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Received: Jan 10 2015 | Accepted: Jan 25 2015

Conflict of interest: None declared.

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Eur Respir J 2015; 46: 287-288 | DOI: 10.1183/09031936.00003815 | Copyright ©ERS 2015

Bedaquiline: finding the pores on the pot

To the Editor:

Salfinger and Migliori [1] discussed some important issues of bedaquiline, the most promising drug for treating multidrug-resistant (MDR) tuberculosis (TB) in the early twenty-first century. I am afraid of some issues that could be detrimental to the future of TB control. Bedaquiline should be used with caution, bacause of some methodological flaws in a few of the published landmark studies. In one study, Diacon *et al.* [2], the authors, without doing drug-sensitivity testing on isoniazid and rifampicin (criteria of MDR-TB), firmly concluded the effectiveness of their new regimen on MDR-TB patients. By using a regimen containing bedaquiline for susceptible patients to the tested drug does not predict bedaquiline's effectiveness in MDR-TB patients, as the pharmacokinetics and probability of pharmacodynamic target attainment (area under the time curve minimum inhibitory concentration ratio) are likely to be altered in MDR patients [3].

In another recent study by DIACON et al. [4], the efficacy analyses were performed in the modified intention-to-treat (ITT) population and selectively excluded patients after randomisation in their study. Some of the participants received the drug-resistant treatment, including bedaquiline, without confirmation of drug resistance and some with negative mycobacterial cultures. There is no clear definition of what is modified ITT. Modified ITT analysis has potential bias, due to the inappropriate exclusion of patients after including them in the trial. Post-randomisation exclusions is treated as deviations from protocol, destined for biased effect and strongly associated with industry funding [5]. So the real outcome is likely to be different in pragmatic trials or in the study outside of the trial conditions. ITT remains the best method that preserves randomisation. Well designed, randomised control trials follow strictly to the



ITT principle, which is the best method for preserving randomisation irrespective of completing treatment in the group they were originally allocated.

Yet again, after a decade, there is still no study, to the best of my knowledge, on the: 1) impact of bedaquiline on clinical failure, 2) rate of relapse or survival, and 3) clinical resolution of TB. Drug toxicity can lead to decrease adherence and compliances of bedaquiline containing regimens in realistic conditions.



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We need a better drug to control drug resistant tuberculosis (MDR TB) http://ow.ly/MTcSu

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Received: Feb 09 2015 | Accepted: Feb 11 2015

Conflict of interest: None declared.

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Eur Respir J 2015; 46: 288-289 | DOI: 10.1183/09031936.00022915 | Copyright ©ERS 2015



From the authors:

We read with interest the correspondence by Prasanta Raghab Mohapatra commenting on our editorial [1], which was aimed at discussing the absence of adequate drug susceptibility protocol for the new drug bedaquiline.

Prasanta Raghab Mohapatra raised interesting comments on the limitation of the trials presently available on bedaquiline and on the possible consequences for the patients.

With reference to the article by Diacon *et al.* [2], the authors investigated new multiple-agent combinations over the first 14 days of treatment to assess their suitability for future development. In this prospective, randomised, early bactericidal activity (EBA) study, treatment-naive, drug-susceptible patients with uncomplicated pulmonary tuberculosis (TB) were enrolled. We concur with the authors that multi-agent EBA studies can contribute to reducing the time needed to develop new anti-TB regimens.

Drug safety considerations are of outmost concerns for patients participating in clinical trials. In the case of bedaquiline, the risk of cardiological toxicity (prolongation of the QT interval in the electrocardiogram) and the unexplained higher toxicity in the treatment arm of the trial [3], pose additional queries that are still unanswered.

This necessary caution explains also why the World Health Organization (WHO), in absence of evidence on the simultaneous use of bedaquiline and delamanid, does not recommend the prescribing of these two drugs together [4] (table 1). In addition, WHO has developed the Policy Implementation Package for the introduction of new TB drugs (PIP document), underlining the minimum requirements that countries should have in place in order to use the new drugs safely, and with a reasonable low probability of developing further drug resistance (table 1).

We agree with Prasanta Raghab Mohapatra that properly designed trials are necessary to answer the numerous clinical queries that are still pending (table 1) [4].

In addition, there should be banking of *Mycobacterium tuberculosis* complex strains from patients participating in clinical trials, especially in those in whom therapy failed. Furthermore, novel compounds