The expression of adhesion molecules in cigarette smoke-induced airways obstruction

S. González*, J. Hards*, S. van Eeden+, J.C. Hogg+

ABSTRACT: Cigarette smoking produces peripheral airway inflammation in all smokers, and chronic airways obstruction in approximately 20% of heavy smokers. The present study was designed to test the hypothesis that airways obstruction is related to changes in the expression of adhesion molecules involved in the recruitment of cells to sites of inflammation in the lung.

Freshly resected lungs from heavy smokers with airways obstruction (n=10) and from heavy smokers with normal lung function (n=10) were collected in the operating room, inflated with optimal cutting temperature (OCT) medium and frozen over liquid nitrogen. Six micrometre thick cryostat sections cut from random samples of this tissue were stained, using immunohistochemistry, with monoclonal antibodies to the adhesion molecules on leucocytes: L-selectin, very late activation antigen-4 (VLA-4), CD11a/CD18, CD11b/CD18, CD11c/CD18; and on endothelial and epithelial surfaces: E-selectin, P-selectin, vascular cell adhesion molecule (VCAM-1), intercellular adhesion molecule (ICAM)-1 and ICAM-2 using the alkaline phosphatase anti-alkaline phosphatase (APAAP) technique. The slides were coded and the expression of each molecule scored by three observers using a semiquantitative grading system. Two inducible adhesion molecules, E-selectin on endothelium and CD11b on leucocytes, were also evaluated using quantitative morphometric analysis.

The results showed a distribution of adhesion molecules that was consistent with the inflammatory response in the airways and parenchyma of all subjects but failed to show any differences between those with or without airways obstruction.

We conclude that development of airways obstruction in heavy smokers cannot be explained by differences in the expression of adhesion molecules known to be involved in the control of cell traffic in the lung.

on leucocytes interacts with the Ig family member vascular cell adhesion molecule-1 (VCAM-1) (CD106) on endothelial and interstitial cells.

Recent reports of studies on bronchial biopsies from normal nonsmokers, asymptomatic smokers and smokers with chronic bronchitis and airway obstruction suggest an increased expression of E-selectin in vessels and ICAM-1 on epithelial cells of patients with airways obstruction [11]. However, as this technique only provides tissue from the mucosa of airways that are central to the major site of airways obstruction, we decided to re-examine the problem using resected lung tissue, where all the airways are present. The present study was focused on the lungs of heavy smokers, to determine if there are differences in the expression of these adhesion molecules in heavy smokers who develop chronic airways obstruction compared to those who do not.

Material and methods

Patient population

The demographic and pulmonary function data from 20 patients whose lungs were examined in this study are summarized in table 1. In all cases, this information was collected less than 1 week prior to surgery, using methods that have been described in detail previously [12]. The patients included 10 with airways obstruction and 10 with normal lung function, matched as closely as possible for age, sex and smoking history. All 20 were smokers, who required lung resections for small peripheral tumours.

The resected lung specimens were obtained immediately after excision and inflated with optimal cutting medium using a balloon and randomised with a power-driven hole saw. The specimens were then stored rapidly frozen over liquid nitrogen, cut into slices 2 cm thick using a band saw and randomly sampled with a power-driven hole saw. The samples were then stored at -70°C until they were used.

Immunohistochemistry

The immunohistochemical studies were performed on 6 µm thick cryostat sections cut from each of these frozen cores of tissue. The sections were mounted onto glass slides coated with aminopropyltriethoxysilane (Silane). One section from each block was stained with haematoxylin and eosin for light microscopic examination and orientation. Immunostaining was then performed at room temperature using the alkaline phosphatase anti-alkaline phosphatase (APAAP) technique, according to CordeLL et al. [13]. The antibodies chosen to detect them are listed in table 2. Briefly, the sections were air-dried and fixed in acetone for 10 min. Nonspecific staining was blocked using 5% normal rabbit serum in Tris-buffered saline (TBS), pH 7.6, for 15 min. One of a series of mouse monoclonal antibodies prepared in TBS containing 1% bovine serum albumin (TBS-BSA) (table 2) was applied to each slide for 30 min in a moist chamber. After washing twice in TBS, the sections were incubated with rabbit anti-mouse IgG (DAKOPATTS) in TBS-BSA, 1/20 dilution, for 30 min. The TBS washings were repeated, followed by 30 min incubation with APAAP-complex (DAKOPATTS), 1/50 in TBS-BSA. After TBS washing, alkaline phosphatase substrate, containing new fuchsin as the capture agent and levamisole to block endogenous alkaline phosphatase, was applied for 20 min. This gave a red colour at the site of the antigen-antibody reaction. After a final wash in TBS and tap water, the sections were counterstained with Mayer’s haematoxylin and mounted with an aqueous mounting medium (Gelvatol).

Negative controls were prepared by omitting the primary antibody and by replacing the primary antibody with mouse nonimmune IgG (Sigma).

Assessment of staining

Two methods for assessing the presence and intensity of staining of the various adhesion molecules were used. Firstly, a semi-quantitative scoring system was designed to evaluate the pattern and intensity of staining for each monoclonal antibody. This system allowed the scoring to be graded as either negative (grade 0), weak (grade 1), moderate (grade 2), or strong (grade 3).

Table 1. – Patient characteristics

<table>
<thead>
<tr>
<th>Specimens examined</th>
<th>Control</th>
<th>Obstructed</th>
</tr>
</thead>
<tbody>
<tr>
<td>n</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>Age yrs</td>
<td>64±2</td>
<td>67±3</td>
</tr>
<tr>
<td>Male %</td>
<td>80</td>
<td>80</td>
</tr>
<tr>
<td>Pack-years</td>
<td>43±6</td>
<td>69±10</td>
</tr>
<tr>
<td>Chronic bronchitis n</td>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>FEV1 % pred</td>
<td>87±2</td>
<td>57±31†</td>
</tr>
<tr>
<td>FEV1/FVC %</td>
<td>74±2</td>
<td>55±21†</td>
</tr>
<tr>
<td>MMFR % pred</td>
<td>67±6</td>
<td>28±27†</td>
</tr>
<tr>
<td>VC % pred</td>
<td>95±2</td>
<td>87±24</td>
</tr>
<tr>
<td>TLC % pred</td>
<td>105±24</td>
<td>123±73†</td>
</tr>
<tr>
<td>RV % pred</td>
<td>114±12</td>
<td>167±111†</td>
</tr>
<tr>
<td>TLCO % pred</td>
<td>78±6</td>
<td>71±6</td>
</tr>
<tr>
<td>PLmax % pred</td>
<td>89±15</td>
<td>62±9</td>
</tr>
</tbody>
</table>

Values are presented as mean±SEM. FEV1: forced expiratory volume in one second; % pred: percentage of predicted value; FVC: forced vital capacity; MMFR: maximum mid-expiratory flow rate; VC: vital capacity; TLC: total lung capacity; RV: residual volume; TLCO: transfer factor of the lungs for carbon monoxide; PLmax: maximum transpulmonary pressure. †: p<0.01; ‡: p<0.05.

Table 2. – Monoclonal antibodies, sources and working concentrations

<table>
<thead>
<tr>
<th>MoAb</th>
<th>Source</th>
<th>Working concentration µg·mL⁻¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>E-selectin</td>
<td>R &amp; D Systems</td>
<td>0.1</td>
</tr>
<tr>
<td>L-selectin</td>
<td>Serotec</td>
<td>1.0</td>
</tr>
<tr>
<td>VLA-4</td>
<td>AMAC Inc.</td>
<td>0.4</td>
</tr>
<tr>
<td>CD11a</td>
<td>DAKO</td>
<td>0.2</td>
</tr>
<tr>
<td>CD11b</td>
<td>DAKO</td>
<td>0.2</td>
</tr>
<tr>
<td>CD11c</td>
<td>DAKO</td>
<td>0.2</td>
</tr>
<tr>
<td>CD18</td>
<td>DAKO</td>
<td>0.2</td>
</tr>
<tr>
<td>VCAM-1</td>
<td>R &amp; D Systems</td>
<td>2.0</td>
</tr>
<tr>
<td>ICAM-2</td>
<td>Courtesy of T.A. Springer</td>
<td>2.5</td>
</tr>
<tr>
<td>ICAM-1</td>
<td>AMAC Inc.</td>
<td>0.4</td>
</tr>
</tbody>
</table>

MoAb: monoclonal antibody; VLA-4: very late activation antigen-4; VCAM-1: vascular cell adhesion molecule-1; ICAM: intercellular adhesion molecule-1.
ADHESION MOLECULES IN SMOKERS' LUNGS

0: -), weakly positive (grade 1: +), moderately positive (grade 2: ++) and intensely positive (grade 3: +++). An average grading score was allocated for each slide, after evaluating the entire slide. Slides were evaluated by three observers and all tissue was examined without knowledge of the patient's functional status. The staining was evaluated separately in the following areas: the pulmonary and bronchial blood vessels, including capillaries, venules, arterioles, and larger vessels (diameter >100 µm); the alveolar and bronchial epithelia; leucocytes, including the alveolar macrophages; the extravascular lymphoid cells (bronchus-associated lymphoid tissue (BALT)) and intravascular and extravascular leucocytes. Intra- and interobserver variability of the grading system were determined between the three observers, and by one observer evaluating the slides 3 weeks apart.

Secondly, standard morphometric methods were used to quantify the expression of two adhesion molecules [14]. For this part of the study, we measured the presence and intensity of staining of two adhesion molecules, CD11b on leucocytes and E-selectin on endothelial surfaces, that are known to upregulate during inflammation. For CD11b evaluation, a point counting technique was applied [15] using a Nikon microscope, which allowed random fields of view generated by a computer program to be analysed at ×800 magnification. A point counting grid of 200 points was superimposed on to the microscope image, a total of 10 fields was counted on each slide, and the volume fraction (Vv) of leucocytes was calculated from the equation:

\[ V_v (\text{leucocytes}) = \frac{\sum \text{points on leucocytes}}{\sum \text{of all points}} \]

The volume fraction of either positive or negative leucocytes was expressed as a fraction of the anatomical structure where the leucocytes were located, for example in alveolar walls:

\[ V_v (\text{granulocytes}^{\text{pos}}) = \frac{\sum \text{of points on granulocytes}^{\text{pos}}}{\sum \text{of all points on alveolar walls}} \]

Similar calculations were made for negative granulocytes and for leucocytes in the airspace.

For E-selectin, the staining was assessed using a computerized high resolution true colour image analysis system (Bioviews Infra-scan®). This system determines the intensity, saturation and the hue of a colour in a digitized field of view. To determine the E-selectin expression on pulmonary capillary endothelium, for example, we selected 10 random fields of view from each slide, point counted to determine the fraction of alveolar wall, and then used the segmenting function and colour thresholding to assess the fraction of positively stained pulmonary capillary endothelium in alveolar wall. For estimating the amount of staining on the endothelial surface of the large blood vessels, the area of the vessel wall was digitized, and the fraction of positive staining in the area was computed using colour thresholds. A similar method was employed to estimate the amount of positive staining in the bronchial vessels of larger airways.

Statistical analysis

Statistical analysis was performed using SYSTAT version 5.1 software (Systat Inc., Evanston, IL, USA). Students t-tests were used to compare differences in the volume fractions of leucocytes and surface areas of tissue between the obstructed and the nonobstructed groups. The sequential rejective Bonferroni procedure was used to correct for multiple comparisons. Values are expressed as the mean±SEM and considered significant if p-value was less than 0.05.

The inter- and intraobserver variation of the grading system were evaluated by calculating the Pearson coefficient of mean-square contingency (R2) for each grade and expressing R2 as a fraction of the maximum possible value, R2max which represents the value of the Pearson Chi-squared coefficient if the there is 100% agreement in the grading score between or within observers: thus, R2max=±0.82 [15].

Results

Figure 1 shows examples of the staining obtained for the different adhesion molecules. E-selectin (fig. 1a) is shown on the endothelial surface within an alveolar wall, P-selectin (fig. 1b) on the endothelium in the bronchial circulation, and staining for L-selectin (fig. 1c) on lymphocytes in BALT. Staining of the β1-integrin VLA-4 (fig. 1d) is also shown on lymphocytes in BALT, and staining for the β2-integrin CD11c (fig. 1e) on an alveolar macrophage. Results obtained with antibodies against the Ig family show staining for VCAM-1 on the endothelium of a pulmonary arteriole (fig. 1f), staining for ICAM-2 on a bronchial vessel (fig. 1g), and staining for ICAM-1 on the alveolar epithelium (fig. 1h).

Qualitative analysis

When the semiquantitative analysis of adhesion molecule expression was analysed to assess whether there were any differences between the staining reactions of lungs from smokers with normal lung function compared with lungs from smokers with airways obstruction, none were found for any of the antibodies tested. Tables 3 and 4 summarize the intensity and the distribution of the staining on the endothelia of the pulmonary and bronchial circulations, the epithelia of the conducting airways and alveolar surfaces, and the migrating inflammatory cells both for the obstructed (table 3) and non-obstructed (table 4) cases.

The antibodies to E- and P-selectin, VCAM-1, ICAM-1 and ICAM-2, consistently stained the endothelia of the pulmonary circulation with moderate to strong intensity. They also stained the endothelia of the bronchial circulation, except in patients without airway obstruction, where the arterioles/venules and larger vessels showed no staining for ICAM-1 and ICAM-2.

The alveolar epithelium showed intense and continuous staining for ICAM-1, but no staining for any other adhesion molecule. This staining for ICAM-1 was also concentrated on epithelial cells that were participating in the repair process, particularly those that appeared to be in transition between Type II and Type I cells.

Interestingly, anti-ICAM-1 and anti-ICAM-2 produced weak staining of the alveolar macrophages. In contrast,
the CD11a, CD11b, and CD11c/CD18 antibodies produced moderate to strong staining. Alveolar macrophages also stained weakly for the L-selectin and VLA-4.

Lymphocytes in the extravascular region, BALT, stained positively for the integrins and for L-selectin. BALT also stained with VCAM-1. They showed weak staining for ICAM-1.

Intense staining of the granulocytes in the lung tissue was observed with all the integrins and with L-selectin. The granulocytes observed in alveoli and bronchi were negative for L-selectin, which is consistent with shedding of L-selectin during the migration process. Moderate staining was observed with ICAM-1 and ICAM-2.

The integrin VLA-4 produced variable staining of alveolar macrophages, strong staining of lymphocytes in the BALT and also a population of granulocytes. The majority of these VLA-4 positive granulocytes were eosinophils, as defined by additional studies using a double staining technique identifying eosinophils with eosinophil specific peroxidase, the rest being activated neutrophils [16].

The $R_{2max}$ value comparing different observers ranged from 0.527 (lymphocytes) to 0.735 (pulmonary microvessels). Although this shows some variation between observers, analysing each observer's results separately showed that they all came to the same conclusion. Intraobserver variability was better ($R_{2max}=0.735$) and results reported in tables 3 and 4 are from a single observer.
Quantitative analysis

Quantitative analysis of CD11b (fig. 2) and E-selectin (fig. 3) showed no difference in the expression of these two adhesion molecules in lungs of smokers with and without airways obstruction. This supports the findings of the qualitative evaluation of the tissue. In the quantitative analysis of CD11b, leucocytes were categorized as either positive or negative. The majority of both alveolar macrophages and polymorphonuclear neutrophils (PMNs) in alveolar walls or spaces stained positive for CD11b, with the majority of lymphocytes in the alveolar walls staining negative. Figures 2a and b shows the PMNs in the alveolar walls and alveolar macrophages in the alveolar spaces, with no differences between the two groups. Both bronchial vessels in airway walls and the endothelium of pulmonary vessels stained strongly for E-selectin, but quantifying the area and the intensity of staining gave similar results in both groups (fig. 3). Staining of E-selectin on pulmonary capillaries in alveolar walls was less intense than on larger vessels, but similar in both groups.

Discussion

The early studies of Niewoehner et al. [1] established that cigarette smoking produces an inflammatory response in the peripheral lung of all who smoke. This implicated the inflammatory process in the pathogenesis of smoking-induced chronic obstructive pulmonary disease (COPD), and led to the current working hypothesis that the inflammatory process is amplified by host and/or environmental factors to narrow the lumen of the airways in the 20% of smokers that actually develop airways obstruction [2–4]. A previous report has suggested an increased expression of ICAM-1 and E-selectin in bronchial biopsies from patients with obstructive
bronchiolitis [11]. This report established clear differences between smokers and nonsmokers and less marked differences between smokers with or without airways obstruction. Our study concentrated on the two latter groups and on the peripheral airways, which are the major site of airways obstruction. The data provide no evidence that an overexpression of any adhesion molecule is associated with the inflammatory events responsible for airways obstruction.

The vascular endothelial cell adhesion molecules E- and P-selectin, and the Ig superfamily (ICAM-1, ICAM-2 and VCAM-1) were all moderately expressed both on the pulmonary and bronchial vascular endothelium. E- and P-selectin and ICAM-1 are inducible molecules, which are present in low copy number in normal lung tissue, and their moderate expression in the vascular endothelia suggests that there is a permanent and intense activation of the endothelium by inflammatory mediators in lung tissue of heavy smokers. Leucocytes need the selectin group of adhesion molecules to tether them onto activated endothelium in postcapillary venules in the systemic circulation [17]. This is followed by firm adhesion via the CD11/CD18 on leucocytes to the ICAMs on endothelium, preparing the cell for emigration. In the pulmonary microvessels, this initial tethering step is unnecessary because leucocytes are trapped in pulmonary capillaries due to their relatively larger size compared to pulmonary capillary segments [18]. We discerned no clear differences in the expression of the endothelial-associated selectins between pulmonary and bronchial vessels in the present studies. Triggering of leucocytes through the selectins has recently been suggested as an important function of this group of molecules [19]. This triggering function may be important in the recruitment of leucocytes in the pulmonary microvessels.

Both the alveolar and bronchial epithelial surfaces stained only with anti-ICAM-1. The staining of alveolar epithelium seemed to be most intense in areas where there was evidence of an alveolar repair process with Type II cell hyperplasia. The unique location of this molecule on the alveolar surface has been reported previously [20], and suggests that it could be important in controlling the movement of leucocytes onto and over the alveolar surface.

The strong staining of certain granulocytes with anti-VLA-4 is of interest. Neutrophils do not express this adhesion molecule [21, 22], and we observed that the strongly staining PMNs in the present study were mostly eosinophils. It was hypothesized that pre-existing airway hyperresponsiveness was an important host factor that predicted the development of COPD [23]. In an animal model of allergic airways hyperresponsiveness, partly due to eosinophils, inflammation can be blocked by antibodies to ICAM-1 [24]. However, the present study failed to demonstrate any difference in the expression of ICAM-1 on the endothelium in the lung tissue of the two groups. The mononuclear cells that migrated into the inflammatory response stained weakly (+) for proteins normally found on the endothelium.
For example, the macrophages stained for ICAM-1 and ICAM-2. Moreover, members of the lymphocyte population stained for ICAM-1 and VCAM-1. It is currently accepted that CD11a/CD18 and CD11b/CD18 form ligand receptor pairs with the ICAM-1 as the leucocyte adheres to and crosses the endothelium [25]. We suspect that both ICAM-1 and VCAM-1 may be retained by the lymphocytes by remaining with their respective ligands CD11/18 and VLA-4 on the cell surface after the lymphocytes have moved out of the vascular space and into the interstitial tissue. Alternatively, this promiscuous receptor could also be expressed in low copy number on leucocytes to help with leucocyte aggregation [26].

E-selectin on endothelium and CD11b on leucocytes, the two adhesion molecules selected for quantitative analysis, are both pivotal adhesion molecules in the recruitment of leucocytes to sites of inflammation. The molecules are both normally expressed in low copy numbers, and E-selectin is rapidly induced by inflammatory cytokines, such as tumour necrosis factor (TNF) and interleukin (IL)-1, and CD11b by IL-8 [9]. The moderate staining of E-selectin both in pulmonary and bronchial vascular endothelium is consistent with inflammatory stimulation of both of these vascular beds. However, no significant differences were found either in the pattern or the intensity of E-selectin expression on pulmonary and bronchial vascular endothelium between the obstructed and non-obstructed smokers. Quantitative analysis of CD11b on granulocytes showed results that were consistent with the qualitative observations.

In summary, the results reported here suggest that the expression of the adhesion molecules in the peripheral lung of cigarette smokers is consistent with the inflammatory reaction induced by smoking. However, there were no differences in their expression to indicate that these molecules have any particular role in the pathogenesis of the structural changes in the airways responsible for the obstruction that occurs in a proportion of the smoking population.

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References