## **European Respiratory Society Annual Congress 2012**

**Abstract Number:** 1454

**Publication Number: 189** 

Abstract Group: 4.2. Sleep and Control of Breathing

Keyword 1: Sleep disorders Keyword 2: Neoplastic diseases Keyword 3: No keyword

**Title:** Association between sleep apnoea and cancer incidence. Longitudinal study of a large multicenter Spanish cohort

Dr. Francisco 2357 Campos-Rodríguez fracamrod@gmail.com MD ¹, Dr. Miguel A. 2358 Martínez-García miangel@comv.es MD ², Dr. Montserrat 2359 Martínez-Alonso montserrat.martinez@cmb.udl.cat MD ³, Dr. José M. 2360 Marín jmmarint@posta.unizar.es MD ⁴, Dr. Joaquín 2361 Durán-Cantolla joaquin.durancantolla@gmail.com MD ⁵, Dr. Mónica 2362 de la Peña monica.delapena@ssib.es MD ⁶, Dr. Mónica 2364 González u10965@humv.es MD ⁷, Dr. Inmaculada 2365 Gallego inmagallego84@hotmail.com ⁶, Dr. María J. 2366 Masdeu mjmasdeu@tauli.cat MD ⁶, Dr. Félix 2367 del Campo fsas@telefonica.net MD ¹o, Dr. Ferran 2368 Barbé fbarbe@arnau.scs.es MD ¹³, Prof. Ramón 2369 Farré rfarre@ub.edu MD ¹¹ and Dr. José M. 2370 Montserrat JCANAL@clinic.ub.es MD ¹². ¹ Pneumology, Valme Hospital, Sevilla, Spain, 41014 ; ² Pneumology, La Fe University and Polytechnic Hospital, Valencia, Spain ; ³ Biostatistics, IRB Lleida, Spain ; ⁴ Pneumology, Miguel Servet Hospital, Zaragoza, Spain ; ⁵ Research Department, Alava University Hospital, Alava, Spain ; ⁶ Pneumology, Son Dureta Hospital, Palma de Mallorca, Spain ; ⁶ Pneumology, Marques de Valdecilla Hospital, Santander, Spain ; ⁶ Oncology, Valme Hospital, Sevilla, Spain ; ⁶ Pneumology, Rio Hortega Hospital, Valladolid, Spain ; ¹¹ Facultat de Medicina, Barcelona, Spain ; ¹l Pneumology, Rio Hortega Pneumology, Clinic Hospital, Barcelona, Spain and ¹³ Pneumology, IRB Lleida, Spain .

Body: Background: The role of Sleep Apnoea (SA) in the development of cancer in humans has not yet been assessed. Objective: To investigate whether SA is associated with increased cancer incidence. Methods: We performed a multicenter, clinical cohort study, analyzing 8,961 patients referred to 8 Spanish Sleep Clinics for suspected SA. Subjects with an apnoea-hypopnoea index (AHI)<10 comprised the control group. SA was diagnosed when the AHI was≥10. We used the log-rank test to compare cancer incidence between groups, and the Cox proportional hazards model to calculate both unadjusted and adjusted HR and 95%CI for incident cancer. Results: 8,542 (95.3%) patients were finally analyzed. The median follow-up of the cohort was 5.1 years (interquartile range 4.0 to 7.5). SA was associated with increased incidence of cancer in unadjusted analyses (HR 1.27, 95%CI 1.04-1.56). The cancer incidence density rate was also significantly higher in patients with SA compared to the control group (14.99 vs. 11.71 per 1,000 person-years; incidence density ratio 1.28 [95%CI 1.04-1.57], p=0.02). However, when these results were adjusted for age and gender, SA was no longer associated with cancer incidence (HR 0.96, 95%CI 0.78-1.18). Further adjustments for body mass index, smoking or alcohol intake did not modify these results. Cancer incidence was not associated with either mild-moderate SA (HR 1.02; 95%CI 0.81 to 1.28), or severe SA (HR 0.85; 95%CI 0.68 to 1.06) in the adjusted models. Conclusions: Sleep Apnoea was

associated with increased cancer incidence, but this association disappeared when the results were adjusted for confounders.