Respiratory impedance response to a deep inhalation in asthmatic children with spontaneous airway obstruction

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Respiratory impedance response to a deep inhalation in asthmatic children with spontaneous airway obstruction. C. Schweitzer, C. Moreau-Colson, F. Marchal. ©ERS Journals Ltd 2002.

ABSTRACT: The aim of the study was to determine whether the bronchomotor effect of a deep inhalation (DI) may be detected during tidal breathing in asthmatic children with spontaneous airway obstruction (AO).

Two groups of children aged 5–15 yrs were studied. AO was mild in group 1 (n=12, forced expiratory volume in one second (FEV1) \geqslant 75% predicted) and moderate-to-severe in group 2 (n=9, FEV1 \leqslant 70% pred). The forced oscillation technique at 12 Hz using a head generator allowed the determination of respiratory resistance in inspiration (Rrsi) and expiration (Rrse) before and after DI, at baseline and after salbutamol.

At baseline, $R_{\rm rsi}$ but not $R_{\rm rse}$ was found to decrease significantly after DI in group 1 but not in group 2. The change induced by DI was significantly different in group 1 (-1.5 \pm 0.5 hPa·s·L⁻¹) compared to group 2 (0.5 \pm 0.5 hPa·s·L⁻¹) and exhibited significant negative correlation to FEV1 % pred. After salbutamol, DI had no effect.

In conclusion, asthmatic children show a bronchomotor response to deep inhalation that depends on the degree of airway obstruction. The effect is more readily demonstrated in inspiration than in expiration.

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The effect of deep inhalation (DI) may be of particular relevance to the study of respiratory function in subjects with diseased airways, as it may provide indications relative to the mechanisms of airway obstruction (AO) [1, 2]. The consequence of DI on airway mechanics appears to be determined mainly by the hysteresis of conducting airways relative to that of lung tissues [3]. Hysteresis is the looping on the transmural pressure-volume relationship, a mechanical characteristic of structures with imperfect elasticity. According to Froeb and Mead [3], bronchodilation will occur after DI if bronchial hysteresis prevails. Airway smooth muscle tone is a major determinant of the effect of a DI and acute bronchoconstriction has been shown to increase bronchial hysteresis [4]. Thus, normal subjects or asthmatics with normal lung function challenged with methacholine, usually bronchodilate, in response to DI [5]. Conversely, asthmatics with spontaneous airway obstruction may show more complex mechanical changes. As a result of various factors such as airway or lung inflammation, airway closure and/ or constriction of small airways, parenchymal hysteresis may prevail over airway hysteresis [1]. These patients therefore frequently demonstrate a bronchoconstrictor response to DI [1, 2].

In contrast to the large number of studies on the effects of volume history on lung mechanics in adult

subjects [6, 7], little data are available in children. In adults, the effect is usually assessed from successive partial and maximal forced expirations. The skill required to perform this manoeuvre frequently precludes its use in children. An alternative is the forced oscillation technique, which can be used to measure the respiratory resistance ($R_{\rm rs}$) during tidal breathing. The bronchodilatory effect of DI has thus been demonstrated in children challenged with methacholine [8, 9]. Symptomatic asthma may be responsible for a different respiratory response to DI, but this hypothesis has received little attention in children. The aim of this study was to describe the effect of a DI on respiratory impedance in asthmatic children with spontaneous AO.

Material and methods

Patients

Twenty-one asthmatic children (13 males) aged 5–15 yrs, referred to the laboratory for lung function testing, were included in the study on the basis of a spontaneous AO. The subjects were separated into two groups according to the severity of AO. Group 1 included twelve children with mild AO, *i.e.* baseline forced expiratory volume in one second (FEV1) was

 $\geqslant 75\%$ predicted [10]. Five of them were on inhaled steroids. Group 2 included nine children with moderate-to-severe AO, *i.e.* their baseline FEV1 was $\geqslant 70\%$ pred. Five subjects were on inhaled steroids. β -Agonist medications were discontinued $\geqslant 12$ h prior to the measurements. The two groups had similar anthropometric characteristics. Baseline FEV1 and maximum midexpiratory flow (MMEF) were obviously significantly larger in group 1 than in group 2 (p<0.001, table 1).

Measurement of respiratory impedance

The apparatus for the measurement of respiratory impedance (Zrs) (Pulmosfor, SEFAM, Vandoeuvre les Nancy, France) has been described in detail previously [11], except for significant modification of the software for more convenient use and improved handling of data. Briefly, the input pressure was delivered by a loud-speaker around the subject's head enclosed in a canopy (head generator technique). Pressure difference and hence flow across the upper airway wall were thus significantly reduced. An acquisition period lasted 30-50 s during which sinusoidal pressure was applied at 12 Hz. The children wore nose clips and breathed through a mouthpiece connected to a Fleisch no 1 pneumotachograph (Metabo, Hepalinges, Switzerland) attached to a differential pressure transducer (Micro 176PC14HD2, Honeywell±35 hPa; Scarborough, Ontario, Canada). The common mode rejection ratio of the flow channel was >60 dB at 12 Hz. The input pressure was measured with an identical transducer, matched to the first within 1% of amplitude and 2° of phase ≤ 32 Hz. Pressure and flow signals were low-pass filtered at 32 Hz using analog filters and digitized at a sampling rate of 192 Hz. The breathing component in the signals was eliminated using a 4th order Butterworth high-pass filter with a corner frequency of 6 Hz. The signals were analysed oscillation cycle per oscillation cycle providing 12 measurements per second. Fourier coefficients of pressure and flow at 12 Hz were computed and combined to obtain Rrs and respiratory reactance (X_{rs}) . A correction was applied for the 2.1 ms time constant of the pneumotachograph. Noisy data were finally eliminated by filtering out Zrs values lying outside the 99% confidence interval, i.e. lower or higher than the mean±3sp. The procedure was repeated 3 times. After each acquisition, time courses of tidal flow and volume, Rrs and Xrs were displayed on the computer screen. Recordings showing marked irregular breathing or evidence of glottic closure were discarded.

Measurement of forced expiratory volume in one second

FEV1 was measured using an electronic flow meter (Masterscope Erich Jaeger GmbH, Würtzburg, Germany). Forced expiratory manoeuvres were repeated up to five times and the flow/volume curve with the highest sum forced vital capacity+FEV1 was retained. In order to avoid change in volume history immediately prior to studying the effect of DI, measurements of FEV1 were, in all instances, obtained following Zrs.

Drug administration

Reversibility of AO was induced by administering two puffs of salbutamol (Ventoline®, 100 µg·puff¹) through a nonelectrostatic inhalation chamber (Nes-Spacer, AstraZeneca, Lund, Sweden). The drug delivery system was triggered while the child started to inhale slowly from the chamber. The subject was then asked to hold their breath for 5 s at end inspiration. Normal breathing was resumed for a few seconds and the second puff was delivered in the same manner. Z_{rs} and FEV1 measurements were repeated 10 min thereafter.

Data analysis

At baseline and after salbutamol, a first acquisition period was obtained. A second acquisition followed immediately, during which the child was asked to take a deep breath. The data were retained when the corresponding volume was at least twice as large as average tidal volume. Three respiratory cycles were analysed before (preDI) and three after DI (postDI). The visual inspection of flow and volume tracings allowed the selection of breathing cycles, usually skipping the first breath immediately after the DI. On both preDI and postDI epochs, mean $R_{\rm rs}$ was calculated in inspiration ($R_{\rm rsi}$) and expiration ($R_{\rm rse}$) as well as mean $R_{\rm rs}$ for the whole respiratory cycle. The magnitude of the Rrs response to DI was expressed by the difference between post and preDI $R_{\rm rsi}$ ($\Delta R_{\rm rsi}$).

To assess the effects of degree of airway obstruction, DI and bronchodilation, an analysis of variance (ANOVA) design with two repetitions (DI and salbutamol) and one factor (FEV1 \leq 70% or \geq 75%) was used. When a F ratio indicated a significant effect, a paired t-test was used to locate the difference more precisely. Standard linear regression analysis was used to evaluate the relationship between degree of airway obstruction and change in Rrsi induced by DI.

Table 1. - Characteristics of children with mild (group 1) and moderate-to-severe (group 2) airway obstruction

Group	Subjects	Sex M:F	Age yrs	Height m	FEV1 % pred	MMEF % pred
1 2	12	7:5	9.1±0.8	1.34±0.05	85±1	52±3
	9	6:3	8.8±1.5	1.35±0.07	58±5***	26±5***

Data are presented as mean±SEM. FEV1: forced expiratory volume in one second; M: male; F: female; MMEF: maximum midexpiratory flow. ***: p<0.01 versus corresponding value in group 1.

A p-value <0.05 was used to define statistical significance. Data are expressed as mean±sem.

Results

ANOVA showed that: 1) R_{rsi} , R_{rse} and X_{rs} were all significantly altered by salbutamol (p<0.002), 2) X_{rs} was significantly different between patient groups (p=0.005) and 3) significant interaction on R_{rsi} was demonstrated for patient groups (*i.e.* degree of AO), DI and salbutamol (p<0.04).

At baseline, there was no significant difference in $R_{\rm rsi}$ or $R_{\rm rse}$ between group 1 and 2 (table 2 and 3), while $X_{\rm rs}$ was significantly lower in group 2 than in group 1 (p<0.02, table 4). Patterns of response to DI are illustrated in figures 1 and 2. Recordings were taken from one patient in each group. The DI induced a significant decrease in $R_{\rm rsi}$ in group 1 (p=0.01, table 2), while the change in $R_{\rm rse}$ did not reach statistical significance (p=0.08, table 3). There was no significant change in $X_{\rm rs}$ (table 4). In group 2, neither $R_{\rm rsi}$, $R_{\rm rse}$ nor $X_{\rm rs}$ were significantly different before and after DI (table 2–4). Interestingly, it was also found that, in contrast with the preDI value, postDI $R_{\rm rsi}$ was significantly lower in group 1 than in group 2 (p=0.05, table 2).

Table 2. – Respiratory resistance in inspiration ($R_{\rm rsi}$) in children with mild (group 1) and moderate-to-severe (group 2) airway obstruction before (pre) and after (post) deep inhalation (DI)

Group	Subjects	Rrsi hPa·s·L ⁻¹		
	n	Baseline	Salbutamol	
1	12			
preDI		10.5 ± 1.2	$5.9\pm0.6***$	
postDI		$9.0\pm0.9^{\#}$	$5.7\pm0.6***$	
2	9			
preDI		12.5 ± 1.6	6.8±1.0***	
postDI		$13.0\pm1.9^{\P}$	$7.0\pm1.1***$	

Data are presented as mean \pm SEM. ***: p<0.001 *versus* corresponding baseline; #: p=0.01 *versus* preDI; ¶: p=0.05 *versus* group 1.

Table 3. – Respiratory resistance in expiration ($R_{\rm rse}$) in children with mild (group 1) and moderate-to-severe (group 2) airway obstruction before (pre) and after (post) deep inhalation (DI)

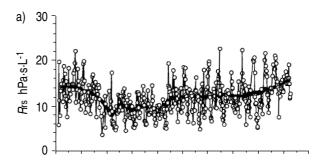
Group	Subjects	Rrse hPa·s·L ⁻¹		
	n	Baseline	Salbutamol	
1	12			
preDI		12.2 ± 1.7	7.2 ± 0.8 #	
postDI		10.7 ± 1.3	$7.1\pm0.9^{\#}$	
2	9			
preDI		14.3 ± 1.8	$8.6\pm1.2^{\#}$	
postDI		14.5 ± 2.1	8.4±1.2 [#]	

Data are presented as mean \pm SEM. #: p<0.005 versus corresponding baseline.

Table 4. – Respiratory reactance (X_{rs}) in children with mild (group 1) and moderate-to-severe (group 2) airway obstruction before (pre) and after (post) deep inhalation (DI)

Group	Subjects n	Xrs hPa·s·L ⁻¹		
		Baseline	Salbutamol	
1	12			
preDI		0.8 ± 0.4	1.4 ± 0.1	
postDI		1.1 ± 0.2	1.5 ± 0.1	
2	9			
preDI		$-1.0\pm0.6^{\P}$	$0.8\pm0.2^{\#,\P}$	
postDI		-0.9±0.8 [¶]	$0.7\pm0.3^{\#,\P}$	

Data are presented as mean±SEM. #: p<0.03 versus corresponding baseline; ¶: p<0.02 versus group 1.



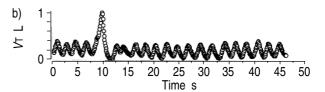


Fig. 1.—Time course of a) respiratory resistance ($R_{\rm rs}$) and b) tidal volume (VT) during a deep inhalation (DI) in an asthmatic child with mild airway obstruction (baseline forced expiratory volume in one second 87% pred). Each dot on the $R_{\rm rs}$ plot corresponds to one oscillation cycle. Most of the instantaneous variations of $R_{\rm rs}$ are related to respiratory flow. The continuous line corresponds to the smoothed data and shows that DI is associated with a transient drop in $R_{\rm rs}$ which then returns progressively back to baseline within 30 s.

 $\Delta R_{\rm rsi}$ was found to be significantly different between groups *i.e.* negative in group 1 (-1.5±0.5 hPa·s·L⁻¹) but not in group 2 (0.5±0.5 hPa·s·L⁻¹, p=0.02). Studying the relationship between the degree of AO and the response to DI during AO disclosed a significant correlation between FEV1 % pred and $\Delta R_{\rm rsi}$ (p=0.02, fig 3). A similar relationship was found between $\Delta R_{\rm rsi}$ and MMEF % pred (p=0.06), but this did not reach statistical significance.

After salbutamol, FEV1 increased significantly, from 1.6 ± 0.1 L to 1.9 ± 0.2 L in group 1 (p<0.001) and from 1.1 ± 0.2 L to 1.6 ± 0.3 L in group 2 (p<0.004). In both groups, R_{rsi} and R_{rse} decreased significantly (p<0.005), while X_{rs} did not change in group 1 (p=0.1) and increased in group 2 (p=0.03)

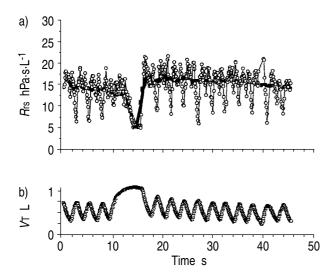


Fig. 2. – Time course of a) respiratory resistance (R_{rs}) and b) tidal volume (VT) during a deep inhalation (DI) in an asthmatic child with severe airway obstruction (baseline forced expiratory volume in one second 34% pred). The deep inhalation is followed by an increase in R_{rs} which then decreases progressively back toward baseline.

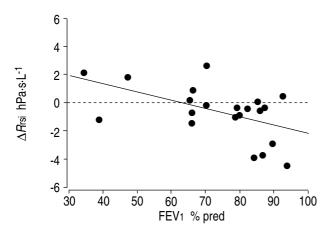


Fig. 3.—The magnitude of the change in inspiratory resistance ($R_{\rm rsi}$) induced by deep inhalation shows significant correlation to the degree of baseline airway obstruction expressed as forced expiratory volume in one second (FEV1) % pred (p=0.02). Negative values of $\Delta R_{\rm rsi}$ indicate bronchodilation.

(tables 2–4). Neither R_{rsi} nor R_{rse} were found to be different between groups (table 2 and 3), but X_{rs} was still lower in group 2 than in group 1 after salbutamol (p=0.02, table 4). DI induced no significant change in any parameter in either group (table 2–4).

Discussion

To summarize, in this population of young asthmatics the response pattern to DI appears to be dependent on the severity of spontaneous AO. Children with mild AO show a significant decrease in $R_{\rm rsi}$ after DI while those with moderate-to-severe AO show either no improvement or worsening.

Methodological issues

Comparing flows resulting from consecutive partial and maximal forced expiratory manoeuvres is viewed as the gold standard for studying airway mechanics in relation to volume history [6, 7]. Measurement of Zrs does not require active cooperation and is therefore particularly adapted to children. Relatively high excitation frequencies are necessary because of the harmonic content of respiratory flow in children and, in the authors' experience, reliable data are difficult to obtain <10 Hz. A study of Zrs using multiple frequency input signals in a normal population of children showed that a coherence function ≥ 0.95 could be obtained in all cases ≥ 12 Hz [12]. The drawback of high-frequency pressure oscillations is the potential source of error related to the proximal shunting of airway flow, which may be particularly significant in children with AO [13, 14]. Upper airway wall motion was minimized in this study by varying transrespiratory pressure around the subject's head thereby reducing the pressure difference across the cheeks [15].

The analysis of maximal/partial forced expiratory flows allows a single-breath evaluation of the effects of DI, while measurements of Zrs must be performed over a number of breaths to provide meaningfully interpretable data. Because the bronchodilatory effect of DI has been reported to subside with a circa 11 s time constant in adults [16], the analysis was limited to three breaths taken shortly after the DI in order to minimize the effect of time. The relationship between $\Delta Rrsi$ and FEV1 in children (fig. 3) was consistent with previous reports on maximal/partial expiratory flow manoeuvres in adults where the magnitude of the bronchodilator effect of DI was inversely related to the severity of spontaneous AO [2]. Thus the authors believe that the measuring conditions in this study were optimal for detecting respiratory mechanical events directly associated with the DI.

Lung function in groups 1 and 2

It may be surprising that in two groups of patients with different FEV1, baseline Rrs was not significantly different. In both groups, there was a marked fall in Rrs after salbutamol, indicating that baseline values were clearly abnormal. Forced expiration and tidal breathing are two different patterns during which findings relative to AO may not be parallel. During a forced expiratory manoeuvre, and in contrast to tidal breathing, reflex abduction of the larynx minimizes the contribution of the upper airways [17] and decreased FEV1 is usually taken as an indication of flow limitation in the intrathoracic airways. This may not necessarily reflect an increase in the resistance of the whole airway tree, to which the pharynx and larynx contribute significantly, with subsequent effect on Rrs. Nevertheless, it is worth noting that after DI a significant difference in baseline Rrs was observed between the 2 groups. There are further indications, in keeping with the lower FEV1, that abnormalities of intrathoracic airways were more significant in group 2 than in group 1. X_{rs} was clearly abnormal in the group with severe AO with reference to normative values in children (about +1 hPa·s·L⁻¹ at 12 Hz) [12] and was also significantly lower than in group 1. The negative Xrs may reflect increased apparent respiratory elastance due, for instance, to nonhomogeneous behaviour of the respiratory system [18] and was significantly increased from baseline after salbutamol. In group 1, Xrs was positive, expressing dominant airway inertance at that frequency and was unaffected by salbutamol. As a result, Xrs was still significantly lower in group 2 than in group 1 after bronchodilator inhalation. Therefore, the findings in group 2 are consistent with moderate-to-severe AO associated with an increase in apparent respiratory elastance being partly reversed by the bronchodilator.

Effects of deep inhalation

The decrease in Rrs after DI in group 1 was found to be significant in inspiration but not in expiration. It has been shown in humans that during tidal expiration, progressive glottis closure usually occurs in parallel with the decrease in volume [19]. Closure of the glottis associated with bronchoconstriction [20–22] is also more prominent in expiration than in inspiration [22]. Furthermore, evidence has been provided that laryngeal resistance may be altered by DI, the direction of the change depending on the presence of an AO. After DI, laryngeal resistance was decreased in normal subjects and stable asthmatics, and increased in normal subjects with methacholine induced bronchoconstriction as well as in asthmatics during asthma attack [23]. Such an increase in laryngeal resistance in response to DI would be more effective in increasing Rrs in expiration than in inspiration, thus minimizing the expression in Rrse of the bronchodilatory effect of DI.

Results obtained from group 1 are consistent with the study by MILANESE et al. [8], where spontaneous AO was suspected in nine preschool children on the basis of a reduction in $R_{rs} > 30\%$ after salbutamol. MILANESE et al. [8] showed significant decrease in Rrs after DI and no change in resonant frequency at baseline. Although FEV1 was not measured, the response resembles that observed in subjects from group 1 of the present study, where Rrsi was significantly decreased after DI but X_{rs} was unchanged. However, the data on salbutamol differ between the two studies, in that MILANESE et al. [8] described a significant increase in Rrs after DI, while no significant variation was found in the present study (tables 2–4). It should be noted that the characteristics of the two populations were different. The former study included only preschool children while the present study included both preschool and school-age children. This may be of particular relevance since a recent report on the bronchodilator response to DI in asthmatics with varying degrees of AO described a significant inverse relationship between the magnitude of this response and age [24]. In addition, MILANESE et al. [8] studied children with recurrent wheezing,

requiring only short acting β -agonists on an as-necessary basis [8], while some of the asthmatic children in the present study required inhaled steroids and/or presented with significant underlying respiratory disease. In this regard, it is worth noting that, after salbutamol, $X_{\rm rs}$ was still significantly lower in group 2 than in group 1.

In group 2, data are clearly different from prior observations in children where AO was acutely induced by methacholine inhalation [8, 9] and where both the increase in R_{rs} and the decrease in X_{rs} were found to be significantly reversed by DI [9]. The interpretation was that, in the context of an acute bronchoconstriction, airway hysteresis was likely to be increased and DI would promote bronchodilation [3, 6, 7]. Conversely, the lack of increase in Rrs and decrease in X_{rs} in subjects in the present study may indicate that the effect of DI on airway hysteresis was counteracted by an increase in parenchymal hysteresis. Lung hyperinflation is a common finding of chronic asthma [25]. It may be important in determining the response to DI, since it may be associated with increased hysteresis of lung tissues which favours a bronchoconstrictor response to DI. The present study lacked a systematic estimation of total lung capacity to evaluate the contribution of this mechanism. It is also possible that constriction taking place distal to the respiratory bronchioles could induce an increase in parenchymal hysteresis [1]. Another possible explanation is that inflammation and oedema within the airway wall decreases elastic load on intraparenchymatous airways leading to less interdependence between these airways and lung tissues [26]. However, figure 2, which indicates bronchoconstriction after DI, does not favour this hypothesis since a significant decrease in Rrs occurs during the inspiratory manoeuvre, suggesting some degree of interdependence between lung parenchyma and conducting airways.

In conclusion, in this population of asthmatic children, the bronchomotor effect of deep inhalation may be demonstrated by measuring respiratory resistance with the forced oscillation technique. Bronchodilation appears to be more readily detected in inspiration than in expiration in subjects with mild airway obstruction, but not in those with moderateto-severe airway obstruction. The magnitude of change in respiratory resistance in inspiration induced by deep inhalation is inversely related to the degree of baseline airway obstruction. Deep inhalation has no effect on respiratory reactance which nonetheless appears to differentiate mild airway obstruction from moderate-to-severe airway obstruction and to be readily sensitive to salbutamol in the latter group. Further studies are needed to assess the usefulness of the respiratory resistance response to deep inhalation in characterising airway disease in children.

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