## **European Respiratory Society Annual Congress 2013**

**Abstract Number:** 5357

**Publication Number: P2756** 

Abstract Group: 10.1. Respiratory Infections

Keyword 1: Pneumonia Keyword 2: Acute respiratory failure Keyword 3: Intensive care

**Title:** Differential characteristics of patients with mild acute respiratory distress syndrome due to community-acquired pneumonia admitted to ICU

Dr. Laura 31849 Novella launosan@hotmail.com MD <sup>1,7</sup>, Dr. Francisco 31855 Sanz sanz\_fraher@gva.es MD <sup>1,7</sup>, Dr. Estrella 31856 Fernández esferfa@gmail.com MD <sup>1,7</sup>, Dr. Ángela 31857 Cervera angecj71@gmail.com MD <sup>1,7</sup>, Dr. Eusebi 31864 Chiner chiner\_eus@gva.es MD <sup>2,7</sup>, Dr. María Luisa 31876 Briones marisabriones@hotmail.com MD <sup>3,7</sup>, Dr. María Carmen 31887 Aguar mcaguar@hotmail.com MD <sup>4,7</sup>, Dr. Javier 32114 Berraondo berraondo\_@hotmail.com MD <sup>1,7</sup>, Dr. Susana 32115 Herrera susancord5@hotmail.com MD <sup>5,7</sup>, Dr. Cristina 32131 Miralles cris\_ari\_8@hotmail.com MD <sup>5,7</sup>, Dr. José Noberto 32132 Sancho josensc@yahoo.es MD <sup>2,7</sup>, Dr. Dolores 32142 Martínez lolapitarch@hotmail.com MD <sup>3,7</sup>, Dr. Lucía 32143 Gil uciagilmaneu@hotmail.com MD <sup>3,7</sup> and Dr. José 32146 Blanquer blanquer\_jos@gva.es MD <sup>6,7</sup>. <sup>1</sup> Pulmonology, Consorci Hospital General Universitari, Valencia, Spain ; <sup>2</sup> Pulmonology, Hospital De Sant Joan, Alacant, Spain ; <sup>3</sup> Pulmonology, Hospital Clínic Universitari, Valencia, Spain ; <sup>6</sup> Intensive Care Unit, Hospital Clínic Universitari, Valencia, Spain and <sup>7</sup> CAPAVANT, Study Group, Comunitat Valenciana, Spain .

Body: Aims: To determine the characteristics of patients with community-acquired pneumonia and mild acute respiratory distress syndrome (CAP-mild ARDS) who require ICU admission. Methods: Analysis of demographic characteristics, comorbidities, etiology and outcomes of patients with CAP-mild ARDS admitted to ICU comparing to those who did not. X2, t student and logistic regression were used to compare both groups. Results: In a series of 1314 CAP patients, 164 (12.5%) showed mild ARDS at admission, of whom 25% (41 cases) were admitted to ICU. ICU patients were younger [57.5 (16) vs. 68.7 (15.4) years, p<0.01], and had a lower duration of symptoms [3.4 (1.9) vs. 6.5 (6) days, p<0.01] than no ICU patients. Pneumonia severity was higher in ICU group (PSI V: 39% vs. 17.1%; p=0.004). Multivariate analysis showed that age <65 years (OR 9.79, 95%CI 3.13-30.68), septic shock (OR 7.76, 95%CI 2.36-25.50), and PSI V (OR 7.28, 95%CI 2.16-24.56) were associated with ICU admission in CAP-mild ARDS patients; they showed a longer length of stay (LOS) [27 (28.6) vs. 10.6 (6) days, p<0.01] and more complications compared to those that were treated in a general ward (100% vs. 4.9%, p<0.01). Mortality was higher in ICU CAP mild-ARDS group but not statistically significant (17.1% vs. 7.3%, p= 0.068). Conclusions: 1-In our series, 25% of patients with CAP-mild ARDS required ICU admission. 2- Age <65 years, the presence of septic shock, and pneumonia severity were factors that determine ICU admission of CAP-mild ARDS patients in our series. 3-Patients with CAP-mild ARDS and ICU admission showed more complications and longer LOS without differences in mortality.