when carried out by practitioners with minimal prior experience. Diagnostic performance continues to improve beyond performance of 50 cases.	2–	9
Stather, 2013 [82]	Retrospective	Determination of the impact of trainee participation during advanced diagnostic bronchoscopy on procedure time, sedation use, and complications	670 procedures; a trainee participated in 512 (84.3%) examinations	Not applicable	Trainee participation led to: – Increased complication rate (4.7% vs. 1.1%, $P = 0.076$ ) – Increased procedure length (58.3 minutes vs. 37.7 minutes, $P = 0.001$ ) – Increased dose of propofol (178 mg vs. 137 mg, $P = 0.002$ )	Trainee participation in advanced diagnostic bronchoscopy increased procedure time, increased the amount of sedation used, and resulted in a trend to increased complications.	2–	9



Cook, 2011 [84]	Systematic review and meta-analysis	To summarize the outcomes of technology-enhanced simulation training for health professions learners in comparison with no intervention	137 randomized studies	Simulation Not applicable	Pooled effect sizes for: – Time skills: 1.14 – Process skills: 1.09 – Product skills: 1.18 – Time behaviors: 0.79 – Other behaviors: 0.81 – Direct effects on patients: 0.50	In comparison with no intervention, technology-enhanced simulation training in health professions education is consistently associated with large effects for outcomes of knowledge, skills, and behaviors, and moderate effects for patient-related outcomes.	1+ Large heterogeneity ( $I^2 > 50\%$ )	10
Konge, 2013 [85]	Prospective comparative	To design an evidence-based and credible EBUS certification based on a virtual-reality EBUS simulator test	n = 22 participants, divided into 3 groups: – Experienced EBUS operators (group 1, n = 6) – Untrained novices (group 2, n = 8) – Simulator-trained novices (group 3, n = 8).	Not applicable	Successfully sampled lymph nodes and procedure time were the only simulator metrics that showed statistically significant differences.  None of the novices met the pass/fail standard.	Virtual reality simulators could be an important first line in credentialing before trainees proceed to supervised performance on patients.	2–	10
Stather, 2011 [86]	Prospective comparative	To validate a computer EBUS simulator in differentiating between operators of varying clinical EBUS experience	n = 22 participants, divided into groups: – A, novice bronchoscopists, no EBUS experience (n = 4) – B, expert bronchoscopists, no EBUS experience (n = 5) – C, basic clinical EBUS training (n = 9) – D, EBUS experts (n = 4)	Not applicable	Significant differences between groups were noted for: – Total procedure time – Percentage of lymph nodes identified – Percentage of successful biopsies. Group D performed significantly better than all other groups for: – Total procedure time – Percentage of lymph nodes identified Group C performed significantly better than groups A and B for: – Total procedure time – Percentage of lymph nodes identified – Percentage of successful biopsies.	An EBUS simulator can accurately discriminate between operators with different levels of clinical EBUS experience.	2–	10
Stather, 2012 [87]	RCT	To compare two methods used to teach EBUS-TBNA: wet laboratory (lab) vs. computer EBUS-	n = 12 participants – 6 wet lab group – 6 EBUS-TBNA simulator group	Not applicable	No significant differences between the computer EBUS-TBNA simulator group and the wet lab group in procedure time and percentage of successful biopsies.	Computer EBUS-TBNA simulation and wet lab simulation are effective methods of learning basic EBUS-TBNA skills, and appeared to be complementary.	1–	10

TBNA simulation

The computer simulator group performed significantly better than the wet lab group in the percentage of lymph nodes correctly identified.

Wet lab simulation was associated with increased learner confidence in operating the real EBUS-TBNA bronchoscope.

All participants responded that wet lab and computer EBUS-TBNA simulation offered important complementary learning opportunities.

Annema, 2010 [93]	Prospective multicenter trial	To test a training and implementation strategy for EUS for the diagnosis and staging of lung cancer	n = 551 Consecutive patients	Surgery (not in all patients)	Implementation center: – EUS sensitivity: 83% – EUS diagnostic accuracy: 89% – Surgery avoided: 51% Expert center: – EUS sensitivity: 82% – EUS diagnostic accuracy: 88% – Surgery avoided: 54%  A single complication occurred in each group.	Chest physicians who participate in a dedicated training and implementation program for EUS in lung cancer staging can obtain results similar to those of experts for mediastinal nodal staging.	2+	11
Konge, 2013 [94]	Prospective cohort study	To establish whether there is a minimum training requirement for EUS	n = 4 participants (91 EUS-FNA procedures)	Not applicable	The performances of the participants improved significantly and became more consistent, but were still highly variable even in the latter part of the learning curves. Only 2 of the participants reached the mean score of experienced operators; this was after 17 and 23 procedures, respectively.	Pulmonologists with knowledge of lung cancer staging and experience in bronchoscopy quickly improved their performance of EUS-FNA.  20 procedures were not enough to secure consistent and competent performance of all trainees.	2– Small sample	11
Konge, 2012 [99]	Prospective comparative study	To explore the reliability and validity of a newly developed EUS Assessment Tool (EUSAT) designed	n = 30 procedures 6 EUS- FNA trainees 6 EUS- FNA experts	Not applicable	Reliability, Cronbach's $\alpha$ : – Intra-rater: 0.80 – Inter-rater: 0.93  The assessment tool demonstrated construct validity by discriminating between trainees	Competency in mediastinal staging of NSCLC using EUS and EUS-FNA can be assessed in a reliable and valid way using the EUSAT assessment tool.	2– Small sample	11

to measure  
competence in EUS-  
FNA for mediastinal  
staging of NSCLC

and experienced physicians

Davoudi, 2012 [100]	Prospective multicenter comparative study	To assess the validity and the reliability of the EBUS Skills and Tasks Assessment Tool (EBUS-STAT)	24 operators at three levels of EBUS-TBNA experience: – 8 beginners – 8 intermediates – 8 experienced	Not applicable	Intertester reliability between testers was very high ( $r = 0.9991$ ).  Mean EBUS-STAT scores: – Beginners: 31.1/100 – Intermediates: 74.9/100 – Experienced: 93.6/100 Each group differed significantly from the others.  Self-assessments corresponded closely to actual EBUS-STAT scores ( $r^2 = 0.81$ ).	The EBUS-STAT can be used to reliably and objectively score and classify EBUS-TBNA operators from novice to expert.	2+  Small sample	11
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95%CI, 95% confidence interval; CT, computed tomography; CT-PET, integrated computed and positron emission tomography; EBUS-TBNA, endobronchial ultrasound with real-time guided transbronchial needle aspiration; EUS-B, endoscopic ultrasound, using the EBUS scope; FDG, fluorodeoxyglucose; FNA, fine needle aspiration; GI, gastrointestinal; NPV, negative predictive value; NSCLC, non-small-cell lung cancer; PET, positron emission tomography; PPV, positive predictive value; RCT, randomized controlled trial; vs., versus.

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