

**Title:** Impaired Function of Regulatory T cells in Hypersensitivity Pneumonitis

**Authors:** M. Girard, E. Israël-Assayag, and Y. Cormier.

**Affiliation:** Centre de Recherche de l'Institut universitaire de cardiologie et de pneumologie de Québec, Québec, Qc., Canada, G1V 4G5

**Contact information:**

Dr Yvon Cormier

Institut universitaire de cardiologie et de pneumologie de Québec

2725, chemin Sainte-Foy

Québec, Qc.

Canada

G1V 4G5

Tel: 418 656 4747

Fax: 418 656 4762

e-mail address: [Yvon.Cormier@med.ulaval.ca](mailto:Yvon.Cormier@med.ulaval.ca)

This work was funded by Canadian Institutes of Health Research (CIHR)

Running head: T regulatory cells in HP

## **Abstract**

Hypersensitivity pneumonitis (HP) is characterized by a lung lymphocytosis. Most individuals exposed to HP antigens remain asymptomatic. The mechanisms involved in the impaired immune tolerance leading to HP are unclear. Normally, T regulatory cells ( $T_{reg}$ ) control the immune response. Could  $T_{reg}$  suppressive function deficiency explain the uncontrolled inflammation in HP?

Bronchoalveolar lavage (BAL) and blood samples were obtained from normal subjects, asymptomatic individuals, and HP patients. BAL and blood  $T_{reg}$  were isolated. The ability of  $T_{reg}$  to suppress T cell proliferation and the role of IL-17 was verified.

BAL and blood  $T_{reg}$  cells from normal subjects suppressed the proliferative response of activated T cells by 47.1% and 42% respectively. BAL and blood  $T_{reg}$  cells from asymptomatic subjects had a slightly decreased activity and suppressed proliferation by 29.4% and 31.8% respectively. BAL and blood  $T_{reg}$  from HP patients were totally non functional and unable to suppress proliferation.

Low levels of IL-17 were detected in sera and BAL from both normal and asymptomatic individuals whereas measurable levels were found in patients.

T<sub>reg</sub> may be involved in the antigen tolerance in asymptomatic subjects. A defective T<sub>reg</sub> function, potentially because of increased IL-17 production, could account for the exacerbated immune response characteristic of HP.

Key words: Extrinsic allergic alveolitis, T lymphocytes regulation.

## **Introduction**

Hypersensitivity pneumonitis (HP) is an inflammatory, granulomatous, and immunologically mediated pulmonary disease caused by an exacerbated immune response to repeated inhalations of various antigens, mostly organic in nature. Animal and vegetable proteins as well as bacteria, fungi, and chemical compounds can cause HP [1]. For example, farmer's lung, one of the most common forms of HP, is often caused by *Saccharopolyspora rectivirgula* actinomycetes found in poorly conserved hay, straw, or grain [2].

HP is characterized by a large influx of activated lymphocytes in distal bronchioles and alveoli. T cells can account for up to 60-80% of total bronchoalveolar lavage (BAL)-recovered cells from patients [3, 4]. Chest radiography and CT scan usually show diffuse ground-glass infiltrates and nodular and/or patchy air space opacifications, [5]. In the chronic stage of the disease, some patients can develop emphysema and/or lung fibrosis [6].

Fortunately, very few individuals exposed to HP antigens develop these clinical symptoms. The prevalence of farmer's lung is estimated at 0.5% to 3% in exposed farmers [7, 8]. Antigen exposed persons often have specific serum

antibodies and develop an asymptomatic lymphocytic alveolitis but seldom develop active disease [9]. They therefore seem to maintain a tolerance to the causative antigen.

Regulatory T cells ( $T_{reg}$ ) are a unique population of  $CD4^+$  T cells that play a pivotal role in the maintenance of the balance between the tissue-damaging and protective effects of the immune response.  $T_{reg}$  are generally defined by the extracellular expression of CD25, the high affinity  $\alpha$  chain of the interleukin-2-receptor (IL2-R $\alpha$ ) [10] and by the intracellular expression of the forkhead/winged helix transcription factor (FoxP3). To date, FoxP3 is the most specific marker for  $T_{reg}$  and the best method to distinguish these cells from other T cells. In human, purification could be enhanced by excluding T cells that express CD127 and by including those that express CD39, CD73, LAG-3, and CTLA-4 but none of these markers are exclusive to  $T_{reg}$  [11]. IL-17 is a pro-inflammatory cytokine induced mostly by Th17 cells but also by NK cells, dendritic cells,  $CD8^+$  T cells, and gamma-delta T cells. IL-17 promotes IL-1 $\beta$ , IL-6 and IL-17 production by neighbouring cells, triggering a pro-inflammatory environment [12]. Secretion of pro-inflammatory cytokines such as IL-1 $\beta$  and IL-6 can inhibit  $T_{reg}$  suppressive function [13, 14].

The aim of the present study was to verify the hypothesis that  $T_{reg}$  isolated from blood and bronchoalveolar lavage (BAL) fluids of normal and asymptomatic subjects efficiently suppress T helper cell activation while those from blood and

bronchoalveolar lavage fluids of patients suffering from active HP lose this suppressive function, allowing an exacerbated immune response and clinically significant lung inflammation. The second objective was to verify the potential role of IL-17, an inflammatory mediator known to affect T<sub>reg</sub> function.

## **Materials and Methods**

The study population included six patients with active HP, all males, (five with farmer's lung, and one with HP to *Paecilomyces* sp. (mean age: 48.5 yr; range: 31 to 69 yr); four asymptomatic, antigen-exposed (*Paecilomyces* sp) male wood workers who all had high serum IgG levels against the antigen; mean age: 38 yr; range: 31 to 49 yr), and four not exposed control male subjects (mean age: 39 yr; range: 30 to 45 yr). The diagnosis of HP was based on previously described criteria [15]. All patients were in the acute phase of the disease. The asymptomatic subjects had normal lung function and chest radiographs. As a group, the asymptomatic subjects (AS) were slightly younger than the subjects with HP. All subjects were nonsmokers, free of recent respiratory infections, and on no medication at the time of study. This project was approved by the Institut

universitaire de cardiologie et de pneumologie de Québec Research Center ethics committee and all participants signed an approved consent form.

#### Blood samplings and bronchoalveolar lavages

All patients and volunteers underwent a 150 ml blood sampling and a fiberoptic bronchoscopy with bronchoalveolar lavage (BAL). The wedged lung segment was lavaged with five aliquots of 60 ml each of normal sterile saline prewarmed to 37° C; the fluid was gently aspirated after each aliquot. Lavage fluid was recovered and centrifuged, and the resulting BAL cells were counted in a hemocytometer. Cell differential counts were performed after Diff-Quik (Dade Diagnostics, Aguada, PR) staining on glass coverslips.

#### T cells isolation from blood and BAL

Blood and BAL mononuclear cells were isolated by Ficoll gradient. Cells were plated for 2 h at 37°C in RPMI medium (GIBCO BRL, Burlington, ON, Canada) completed with 5% bovine fetal serum to separate monocytes (adherent) from lymphocytes (non adherent cells). Lymphocytes were harvested in supernatants. Effector T cells and regulatory T cells were isolated with the CD4<sup>+</sup>CD25<sup>+</sup> Regulatory T Cells Isolation Kit (Miltenyi Biotec, Auburn, CA, USA) and CD4, CD25, and FoxP3 expressions were verified with PE-Cy5-CD4 (BD biosciences, Mississauga, Canada), PE-CD25 (BD biosciences, Mississauga, Canada), and FITC-FoxP3 monoclonal antibodies (eBioscience Inc, San Diego, CA, USA) in an

EPICS XL-MCL flow cytometer (Beckman-Coulter, Miami, FL, USA). The percentage of blood and BAL isolated CD4<sup>+</sup>CD25<sup>+</sup> T<sub>reg</sub> cells among CD4<sup>+</sup> T cells were calculated for each group of subjects.

#### *In vitro* suppression assays

Isolated T cells ( $50 \times 10^4$  cells) were left unstimulated or stimulated with 10 µg/ml of anti-CD3 (BD biosciences) and 4µg/ml of anti-CD28 antibodies (BD biosciences) in 96 wells round-bottom plates. Equivalent numbers of T<sub>reg</sub> from the same subject were added or not. After a four day incubation, cells were pulsed with 1 µCi of [<sup>3</sup>H] thymidine/well for 16 hours and proliferation was measured using a Packard Tri-Carb liquid scintillation counter 2100 TR (GMI Inc., Ramsey, MN, USA). Assays were done in triplicate or in duplicate when the number of T<sub>reg</sub> was too small (assays with BAL fluids cells from normal subjects). Results are expressed as percentage of proliferation from control T effector cells exposed only to anti-CD3 and anti-CD28.

#### Cytokines detection

The concentration of IL-17A in sera and BAL fluids and the concentration of TNF-α in BAL were measured in triplicate using enzyme-linked immunosorbent assay (ELISA) kits (R&D Systems, Minneapolis, MN, USA) according to the manufacturer's instructions.

#### Statistical analysis

Data are expressed as mean values  $\pm$  S.E. for graphical representation. For comparisons between group means, a one-way analysis of variance (ANOVA) was performed. We considered a p value  $< 0.05$  as a significant difference between groups.

## **Results**

### Bronchoalveolar lavage

Results of BAL total cell counts and differentials are illustrated in Figure 1a. Data are expressed in cells / ml of BAL. Exact number of cells that were recovered from the BAL of each group are presented in Table 1. Low cell counts were obtained for normal subjects. Asymptomatic subjects showed a moderate increase in total BAL cell counts and a slight increase of the percentage of lymphocytes (Figure 1b) compared to normal individuals. As expected, all BAL cell populations were increased in HP patients compared to other groups with a marked increase in lymphocyte counts and percentage.

### CD4<sup>+</sup>CD25<sup>-</sup> and CD4<sup>+</sup>CD25<sup>+</sup> T cell isolation

No significant difference was observed between healthy controls, asymptomatic subjects and HP patients with regard to the percentage of isolated CD4<sup>+</sup>CD25<sup>+</sup> cells of the total CD4<sup>+</sup> T cells population from blood (Figure 2a) and BAL (Figure 2b). Isolated CD4<sup>+</sup>CD25<sup>+</sup> cells were mostly FoxP3<sup>+</sup> and their frequency was



comparable between groups of subjects. The expression of FoxP3 on isolated CD4<sup>+</sup>CD25<sup>+</sup> cells from blood and BAL was verified for each group and no statistical difference was observed between the groups (Table 2). Table 2 also shows the mean fluorescence intensity of Foxp3 which was significantly different between normal subjects and HP patients for blood ( $p = 0.0006$ ) and BAL ( $p = 0.0001$ ). No significant difference was observed between asymptomatic individuals and the other groups.

#### *In vitro* proliferation assays

Results of *in vitro* proliferation assays are presented for blood cells (Figure 3a) and BAL cells (Figure 3b). Results are expressed as a percentage of proliferation obtained from T effector cells stimulated with anti-CD3 and anti-CD28 alone. Blood and BAL T<sub>reg</sub> from normal individuals efficiently suppressed T effector cell proliferation. When an equivalent number of T<sub>reg</sub> from normal individuals was added, proliferation of activated T cells decreased to 58.0% of control proliferation for blood and 52.9% for BAL. BAL and blood T<sub>reg</sub> from asymptomatic exposed subjects had retained their ability to suppress T cells proliferation. Proliferation of activated T cells decreased to 70.63% of control proliferation for blood and 68.2% for BAL when T<sub>reg</sub> are added to effector T cells. T<sub>reg</sub> of HP patients from both blood and BAL were unable to suppress activated T cell proliferation: 122.8% and 106.3% respectively.

#### IL-17 and TNF- $\alpha$ analyses

To study the mechanism by which the immune response could be exacerbated in HP, IL-17 was measured in the sera and BAL from the three study groups. No detectable levels of IL-17 were measured in the serum from normal individuals and asymptomatic subjects. Sera from patients with HP show a marked increase in IL-17 concentration ( $210.47 \pm 95.24$  pg/ml) (Figure 4a). No IL-17 was detected in BAL from normal individuals whereas an intermediate amount was found in BAL from asymptomatic subjects ( $192.37 \pm 83.45$  pg/ml). An increased level of IL-17 was detected in BAL from HP patients ( $580.07 \pm 138.68$  pg/ml) (Figure 4b). These results suggest that IL-17-secreting cells are activated in HP and could be related to  $T_{reg}$  loss of suppressive function and enhanced influx of pro-inflammatory soluble factors and cells. In order, to characterize the inflammatory response in HP patients and asymptomatic subjects, we also measured levels of TNF- $\alpha$  in BAL from each cohort (Figure 5). Normal subjects had small amounts of TNF- $\alpha$  in BAL ( $210.83 \pm 46.26$  pg/ml), whereas a slight increase is noted in BAL from asymptomatic individuals ( $1498.11 \pm 163.31$  pg/ml). HP patients show a marked increase of this mediator in BAL ( $3233.78 \pm 282.51$  pg/ml) compatible with a more intense inflammatory response.

## **Discussion**

Regulatory T cells are rare cells. Studying these cells in humans with a rare disease is a challenge. Characterization of  $T_{reg}$  is less evident in humans than in mice where definition of  $CD4^+CD25^+Foxp3^+$  cells as  $T_{reg}$  is well accepted. In humans, other markers such as CD39, GITR, CTLA-4, as well as the absence of

CD127, is expected. However, due to very low number of isolated  $T_{reg}$  in BAL and blood, and the necessity to have a sufficient number of cells to carry out lymphosuppressive studies with confidence, the presence of all these markers could not be verified for this study. The fact that cells identified by  $CD4^+CD25^+Foxp3^+$  marker clearly showed lymphosuppressive properties suggests that these are indeed immune regulatory cells. The message of this paper is not the precise identification of pure  $T_{reg}$  but that these cells have lost their normal lymphosuppressive function in acute HP.

Although the number of subjects per group was relatively small, which is understandable considering the orphan nature of the disease, the difference in  $T_{reg}$  function between patients with HP and the other 2 groups is striking and conclusive. Moreover, the fact that all proliferation assays and cytokine detection were performed in triplicate or in duplicate depending on the number of  $T_{reg}$ , gives more accuracy to our data and confirm the reproducibility of the data.

The results of this study suggest that the immune response to HP-causing antigens is modulated by  $T_{reg}$  cell function. Although the percentage of  $T_{reg}$  among  $CD4^+$  T cells was similar for the three groups, those from asymptomatic antigen-exposed individuals and from healthy control subjects efficiently suppressed the proliferation of effector T cells while those from HP patients had no suppressive activity. Moreover, even if the three groups had a similar percentage of  $Foxp3^+$  expression,  $T_{reg}$ , fluorescence intensity of the  $Foxp3$

marker was clearly decreased in HP patients compared to normal individuals, whereas cells from asymptomatic subjects showed an intermediate fluorescence. This dysfunctional phenotype of T<sub>reg</sub> from HP patients could explain the large accumulation of lymphocytes in the lungs in these patients while the intermediate activity in asymptomatic subjects could be sufficient to control the disease.

These findings indicate that the normal T<sub>reg</sub> lymphosuppressive function in asymptomatic subjects is able to attenuate the magnitude of the cellular immune response to inhaled antigens. The presence of significant levels of antigen specific antibodies in the serum is indicative of an antigenic exposure. The suppression, although incomplete, since these subjects have a mild increase of lung inflammatory cells, may be sufficient to prevent the disease *per se*. The clinical significance of the low grade inflammation in asymptomatic subjects is supported by a follow-up study of dairy farmers who were presenting a slight increase in BAL lymphocytes but remained asymptomatic and still had normal lung function after 20 year [9].

Similarly to the low occurrence rate of HP and inherent mechanisms of immune tolerance to SR antigen in most exposed farmers, we have shown that in a *Saccharopolyspora rectivirgula* (SR)-induced murine model of HP, the lymphocyte counts decrease with time and that T<sub>reg</sub> suppressive functions appear after 10 weeks of repeated SR exposure (data not shown). Similar observations

of attenuated inflammatory response were reported previously in mice exposed to SR antigen [16].

In the SR-induced murine model of HP, the immune response seems to mimic the response of asymptomatic individuals. Other animal models studies have also shown that continued antigen challenge results in the waning of the pulmonary response rather than progression of the disease [17, 18]. These observations are also noted in humans where symptoms may be less severe with recurrent exposures [19].

Lung tolerance to a continuous exposure to antigens is well documented and has been attributed to a change in the phenotype of antigen-presenting dendritic cells. A decrease in MHC class II and co-stimulatory molecules and impairment of effector T cells stimulation can lead to a tolerogenic dendritic cell phenotype producing IL-10 and/or TGF- $\beta$  and induce a T<sub>reg</sub> phenotype [20]. The low grade continuous inflammation may be sufficient to induce the mechanisms of control of inflammation in asymptomatic exposed subjects.

In patients with HP, the normal T<sub>reg</sub> lymphosuppressive function is impaired, thus lymphocytes are free to proliferate, to accumulate in the lung, and to maintain an inflammatory environment. The events leading from the asymptomatic stage to the development of the disease that can explain this T<sub>reg</sub> loss of function are still

unclear. As pointed out earlier the prevalence of HP is very low and most subjects exposed to the causal antigens do not develop the disease. It has been suggested that some factors can trigger HP by breaking the homeostasis between immune tolerance and inflammatory mechanisms. Potential promoting factors for HP include a concomitant viral or bacterial infection, an increase in antigen load, and a genetic predisposition. Patients suffering from acute bouts of HP often report initial symptoms suggestive of a respiratory viral infection. Dakhama *et al.* reported the presence of viral antigens in the lungs of HP patients [21]. We have previously reported that a viral infection could trigger an exacerbated immune response to SR antigen in a mouse model of HP [22]. In that viral-induced HP murine model, Sendai, a paramyxovirus viral infection leads to dendritic cell maturation and up-regulation of MHC class II and CD86 [23]. Indeed, some studies have shown that over expression of co-stimulatory molecules such as MHC class II, CD80, and CD86, decreases the suppressive effects of T<sub>reg</sub> and promote effector T cell activation [24]. Similarly, Ahn *et al.* reported that dendritic cells can reverse the suppressive effect of T<sub>reg</sub> independent of cytokines production [25].

Defective T<sub>reg</sub> cells have been reported in other inflammatory diseases such as arthritis and multiple sclerosis [26, 27]. In a recent article, Park *et al.* demonstrated that T<sub>reg</sub> are indeed implicated in *Saccharopolyspora rectivirgula*-induced murine HP [28]. The authors showed an increased severity of HP in mice depleted of CD25<sup>+</sup> cells. These mice present a higher level of TGF- $\beta$  and

IFN- $\gamma$  in the lung, an increased number of inflammatory cells in bronchoalveolar lavage, more severe lung damages, and higher level of serum SR-specific IgG. An adoptive transfer of CD4<sup>+</sup>CD25<sup>+</sup> cells restores this inflammatory environment and decreases IFN- $\gamma$  production by T cells in the lung. These results demonstrate that CD4<sup>+</sup>CD25<sup>+</sup> cells play a protective role in HP by reducing IFN- $\gamma$  production by T cells. However, in this study, no analysis of T<sub>reg</sub> function was performed. The results of the present study demonstrate that in active human HP, the regulation of the effector arm of immune response is no longer under the control of T<sub>reg</sub> cells. As a consequence, the exacerbated cellular influx and inflammatory mediators are most probably responsible of the acute phase of the disease. HP patients are not protected against inflammatory process because the CD4<sup>+</sup>CD25<sup>+</sup> cells have lost their suppressive function and can no longer control T effector cell proliferation.

A recent explanation for the defective T<sub>reg</sub> activity is that the presence of TNF impairs the suppressive function of T<sub>reg</sub> [29]. Anti-TNF therapy is successful in restoring T<sub>reg</sub> function in patients suffering from diabetes [26]. In the thymus, TNF could act on T<sub>reg</sub> and cause the loss of their suppressive function. Recent observations suggest that T<sub>reg</sub> are very sensitive to TNF. Thymic CD4<sup>+</sup>CD25<sup>+</sup> cells derived from healthy donors show a higher expression of TNFRII than CD4<sup>+</sup>CD25<sup>-</sup> cells [30]. Since TNF is increased in patients with HP (Figure 5) [31], it could potentially be a mechanism by which T<sub>reg</sub> lose their immunosuppressive function in this disease.

The finding that IL-17 is increased in HP can also explain, in part, the impaired  $T_{reg}$  function as well as the exacerbation of the immune response characterizing the disease. IL-17 is a pro-inflammatory cytokine mostly produced by Th17 cells. IL-17 promotes IL-6 and IL-1 $\beta$  production by neighbouring cells, triggering a pro-inflammatory environment [12]. These conditions, as well as interaction with pathogens, promote dendritic cells maturation and secretion of pro-inflammatory cytokines. Production of pro-inflammatory cytokines, in particular IL-6, IL-1 $\beta$ , and TNF, released by mature dendritic cells can subvert  $T_{reg}$  immunosuppressive function [13, 14]. Moreover, recent work demonstrated that, in the absence of pro-inflammatory signal, FoxP3 can abrogate ROR $\gamma$ t, a transcription factor for Th17 cells, and drive  $T_{reg}$  differentiation. In a pro-inflammatory environment this inhibition is abrogated, IL-17-secreting Th17 cells differentiation is initiated, and  $T_{reg}$  suppressive function is inhibited [32]. Moreover, in an inflammatory environment,  $T_{reg}$  can differentiate in Th17 cells and secrete, effector-like cells, IL-17 [33]. Th17 cells are involved in many autoimmune, inflammatory, and infectious diseases [34-36]. A recent study reported the lung accumulation of CD4<sup>+</sup> T cells that produce IL-17 in HP patients [37]. Inflammatory mediators, such as TNF and IL-6, are involved in HP [38-40]. Recently, A/H1N1 influenza A virus infection has been found to promote an increase in pro-inflammatory mediators involved in the development of Th17 cells [41]. We hypothesize that a HP promoting factor, a viral infection for example, could trigger the maturation of



dendritic cells and the production of IL-17 by immune cells contributing to the attenuation of T<sub>reg</sub> suppressive function.

Another study by Ito *et al.* indicates that maturation of dendritic cells by Sendai virus leads to an up-regulation of co-stimulatory OX40 ligand (OX40L) expression level [42]. Since T<sub>reg</sub> cells express high levels of OX40, a member of TNF-receptor family [43] and that binding of OX40 with its ligand on mature dendritic cells blocks T<sub>reg</sub> suppressive function [44, 45] one might expect that such a mechanism would also affect the regulatory function T<sub>reg</sub> cells. Ligation of OX40 to its ligand does not affect the expression of FoxP3 in T<sub>reg</sub> [43]. The molecular explanation for this T<sub>reg</sub> loss of function is still unknown. Moreover, OX40-OX40L binding promotes T cells proliferation and increases the production of several cytokines [44]. Hence, in HP, mature dendritic cells could potentially inhibit T<sub>reg</sub> function through OX40-OX40L binding. On another hand, mature dendritic cells could promote the inflammatory environment by activating T effector cells that trigger the lymphocytosis.

Similarly to other inflammatory and autoimmune diseases, a defect in T<sub>reg</sub> function is involved in the pathology of HP. The events leading to the breakdown of the maintenance of the immune homeostasis to HP antigens need to be further clarified. However, we hypothesised that impaired T<sub>reg</sub> function is probably caused by multiple interdependent immune events (Figure 6). Maturation of dendritic cells by a cofactor, such as a viral infection, promotes a pro-

inflammatory milieu which can in turn abrogate T<sub>reg</sub> function in a cytokine-dependant or independent way.

### **References**

1. Cormier Y, Israel-Assayag E. Pathogenesis of hypersensitivity pneumonitis. In: Martin Dunitz Ltd editors. Textbook of respiratory cell and molecular biology, 1st ed. London: 2002. p.147–158.
2. Pepys J, Jenkins PA, Festenstein GN, Gregory PH, Lacey ME, Skinner FA. Farmer's lung: Thermoactinomyces as a source of farmer's lung hay antigen. *Lancet* 1963; 2: 607-611.
3. Semenzato G, Chilosi M, Ossi E, Trentin L, Pizzolo G, Cipriani A, Agostini C, Zambello R, Marcer G, Gasparotto G. Bronchoalveolar lavage and lung histology. *Am Rev Respir Dis*. 1985; 132: 400-404.
4. Welker L. Jorres RA, Costabel U, Magnussen H. Predictive value of BAL cell differentials in the diagnosis of interstitial lung diseases. *Eur Respir J*. 2004; 24(6):1000-6.
5. Girard M, Lacasse Y, Cormier Y. Hypersensitivity pneumonitis. *Allergy* 2009; 64:322-334.

6. Patel AM, Ryu JH, Reed CE. Hypersensitivity pneumonitis: current concepts and future questions. *J Allergy Clin Immunol* 2001; 108:661–670.
7. Selman M. Hypersensitivity pneumonitis. In: Decker Inc editors. Interstitial lung disease, 3<sup>rd</sup> edition. Hamilton; 1998. p. 393-422.
8. Cormier Y, Laviolette M. Alvéolite allergique extrinsèque. In: Elsevier editors. *Encycl Méd Chir*. Paris; 1996. p. 6-039-E-30.
9. Cormier Y, Létourneau L, Racine G. Significance of precipitins and asymptomatic lymphocytic alveolitis: a 20-yr follow-up. *Eur Respir J* 2004; 23 (4): 523-525.
10. Sakaguchi S, Sakaguchi N, Asano M, Itoh M, Toda M. Immunologic self-tolerance maintained by activated T cells expressing IL-2 receptor alpha-chains (CD25). Breakdown of a single mechanism of self-tolerance causes various autoimmune diseases. *J Immunol* 1995; 155:1151–1164.
11. Workman CJ, Szymczak-Workman AL, Collison LW, Pillai MR, Vignali DA. The development and function of regulatory T cells. *Cell Mol Life Sci* 2009; 66: 2603-2622.

12. Chang SH, Dong C. IL-17F: regulation, signalling and function in inflammation. *Cytokine* 2009; 46:7-11.
13. Pasare C, Medzhitov R. Toll pathways-dependent blockade of CD4<sup>+</sup>CD25<sup>+</sup> T cell-mediated suppression by dendritic cells. *Science* 2009; 299: 1033-1036.
14. O'Sullivan BJ, Thomas HE, Pai S, Santamaria P, Iwakura Y, Steptoe RJ, Kay TW, Thomas R. IL-1 $\beta$  breaks tolerance through expansion of CD25<sup>+</sup> effector T cells. *J Immunol* 2006; 176: 7278-7287.
15. Israel-Assayag E, Dakhama A, Lavigne S, Laviolette M, Cormier Y. Expression of Costimulatory Molecules on Alveolar Macrophages in Hypersensitivity Pneumonitis. *Am J Respir Crit Care Med* 1999; 159: 1830-1834.
16. Denis M, Bisson D, Ghadirian E. Cellular and cytokine profiles in spontaneous regression phase of hypersensitivity pneumonitis. *Exp Lung Res.* 1993; 19: 257–271
17. Schuley MR, Kleinerman J, pensky JR, Brandt C, Schmitt D. Pulmonary response to repeated exposure to *Micropolyspora faeni*. *Am Rev Respir Dis* 1983; 128: 1071-1076.

18. Richardson HB, Richards DW, Swanson PA, Butler JB, Suelzer MJ. Antigen-specific desensitization in a rabbit model of acute hypersensitivity pneumonitis. *J Allergy Clin Immunol* 1981; 68: 226-234.
19. Bourke S, Banham S, Carter R, Lynch P, Boyd G. Longitudinal course of extrinsic allergic alveolitis in pigeon breeders. *Thorax* 1989; 44: 415-418.
20. Cottrez F, Groux H. Specialization in tolerance: innate CD4<sup>+</sup>CD25<sup>+</sup> versus acquired TR1 and TH3 regulatory T cells. *Transplantation* 2004; 15 (77): S12-15.
21. Dakhama A, Hegele RG, Laflamme G, Israel-Assayag E, Cormier Y. Common respiratory viruses in lower airways of patients with acute hypersensitivity pneumonitis. *Am J Respir Crit Care Med* 1999; 159: 1316-1322.
22. Cormier Y, Tremblay GM, Fournier M, Israël-Assayag E. Long-term viral enhancement of lung response to *Saccharopolyspora rectivirgula*. *Am J Respir Crit Care Med* 1994; 149:490-494.

23. Girard M, Israël-Assayag E, Cormier Y. Mature CD11c<sup>+</sup> cells are enhanced in hypersensitivity pneumonitis. *Eur Respir J* 2009; 34 (3): 749-756.
24. Boissier MC, Assier E, Biton J, Denys A, Falgarone G, Bessis N. Regulatory T cells (Treg) in rheumatoid arthritis. *Joint Bone Spine* 2009; 76 (1): 10-14.
25. Ahn J, Krishnadas DK, Agrawal B. Dendritic cells partially abrogate the regulatory activity of CD4<sup>+</sup>CD25<sup>+</sup> T cells present in the human peripheral blood. *Intern Immunol* 2007; 19 (3): 227-237.
26. Ehrenstein MR, Evans JG, Singh A, Moore S, Warnes G, Isenberg DA, Mauri C. Compromised function of regulatory T cells in rheumatoid arthritis and reversal by anti-TNF therapy. *J Exp Med* 2004; 200 (3): 277-285.
27. Viglietta, V, Baecher-Allan C, Weiner HL, Hafler DA. 2004. Loss of functional suppression by CD4<sup>+</sup>CD25<sup>+</sup> regulatory T cells in patients with multiple sclerosis. *J Exp Med*. 199:971–979.
28. Park Y, Oh SJ, Chung DH. CD4<sup>+</sup>CD25<sup>+</sup> regulatory T cells attenuate hypersensitivity pneumonitis by suppressing IFN- $\gamma$  production by CD4<sup>+</sup> and CD8<sup>+</sup> T cells. *J Leukoc Biol* 2009; 86: 1427-1437.

29. Wu AJ, Hua H, Munson SH, McDevitt HO. Tumor necrosis factor- $\alpha$  regulation of CD4<sup>+</sup>CD25<sup>+</sup> T cell levels in NOD mice. *Proc Natl Acad Sci* 2002; 99: 12287–12292.
30. Annunziato F, Cosmi L, Liotta F, Lazzeri E, Manetti R, Vanini V, Romagnani P, Maggi E, Romagnani S. Phenotype, localization, and mechanism of suppression of CD4<sup>+</sup>CD25<sup>+</sup> human thymocytes. *J Exp Med* 2002; 196: 379–387.
31. Ye Q, Nakamura S, Sarria R, Costabel U, Guzman J. Interleukin 12, interleukine 18, and tumor necrosis factor  $\alpha$  release by alveolar macrophages: acute and chronic hypersensitivity pneumonitis. *Ann Allergy Asthma Immunol* 2009; 102 (2): 149-154.
32. Zhou L, Lopes JE, Chong MM, Ivanov II, Ming R, Victora GD, Shen Y, Du J, Rubtsov YP, Rudensky AY, Ziegler SF, Littman DR. TGF- $\beta$ -induced Foxp3 inhibits T(H)17 cell differentiation by antagonizing ROR $\gamma$  function. *Nature* 2008; 453: 236-240.
33. Beriou G, Costantino CM, Ashley CW, Yang L, Kuchroo VK, Baecher-Allan C, Hafler DA. IL-17-producing human peripheral regulatory T cells retain suppressive function. *Blood* 2009; 113: 4240–4249.

34. Park H, Li Z, Yang XO, Chang SH, Nurieva R, Wang Y, Wang Y, Hood L, Zhu Z, Tian Q, Dong C. A distinct lineage of CD4 T cells regulates tissue inflammation by producing interleukin-17. *Nat Immunol* 2005; 6: 1133-1141.
35. Fuss IJ, Becker C, Yang Z, Groden C, Hornung RL, Heller F, Neurath MF, Strober W, Mannon PJ. Both IL-12p70 and IL-23 are synthesized during active Crohn's disease and are down-regulated by treatment with anti-IL-12p40 monoclonal antibody. *Inflamm Bowel Dis* 2006; 12: 9-15.
36. van de Veerdonk FL, Gresnigt ms, Kullberg BJ, van der Meer JW, Joosten LA, Netea MG. Th17 responses and host defense against microorganisms: an overview. *BMB Rep* 2009; 42(12): 776-787.
37. Simonian PL, Roark CL, Born WK, O'Brien RL, Fontenot AP.  $\gamma\delta$  T cells and Th17 cytokines in hypersensitivity pneumonitis and lung fibrosis. *Transl Res* 2009; 154: 222-227.
38. Schuyler M, Gott K, Cherne A. Mediators of hypersensitivity pneumonitis. *J Lab Clin Med* 2000; 136: 29-38.
39. Denis M, Cormier Y, Laviolette M. Murine hypersensitivity pneumonitis: a study of cellular infiltrates and cytokine production and its modulation by cyclosporin A. *Am J Respir Cell Mol Biol* 1992; 6: 68-74.



40. Jones KP, Reynolds SR, Capper SJ, Kalinka S, Edwards JH, Davies BH. Measurement of interleukin-6 in bronchoalveolar lavage fluid by radioimmunoassay: differences between patients with interstitial lung disease and control subjects. *Clin Exp Immunol* 1991; 83: 30-34.
41. Bermejo-Martin JF, Ortiz de Lejarazu R, Pumarola T, Rello J, Almansa R, Ramirez P, Martin-Loeches I, Varillas D, Gallegos MC, Seron C, Micheloud D, Gomez JM, Tenorio-Abreu A, Ramos MJ, Molina ML, Huidobro S, Sanchez E, Gordon M, Fernandez V, Del Castillo A, Marcos MA, Villanueva B, Lopez CJ, Rodriguez-Dominguez M, Galan JC, Canton R, Lietor A, Rojo S, Eiros JM, Hinojosa C, Gonzalez I, Torner N, Banner D, Leon A, Cuesta P, Rowe T, Kelvin DJ. Th1 and Th17 hypercytokinemia as early host response signature in severe pandemic influenza. *Crit Care* 2010; 13: R201.
42. Ito T, Amakawa R, Inaba M, Hori T, Ota M, Nakamura K, Takebayashi M, Miyaji M, Yoshimura T, Inaba K, Fukuhara S. Plasmacytoid dendritic cells regulate Th cell response through OX40 ligand and type I IFNs. *J Immunol* 2004; 172: 4253-4259.

43. Croft M, So T, Duan W, Soroosh P. The significance of OX40 and OX40L to T-cell biology and immune disease. *Immunologicals Rev* 2009; 229: 173-191.
  
44. Kitamura N, Murata S, Ceki T, Mekata E, Reilly RT, Jaffy EM, Fani T. OX40 costimulation can abrogate Foxp3<sup>+</sup> regulatory T cell-mediated suppression of antitumor immunity. *Int J Cancer* 2009; 125: 630-638.
  
45. Duan W, So T, Croft M. Antagonism of airway tolerance by endotoxin/lipopolysaccharide through promoting OX40L and suppressing antigen-specific Foxp3<sup>+</sup> T regulatory cells. *J Immunol* 2008; 181: 8650-8659.

**Table 1:** Number of cells (x 10<sup>6</sup>) recovered from BAL of normal individuals, asymptomatic subjects, and HP patients.

Total cells recovered from BAL	Normal (n = 4)	Asymptomatic (n = 4)	HP patients (n = 6)
Total inflammatory cells	29.82	35.63	134.57
Macrophages	24.72	28.58	72.13
Lymphocytes	3.97	7.20	51.00
T <sub>reg</sub>	0.12	0.17	2.81
Neutrophils	0.37	0.24	11.84

<b>Eosinophils</b>	0	0	0
--------------------	---	---	---

**Table 2:** Percentage of Foxp3 expression and Foxp3 cell mean fluorescence intensity for normal individuals, asymptomatic subjects, and HP patients.

	% of Foxp3 Expression	Mean Fluorescence Intensity
<b>Normal</b>		
Blood	92.9	45.3
BAL	90.23	58.25
<b>Asymptomatic</b>		
Blood	88.75	15.88
BAL	92.5	13.8
<b>HP patients</b>		
Blood	86.0	13.24
BAL	88.3	7.99

### **Figures legends**

**Figure 1:** a) Total and differential BAL cell counts from normal individuals, asymptomatic subjects, and HP patients are expressed per millilitre of recovered BAL (mean  $\pm$  SEM). Inflammatory cells counts and lymphocyte counts of the HP patient group were significantly higher than control subjects: Total cells ( $0.928 \times 10^6$  vs  $0.152 \times 10^6$ ;  $p = 0.036$ ; Lymphocytes ( $0.285 \times 10^6$  vs  $0.021 \times 10^6$ ;  $p < 0.018$ ). b) Percentage of cell subpopulations recovered in BAL fluid (mean  $\pm$  SEM) from normal individuals, asymptomatic subjects, and HP patients.

Percentage of lymphocytes from HP subjects is higher than those from normal individuals (37.9% vs 13.3%;  $p = 0.045$ ). There is an increase in lymphocyte percentage from asymptomatic subjects (20.17%) but no significant difference neither from normal individuals ( $p = 0.45$ ) nor from HP patients ( $p = 0.21$ ).  $n = 4-6$ .

**Figure 2:** Percentages of  $CD4^+CD25^+$  T cells of the total  $CD4^+$  T cells from blood (a) and BAL (b) for normal individuals, asymptomatic subjects, and HP patients. No significant difference was observed.  $n = 4-6$ .

**Figure 3:**  $T_{reg}$  function test studies. a) Blood and b) BAL activated T cells (anti-CD3/CD28) were placed in culture with an equivalent number of blood or BAL  $T_{reg}$  cells from normal individuals, asymptomatic subjects, and HP patients. Results are expressed as percentage of control activated T cells proliferation (mean  $\pm$  SEM). Blood  $T_{reg}$  from normal (58.0%;  $p = 0.02$ ) and asymptomatic (68.2%;  $p = 0.029$ ) subjects efficiently suppressed T cells proliferation compared to HP patients (122.83%). BAL  $T_{reg}$  from normal (52.88%;  $p = 0.003$ ) and asymptomatic (70.6%;  $p = 0.025$ ) subjects efficiently suppressed T cells proliferation compared to HP patients (106.3%).  $n = 4-6$ .

**Figure 4:** Concentration of IL-17 in serum (a) and BAL (b) from normal individuals, asymptomatic subjects and HP patients. Results are expressed as

concentration (pg/ml) of IL-17 (mean  $\pm$  SEM). No or little IL-17 was detected in the serum and BAL from healthy controls and asymptomatic individuals. A marked increase of IL-17 concentration was observed in serum of patients with HP ( $210.47 \pm 95.24$ ;  $p = 0.0369$ ) and BAL ( $580.07 \pm 138.67$ ;  $p < 0.017$ ).  $n = 4-6$ .

**Figure 5:** Concentration of TNF- $\alpha$  in BAL from normal individuals, asymptomatic subjects and HP patients. Results are expressed as concentration (pg/ml) of TNF- $\alpha$  (mean  $\pm$  SEM). Small amounts were detected in BAL from healthy controls and intermediate levels were found in asymptomatic individuals. A marked increase of TNF- $\alpha$  concentrations were observed in the BAL of patients with HP ( $3233.78 \pm 282.51$ ;  $p < 0.002$ ). Different letters design groups with significant statistical difference where  $p < 0.05$ .  $n = 4-6$ .

**Figure 6:** Hypothetic mechanisms involved in the regulation of the immune response in asymptomatic subjects and in  $T_{reg}$  loss of immunosuppressive function in HP. In asymptomatic subjects, tolerogenic dendritic cells maintain an immunosuppressive environment which promotes efficient  $T_{reg}$  inhibitory function. Maturation of dendritic cells by an HP promoting factor causes pro-inflammatory mediators production by many immune cells that inhibit  $T_{reg}$  function. Increased co-stimulatory (OX40L, B7 molecules) and MHC class II molecules on mature dendritic cells increase their antigen presentation capacity and priming of T cells but also inhibit  $T_{reg}$  function. IL-17 production by dendritic cells and Th17 cells could promote molecular expression of transcription factor such as ROR $\gamma$ t that

abrogate  $T_{reg}$  cells function. All these mechanisms could result in a  $T_{reg}$  loss of function allowing a pro-inflammatory environment and development of the disease.

Figure 1

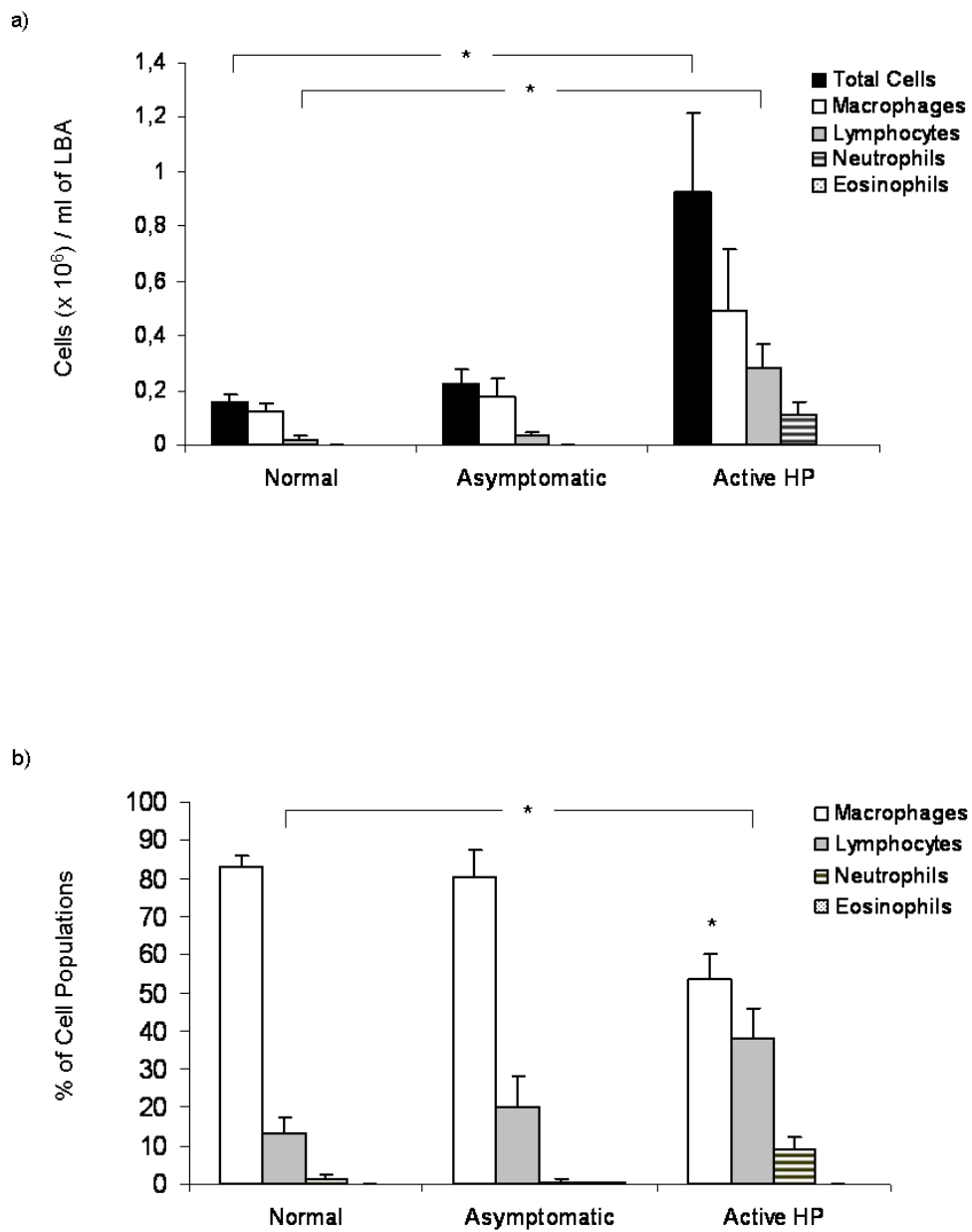


Figure 2

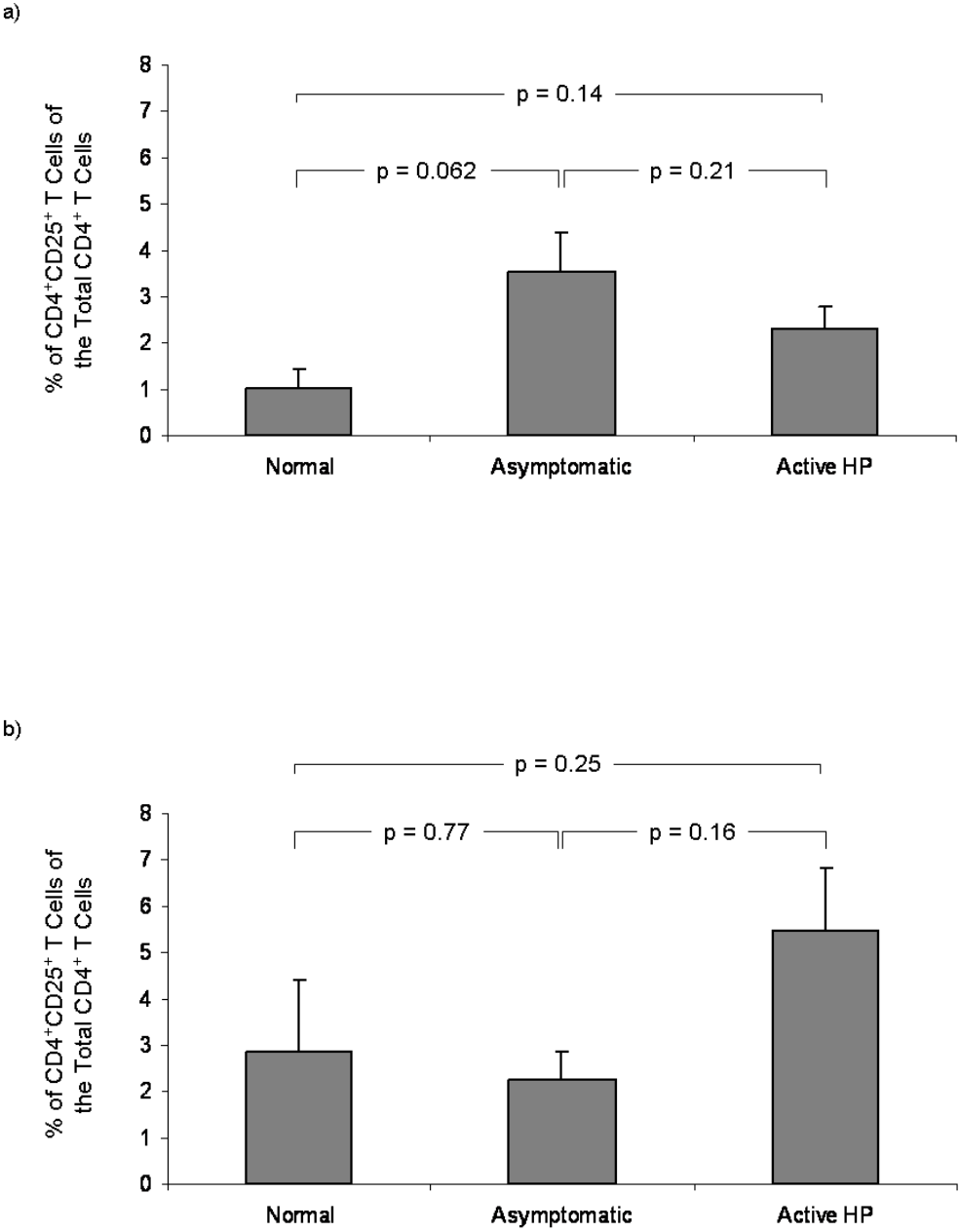


Figure 3

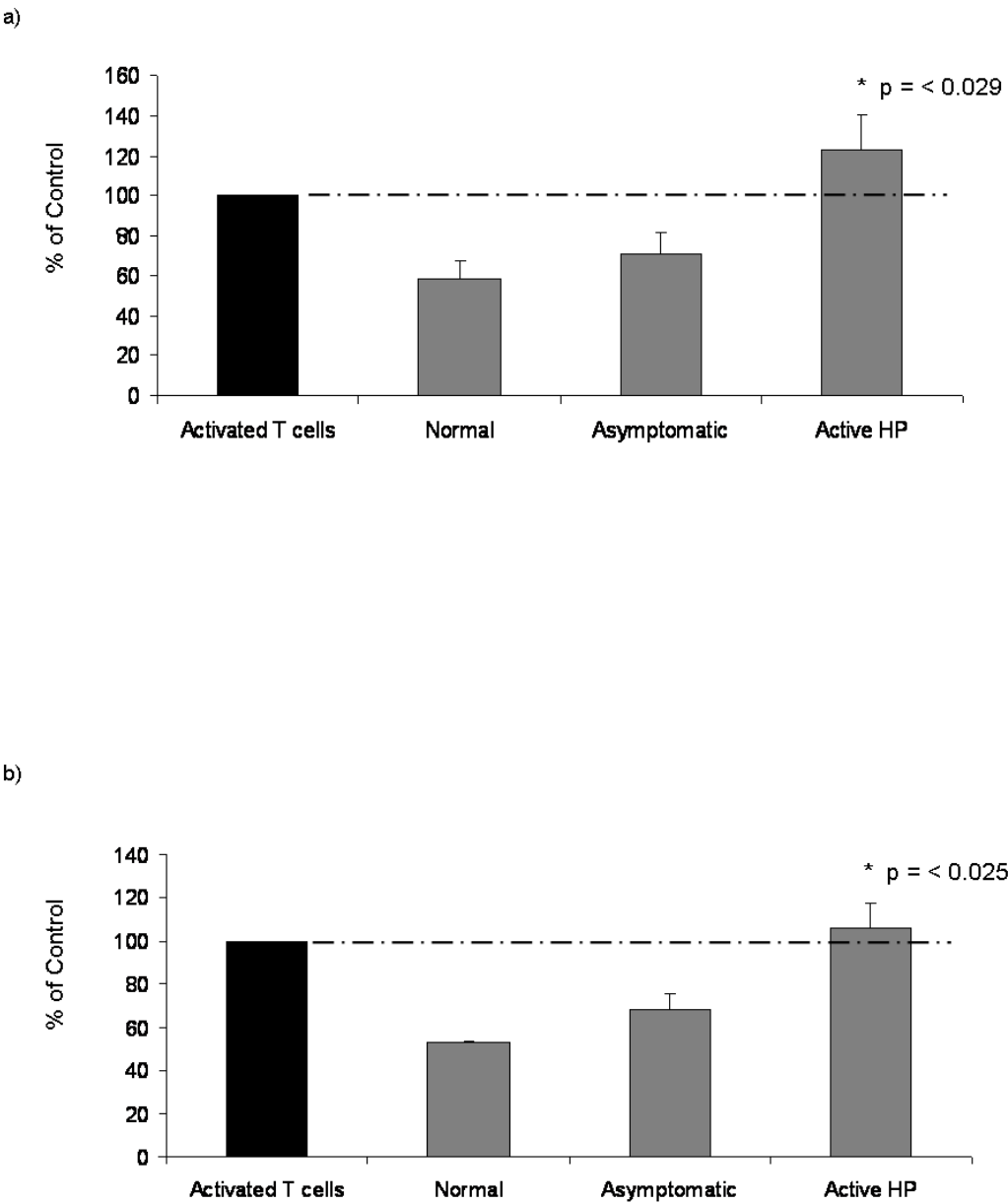




Figure 4

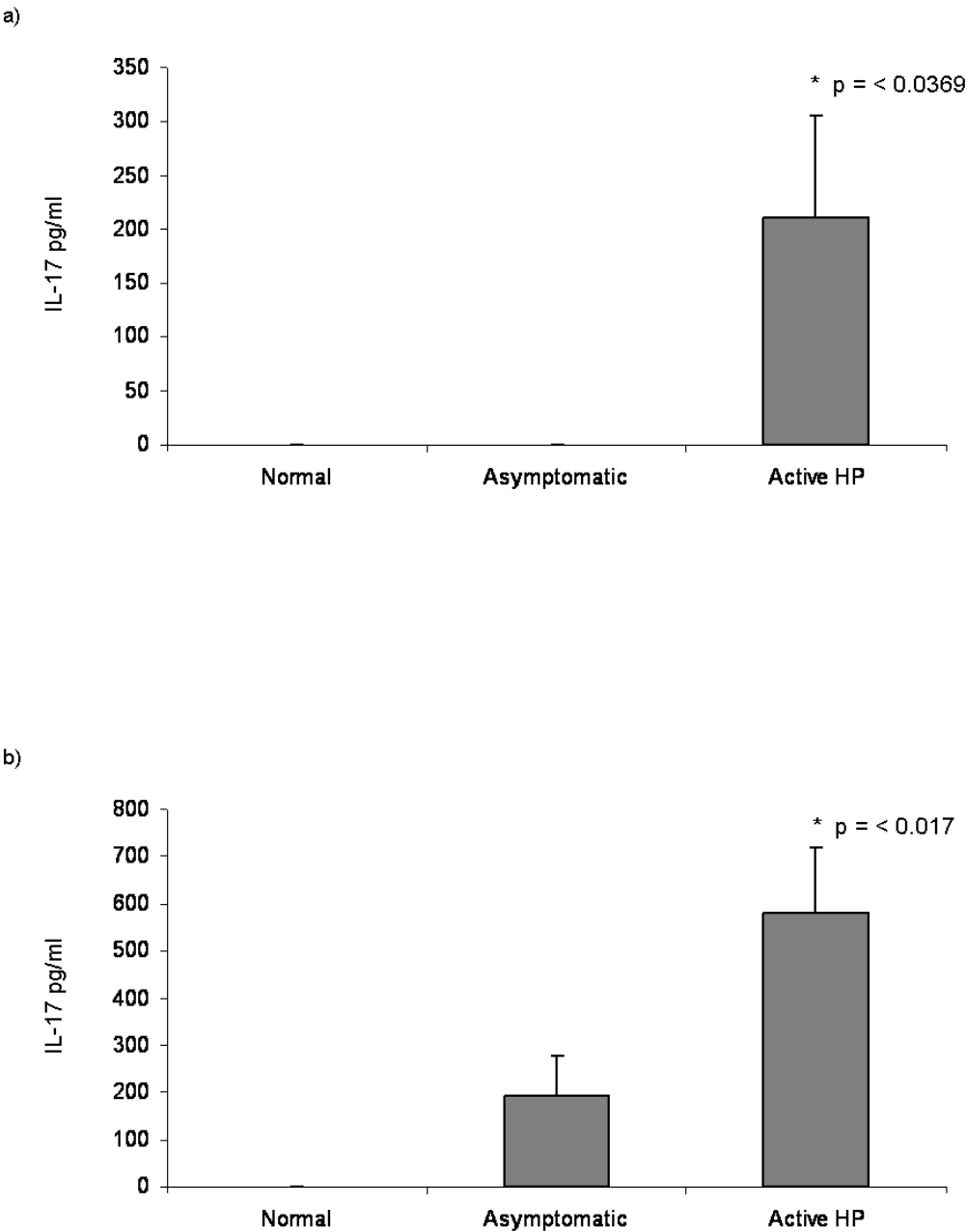


Figure 5

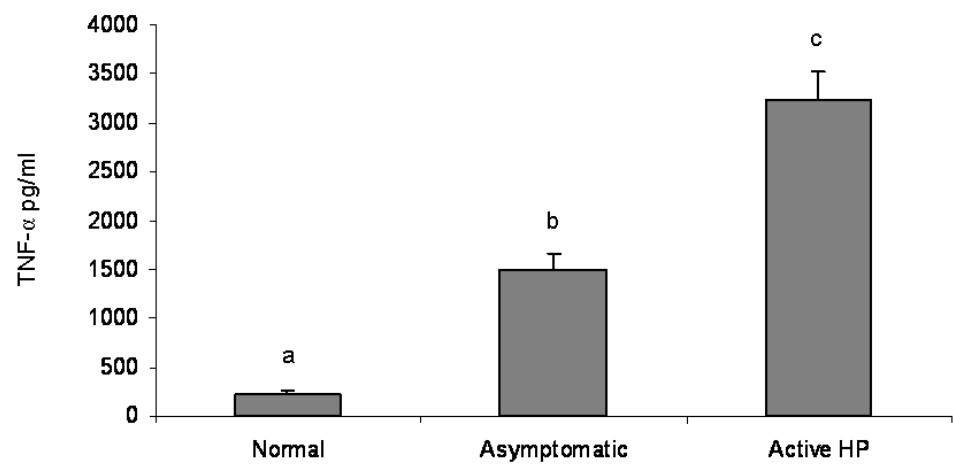


Figure 6

