Title: Ciliary dyskinesia is an early feature of respiratory syncytial virus infection

Running title: The effect of RSV on ciliary function

Claire M. Smith1,2, Hemant Kulkarni2, Priya Radhakrishnan2, Andrew Rutman2, Michael J. Bankart1, Gwyneth Williams2, Robert A. Hirst2, Andrew J. Easton4, Peter W. Andrew2, Chris O’Callaghan1,2*

1. Department of Respiratory Medicine, Portex Unit, University College London (UCL), Institute of Child Health, 30 Guilford Street, London, WC1N 1EH, UK & Great Ormond Street Hospital.
2. Department of Infection, Immunity and Inflammation, University of Leicester, University Road, Leicester, LE1 9HN, UK
3. Health Services Research Unit, Innovation Centre 1, Keele University, Staffs, ST5 5NB
4. School of Life Science, University of Warwick, Gibbet Hill Road, Coventry, United Kingdom, CV4 7AL

* Corresponding author:
Professor Chris O’Callaghan
Department of Respiratory Medicine, Portex Unit.
Institute of Child Health, University College London (UCL)
30 Guilford Street
London, UK
WC1N 1EH
& Great Ormond Street Hospital
ABSTRACT

Respiratory syncytial virus (RSV) is a major cause of respiratory disease. There are conflicting accounts of the response of human epithelial cells to RSV and a lack of data on its effect on ciliary function. Our aim was to study the early stages of RSV infection of primary human basal and ciliated cultures.

Using high speed video microscopy, we found that ciliary beat frequency was unaffected by RSV infection over 72 hours, however, ciliary dyskinesia significantly (P<0.05) increased within 24 hours of infection. Transmission electron microscopy revealed that ultrastructural abnormalities were confined to ciliated cells, including increased cilia loss and mitochondrial damage. Confocal immunofluorescence microscopy showed RSV antigen gradually spread from the cell surface to the ciliary tip of infected cells over three days. Interestingly, ciliated cultures secreted fewer viruses than basal (progenitor) cell cultures and produced a chemokine response focused on recruitment of neutrophils.

This study highlights differences in infection models and underscores the need to further explore the role of ciliated cells in the establishment of RSV infection. Increased ciliary dyskinesia combined with ciliary loss and epithelial damage is likely to result in reduced mucociliary clearance early in the infective process.
**Introduction**

Respiratory syncytial virus (RSV) is the major cause of hospitalisation of children with respiratory disease under 1 year of age, worldwide, and it infects almost every child by 2 years of age [1]. Recent evidence suggests that the virus initiates infection by targeting human ciliated epithelium lining the nasopharynx [2-4]. We have previously shown that nasal brush biopsies from hospitalised infants with bronchiolitis exhibited significant disruption of the ciliated epithelium during RSV infection, with recovery taking many weeks [5]. More recently ciliated human respiratory epithelium in culture has been used to explore the early effects of RSV infection. These studies have produced conflicting results. Whilst one study reported marked cellular disruption and very rapid ciliostasis after the addition of RSV [6], others report no cytopathic effects [2, 7-8] and no effect on ciliary beat frequency (CBF) [2] over many days, suggesting little effect on the ciliary component of mucociliary clearance. However these studies have lacked evaluation of a crucial aspect of ciliary function, ciliary beat pattern. We have previously shown that in certain phenotypes of primary ciliary dyskinesia (PCD), where mucociliary clearance is grossly reduced, all the cilia beat in a dyskinetic fashion, despite ciliary beat frequency being maintained at a normal level [9-10]. In addition, we have shown that the infection of healthy volunteers with coronavirus caused epithelial damage and gross ciliary dyskinesia, but did not affect ciliary beat frequency [11].

The primary aim of this study was to evaluate the early effect of RSV infection on the beat pattern and frequency of human ciliated epithelial cells in culture, to test the hypothesis that RSV infection would significantly increase ciliary dyskinesia. The second aspect of our study was to investigate the preference of RSV to infect ciliated cells and compare the effect of RSV in two infection models – human basal cell and ciliated cell cultures. To do this we evaluated the pattern of viral antigen spread in basal and ciliated cell cultures, using immunofluorescence microscopy. We also studied the pattern of cytokine and chemokine secretion from the apical surfaces of the basal and ciliated cell cultures.
**Materials and Methods**

**Subjects**

Human nasal epithelial cells were obtained from healthy control subjects (n=9) aged from 19-49 (median 21) years who had no history of nasal or respiratory disease. None of the subjects were taking medications and none had reported a symptomatic upper respiratory tract infection in the preceding 6 weeks. All individuals gave their consent to be included in the study and all samples were obtained with the individual’s permission and with ethical approval by the University of Leicester Committee for Research Ethics.

**Respiratory epithelial cell culture**

Human ciliated epithelium was obtained by brushing the inferior nasal turbinate with a 2-mm cytology brush (Keymed, Southend-on-Sea, UK) as previously described [9]. The ciliated epithelial sample was vigorously pipetted into 2ml 20mM Hepes-buffered medium 199 (pH 7.4) (Gibco Life Technologies, UK), containing penicillin (100 IU/ml), streptomycin (100 µg/ml) and fungizone (2.5 µg/ml) to breakup large cell clumps and kept at 4ºC overnight. 1ml was then placed in a collagen coated well of a 12-well plate (Nunclon, UK) together with 1ml of basal epithelial growth medium (BEGM), containing penicillin (100 IU/ml), streptomycin (100 µg/ml) and fungizone (2.5 µg/ml), at 37ºC. The medium bathing the basal cells was replaced every 2-3 days. When the cells were >90% confluent the cells were detached using Trypsin/EDTA (Sigma, UK) for 5 minutes. The cells were then centrifuged (4,000 x g for 10 min) and the supernatant removed. The pellet was resuspended in BEGM to a concentration of 1x10^6 cells/ml. 400 µl of cell suspension was added to each well of an 24-well plate (Corning, Costar) or Lab-Tek™ II Chambered Coverglass slide (for acquiring high resolution images) and grown until at least 80% confluent.

The remaining basal cells were seeded on collagen-coated, semipermeable membrane supports (Transwell-Col; 12 mm in diameter; 0.4 µm pore size; Corning-Costar, Corning, N.Y.) as previously described [12]. At 80% confluence, the apical medium was removed and the cells were maintained at an air-liquid interface (ALI) to allow differentiation of the epithelial subtypes. Well differentiated cultures were studied approximately 4 to 6
weeks after initiation of an ALI culture unless otherwise stated. Cells obtained from two individuals produced basal cell and ALI cultures that were used for experimentation.

**Virus strains and growth conditions**

Wild-type RSV strain A2 stocks were prepared in monolayers of BSC-1 monkey kidney cells in antibiotic free GMEM-NEAA supplemented with 2 % (v/v) foetal calf serum at 5 % CO₂, 37°C. Stocks were harvested by disruption with glass beads for 1 minute and the supernatant was centrifuged at 1000xg for 5 minutes to remove cell debris. The filtrate was then purified by centrifugation through a polyethersulphone membrane with a pore size of 1000 000 Daltons MWCO (1000 kD) (Vivaspin-20, Vivascience, Gloucester, UK) as previously described [13]. The virus fractions were collected and pooled in bronchial epithelial cell basal medium (BEBM: Lonza), and aliquots containing about 0.5-1 x 10⁶ PFU/ml were stored at -80°C.

**Viral infection of primary epithelial cell cultures**

Frozen aliquots of RSV were thawed immediately prior to use. For basal cell infections 400µl of viral suspension (MOI of approximately 0.1 pfu per cell) diluted in BEBM was applied for 1 hour at 37°C. Control wells received BEBM alone. After this time the virus inoculum was removed and the cells were incubated in BEGM. The infection was allowed to continue for a further 72 hours. At this time the supernatants were harvested and stored at -70°C for cytokine analyses.

For ALI culture infection, the apical surface of the ALI cultures was rinsed with medium (BEBM) and 200µl of viral inoculum (MOI of approximately 0.1 pfu per cell) in BEBM was applied to the apical surface for 1h at 37°C and then removed. Control wells received BEBM alone. All cells were fed basolaterally with fresh ALI medium prior to infection. The infection was allowed to continue for 20 – 72 hours. After this time the apical surface was again rinsed with medium, which was collected and stored at -70°C for cytokine analyses. Cells were fixed overnight with 4% (v/v) paraformaldehyde in phosphate buffered saline (PBS) for immunostaining.
**Ciliary beat frequency and beat pattern**

To determine changes in ciliary activity, respiratory cells in culture were placed in an incubation chamber at 37°C and were observed via an inverted microscope system (Nikon TU1000, UK) equipped with a motorised stage. Cultures were allowed to equilibrate for 30 min before readings. Prior to infection, the location coordinates of five different ciliated areas from each Transwell insert were saved using NIS Elements AR software (Nikon) to allow repeated observation of the same areas. Beating cilia were recorded using a Troubleshooter digital high-speed video camera (Lake Image Systems, USA) at a rate of 250 frames per second using an x40 objective as previously described [9]. The number of motile ciliated cells in each sample area was counted (motility index) and half were used to determine the average CBF. The CBF of individual ciliated cells was determined by counting the number of frames required for 5 full sweeps of a clearly observed ciliary tip. This was converted to CBF by a simple calculation (CBF = 250 / (number frames for 5 beats) x 5) [9]. Ciliary dyskinesia was defined as ciliated cells that displayed uncoordinated motile cilia or those that beat with a stiff, flickering or twitching motion. The dyskinesia index was calculated as the percentage of dyskinetic ciliated cells relative to the total number of motile ciliated cells. The video sequences were analysed by two observers (C.S) the second of which (P.R) was blinded as to the treatment and time point recorded.

**Chemokine and cytokine analysis**

Chemokines and cytokines were measured using a 96-well multispot assay (Meso Scale Discovery [MSD], Maryland, USA) according to the manufacturer’s instructions. Cytokines were measured using a human Th1/Th2 standard 10 spot plate and human chemokines were measured using a high band MS6000 10 spot plate, using SECTOR Imager 6000 (MSD, Maryland, USA). The lower limit of detection was 1 pg/ml.

**Immunofluorescence microscopy**

Cells were fixed with 4% (v/v) paraformaldehyde in phosphate-buffered saline (PBS) overnight at 4°C. Following fixation cells were washed three times with PBS, treated with 3% (w/v) BSA in PBS for 10 min to block non-specific interactions, and washed again
three times with PBS. All subsequent antibody incubations were carried out in PBS containing 1% (w/v) BSA. Reagents used for immunofluorescence in this study were goat anti-RSV polyclonal antibody (ab20745; 40 µg/ml; Abcam) and mouse anti-acetylated α-tubulin monoclonal antibody (clone 6-11B-1; 1 µg/ml; Sigma). Primary antibody incubations were carried out for 2 hours, followed by three washes with PBS. Detection of primary antibodies was carried out for 2 hours using the following secondary reagents: fluorescein isothiocyanate (FITC)-conjugated rabbit anti-goat (1:200; Sigma) or AlexaFluor 594 (Alexa594)-conjugated rabbit anti-mouse antibody (1:250; Invitrogen). All secondary antibodies had been tested and found to be negative for cross-reactivity against human epithelial cells. DNA was stained with Hoechst 33258 (0.2 µg/ml). Following three final washes in PBS, the insert was cut from the support and mounted under coverslips in 80% (v/v) glycerol, 3% (w/v) n-propylgallate (in PBS) mounting medium. Low magnification images were acquired using a Nikon TU1000 inverted microscope equipped with NIS Elements software that enabled the acquisition of images of entire wells. High resolution optical sections were obtained using a Leica TCS SP5 confocal microscope equipped with a Leica DMI 6000B inverted microscope using a 63x oil objective (numerical aperture, 1.4). Images acquired by confocal microscopy were rendered by Imaris Software (Bitplane AG) using the blend or MIP filters.

**Transmission electron microscopy (TEM)**

In a recent study we used TEM to show cilia loss is a feature of patients with severe asthma [14]. To determine whether RSV infection also led to cilia loss we obtained three additional samples from healthy control subjects (aged 24-58 (median 29)) by brushing the bronchus intermedius (by flexible bronchoscopy) and cultured and infected the ciliated cells as before. Following infection, cells were fixed in 4% (v/v) glutaraldehyde and processed as described previously [14].

**Statistical analysis**

Statistical analysis was performed using GraphPad Prism 5 (GraphPad, San Diego, CA, USA). CBF (expressed in Hz) was determined following random selection of cilia. Any difference in the ciliary activity observed for control and RSV was determined using
paired T tests. Nonparametric data were described as median (IQR). Within group comparisons of the magnitude of chemokine/cytokine release were done using a Wilcoxon signed ranks test. Between groups comparisons were performed using the Mann–Whitney U-test.
Results

The effect of RSV infection on ciliary function

Ciliated nasal epithelial cells showed a higher proportion of dyskinetic cilia following RSV infection (Table I). The median (IQR) dyskinesia index was significantly increased (P<0.05) as early as 24 hours post-RSV infection (21% (17%-25%)) compared with controls (10% (2%-13%)). This increased (P<0.05) further to 33% (25%-42%) after 72 hours of RSV infection compared with controls 13% (11%-14%). Despite changes in ciliary beat pattern, the ciliary beat frequency of ciliated nasal epithelial cells in culture was unaffected by RSV infection over the 72 hours study period. The median (IQR) ciliary beat frequency of RSV infected nasal ciliated cells was the same after 72 hours (10.8 (10.5-11.7) Hz) as the uninfected controls (10.3 (10.1-12.7) Hz) (P=0.87). The number of ciliated cells with motile cilia, observed by light microscopy, was also unaffected by RSV infection. The median (IQR) motility index for ciliated nasal epithelial cells was similar 72 hours post RSV infection (22% (18%-29%)) compared to the uninfected controls (20% (18%-28%)) (P=0.88).

RSV antigen is absent from the ciliary axoneme during early infection of human ciliated epithelial cells

To investigate the spread of viral antigen in ciliated epithelial cells the cells were fixed 20 - 72 hours post-infection and stained infected cells with antibodies specific for cilia (acetylated-tubulin) and RSV proteins (G and F), which are present on the surface of infected cells. Non-ciliated cells, including club cells (Clara cells) and goblet cells, remained unstained. It was found that the majority of cells that displayed positive staining for RSV antigen (green) were also positively stained for cilia (red), indicating preferential infection of ciliated cells (observation, not quantified). Reconstruction of confocal z-sections of RSV infected cells showed that as infection progressed, the pattern of localisation of RSV antigens on the cell surface of the ciliated cell altered. No viral antigens were observed in the control wells (Fig. 1A and D). At 20 hours post-infection, RSV antigen (G and F) was observed on the apical surface of ciliated cells, but no antigen was seen on the ciliary axoneme (Fig. 1B). Between 24 - 72 hours post-infection,
an increasing amount of RSV antigen was observed on the apical surface of the cell and on the ciliary axoneme, which was confirmed by the co-localisation of RSV antigen (green) and acetylated tubulin antigen (red), producing a yellow colour (Fig. 1C). Optical sections of these images confirmed these findings. At 20 hours post-infection (Fig. 1E) no antigen was seen on the ciliary axoneme whereas at 72 hours RSV and tubulin antigen co-localisation (yellow) extended over the full length of the ciliary axoneme (Fig. 1F).

**Ultrastructural damage following RSV infection was confined to ciliated cells**

In a recent study TEM was used to show cilia loss is a feature of patients with severe asthma [14]. To determine whether RSV infection also led to cilia loss three additional samples were obtained and TEM done on cultured ciliated epithelium that had been infected with RSV (or mock infected) for 72 hours. The median (IQR) number of epithelial cells per sample studied was 339 (303 - 360). Results are summarized in Table II and example electron micrographs are shown in Fig 2. The ultrastructure of the ciliated epithelium was abnormal following RSV infection with more ciliated cells (60% (48%-70%)) exhibiting loss of cilia compared to the control (40% (36%-44%)) (P<0.001). There was also a significant increase (P<0.01) in the percentage ciliated cells with mitochondrial damage. This increased from 24% (18%-25%) in the control wells to 40% (28%-45%) in the RSV infected wells. No significant increase (P=0.36) in the percentage of non-ciliated cells with mitochondrial damage was observed following RSV infection. The proportion of ciliated cells in the epithelium remained unchanged following RSV infection.

**Human basal cell cultures display a higher proportion of RSV infected cells than ciliated cultures after 72 hours.**

Primary basal epithelial cells have been shown to resist infection following basolateral inoculation or trauma to pseudo-stratified ciliated cell cultures [2, 4]. However, Wright and colleagues showed that RSV grew to a significantly lower titre in ciliated adenoid cultures than in the HEp-2 cell line [8]. However, that study compared primary cells to an immortalised cell line, and their two growth states could have confounded interpretation of the data. To investigate this further, primary human basal cell cultures were infected
with the same infective dose of RSV as was used for the primary ciliated cultures. After 72h infection the number of RSV infected cells and the level of inflammatory mediator production was assessed. Low magnification scans of cells infected for 72 hours indicated that there were considerably more RSV-positive cells in basal cell cultures compared to ciliated cell cultures after 72 hours (Fig 3A and B). Viral titration of the cell culture supernatants confirmed these findings (Fig 3C), with significantly (P=0.02) higher titres of infective RSV detected in the cell culture supernatant recovered from basal cell cultures (mean 1.5x10^4 pfu/ml) than from ciliated cultures (1.7x10^2 pfu/ml).

High resolution confocal images of infected human basal epithelial cells showed that the viral antigen was displayed as clumps or as filaments on the apical surface of infected basal cells 24 - 72 hours post infection (shown as VC and VF, respectively in Fig 3C). The filaments closely resemble the structures seen by scanning electron microscopy and immunofluorescence on the surface of RSV infected tissue culture cells [15].

**Basal cell cultures infected with RSV increase secretion of inflammatory mediators associated with a Th2 response, together with monocyte chemoattractants**

The spectrum of Th1- and Th2-associated cytokines produced by RSV infected cells is given in Table III. Among the ten measured, one Th1 cytokine (TNFα) and four Th2 cytokines (IL-5, IL-6, IL-10 and IL-13) showed a significant (P<0.05) increase in levels produced by RSV infected human basal cell cultures compared to non-infected controls. TNFα and IL-6 showed the highest increases following RSV infection, with a greater than 3-fold change compared to the control. Levels of TNFα increased from a median (IQR) concentration of 29 (26-60) pg/ml to 178 (70-310) pg/ml and IL-6 increased from 73 (38-126) pg/ml to 226 (141-712) pg/ml. RSV infected basal cells also produced significantly (P<0.05) higher levels of chemokines CCL26, CCL2, CCL13 and CXCL8 compared to healthy controls (Table IV). In particular, the concentration of monocyte chemoattractants CCL2 and CCL13 were high in basal cell cultures following RSV infection. Levels of CCL13 increased almost 8-fold, on average from a median (IQR) of 11 (6-16) pg/ml to 111 (28-163) pg/ml.
Ciliated epithelial cells infected with RSV showed a significant increase in levels of one Th1 cytokine (IL-12p70) and two Th2 cytokines (IL-5, and IL-6) (Table III). IL-6 showed the highest change with a greater than 2-fold increase from 424 (294-536) pg/ml to 828 (650-1341) pg/ml, which was similar to RSV infected basal cell cultures. Unlike the RSV infected basal cell cultures, only one monocyte chemoattractant protein (CCL13) was increased following RSV infection of ciliated cultures. There was a greater proportion of CXC chemokines (CXCL8 and CXCL10), which induce the migration of neutrophils from RSV infected ciliated cultures. CXCL10 increased from a median (IQR) of 698 (433-974) pg/ml to 4140 (823-19884) pg/ml in this model. Interestingly, the concentration of both INFγ and IL-4 produced by RSV-infected basal and ciliated cell cultures were highly positive correlated (R² = 0.993).
Discussion

For the first time we have identified increased ciliary dyskinesia as early feature of RSV infection of human ciliated epithelial cells. Using high speed video microscopy we have shown that RSV infection increases the number of cilia with an abnormal beat pattern as early as 24h post-infection. Electron micrographs of RSV-infected epithelium revealed increased cilia shedding from ciliated cells 72h post-infection, which is consistent with our previous observations of airway epithelium obtained from paediatric infants with acute viral bronchiolitis [5]. The combination of increased ciliary dyskinesia and ciliary loss are likely to significantly reduce mucociliary clearance.

This study also confirms the previous suggestion that ciliated cells are the target of RSV infection [2-3]. Our study collected evidence using electron and confocal microscopy from RSV-infected and uninfected ciliated epithelium. Electron micrographs of RSV-infected epithelium revealed mitochondrial damage that was specific to ciliated cells. Using immunofluorescence confocal microscopy we observed the co-localisation of RSV and cilia antigens indicating a predilection of the virus to multiply in ciliated as opposed to non-ciliated epithelial cells. We found that during early infection, a high level of RSV antigen accumulated on the apical cell surface of the ciliated cell with initial sparing of the ciliary axoneme (Fig 1B). Twenty-four hours after infection, viral antigen was seen to be present at positions higher up the cilia shaft and closer to the ciliary tip (Fig 1C). This initial absence of RSV antigen from the distal regions of the cilia may be explained by the presence of a selective barrier at the base of the cilia, which has been shown to gate protein access to the axoneme during ciliogenesis [16]. Thus, viral antigen transport to the ciliary tip may be dependent on the disruption of this barrier.

Interestingly, we found RSV infection did not reduce ciliary beat frequency (CBF) or reduce the number of motile ciliated cells observed under light microscopy. These findings are consistent with other studies that used light microscopy as the principal method for detecting cytopathology [2-3, 8, 17]. To our knowledge, there has only been one study that has observed gross cytopathic effects of RSV-infection on human ciliated cell cultures [6]. That study reported a significant reduction in CBF almost immediately
after exposure to RSV with complete ciliostasis as early as 6 hours post-infection [9]. In our experience the rapid onset of ciliostasis is frequently attributed to the presence of a toxin or to the non-physiological nature of the carrier fluid; solutions with a low pH can cause rapid ciliostasis, for example [18]. Another study reported that the addition of unwashed UV-irradiated RSV increased toxicity to HeLa cells, suggesting their viral preparation may have contained a toxic contaminant [13]. However, it is possible that the factors other than the presence of virus resulted in the rapid ciliostasis seen in the study by Tristram [6].

Our infection model represents a differentiated and heterogeneous human airway epithelium that is independent of systemic signalling molecules and immune cells. Our data suggests that in the early stage of RSV infection, the inflammatory cells that are seen in the airways of patients with RSV infection are not responsible for virus-induced cytopathology.

The second aspect of our study was to investigate the effect of RSV infection of primary basal cells. We observed infected basal cell cultures using high resolution confocal imaging and found they displayed viral antigen as clumps or as filaments on the apical surface. Studies using light and electron microscopy have shown filamentous projections on the surface of RSV infected cells before [15], and these are thought to be largely responsible for the transmission of the virus to neighbouring cells [19]. We also observed that basal cell cultures produced a greater proportion of RSV infected cells (Fig 3) after 72 hours and we detected a higher viral titre in the apical supernatant compared to ciliated ALI cultures. Furthermore, the pattern of viral spread differed as RSV infection of ciliated cultures remained focal to ciliated areas whereas almost all cells in the basal cell monolayer became infected. This was interesting, as previous reports suggest that basal cells are not the target of RSV [2, 4], which contradicts other reports that RSV replicates to high titres in epithelial cell lines (HEp-2) [8]. In our study we infected both primary basal and ciliated cultures with RSV, in some cases using cells obtained from the same individual (n=2). This novel approach allowed the ability of the virus to replicate in these two systems to be assessed more accurately than before. These data demonstrate
that RSV can readily infect and replicate within basal cells and indicates that the basal cells present in a pseudo-stratified culture maybe less permissive to RSV infection than those in a monolayer culture. Reasons for this may be due to the location of the receptor in polarised cell cultures, which may restrict viral entry to the apical surface as has been previously suggested [20]. Alternatively, there may be a difference in the growth phase exhibited by basal cells in a monolayer compared to those that have reached terminal differentiation. Zhang and colleagues showed that as cells differentiate into a ciliated phenotype they became more susceptible to RSV infection and had higher proportion of viral infected cells [2]. However, in Zhang’s study, 15 days after air-liquid interface (ALI) culture this increase reached a plateau, with no further increase in viral replication reported [2]. This may be due to the cells entering a different growth phase. Wu and colleagues recently reported that primary basal epithelial cells increase RSV production if arrested in the first gap phase (G1) of the cell cycle, when protein translation is maximal in the cell [21]. To our knowledge, there are no studies reporting the growth phase of basal cells in terminally differentiated cell cultures, and our data suggest this is worthy of investigation.

Another explanation for the difference in viral titre produced by infected basal and ciliated cell cultures is the presence of secreted factors that may protect the ciliated epithelium from RSV. It is known that the ciliated epithelium secretes a number of anti-viral and anti-microbial agents including defensins and anti-microbial peptides. In our study, the level of the anti-viral cytokine interferon-γ was three-fold higher in the ciliated cell system, compared to the basal cell system and this may reduce viral yield through the activation of host transcription factors [22]. However, there are limitations in directly comparing these two culture systems. For example, the number of cells/well are lower in a basal cell monolayer compared to a pseudo-stratified ciliated culture, ALI medium contains growth factors required for ciliogenesis that are absent in basal cell medium, and basal cell cultures are submerged so secreted factors are directly diluted in the growth media. To minimize these limitations, we looked at the pattern of inflammatory mediators produced by each model, rather than directly comparing the concentrations of each mediator. We found that basal cell cultures infected with RSV produced significantly
higher levels of anti-inflammatory cytokines associated with a Th2 response (IL-10 and IL-13) and IL-6 compared to the uninfected control cells. Increased levels of Eotaxin-3, which is an eosinophil chemoattractant and Th2 cell chemoattractant also fits with the Th2 cell selective bias of the basal cell response and IL-5, which was significantly increased following RSV infection may support lymphocyte and eosinophil proliferation. Interestingly, the monocyte chemo-attractants (MCP1 and MCP4) were also increased with RSV. In contrast the response of ciliated cell cultures to RSV was not markedly biased towards either a Th1- or Th2-associated response, but instead produced a strong signal for the recruitment of neutrophils (reflected in high levels of CXCL8). This is consistent with the observation that neutrophils are the dominant cell type recovered from bronchoalveolar lavage in infants with RSV bronchiolitis [23]. Furthermore, neutrophils are thought to augment RSV-induced epithelial damage [24-25], and the absence of these cells in our system may explain the lack of observed cytopathology. Ciliated cell cultures also show an elevated production of the interferon gamma-induced protein CXCL10 following RSV infection, which is consistent with previous studies [26]. Interestingly, we did not find a significant increase in the level of INF-γ following RSV infection. This is consistent with a recent study suggesting that type III interferon is the predominant interferon produced in RSV infected nasal epithelial cells [27].

A limitation to our study was that we only assessed the apical secretion of cytokines from ALI cultures. Mellow and colleagues suggest that the secretion of cytokines following RSV infection is predominantly in the basolateral direction and significant increases in basolateral levels of IL-6 [3, 7, 28], CXCL8 [3, 7, 28], CXCL10 [3] and RANTES [7] have been reported. There are also reports of increased apical secretion of IL-1α [26], CXCL8 [6, 26], CXCL10 [26], CCL2 [26] and RANTES [6, 26] following RSV infection of differentiated primary human respiratory epithelial cells cultured at ALI. These studies measured cytokine production at different time points, ranging from 24 hours to 72 hours post-RSV infection. Our results cover a broader spectrum of cytokines and chemokines and therefore give a more detailed view of the environment of the airway at 72h post-RSV infection than previously reported. Additional inflammatory mediators have been
shown to have an important role in the pathogenesis of RSV bronchiolitis [29] and this model will allow for further investigation.

In summary, this study has revealed epithelial damage to ciliated cell cultures infected with RSV was minor and restricted primarily to ciliated cells. We have shown that these cells produce a strong signal for the recruitment of neutrophils, which is consistent with clinical picture seen in children with RSV bronchiolitis. We confirm the predilection of RSV to infect ciliated epithelial cells with visible viral antigen on the surface of the ciliary axoneme. We have also shown that RSV infection of ciliated respiratory epithelial cells leads to ciliary dyskinesia that occurs before other obvious cytopathology is present whilst cilia still maintain a normal ciliary beat frequency. Increased ciliary dyskinesia combined with ciliary loss and epithelial damage is likely to result in reduced mucociliary clearance early in the infective process. These findings highlight the role of ciliated cells in the establishment of RSV infection and important differences that may be seen dependant on the model of infection.
References


Table I The ciliary beat frequency, motility index, and dyskinesia index of healthy nasal respiratory epithelial cells in pseudo-stratified air–liquid interface (ALI) cultures infected with RSV A2.

<table>
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<tr>
<th>Time (h)</th>
<th>Ciliary beat frequency (Hz)</th>
<th>Motility index&lt;sup&gt;a&lt;/sup&gt;</th>
<th>Dyskinesia index (%)&lt;sup&gt;b&lt;/sup&gt;</th>
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<td>Control RSV-infected</td>
<td>Control RSV-infected</td>
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<td>0</td>
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<td>14.0 (8.0-15.0) 13.0 (8.0-15.0)</td>
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<td>12.0 (11.0-15.0) 13.5 (12.0-15.0)</td>
<td>10.0 (2.0-12.5) <strong>20.8 (16.7-25.0)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
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<td>48</td>
<td>13.1 (11.9-14.5) 12.0 (11.9-12.9)</td>
<td>9.0 (8.0-12.0) 9.0 (8.0-12.0)</td>
<td>11.1 (8.3-12.5) <strong>35.0 (23.1-36.4)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
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<tr>
<td>72</td>
<td>10.3 (10.1-12.7) 10.8 (10.5-11.7)</td>
<td>9.0 (8.0-13.0) 10.0 (8.0-13.0)</td>
<td>12.5 (11.1-14.3) <strong>33.3 (25.0-41.7)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
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<sup>a</sup>Motility index, number of motile ciliated cells per sample area of ~4.2 mm<sup>2</sup>. <sup>b</sup>Dyskinesia index, percentage of dyskinetically beating cilia amongst all cilia examined. Data expressed as medians (IQRs). Values highlighted in boldface were significantly (P<0.05) different from the control.
Table II Analysis of ciliated epithelial ultrastructure by transmission electron microscopy

<table>
<thead>
<tr>
<th>Ultrastructure parameter</th>
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<td>Proportion of this cell type</td>
<td>68 (53.3 - 68.9)</td>
<td>62.3 (54.2 - 65)</td>
</tr>
<tr>
<td>Dead cells</td>
<td>3.1 (0.6 - 4.9)</td>
<td><strong>9.5 (9.1 - 11.9)</strong></td>
</tr>
<tr>
<td>Cells extruding from the surface</td>
<td>38.1 (27.9 - 42.4)</td>
<td>32.2 (20.3 - 41)</td>
</tr>
<tr>
<td>Cells with cytoplasmic blebbing</td>
<td>23.9 (12 - 26.3)</td>
<td>20.3 (17.5 - 27)</td>
</tr>
<tr>
<td>Mitochondrial damage</td>
<td>18.5 (17 - 36.6)</td>
<td>48.4 (11.6 - 56.4)</td>
</tr>
<tr>
<td>Dynemin arm defects</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Microtubular defects</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Loss of cilia</td>
<td>-</td>
<td></td>
</tr>
</tbody>
</table>

Data expressed as median percentage (IQRs) of all cells examined. N=3 paired individuals, * p<0.05, ** p<0.01 paired two-tailed T test. Values highlighted in boldface were significantly (P<0.05) different from the control.

Table III The Median (IQR) apical levels of cytokines obtained from healthy human nasal epithelial cell cultures (n=8).

<table>
<thead>
<tr>
<th>Cytokine (pg/ml)</th>
<th>Basal cells</th>
<th>Ciliated cells</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Control</td>
<td>RSV-infected</td>
</tr>
<tr>
<td><strong>Th1</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>INF-γ</td>
<td>24 (23 - 31)</td>
<td>34 (24 - 53)</td>
</tr>
<tr>
<td>IL-1β</td>
<td>9 (6 - 10)</td>
<td>11 (9 - 37)</td>
</tr>
<tr>
<td>IL-2</td>
<td>5 (5 - 7)</td>
<td>9 (5 - 18)</td>
</tr>
<tr>
<td></td>
<td>IL-12p70</td>
<td></td>
</tr>
<tr>
<td>------------</td>
<td>----------</td>
<td>---------</td>
</tr>
<tr>
<td></td>
<td>5 (2 - 7)</td>
<td>7 (5 - 14)</td>
</tr>
<tr>
<td>Th1</td>
<td>29 (26 - 60)</td>
<td>178 (70 - 310)*</td>
</tr>
<tr>
<td>IL-4</td>
<td>2 (2 - 3)</td>
<td>3 (3 - 6)</td>
</tr>
<tr>
<td>IL-5</td>
<td>5 (5 - 9)</td>
<td>9 (7 - 19)*</td>
</tr>
<tr>
<td>IL-10</td>
<td>8 (6 - 10)</td>
<td>16 (13 - 30)*</td>
</tr>
<tr>
<td>IL-13</td>
<td>10 (8 - 21)</td>
<td>27 (15 - 39)*</td>
</tr>
<tr>
<td>Th2</td>
<td>73 (38 - 126)</td>
<td>226 (141 - 712)*</td>
</tr>
</tbody>
</table>

Data as Median (IQR). * and boldface denotes a significant difference from uninfected cells at same time point (P<0.05) using a Wilcoxon signed ranks test. Median (IQR) fold change from uninfected control at same time point.
### Table IV
The Median (IQR) apical chemokine response from human nasal epithelial cell cultures infected with RSV for 72 hours (n=8).

<table>
<thead>
<tr>
<th>Chemokine (pg/ml)</th>
<th>Basal cells</th>
<th>Control</th>
<th>RSV-infected</th>
<th>Fold change&lt;sup&gt;a&lt;/sup&gt;</th>
<th>Control</th>
<th>RSV-infected</th>
<th>Fold change&lt;sup&gt;a&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Eotaxin (CCL11)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>113 (111 - 160)</td>
<td>159 (125 - 299)</td>
<td>1.0 (1.0 - 1.6)</td>
<td>409 (307 - 477)</td>
<td>435 (408 - 457)</td>
<td>1.1 (1.0 - 1.3)</td>
</tr>
<tr>
<td><strong>MIP-1β (CCL4)</strong></td>
<td></td>
<td>3 (1 - 7)</td>
<td>13 (4 - 41)</td>
<td>3.9 (1.2 - 5.5)</td>
<td>33 (17 - 54)</td>
<td>37 (33 - 52)</td>
<td>1.3 (1.0 - 1.8)</td>
</tr>
<tr>
<td><strong>Eotaxin-3 (CCL26)</strong></td>
<td></td>
<td>233 (190 - 398)</td>
<td><strong>1146 (192 - 7398)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
<td>2.1 (1.2 - 17.7)</td>
<td>6593 (3932 - 11580)</td>
<td>5516 (4564 - 8620)</td>
<td>0.8 (0.7 - 1.1)</td>
</tr>
<tr>
<td><strong>TARC (CCL17)</strong></td>
<td></td>
<td>54 (46 - 83)</td>
<td>100 (69 - 189)</td>
<td>1.2 (1.1 - 2.5)</td>
<td>295 (227 - 415)</td>
<td>339 (302 - 368)</td>
<td>1.1 (1.0 - 1.3)</td>
</tr>
<tr>
<td><strong>MCP-1 (CCL2)</strong></td>
<td></td>
<td>240 (186 - 353)</td>
<td><strong>1252 (186 - 5911)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
<td>2.8 (1.3 - 18.9)</td>
<td>8299 (4949 - 15839)</td>
<td>7135 (5515 - 14185)</td>
<td>1.0 (0.6 - 1.4)</td>
</tr>
<tr>
<td><strong>MDC (CCL22)</strong></td>
<td></td>
<td>113 (82 - 281)</td>
<td>1753 (93 - 5726)</td>
<td>1.9 (1.2 - 40.1)</td>
<td>20545 (9986 - 23181)</td>
<td>22812 (20342 - 30853)</td>
<td>1.7 (1.1 - 2.6)</td>
</tr>
<tr>
<td><strong>MCP-4 (CCL13)</strong></td>
<td></td>
<td>11 (6 - 16)</td>
<td><strong>111 (28 - 163)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
<td>7.5 (6.0 - 15.4)</td>
<td>94 (42 - 134)</td>
<td><strong>274 (95 - 337)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
<td>2.5 (2.1 - 3.0)</td>
</tr>
<tr>
<td><strong>IL-8 (CXCL8)</strong></td>
<td></td>
<td>95 (79 - 143)</td>
<td><strong>208 (77 - 554)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
<td>1.7 (1.1 - 3.4)</td>
<td>594 (506 - 989)</td>
<td><strong>887 (692 - 1190)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
<td>1.5 (1.2 - 1.6)</td>
</tr>
<tr>
<td><strong>IP-10 (CXCL10)</strong></td>
<td></td>
<td>95 (87 - 115)</td>
<td>239 (103 - 560)</td>
<td>1.8 (1.1 - 5.9)</td>
<td>698 (433 - 974)</td>
<td><strong>4140 (823 - 19884)</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
<td>3.5 (1.8 - 20.2)</td>
</tr>
</tbody>
</table>

Data as Median (IQR). * and boldface denotes a significant difference from uninfected cells at same time point (P<0.05) using a Wilcoxon signed ranks test. <sup>a</sup> Median (IQR) fold change from uninfected control at same time point.
Figure Legends

**Figure 1** Confocal images of RSV infected human nasal ciliated epithelial cells grown at an air-liquid interface. Cells were co-stained with antibodies against acetylated tubulin to detect the axonemal microtubules (Alexa-594; red in merge) and a polyclonal antibody for RSV antigens (FITC; green in merge). Nuclei were stained using Hoescht (blue in merge). Merged images are shown for panels A-C where yellow indicates areas of RSV-tubulin antigen colocalisation. (A) Non-infected control cells showing cilia staining only, no viral antigens were observed. (B) RSV-infected ciliated epithelial cells 20-24h post-infection showing viral antigen displayed on the surface of the cell but not the ciliary shaft. (C) RSV infected ciliated epithelial cells 72 hours post infection showing viral antigens on the surface of the cell and the full length of the ciliary shaft. (D-F) Represent optical sections of A-C respectively. 3D reconstruction of all channels was performed with Imaris blend filter. Scale bars, 2 μm.
Figure 2 Transmission electron microscopy of ciliated respiratory epithelium grown at an air-liquid interface (A) a non-infected control showing normal mitochondria (B-D) RSV-infected epithelium showing (B) a projecting cell with gaps developing between adjacent cells and abnormal swollen mitochondria; (C) disruption of tight junction with separation of cells and a reduction in numbers of cilia and (D) grossly abnormal cell with cytoplasmic blebbing, grossly swollen mitochondria and breakdown of cellular junctions. Scale bar, 2 μm.
Figure 3 Low magnification (x10) scans of (A) a transwell insert containing human respiratory ciliated cells infected with RSV for 72h. (B) a well of a 24 well plate containing human respiratory basal cells infected with RSV for 72h. Images show that basal cell cultures supported more viral replication and displayed a greater proportion of RSV infected cells after 72h than ciliated cells. Cells were stained for RSV antigens and labelled with a secondary anti-goat antibody conjugated to FITC. Images are representative of at least 5 biological repeats. Scale bars, 1 mm. (C) the viral titre (pfu/ml) of supernatants collected from basal cell and ALI cultures infected with RSV for 72 hours, showing significantly more viral progeny were produced in infected basal cells compared to ciliated cell cultures (n=5).

Figure 3AB
Figure 4 Confocal image of an RSV infected human nasal epithelial basal cell. Cells were stained with an antibody specific for RSV antigens and labelled with a secondary anti-goat antibody conjugated to FITC (green in merge). Nuclei were stained using Hoescht (blue in merge). Cultures revealed syneytia formation after RSV infection as observed by the proximity of the nuclei. VC represents the viral clumps and VF represents the viral filaments. 3D reconstruction of all channels was performed with Imaris blend filter. Scale bar, 2 µm.