

Novel strategy to identify genetic risk factors for COPD severity: a genetic isolate

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Abstract

Background Studies using genetic isolates with limited genetic variation may be useful in COPD genetics, but are thus far lacking. We studied associations between Single Nucleotide Polymorphisms (SNPs) in candidate genes and lung function in COPD in a genetic isolate.

Methods In 91 subjects with COPD GOLD stage \geq I, members of an extended pedigree including 6,175 people from the Genetic Research in Isolated Population study, we analyzed 32 SNPs in 13 candidate genes: *ADAM33*, *TGF β 1*, *MMP1*, *MMP2*, *MMP9*, *MMP12*, *TIMP1*, *SFTPA1*, *SFTPA2*, *SFTPB*, *SFTPD*, *GSTP1* and *HMOX1*, and studied their relation to FEV₁, IVC, and FEV₁/IVC levels using restricted maximum likelihood linear mixed modeling, accounting for pedigree structure. We replicated significant associations in the general Vlagtwedde/Vlaardingen study.

Results Six SNPs in *TGFB1*, *SFTPA1*, *SFTPA2* and *SFTPD* were significantly associated with FEV₁/IVC in subjects with COPD GOLD stage \geq I. Two SNPs in *TGFB1* (C-509T and Leu10Pro), Leu50Val in *SFTPA1*, and Ala160Thr in *SFTPD* showed suggestive evidence of association with FEV₁/IVC in subjects with GOLD stage \geq II. The *TGFB1* associations were replicated in GOLD stage \geq II patients from the Vlagtwedde/Vlaardingen population, with similar effect sizes.

Discussion We show that a genetic isolate can be used to determine genetics of lung function, which can be replicated in COPD patients from an independent population.

Introduction

Chronic Obstructive Pulmonary Disease (COPD) is the third cause of death worldwide and is expected to increase in prevalence in the forthcoming decades [1,2]. The disease has a large personal, societal, and economic impact. COPD is characterized by chronic airway inflammation, airway remodeling, and airflow limitation that is not fully reversible. Since not all smokers develop COPD, genetic susceptibility has to play a role in development of this disease, in addition to environmental factors. The genetic determinants for COPD are difficult to study, since COPD is a disease that becomes clinically manifest only at later ages, when parents of COPD patients have already died, and their children are likely to be young to manifest airway obstruction. This limits the option to perform family based genetic research. Moreover, published studies frequently use various definitions of disease status, which makes it difficult to compare their results. Therefore, it makes sense to choose a robust phenotype to define COPD like the level of lung function, which can be more easily compared between studies. Moreover, a low level of lung function is a predictor for mortality from COPD [3-5].

Another complicating factor in studies on genetics of COPD is that COPD is considered a complex genetic trait, i.e. multiple, possibly interacting, genetic and environmental factors are involved. Therefore it has advantages to try and identify risk genes in populations that are relatively genetically and environmentally homogeneous, such as genetically isolated populations. Due to the small number of founders and drift in genetically isolated populations, the genetic variation is reduced ⁶. However, these processes raise the question whether findings can be extrapolated to the general population. Previous simulation studies suggest that this is the case for common variants with a frequency of >1% [6], but no empirical evidence is available.

We conducted a candidate gene study for level of airflow limitation in patients with COPD who were ascertained as part of the Genetic Research in Isolated Populations (GRIP) study that is conducted in a young genetically isolated population from the southwestern

part of the Netherlands. All patients were genotyped using 32 Single Nucleotide Polymorphisms (SNPs) in 13 candidate genes for COPD, chosen based on their previously published association with either COPD, level of lung function, or lung function decline as reported in the general population. Extensive genealogy information was collected resulting in an extremely large and complex pedigree of 6,175 members. Finally, we studied 1390 Caucasians from the general Dutch population, including 351 patients with COPD, to establish whether our findings could be replicated in the general population. In both studies, we investigated whether the severity of the disease, as reflected by lung function reduction, is genetically influenced in established COPD.

Methods

Study populations

Our study is part of the GRIP program [7,8]. GRIP is based in a recent genetically isolated population from the southwestern of the Netherlands, which was founded in the middle of the 18th century by approximately 150 individuals and was genetically isolated until the last few decades. The population now includes approximately 20,000 inhabitants in 8 adjacent communities. GRIP participants are generally related via multiple lines of descent and are inbred via multiple consanguineous loops [9,10].

We invited subjects with general practitioner's diagnosed COPD to the research center to undergo spirometry and complete a questionnaire [11]. Spirometry was performed by trained pulmonary research technicians using a Pneumotagograph (Viasys, formerly Jaeger Spirometer system). Predicted values for FEV₁ were calculated using adjusted Quanjer-equations for Caucasian subjects [12]. We isolated DNA from blood using Puregene® DNA Purification Kits (Gentra, Inc, Minneapolis, USA). All participants gave written informed consent.

To verify the findings from GRIP in the general population, we used cross-sectional data from the general population-based Vlagtwedde/Vlaardingen cohort. Questionnaires, spirometry and DNA were collected [13,14]. For this study, we selected 351 subjects according to the Global Initiative for Chronic Obstructive Lung Disease (GOLD) criteria with GOLD stage \geq I COPD at the last 1989/1990 survey, of whom 167 had GOLD stage \geq II [15].

Genotyping

We have genotyped SNPs in candidate genes for lung function and COPD, based on their previously published significant associations (table 1). The selected SNPs were either the most significant SNPs in previous studies, tagging SNPs for the gene, or SNPs with a known functional effect on gene expression or function. Genotyping was performed using

Applied Biosystems TaqMan® SNP Genotyping Assays (Nieuwekerk aan de IJssel, The Netherlands). Sequences of primers and probes are available on request.

Statistical analysis

To analyze pedigree data, we used Measured Genotype (MG) approach [16], which models quantitative traits as

$$y_i = \mu + kg_i + \sum_j \beta_j c_{ji} + G_i + e_i$$

where y_i : the phenotype of the i -th individual, g : the vector of genotypes at the marker under study, k : is the marker genotype effect, c_{ij} : the value of the j -th covariate or fixed effect for the individual i , β_j : an estimate of the j -th fixed effect or covariate, and G_i and e_i are random additive polygenic and residual effects, respectively. The random effects are assumed to follow multivariate normal distribution with mean zero. The variance for the polygenic effects is defined as $\Phi\sigma_G^2$, where Φ is the relationship matrix and σ_G^2 the additive genetic variance due to polygenes. For the residual random effects, the variance is defined as $I\sigma_e^2$, where I is the identity matrix and σ_e^2 the residual variance.

Because the pedigree under analyses was very large, we used fast GRAMMAR approximation to the full MG approach [17]. The GRAMMAR consist of a fast though conservative test at screening stage, followed up with full MG analysis of polymorphisms which pass the relaxed ($P < 0.1$) screening significance threshold. All analysis involving pedigree were performed using ASReml

v2.0 [18]– a package for linear mixed model analysis using restricted maximum likelihood.

In the Vlagtwedde/Vlaardingen population, we tested significant associations using linear regression analyses. All analyses were adjusted for age, height and sex.

Results

GRIP study population

We ascertained 157 individuals who were diagnosed with COPD by their general practitioners. Spirometry measures confirmed COPD in 91 subjects, i.e. subjects with COPD GOLD stage \geq I (defined as $FEV_1/IVC < 70\%$) [15]. The rest of the subjects could not be defined as having COPD according to their spirometry and were therefore excluded from the analyses. We determined the familial relationship of these 91 subjects in the larger GRIP study database. This resulted in a large extended pedigree structure of 6,175 members. The characteristics of the GRIP COPD population and the Vlagtwedde/Vlaardingen replication cohort are shown in Table 2.

Association of genes with lung function parameters in GRIP and replication in Vlagtwedde/Vlaardingen

We first analyzed the effects of SNPs in the studied genes on FEV_1 % predicted, IVC, and FEV_1/IVC in the 91 subjects with COPD GOLD stage \geq I. None of the SNPs was associated with FEV_1 % predicted or IVC. Six SNPs in *TGFB1*, *SFTPA1*, *SFTPA2* and *SFTPD* were significantly associated with FEV_1/IVC (table 3). None of these associations were replicated in subjects from the Vlagtwedde/Vlaardingen cohort with COPD GOLD stage \geq I (data not shown).

We additionally analyzed the effects of SNPs in the studied genes using a more stringent definition of COPD, namely GOLD stage \geq II (defined as $FEV_1/IVC < 70\%$ and $FEV_1\%pred < 80$). This resulted for the GRIP population in 67 cases. In these subjects, two SNPs in *TGFB1* (C-509T and Leu10Pro), Leu50Val in *SFTPA1*, and Ala160Thr in *SFTPD* showed suggestive evidence of association with FEV_1/IVC ($p < 0.10$, table 3). The *TGFB1* C-509T and Leu10Pro associations were replicated in GOLD \geq II subjects from the Vlagtwedde/Vlaardingen population ($n=167$), with similar effect sizes (see table 3).

Discussion

Our study is the first to use a genetically isolated population to analyze genetic effects on level of lung function in COPD. Interestingly, we found significant effects of SNPs in COPD candidate genes on the severity of COPD, assessed by lung function in subjects with COPD even though our study population is small. Our results show that levels of FEV₁/IVC, measures of airway obstruction, are genetically influenced in established COPD. This means that even within patients with phenotypical COPD, we can identify genotypes that are associated with severity of the disease. This is of clinical importance since low lung function levels have been shown to predict mortality of COPD not only in the general population, but also within COPD patients [3-5].

The *TGFβ1* SNPs that were associated with FEV₁/IVC in our populations have previously been associated with development of COPD or with lower levels of FEV₁ and FEV₁/VC in several [19-21], but not all previous studies [14,22,23]. Our results (in both the genetically isolated and general population) thus confirm the former studies that implicate a role of *TGFβ1* in the severity of airflow limitation. The *SFTPA1* and *SFTPD* SNPs have been associated with COPD previously [24,25]. We now for the first time show that these SNPs may also play a role in severity of COPD. This is plausible, since surfactant proteins decrease surface tension at the air–liquid interface and, therefore, reduce the tendency of alveoli to collapse during expiration. The latter contributes to the severity of airway obstruction, as measured by FEV₁/IVC.

We found no significant associations of *ADAM33*, *MMP1*, *MMP2*, *MMP9*, *MMP12*, *TIMP1*, *SFTPB*, *GSTP1* and *HMOX1* with level of lung function in COPD patients. This does not imply that these genes do not play a role in COPD whatsoever. So far, no studies have analyzed genetic effects on the severity of airway obstruction *within* patients with established COPD. Our study shows that SNPs in *TGFβ1*, *SFTPA1*, and *SFTPD* may be important in progression of COPD, whereas the SNPs in other genes, i.e. *ADAM33*,

MMP1, *MMP2*, *MMP9*, *MMP12*, *TIMP1*, *GSTP1* and *HMOX1*, may simply constitute genes that are important in development of COPD.

One important advantage of testing genes in a genetically isolated population is that it provides the opportunity to find genes associated with disease in a relatively small sample size due to increased homogeneity of the population, as recently demonstrated for multiple sclerosis [26]. Thus for a lower cost and effort, one can test many genes as to their significance in contributing to disease severity, which subsequently can then be replicated in a larger sample of the general population. The most important requirement for such studies is that the genetic isolate is representative for the general population or disease-specific study populations. This is indeed the case since we showed that in selected subjects with COPD from the general population, we can replicate the associations found in the young genetic isolate for a substantial part. Thus, we are able to translate findings in a genetic isolate to the general population, but correct and comparable phenotyping of the study populations is still crucial to replicate association between populations.

We were unable to replicate results of any of the SNPs in subjects with GOLD stage \geq I from the Vlagtwedde/Vlaardingen population. When looking more closely, it appeared that the GRIP COPD patients with GOLD stage \geq I had more severe COPD, i.e. lower lung function and more symptoms, than COPD patients with similar stage of disease in the Vlagtwedde/Vlaardingen population. A more strict definition of COPD (GOLD stage \geq II) in Vlagtwedde/Vlaardingen and GRIP gives a phenotypically better comparison. Indeed, when analyzing subjects with subjects with GOLD \geq II from Vlagtwedde/Vlaardingen population, SNPs *TGF β 1* C-509T and *TGF β 1* Leu10Pro were significantly associated with FEV₁/IVC, as they were in the GRIP GOLD \geq II COPD patients.

Since the percentage of subjects with amongst other chronic cough was different in both cohorts, we re-ran our analyses with straight forward linear regression models with chronic cough in the model to check for stability of the effect estimates. Analyses on FEV₁/IVC in

the GRIP GOLD stage \geq II population, taking for example chronic cough into account, resulted in similar regression estimates for the SNPs in *TGF β 1* and *SFTPA1*, but smaller p-values and slightly higher explained variances, while the suggestive associations of the other SNPs disappeared. Additional adjustment for chronic cough in the Vlagtwedde/Vlaardingen GOLD stage \geq II population resulted in similar significant regression estimates for the SNPs in *TGF β 1* with FEV₁/IVC. Therefore, our effect estimates appear to be stable within both GOLD stage \geq II groups, irrespective of differences in characteristics between the GRIP and Vlagtwedde/Vlaardingen GOLD stage \geq II population.

Several explanations may exist for the lack of replication for *SFTPA1* and *SFTPD* (Met11Thr) SNPs with FEV₁/IVC in the Vlagtwedde/Vlaardingen COPD GOLD stage \geq II. First, the original GRIP findings on these genes could be false-positive. Indeed, multiple (though correlated) outcomes and SNPs were studied in GRIP. Another, more biological, explanation for the lack of replication may be that the prevalence of certain alleles in genetically isolated populations differs from a general population as a result of genetic drift and founder effects. Indeed, the genotype frequencies for the *SFTPA1* Leu50Val SNP were significantly different between the two populations, but not for the other SNPs (see table E1). A third explanation may be that differences exist in characteristics between the study populations. The GRIP population had more severe COPD and was slightly older than the Vlagtwedde/ Vlaardingen COPD population.

In addition, differences in environment may affect the lack of replication of the *SFTP* genes. The genetically isolated population shares the same environment, similar socio-economic status, and the same general practitioners. We cannot rule out that the COPD patients in GRIP have a higher prevalence of chronic bronchitis and airway disease whereas the airway obstruction in the Vlagtwedde/Vlaardingen population may have been caused by emphysema [27-29]. Further research is needed to separately assess these

phenomena, since CT scans are necessary, which we unfortunately do not have of these patients.

In conclusion, this study provides two important messages. Firstly, we found significant effects of SNPs on the severity of COPD, i.e. level of lung function in patients with established COPD in a relatively small genetically isolated population with a large pedigree structure. Secondly, we replicated two of these associations in COPD patients selected from the general population on the condition that they were phenotypically similar. These findings are important since more severe airway obstruction is associated with progression and mortality of COPD. Future studies using this genetic isolate should focus on progression of COPD, since this population seems to be highly suitable to determine genetic risk factors for severity of airway obstruction in established COPD that can be translated to the general population.

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Table 1: Candidate genes and single nucleotide polymorphisms genotyped in the study population

Gene	Description of gene	SNPs genotyped		Functional SNP	References
		rs numbers	- alternative name		
ADAM33	A Disintegrin And Metalloprotease 33: exact function unknown; identified by genome wide screen as susceptibility gene for asthma. Associated with decline in FEV ₁ and development of COPD in the general population and severity of inflammation in COPD patients.	rs17548913	ADAM33F+1	-	[13;30]
		rs17548907	ADAM33Q-1	-	
		rs3918396	ADAM33S1	-	
		rs528557	ADAM33S2	-	
		rs597980	ADAM33ST+5	-	
		rs2280091	ADAM33T1	-	
		rs2280090	ADAM33T2	-	
TGFBβ1	Transforming Growth Factor- β 1: a chemotactic cytokine for fibroblasts, inducing synthesis of matrix proteins and glycoproteins and inhibiting collagen degradation by induction of protease inhibitors and reduction of metalloproteases; TGF- β 1 levels are increased in COPD; SNPs have been associated with COPD	rs2787094	ADAM33V4	-	[13,14;19-21]
		rs1800469	TGFB1C-509T	increased TGFB	
		rs1982073	TGFB1Leu10Pro	increased TGFB	
		rs6957	TGFB13UTR	-	
SFTPA1	Surfactant protein A1: Surfactant proteins (SP) are involved in the first response to microorganisms in the lung, regulation of inflammation and structure of alveoli. SP reduce surface tension at the air-liquid interface and therefore prevent alveolar collapse during expiration.	rs1059047	SPA1Val19Ala	-	[24,31-33]
		rs1136450	SPA1Leu50Val	-	
		rs4253527	SPA1Arg219Trp	-	
SFTPA2	Surfactant protein A2: idem SP-A1, homologous gene	rs1059046	SPA2Asn9Thr,	-	
		rs17886395	SPA2Pro91Ala,	-	
		rs1965707	SPA2Ser140Ser	-	
SFTPB SFTPD	Surfactant protein B: hydrophobic component of pulmonary surfactant Surfactant protein D: a C-type lectin present in pulmonary surfactant and several other mucosal surfaces. It modulates innate immunity, allergic response, expression of matrix metalloproteases, alveolar wall remodeling, emphysema, fibrosis and lipid and macrophage homeostasis. Associated with COPD.	rs1130866	SPB1le131Thr	altered affinity	
		rs721917	SPDMet11Thr	altered SP-D protein assembly, function and levels	
		rs2243639		-	
MMP1	Matrix Metalloprotease 1: an interstitial collagenase involved in tissue remodeling and repair associated with lung development and inflammation. Levels are increased in sputum of COPD patients compared to healthy controls. Associated with lung function decline.		SPDThr160Ala	-	[34,35]
		rs1799750	MMP1G-1607GG	additional ETS transcription factor binding site, increased expression	

<i>MMP2</i>	Matrix Metalloprotease 2: a type IV collagenase specifically cleaving type IV collagen, the major structural component of basement membranes	rs243865	MMP2C-1306T	loss of SP-1 transcription factor binding site, less expression	[36]
<i>MMP9</i>	Matrix Metalloprotease 9: a gelatinase B involved in tissue remodeling; smokers with airway obstruction show higher MMP9 expression than smokers without COPD and non-smokers	rs3918278 rs6065912 rs8113877	mmp9_rs3918278 mmp9_rs6065912 mmp9_rs8113877	tagging tagging tagging	[34,37]
<i>MMP12</i>	Matrix Metalloprotease 12: a human macrophage elastase involved in degradation of extracellular matrix in lungs of patients with COPD. Associated with lung function decline.	rs2276109 rs652438	MMP12A-82G	AP-1transcription factor binding site, increased MMP12	[34]
<i>TIMP1</i>	Tissue Inhibitor of Matrix Metalloprotease 1: inhibitor of several MMPs, including MMP1, MMP9 and MMP12. X-chromosomal. Associated with asthma.	rs11551797 rs4898	MMP12Asn357Ser timp1Ile158 timp1Phe124	- - -	[38]
<i>HMOX1</i>	Hemoxygenase 1: role in oxidant-antioxidant balance in the lung. Genetic variation associated with COPD.	rs2071747	HO1Asp7His	-	[39]
<i>GSTP1</i>	Glutathione S-transferase P1: role in oxidant-antioxidant balance in the lung. Associated with COPD.	rs1695 rs1138272	gstp1Ile105Val gstp1Ala114Val	increased enzyme activity -	(40-42)

Table 2: Characteristics of the GRIP and Vlagtwedde study populations

	GRIP <i>FEV₁/IVC <70%</i> N=91	Vla/Vla <i>FEV₁/IVC <70%</i> N=351	P value	GRIP <i>FEV₁/IVC <70%, FEV₁pp <80%</i> N=67	Vla/Vla <i>FEV₁/IVC <70%, FEV₁pp <80%</i> N=167	P value *
Age	66 (41-84)	58.0 (35-76)	<0.001	66.0 (43-82)	59.0 (35-76)	<0.001
Sex m/f, n	47/44	244/107	0.001	36/31	122/45	0.004
Smoking,						
% Never	3.4	18.8	0.001	3.1	16.2	0.026
% Ex	38.6	35.9		38.5	33.5	
% Current	58.0	45.3		58.4	50.3	
Pack-years	34.8 (0-120)	21.4 (0-262)	0.001	39.0 (0-120)	26.0 (0-262)	0.015
FEV ₁ % of predicted	69.4 (26.4-110.5)	80.7 (36.0-115.0)	<0.001	63.5 (26.4-79.0)	69.9 (36.0-79.8)	0.001
FEV ₁ /FVC	56.2 (27.7-68.4)	n.a.	n.a.	52.8 (27.7-67.9)	n.a.	n.a.
FEV ₁ /IVC	54.5 (20.7-69.8)	64.9 (29.0-69.9)	<0.001	50.8 (20.7-67.7)	59.2 (29.4-69.8)	<0.001
Chronic cough, %	58.2	14.5	<0.001	60.6	22.2	<0.001
Chronic phlegm, %	50.5	10.5	<0.001	51.5	15.0	<0.001

* P value for difference between GRIP and Vla/Vla study populations with FEV₁/IVC <70%, FEV₁pp <80% derived from X²-test for comparison of discrete variables; Mann-Whitney U test for test between continuous variables; data are presented as median (range). Abbreviations: GRIP Genetic Research in Isolated populations; Vla/Vla Vlagtwedde/Vlaardingen; GOLD Global initiative for Obstructive Lung Diseases; m male; f female; FEV₁ Forced Expiratory Volume in 1 second; FVC Forced Vital Capacity; FEV₁pp=FEV₁ as percentage of predicted

Table E1: Genotype frequencies of the significant SNPs in the GRIP GOLD ≥ II population compared to the genotype frequencies in the Vlagtwedde/Vlaardingen GOLD ≥ II population

<i>SNP and genotype</i>		<i>GRIP N=67 N (%)</i>	<i>Vla/Vla N=167 N (%)</i>	P value
ADAM33 ST+5	AA	12 (17.9)	27 (16.5)	0.690
	AG	31 (46.3)	86 (52.4)	
	GG	24 (35.8)	51 (31.1)	
TGFβ1 C-509T	GG	29 (43.3)	94 (58.0)	0.051
	GA	30 (44.8)	60 (37.0)	
	AA	8 (11.9)	8 (4.9)	
TGFβ1 Leu10Pro	AA	22 (34.9)	68 (45.3)	0.368
	AG	33 (52.4)	65 (43.3)	
	GG	8 (12.7)	17 (11.3)	
SFTPA1 Leu50Val	GG	45 (73.8)	123 (79.9)	0.045
	GC	15 (24.6)	20 (13.0)	
	CC	1 (3.1)	11 (7.1)	
SFTPA2 Pro91Ala	GG	42 (62.7)	117 (72.7)	0.242
	GC	22 (32.8)	41 (25.5)	
	CC	3 (4.5)	3 (1.9)	
SFTPD Met11Thr	TT	22 (34.4)	44 (27.5)	0.522
	TC	29 (45.3)	85 (53.1)	
	CC	13 (20.3)	31 (19.4)	
SFTPD Ala160Thr	AA	26 (40.6)	54 (34.6)	0.484
	AG	30 (46.9)	73 (46.8)	
	GG	8 (12.5)	29 (18.6)	

Abbreviations: GRIP Genetic Research in Isolated populations; Vla/Vla Vlagtwedde/Vlaardingen; ADAM33 A

Disintegrin and Metalloprotease 33; TGFβ1 Transforming Growth Factor β1; SFTP Surfactant Protein