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Title: Inflammatory patterns in asthmatic children based on the measurement of alveolar nitric oxide

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Body: Background: Nitric oxide (NO) can be measured in proximal [maximum airway NO flux (J'aw_{NO})] and distal [alveolar NO concentration (CA_{NO})] airway. Objective: To measure J'aw $_{NO}$ and CA_{NO} due to define four inflammatory categories in asthmatic children. Methods: A cross-sectional study was performed in healthy and asthmatic children. Exhaled NO at multiple flow rates (50, 100 y 200ml/s) was carried out by CLD88sp® analyzer. According to the two-compartment model, CA_{NO} and J'aw_{NO} were calculated. A forced spirometry was performed in asthmatic subjects who were classified as follows; type I (normal J'aw_{NO} and CA_{NO}), type II (elevated J'aw_{NO}), type III (elevated J'aw_{NO} and CA_{NO}) and type IV (elevated CA_{NO}). Correlation between fractional exhaled NO ($FE_{NO.50}$), J'aw_{NO} and CA_{NO} was studied using Spearman's rho. Paired comparison were applied with Bonferroni's multiple comparison adjustment. Results: We studied 162 children; 49 (32.23%) were healthy and 103 (67.76%) asthmatic. J'aw_{NO} and CA_{NO} were reproducible. In controls $FE_{NO.50}$ (ppb) (median and range) was 11.5 (1.6-27.3), J'aw_{NO} (pl/s) was 516 (98.3-1470) and $CA_{NO.50}$ (ppb) was 2.2 (0.1-4.5). Asthmatic subjects were classified: 44 (42.7%) in type I, 41 (39.8%) in type II, 14 (13.5%) in type III and 4 (3.88%) in type IV. Strong correlation was found between J'aw_{NO} and $FE_{NO.50}$. A significant increase was found in the number of exacerbations in type III and IV. There was no association between $J'aw_{NO}$ and CA_{NO} . Conclusions: The results for CA_{NO} and $J'aw_{NO}$ in healthy controls were similar to those found in other reports. There was no correlation between proximal and distal inflammation. Asthmatic patients with elevated CA_{NO} presented higher morbidity.