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From ARIA guidelines to the digital transformation of health in rhinitis and asthma multimorbidity

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ARIA has evolved, with strong political commitment, from the first multimorbidity guideline in respiratory diseases to an exemplar for the future digital transformation of health and care for the management of patients with long-term conditions http://bit.ly/35fBlhN

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In all societies, the disease burden and the healthcare costs for people with allergic and chronic respiratory diseases are increasing rapidly [1]. Most economies are struggling to deliver consistent high-quality healthcare. There is a need to support the transformation of the healthcare system for integrated care through leveraging developments in digital health [2]. The term "digital health" refers to advanced medical technologies, disruptive innovations and digital communication tools aiming to provide best healthcare practice [3].

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