European Respiratory Society Annual Congress 2013

Abstract Number: 5226

Publication Number: P4217

Abstract Group: 6.1. Epidemiology

Keyword 1: Quality of life Keyword 2: Chronic disease Keyword 3: COPD - management

Title: Measurement of COPD's impact using the COPD assessment test (CAT) and symptom assessment differences between patients and family members

Dr. J. 32706 Fernández-Lahera jfzlahera@yahoo.es MD ¹, Dr. A. 32707 González Salazar jfzlahera@yahoo.es MD ¹, Dr. I. 32708 Lucena jfzlahera@yahoo.es MD ¹, Dr. A. 32709 Martínez Verdasco jfzlahera@yahoo.es MD ¹, Dr. C. 32710 Quero jfzlahera@yahoo.es MD ¹, Dr. S. 32716 Alcolea jfzlahera@yahoo.es MD ¹, Dr. L. 32722 Gómez jfzlahera@yahoo.es MD ¹, Prof. Dr C. 32723 Prados jfzlahera@yahoo.es MD ¹ and Prof. Dr C. 32738 Villasante jfzlahera@yahoo.es MD ¹. ¹ Respiratory, Hospital Universitario La Paz. IdiPAZ, Madrid, Spain .

Body: OBJECTIVES To assess the relationship between the CAT and clinical, functional and comorbidity parameters and compare patient perceptions of symptoms with that of their family members. METHODS We analysed demographic, lung function and comorbidity variables in patients with stable COPD. Patients and family members independently completed the CAT (family members reported their observations of the patient). RESULTS 70 patients (83% men, mean age 72±9.4 years, BMI 27.8±4.2 kg/m2, Charlson index 2.41±1.7, mean FEV1% 57.1±15.1%, FVC% 84.3±18.0%, FEV1/FVC 53.4±13.6). Air flow limitation (GOLD): 7 patients (9%) mild, 36 (53%) moderate, 24 (34%) severe and 3 (4%) very severe. There was a significant negative correlation between CAT and FVC (r=-0.29, p<0,018), FEV1 (r=-0.300, p<0.012) and FEV1% (r=-0.265, p<0.028) but no correlation between CAT and ChI, age or BMI. A comparison of CAT scores between the patients and their family members showed that 61% of the patients underestimated and 33% overestimated their symptoms (CAT scores: 15.5±7.9 (patient) vs. 17.1±7.7 (family) (p<0.038); correlation: (r=0.72; p<0.001). We observed correlations in the 8 CAT items. We found significant differences between the patients and their family members in items 1: coughing (p<0.015), 3: chest tightness (p<0.005) and 6: confidence leaving home (p<0,015) and in overall score (p<0.038). CONCLUSIONS 1. We found a negative correlation between the CAT and FEV1 and FVC but not between the CAT and Charlson index. 2. Patients underestimate their symptoms. Cough, chest tightness and confidence leaving home are the items that had the greatest discrepancy between patients and family members.