

Supplementary information

The role of air pollution and lung function on cognitive impairment

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Table S1: Comparison of baseline characteristics of participants lost to follow-up and participants included in the analyses. Differences in the continuous variables were tested with the two-sample t-test and differences in the categorical variables were tested with Fisher's exact test at the 5% significance level.

	Lost between baseline and follow-up investigation (N=2785 with lung function at baseline)			Lost due to selection of complete cases used in analysis (N=834 at follow-up investigation)		
	Lost	Available	p-value	Lost	Available	p-value
N	1951	834		314	520	
BMI [kg/m ²], Mean (SD)	28.0 (4.8)	26.7 (3.9)	<0.001	26.9 (3.7)	26.6 (4.0)	0.209
Educational level, n/N (%)						
<10 years	569/1948 (29.2%)	144/813 (17.7%)	<0.001	52/293 (17.7%)	92/520 (17.7%)	0.481
=10 years	957/1948 (49.1%)	396/813 (48.7%)		150/293 (51.2%)	246/520 (47.3%)	
>10 years	422/1948 (21.7%)	273/813 (33.6%)		91/293 (31.1%)	182/520 (35.0%)	
Smoking, n/N (%)						
Active smoker	298/1872 (15.9%)	85/833 (10.2%)	<0.001	29/313 (9.3%)	56/520 (10.8%)	0.731
Ex-smoker	144/1872 (7.7%)	84/833 (10.1%)		30/313 (9.6%)	54/520 (10.4%)	
Never smoker	1430/1872 (76.4%)	664/833 (79.7%)		254/313 (81.2%)	410/520 (78.8%)	
Passive smoking, n/N (%)	965/1919 (50.3%)	390/828 (47.1%)	0.134	145/308 (47.1%)	245/520 (47.1%)	1.000
Urban area, n/N (%)	993/1951 (50.9%)	439/834 (52.6%)	0.408	209/314 (66.6%)	230/520 (44.2%)	<0.001
Rural area, n/N (%)	958/1951 (49.1%)	395/834 (47.4%)		105/314 (33.4%)	290/520 (55.8%)	
PM _{2.5} , (µg/m ³), Median (IQR)	33.4 (3.8)	33.3 (4.7)	<0.001	33.6 (4.2)	33.0 (4.9)	0.004
PM ₁₀ , (µg/m ³), Median (IQR)	51.3 (5.0)	50.2 (6.8)	<0.001	50.7 (5.4)	49.8 (8.0)	0.002
NO ₂ , (µg/m ³), Median (IQR)	36.1 (17.4)	34.7 (14.7)	<0.001	37.9 (14.5)	33.5 (13.8)	<0.001
GLI z-score FEV1, Mean (SD)	-0.6 (1.1)	-0.3 (1.0)	<0.001	-0.3 (1.1)	-0.2 (1.0)	0.531
GLI z-score FVC, Mean (SD)	-0.3 (1.0)	0.0 (0.9)	<0.001	-0.1 (1.0)	0.0 (0.9)	0.276
GLI z-score FEV1/FVC, Mean (SD)	-0.5 (0.9)	-0.4 (0.8)	0.046	-0.4 (0.9)	-0.4 (0.8)	0.445

Table S2: Mediation analysis (exposure: air pollution; mediator: lung function; outcome: visuo-construction performance (figure copying)) in all participants (N=520). Indirect, direct and total effects (95% confidence intervals and p-values).

	Mediator	Exposure	Indirect effects		Direct effects		Total effects	
			β -estimate (95%-CI)	p-value	β -estimate (95%-CI)	p-value	β -estimate (95%-CI)	p-value
Without exposure x mediator interaction								
FEV ₁	PM ₁₀	PM ₁₀	-0.02 (-0.05;0.00)	0.068	-0.30 (-0.47;-0.13)	<0.001	-0.31 (-0.49;-0.15)	<0.001
		PM _{2.5}	-0.02 (-0.04;0.00)	0.062	-0.22 (-0.38;-0.07)	0.008	-0.24 (-0.40;-0.09)	0.004
		NO ₂	-0.02 (-0.05;0.00)	0.104	-0.23 (-0.45;0.00)	0.046	-0.24 (-0.47;-0.02)	0.032
FVC	PM ₁₀	PM ₁₀	-0.01 (-0.04;0.01)	0.160	-0.30 (-0.47;-0.14)	<0.001	-0.32 (-0.49;-0.15)	<0.001
		PM _{2.5}	-0.01 (-0.04;0.01)	0.164	-0.23 (-0.38;-0.07)	0.008	-0.24 (-0.40;-0.09)	0.004
		NO ₂	-0.02 (-0.05;0.01)	0.188	-0.23 (-0.45;-0.01)	0.044	-0.24 (-0.46;-0.02)	0.034
FEV ₁ /FVC	PM ₁₀	PM ₁₀	0.01 (-0.01;0.04)	0.312	-0.32 (-0.49;-0.14)	<0.001	-0.30 (-0.47;-0.14)	<0.001
		PM _{2.5}	0.01 (-0.01;0.03)	0.376	-0.24 (-0.40;-0.08)	0.004	-0.23 (-0.39;-0.08)	0.004
		NO ₂	0.01 (-0.01;0.03)	0.532	-0.24 (-0.46;-0.02)	0.034	-0.23 (-0.46;-0.01)	0.032
With exposure x mediator interaction								
FEV ₁	PM ₁₀	PM ₁₀	-0.02 (-0.04;0.00)	0.046	-0.28 (-0.45;-0.09)	<0.001	-0.30 (-0.46;-0.11)	<0.001
		PM _{2.5}	-0.01 (-0.04;0.00)	0.056	-0.20 (-0.35;-0.03)	0.016	-0.21 (-0.37;-0.04)	0.008
		NO ₂	-0.02 (-0.06;0.00)	0.070	-0.23 (-0.44;-0.02)	0.032	-0.25 (-0.46;-0.04)	0.026
FVC	PM ₁₀	PM ₁₀	-0.01 (-0.03;0.00)	0.184	-0.29 (-0.45;-0.11)	<0.001	-0.30 (-0.46;-0.12)	<0.001
		PM _{2.5}	-0.01 (-0.03;0.00)	0.188	-0.21 (-0.36;-0.04)	0.014	-0.22 (-0.37;-0.06)	0.008
		NO ₂	-0.02 (-0.05;0.01)	0.206	-0.23 (-0.44;-0.02)	0.030	-0.25 (-0.46;-0.03)	0.028
FEV ₁ /FVC	PM ₁₀	PM ₁₀	0.01 (-0.01;0.03)	0.466	-0.33 (-0.50;-0.15)	<0.001	-0.32 (-0.49;-0.15)	<0.001
		PM _{2.5}	0.01 (-0.01;0.03)	0.582	-0.25 (-0.41;-0.09)	0.006	-0.25 (-0.40;-0.08)	0.006
		NO ₂	0.01 (-0.01;0.03)	0.500	-0.22 (-0.44;-0.01)	0.036	-0.22 (-0.43;0.00)	0.042

Approach utilizing exposure and mediator averages with interaction.

All models were adjusted for age, height, body mass index (BMI), socioeconomic status, current and former smoking, exposure to second hand smoke (SHS), living in an urban vs. rural area, APOE ϵ 4, physical activity and depression.

Table S3: Mediation analysis (exposure: air pollution; mediator: lung function; outcome: visuo-construction performance (figure copying)) in never-smokers (N=410). Indirect, direct and total effects (95% confidence intervals and p-values).

	Mediator	Exposure	Indirect effects		Direct effects		Total effects	
			β -estimate (95%-CI)	p-value	β -estimate (95%-CI)	p-value	β -estimate (95%-CI)	p-value
Without exposure x mediator interaction								
FEV ₁	PM ₁₀	PM ₁₀	-0.02 (-0.05;0.00)	0.064	-0.34 (-0.53;-0.15)	0.002	-0.36 (-0.55;-0.17)	<0.001
		PM _{2.5}	-0.02 (-0.05;0.00)	0.068	-0.26 (-0.43;-0.08)	0.004	-0.27 (-0.45;-0.10)	0.002
		NO ₂	-0.02 (-0.05;0.01)	0.156	-0.16 (-0.41;0.09)	0.198	-0.18 (-0.43;0.07)	0.150
FVC	PM ₁₀	PM ₁₀	-0.02 (-0.04;0.00)	0.114	-0.34 (-0.53;-0.16)	<0.001	-0.36 (-0.54;-0.17)	<0.001
		PM _{2.5}	-0.02 (-0.04;0.00)	0.112	-0.26 (-0.43;-0.08)	0.004	-0.27 (-0.44;-0.10)	0.002
		NO ₂	-0.02 (-0.06;0.01)	0.188	-0.16 (-0.41;0.09)	0.204	-0.18 (-0.42;0.07)	0.152
FEV ₁ /FVC	PM ₁₀	PM ₁₀	0.00 (-0.01;0.02)	0.674	-0.35 (-0.54;-0.16)	<0.001	-0.34 (-0.54;-0.16)	<0.001
		PM _{2.5}	0.00 (-0.01;0.02)	0.756	-0.26 (-0.44;-0.09)	0.002	-0.26 (-0.44;-0.09)	0.002
		NO ₂	0.00 (-0.01;0.02)	0.880	-0.17 (-0.42;0.08)	0.182	-0.17 (-0.41;0.08)	0.190
With exposure x mediator interaction								
FEV ₁	PM ₁₀	PM ₁₀	-0.02 (-0.04;0.00)	0.118	-0.32 (-0.51;-0.14)	0.004	-0.33 (-0.52;-0.15)	0.002
		PM _{2.5}	-0.01 (-0.04;0.00)	0.126	-0.23 (-0.41;-0.07)	0.012	-0.25 (-0.42;-0.08)	0.012
		NO ₂	-0.02 (-0.06;0.01)	0.182	-0.17 (-0.41;0.07)	0.172	-0.19 (-0.43;0.05)	0.116
FVC	PM ₁₀	PM ₁₀	0.00 (-0.02;0.02)	0.982	-0.37 (-0.56;-0.19)	<0.001	-0.37 (-0.56;-0.18)	<0.001
		PM _{2.5}	0.00 (-0.02;0.02)	0.962	-0.28 (-0.45;-0.11)	0.004	-0.28 (-0.45;-0.11)	0.006
		NO ₂	0.00 (-0.01;0.02)	0.942	-0.16 (-0.39;0.07)	0.208	-0.15 (-0.39;0.08)	0.206
FEV ₁ /FVC	PM ₁₀	PM ₁₀	-0.02 (-0.04;0.00)	0.118	-0.32 (-0.51;-0.14)	0.004	-0.33 (-0.52;-0.15)	0.002
		PM _{2.5}	-0.01 (-0.04;0.00)	0.126	-0.23 (-0.41;-0.07)	0.012	-0.25 (-0.42;-0.08)	0.012
		NO ₂	-0.02 (-0.06;0.01)	0.182	-0.17 (-0.41;0.07)	0.172	-0.19 (-0.43;0.05)	0.116

Approach utilizing exposure and mediator averages with interaction.

All models were adjusted for age, height, body mass index (BMI), socioeconomic status, exposure to second hand smoke (SHS), living in an urban vs. rural area, APOE ε4, physical activity and depression.

Table S4: Mediation analysis (exposure: air pollution; mediator: lung function; outcome: visuo-construction performance (figure copying)) in non-APOEε4 carriers (N=369). Indirect, direct and total effects (95% confidence intervals and p-values).

	Mediator	Exposure	Indirect effects		Direct effects		Total effects	
			β-estimate (95%-CI)	p-value	β-estimate (95%-CI)	p-value	β-estimate (95%-CI)	p-value
Without exposure x mediator interaction								
FEV ₁	PM ₁₀	PM ₁₀	-0.02 (-0.06;0.00)	0.032	-0.19 (-0.38;-0.01)	0.034	-0.21 (-0.40;-0.03)	0.020
		PM _{2.5}	-0.02 (-0.06;0.00)	0.038	-0.15 (-0.32;0.02)	0.070	-0.17 (-0.35;0.00)	0.046
		NO ₂	-0.02 (-0.06;0.00)	0.124	-0.11 (-0.34;0.11)	0.334	-0.13 (-0.36;0.09)	0.240
FVC	PM ₁₀	PM ₁₀	-0.01 (-0.04;0.01)	0.254	-0.20 (-0.39;-0.03)	0.022	-0.21 (-0.40;-0.04)	0.016
		PM _{2.5}	-0.01 (-0.04;0.01)	0.254	-0.16 (-0.33;0.01)	0.058	-0.17 (-0.34;-0.01)	0.044
		NO ₂	-0.01 (-0.06;0.02)	0.376	-0.12 (-0.35;0.10)	0.286	-0.13 (-0.36;0.09)	0.246
FEV ₁ /FVC	PM ₁₀	PM ₁₀	0.01 (-0.02;0.04)	0.506	-0.21 (-0.40;-0.04)	0.018	-0.20 (-0.39;-0.03)	0.026
		PM _{2.5}	0.01 (-0.02;0.03)	0.564	-0.17 (-0.35;0.00)	0.046	-0.16 (-0.33;0.00)	0.054
		NO ₂	0.00 (-0.02;0.03)	0.674	-0.13 (-0.36;0.09)	0.260	-0.12 (-0.36;0.10)	0.278
With exposure x mediator interaction								
FEV ₁	PM ₁₀	PM ₁₀	-0.02 (-0.06;0.00)	0.046	-0.19 (-0.38;0.01)	0.066	-0.21 (-0.40;-0.02)	0.032
		PM _{2.5}	-0.02 (-0.05;0.00)	0.060	-0.14 (-0.31;0.04)	0.118	-0.16 (-0.33;0.02)	0.088
		NO ₂	-0.02 (-0.07;0.01)	0.128	-0.13 (-0.36;0.10)	0.296	-0.15 (-0.38;0.08)	0.204
FVC	PM ₁₀	PM ₁₀	-0.01 (-0.04;0.01)	0.272	-0.20 (-0.39;-0.01)	0.040	-0.21 (-0.40;-0.02)	0.030
		PM _{2.5}	-0.01 (-0.04;0.01)	0.278	-0.15 (-0.33;0.03)	0.096	-0.16 (-0.34;0.02)	0.076
		NO ₂	-0.01 (-0.05;0.02)	0.376	-0.13 (-0.36;0.10)	0.270	-0.14 (-0.38;0.08)	0.218
FEV ₁ /FVC	PM ₁₀	PM ₁₀	0.01 (-0.02;0.04)	0.596	-0.24 (-0.42;-0.04)	0.014	-0.23 (-0.42;-0.04)	0.014
		PM _{2.5}	0.00 (-0.02;0.03)	0.718	-0.19 (-0.36;-0.01)	0.038	-0.19 (-0.36;-0.01)	0.042
		NO ₂	0.01 (-0.01;0.04)	0.560	-0.12 (-0.35;0.10)	0.298	-0.12 (-0.35;0.11)	0.332

Approach utilizing exposure and mediator averages with interaction.

All models were adjusted for age, height, body mass index (BMI), socioeconomic status, current and former smoking, exposure to second hand smoke (SHS), living in an urban vs. rural area, , physical activity and depression.