## **European Respiratory Society Annual Congress 2012**

**Abstract Number: 3584** 

**Publication Number: 2814** 

**Abstract Group:** 10.1. Respiratory Infections

Keyword 1: Pneumonia Keyword 2: No keyword Keyword 3: No keyword

**Title:** Admission serum glucose levels are a risk factor predicting short- and long-term mortality in community acquired pneumonia

Dr. Philipp M. 23478 Lepper philipp.lepper@gmx.de MD 1, Dr. Sebastian R. 23479 Ott sebastian.ott@insel.ch MD<sup>2</sup>, Dr. Eveline 23497 Nüesch eveline.nueesch@ispm.unibe.ch<sup>3</sup>, Dr. Maximilian 23498 von Eynatten meynatten@yahoo.de MD 4, Dr. Christian 23499 Schumann cschumi@gmx.de MD 5, Prof. Mathias W. 23500 Pletz Mathias.Pletz@med.uni-jena.de MD 6, Dr. Nicole 23501 Mealing nicole.mealing@ctu.unibe.ch <sup>3</sup>, Prof. Tobias 23508 Welte welte.tobias@mh-hannover.de MD <sup>7</sup>, Prof. Torsten T. 23509 Bauer torsten.bauer@helios-kliniken.de MD 8, Prof. Norbert 23516 Suttorp norbert.suttorp@charite.de MD 9, Prof. Peter 23517 Jüni juni@ispm.unibe.ch MD 3, Prof. Robert 23518 Bals robert.bals@uks.eu MD 1 and Prof. Gernot 23519 Rohde gernot.rohde@rub.de MD 10. 1 Dept. of Internal Medicine V, University Hospital of Saarland, Homburg, Germany; <sup>2</sup> Dept. of Pneumology, Inselspital, Switzerland; <sup>3</sup> Institute for Social and Preventive Medicine, University of Bern, Switzerland; <sup>4</sup> Dept. of Nephrology, Technical University, Munich, Germany; <sup>5</sup> Dept. of Internal Medicine II, University Hospital, Ulm, Germany; <sup>6</sup> Division of Gastroenterology, Hepatology and Infectious Diseases, University Hospital, Jena, Germany; <sup>7</sup> Dept. of Pneumology, Hannover Medical School, University of Hannover, Germany; <sup>8</sup> Dept. of Pneumology, Lungenklinik Heckeshorn, Klinikum Emil von Behring, Berlin, Germany; 9 Dept. of Pneumology and Infectious Diseases, Charite, Berlin, Germany and <sup>10</sup> Department of Respiratory Medicine, Maastricht University Medical Center, Maastricht, Netherlands.

**Body:** Objective To examine whether or not acute dysglycemia predicts an adverse outcome in subjects with community acquired pneumonia (CAP). Participants 6,891 CAP patients with community acquired pneumonia included in the prospective German CAP Competence Network (CAPNETZ) study between 2003 and 2009. Main outcome measures Uni- and multivariable hazard ratios (HR) adjusted for gender, age, body mass index (BMI), current smoking status, CRB-65 and various co-morbidities for 28-, 90-, and 180-day mortality of CAP were calculated according to serum glucose levels on admission. Results In patients without known diabetes, an elevated glucose level at admission was an independent predictor of 28-, 90- and 180-day mortality in CAP. As compared to individuals with normal glucose levels on admission, subjects with mild acute hyperglycemia (glucose on admission 6–<11 mmol/L) had a significantly increased HR for death at 90 days (1.55; 95%CI: 1.18 to 2.04; P<0.001), which increased to 6.04 (95%CI: 4.18–8.74; P<0.001) if admission glucose levels were ≥14 mmol/L. In sensitivity analyses the predictive value of admission glucose levels was confirmed for short- (28 days) and long-term mortality (180 days). Patients with previously diagnosed diabetes had an increased overall mortality as compared to patients without diabetes (crude HR 2.47 95%CI 2.05 to 2.98; P<0.001). This outcome was not significantly affected by

admission glucose levels (P=0.18). Conclusions Admission glucose levels predict an adverse outcome in CAP in patients without known diabetes. Hence, acute hyperglycemia may identify patients in particular need of intensified care to reduce mortality in CAP.