## **European Respiratory Society Annual Congress 2013**

**Abstract Number:** 3507

**Publication Number:** P1080

**Abstract Group:** 6.3. Tobacco, Smoking Control and Health Education **Keyword 1:** Smoking **Keyword 2:** Health policy **Keyword 3:** Education

Title: Aspects of smoking in teachers-past and present

Mrs. Simona 21347 Apetrei simona\_da@hotmail.com MD and Mr. Victor 21432 Drujinin victor\_drujinin@yahoo.fr . ¹ Pneumology, Municipal Hospital, Urziceni, Romania and ² Project Management, Partnership for Europe Association, Bucharest, Romania .

Body: Teachers were and remain models for students, regardless of age. Therefore tobacco among them has a negative influence on children. Aim of this study was to determine the trend in smoking prevalence teachers. Material and method:we used anonymous questionnaires to teachers of Urziceni(group A) and Bucharest(group B), repeated at an interval of ten years (2001 and 2011). Results: Teachers smoking prevalence was 45.4 %in 2001(47.9%in group A;43.3 %in group B) and 23.5 %in 2011(21.7 % group A;24.7 %- group B). Prevalence by gender was similar for group B(42.6 %M/43.9 %F) and higher for males in group A(60.6%M;39.2%F) in 2001. In 2011 the prevalence M/F was:39.3%/19.0 % for A and 28.8 %/23.2 %for B.In 2001almost 90% of smoking teachers consumed tobacco inside school, while in 2011 only 4 % of teachers smoking in school. Nicotine dependence was high at 44.8% of subjects in 2001 (45.7 %-A;43.9 %-B).In 2011 38.6% of them were highly dependent. The level of knowledge about the harmful effects of smoking on health was definitely better in 2011 than 2001. It should be noted that 10.4% of teachers were ex-smokers in 2001 respectively 18.9% in 2011. Conclusions: Considerable decrease of tobacco consumption in teachers over the past decade can be correlated with a better health education-information campaigns conducted in schools in recent years. Also amending legislation on tobacco was efficient-banning smoking in schools, ban on tobacco media advertising. Initiation of national anti-tobacco program, including free counseling and treatment for smokers also helped a number of teacher to guit smoking. Future action is needed for a greater reduction of smoking in general population and default among educators, main models for our children.