

disease or aged <18 yrs or other reasons. The 311 study patients were interviewed 3.7 ± 1.88 yrs (maximum range 1.1–6.3 yrs) after the diagnosis. In total, 190 (61%, 95% confidence interval (CI) 55–67) patients confirmed a smoking history (active or former) at the time of pulmonary embolism, of whom 94 (30%, 95% CI 25–36) patients were actively smoking. Out of these 94 patients, 32 (35%, 95% CI 25–45) had successfully quit smoking in the first year following the diagnosis. Overall, only two (0.64%, 95% CI 0.08–2.3) patients started smoking after the diagnosis of pulmonary embolism. The percentage of quitters was not associated with age in the pulmonary embolism cohort.

Analysis of the control group showed that of the 117,100 population controls randomly selected between 2001 and 2007, 71,614 (61%, 95% CI 60–61%) were current or former smokers and 34,177 (29%, 95% CI 28–30%) were active smokers. There were no significant differences between the fraction of (active) smokers between the patients at the time of the pulmonary embolism and the controls (odds ratio (OR) 1.05, 95% CI 0.82–1.34). According to the registry, 4–5% (maximum) of the smokers were able to successfully quit yearly. If 5% was assumed, successful smoking cessation occurred in 1,709 of the 34,177 active smokers, which is significantly lower compared with the patient cohort ($p < 0.001$; OR 10.3, 95% CI 6.88–15.4).

Our data demonstrate that a pulmonary embolism is a signal to quit smoking in a significant proportion of patients (35%), even without a specific intervention. In addition, randomly selected controls proved to have comparable smoking habits but a significantly smaller proportion of them was able to quit smoking successfully.

Our study has limitations. We could only interview patients who survived the pulmonary embolism and were willing to return to our hospital for a follow-up visit. Also, we have not verified with additional testing whether both the pulmonary embolism patients and the population controls actually stopped smoking. Nevertheless, all data were assessed prospectively in a large cohort. Further studies should focus on the reasons for smoking cessation, the relationship between

smoking (cessation) and the occurrence of arterial thrombotic events in the clinical course of pulmonary embolism, and measures to further increase the number of patients quitting smoking.

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STATEMENT OF INTEREST

None declared.

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Poverty and tuberculosis: is it truly a simple inverse linear correlation?

To the Editors:

JANSSENS and RIEDER [1] recently reported an inverse linear association between tuberculosis (TB) incidence and *per capita* gross domestic product, after analysing data from 171 World Health Organization (WHO) member states with paired data. We are in full agreement with the “take home” message that poverty alleviation must be an integral component of global TB control efforts. However, from an epidemiological perspective, additional factors may need to be considered to better understand the complex host–pathogen interplay at the population level.

Poverty facilitates the transmission of *Mycobacterium tuberculosis*, primarily through 1) its influence on living conditions, such as people living in overcrowded and poorly ventilated homes, 2) prolonged diagnostic delay and 3) increased vulnerability due to malnutrition and/or HIV infection [2, 3]. Although these ecological associations are widely recognised, it is frequently not supported by observations from individual studies. A potential explanation for this discrepancy is that beyond a certain threshold, the exact level of poverty has little influence on transmission risk, since living conditions remain conducive. The importance of living conditions rather than the exact level of poverty is supported by the rural/urban

discrepancy in TB incidence rates reported in Norway by HEMBECK [4] in 1928 and reviewed elsewhere [5]. Additional support for this “threshold effect” is provided by differences in the calculated annual risk of infection observed in two adjacent study communities, where socioeconomic conditions in the area with reduced transmission are sufficiently improved to affect general living conditions [6].

Therefore, from a TB transmission perspective it seems less informative to stratify extreme levels of poverty, and more informative to evaluate whether the available epidemiological evidence supports the existence of a threshold effect. Determination of a threshold effect will guide epidemiological thinking and potentially assist in identifying global poverty alleviation targets. Measuring child TB incidence rates as an epidemiological marker of ongoing transmission could be considered in future analyses, once more reliable WHO data becomes available. MYERS *et al.* [7] have found lower income, ethnicity and immigration status to be significantly associated with child TB incidence in California, USA.

Effective public health strategies remain critically important, even in the poorest of settings. However, the global distribution of the tuberculosis disease burden bears witness to the fact that extreme inequalities in wealth remain one of the key factors sustaining the tuberculosis epidemic.

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STATEMENT OF INTEREST

None declared.

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Danger of using an unreliable classification system for preschool wheeze

To the Editors:

The management of preschool children with wheezing disorders remains challenging. Clinicians should, therefore, welcome the decision by the European Respiratory Society to establish a Task Force to address this problem. The Task Force recommends that the terms episodic (viral) wheeze and multi-trigger wheeze should be used to describe different clinical phenotypes of preschool wheeze [1]. However, the report acknowledges that there is large overlap in these two phenotypes and that patients can move from one phenotype to another [1]. Therefore, these two phenotypes are a long way from the “clear descriptions of patients” that the report suggests are needed for well-designed randomised controlled trials.

The clinical classification of wheeze phenotypes into episodic (viral) wheeze and multi-trigger wheeze is based on the assumption that wheeze associated with coryzal symptoms is virus induced, while wheeze in the absence of coryzal symptoms is not [2]. However, this fails to take into account

the fact that most wheezing symptoms in preschool children are associated with viral infections [3] while, conversely, >20% of asymptomatic asthmatic children aged 2–17 yrs test positive for rhinovirus in their respiratory secretions [4]. Basing classification on clinical judgment may therefore be hazardous.

To further complicate matters, for research purposes preschool phenotype classification based on clinical symptoms is usually based on a retrospective parental report [5, 6]. When classification relies on potentially inaccurate clinical judgment of the presence or absence of viral infection, then adding a retrospective component could only further compromise the accuracy of classification system.

We agree with the authors of the Task Force report that a robust classification system has the potential to advance research and ultimately improve clinical decision making. However, we feel that the proposed classification based on episodic (viral) and multi-trigger wheeze is deeply flawed. Let us not succumb to the lure of this system for want of