



The impact of asthma on mental health and wellbeing during COVID-19 lockdown

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People with asthma are more vulnerable to the negative mental health impact of lockdown. This is not explained by mental or physical comorbidities and highlights the need to provide support for anxiety and depression in younger people with asthma. <https://bit.ly/3tEbLYS>

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To the Editor:

It has been assumed that people with asthma would be at a high risk of developing severe illness from coronavirus disease 2019 (COVID-19), despite a lack of evidence [1]. Social isolation measures have aimed to mitigate this risk to vulnerable groups; however, such interventions can have negative mental health impacts [2].

