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# Is there hope of improving the prognosis of pulmonary tumour thrombotic microangiopathy?



*To the Editor:*

We read with interest the letter by KUMAR *et al.* [1] reporting two new cases of fatal pulmonary tumour thrombotic microangiopathy (PTTM). As discussed by the authors, *ante mortem* diagnosis of PTTM is difficult to confirm because of a rapid progression of the disease. The disease is characterised histopathologically by microscopic tumour emboli and remodelling of the pulmonary vasculature, leading to right heart failure, severe hypoxaemia and, ultimately, death in the very short term, within a few hours or days following admission.

However, some cases have also been reported in the literature with higher survival of a few months that were not analysed in detail by KUMAR *et al.* [1], who cited only one of these cases [2]. After reviewing all cases published in PubMed-indexed journals, since the original description by VON HERBAY *et al.* [3], we found six additional observations of such prolonged survival after a diagnosis of PTTM (table 1) [4–9]. These cases drew our attention because they could also be interesting to highlight the physiopathological mechanisms of PTTM and identify potential targeted therapies for this fatal condition.

One of these cases reported prolonged survival of a patient treated for a colorectal cancer with chemotherapy including bevacizumab, an anti-vascular endothelial growth factor (VEGF) monoclonal antibody [7]. VEGF is known to have a specific role in angiogenic endothelial cells and, thereby, in promoting the proliferation of endothelium involved in embryonic development and tumour angiogenesis. A recent clinical analysis of 30 autopsy cases observed that the immunohistochemistry of tumour cells

TABLE 1 Observations of prolonged survival after a diagnosis of pulmonary tumour thrombotic microangiopathy

First author [ref.]	Cancer	Diagnostic tool	Pulmonary arterial pressure on diagnosis systolic/diastolic (mean) mmHg	Anticoagulation	Chemotherapy	TKI	Survival
MIYANO [4]	Gastric adenocarcinoma	TBB and SLB	NR	Yes	Yes (S-1)	No	>9 months
KAYATANI [5]	Adenocarcinoma of unknown origin	SLB	"Normal" <sup>#</sup>	No	Yes (S-1 and cisplatin, S-1 and gemcitabine)	No	15 months
KITAMURA [6]	Breast adenocarcinoma	TBB	41 <sup>#</sup>	Yes	Yes (irinotecan, S-1)	No	3 months
OGAWA [2]	Gastric and duodenal adenocarcinoma	TBB	[48] <sup>¶</sup>	No	Yes (TS-1)	Imatinib (100 mg·day <sup>-1</sup> )	12 months
HIGO [7]	Colic adenocarcinoma	Swan-Ganz (capillary blood)	77/31 [48] <sup>¶</sup>	No	Yes (S-1, bevacizumab)	Imatinib (50–200 mg·day <sup>-1</sup> )	12 months
FUKADA [8]	Breast adenocarcinoma	Swan-Ganz (capillary blood)	93/39 [60]	No	No	Imatinib (50–400 mg·day <sup>-1</sup> )	56 days
MINATSUKI [9]	Gastric adenocarcinoma	SLB	[48] <sup>¶</sup>	No	Yes (S-1)	Imatinib (200 mg·day <sup>-1</sup> )	12 months

TKI: tyrosine kinase inhibitor; TBB: transbronchial biopsy; SLB: surgical lung biopsy; NR: not reported; S-1: fourth-generation fluoropyrimidine that contains tegafur, 5-chloro-2,4-dihydropyridine (gimeracil) and potassium oxonate (oteracil); TS-1: oral 5-fluorouracil derivative. <sup>#</sup>: echocardiography (systolic); <sup>¶</sup>: right heart catheterisation.

located within the tumour emboli was positive for VEGF, suggesting that this pathway could be an interesting option to treat PTTM [10]. However, the effect of anti-VEGF antibody in this condition has to be evaluated in light of side-effects of this treatment, including thromboembolic events. In addition, four other patients were treated with imatinib, a tyrosine kinase inhibitor that inhibits platelet-derived growth factor (PDGF) receptors, at different dosages [2, 7–9]. Imatinib was associated in three cases with other chemotherapies acting on the VEGF pathway. In these patients, a survival of 12 months was reported, which is exceptional in PTTM. An immunohistochemical study reported PDGF and PDGF receptor expression in cancerous cells and pulmonary endothelial cells in lesions of PTTM caused by gastric carcinoma. In two cases, imatinib treatment led to a decrease in serum PDGF concentration, which was associated with a decrease in D-dimer concentrations, despite the absence of anticoagulation [2, 9]. Interestingly, in one case, a sustained clinical response after weaning from imatinib was observed, probably related to the efficacy of adjunct chemotherapy [2]. Again, the effect of this drug has to be evaluated in light of its side-effects. We have to remember that the risk/benefit ratio was recently considered unfavourable for the treatment of idiopathic pulmonary artery hypertension.

Based on these observations, we can hope that a better understanding of the pathophysiology of PTTM could result in specific targeted therapies that should improve prognosis of this vascular condition.



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**Better pathophysiological understanding of PTTM could result in specific targeted therapies and improve prognosis** <http://ow.ly/U93wg>

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#### From the authors:

We thank M. Merad and coworkers for their comments. Indeed there have been at least eight reported cases of pulmonary tumour thrombotic microangiopathy (PTTM) since ours was submitted in early 2015, including cases in other major respiratory journals [1], emphasising that PTTM may not be such a rare condition. Indeed, it is being increasingly recognised both by oncologists and pulmonary hypertension physicians alike. Of over two hundred case reports or series of PTTM now cited on PubMed, the majority relate to adenocarcinomas, mainly gastric in origin, but also oesophageal, colorectal, pancreatic or lung, and more rarely breast, bladder and ovarian. Autopsy studies suggest a prevalence of 3% in gastric cancer [2]. Despite increasing recognition, however, most cases remain a *post mortem* diagnosis. The presence of undiagnosed malignancy must therefore be borne in mind when physicians assess new cases of pulmonary hypertension.

Early diagnosis is clearly important. We agree with the authors' hypothesis that identification of pathways involved in the pathogenesis of PTTM may improve survival by allowing targeted therapy. In addition to the vascular endothelial growth factor and platelet-derived growth factor pathways there is evidence for dysregulated intravascular coagulation as indicated by activation of tissue factor and raised D-dimer. As well as increased awareness, we also need an improvement in diagnostic accuracy.

In a new patient presenting with pulmonary hypertension of unknown cause, undiagnosed malignancy should be in the differential diagnosis. The clinical features of PTTM include non-specific signs of pulmonary hypertension but may include symptoms and signs of malignancy in other organs. In terms of blood tests, the role of common tumour markers is not established in the routine work-up of a new patient with suspected pulmonary hypertension. Importantly, the presence of a raised D-dimer with an *absence* of filling defects seen on computed tomography pulmonary angiography [3] is described in PTTM. Ventilation–perfusion scanning, however, may demonstrate distal and non-segmental diffuse perfusion abnormalities [4]. Conventional pulmonary angiography may show occlusion of distal vessels but without abrupt narrowing or intravascular webs suggestive of chronic thromboembolic pulmonary hypertension [5]. High-resolution computed tomography findings are non-specific but may demonstrate ground glass opacification, mosaicism (reflecting small vessel occlusion) [5], small pulmonary nodules (due to fibrointimal thickening), diffuse shadows [6], consolidation, tree-in-bud [7] and interlobular septal thickening (when pulmonary vein or lymphatics are involved). Interestingly, the recent European Society of Cardiology/European Respiratory Society pulmonary hypertension guidelines suggest that computed tomography is useful in many respects, but does not emphasise the potential role for computed tomography (and/or ultrasound) of the abdomen and pelvis to assess for malignancy [8]. Indeed, as previously highlighted previously in this journal, computed tomography should pick up malignancy in rapidly progressive new cases of pulmonary hypertension [9]. The presence of signs of pulmonary veno-occlusive disease on high-resolution computed tomography (including interstitial oedema with diffuse central ground-glass opacification and thickening of interlobular septa) in a patient with likely

