European Respiratory Society Annual Congress 2013

Abstract Number: 5356 Publication Number: P4923

Abstract Group: 2.1. Acute Critical Care

Keyword 1: Oxygen therapy Keyword 2: Intensive care Keyword 3: Ventilation/NIV

Title: Apneic oxygenation via nasal prongs at 10 L/min prevents hypoxemia during tracheal intubation for elective surgery

Dr. Chris 27258 Christodoulou chrischristodoulou@shaw.ca MD , Dr. Pam 27259 Rohald prohald@sbgh.mb.ca MD , Dr. Tim 27260 Mullen tmullen@sbgh.mb.ca MD , Dr. Tony 27261 Tran ttran@sbgh.mb.ca MD , Mr. Brett 27262 Hiebert hhiebert@sbgh.mb.ca , Dr. Trevor 27265 Lee tlee@sbgh.mb.ca MD and Prof. Sat 27271 Sharma ssharma@sbgh.mb.ca MD . ¹ Department of Anesthesia, University of Manitoba, Winnipeg, Canada and ² Department of Internal Medicine, University of Manitoba, Winnipeg, Canada .

Body: Introduction: Hypoxemia during airway management remains an important cause of morbidity and mortality. Oxygenation during intubation via nasal prongs may prevent critical desaturations (Anesthesiology 1988, J Korean Med Sci 1998). We evaluated the effectiveness of oxygen administration via nasal prongs during apneic period following induction of general anesthesia. Methods: We conducted a randomized, controlled, double-blind study in patients without significant cardiac or respiratory disease undergoing elective surgery (age 18-65, ASA I-III). Patients randomly received oxygen via nasal prongs at 0, 5, or 10 L/min. Following preoxygenation, general anesthesia was induced. At 90 seconds after induction, nasal prongs were applied and oxygen was delivered according to the experimental group. At 4.5 minutes post-induction the patients were intubated. Results: The study population consisted of 41 individuals, 14 in the 0 L group, 13 in the 5 L group, and 14 in the 10 L group. Significant difference occurred between the three treatments (p=0.030), across time (p=0.028), and the treatment effect across time (p=0.017). Mean PaO₂ was higher in the 10 L group than the 5 L group (p=0.001) and 0 L group at 4 minutes (p=0.004). Conclusion: Apneic oxygenation with 10 L/min compared to 5 L/min via nasal prongs demonstrated delay of desaturation and maintenance of higher PaO₂ levels during elective intubation.