

Management of primary ciliary dyskinesia in European children: recommendations and clinical practice

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ABSTRACT

The European Respiratory Society task force on primary ciliary dyskinesia (PCD) in children recently published recommendations for diagnosis and management. This paper compares these recommendations with current clinical practice in Europe. Questionnaires were returned by 194 paediatric respiratory centres caring for PCD patients in 26 countries. In most countries, PCD care was not centralised, with a median of 4 (IQR 2-9) patients treated per centre. Overall, 90% of centres had access to nasal or bronchial mucosal biopsy. Samples were analysed by electron microscopy (77%), ciliary function tests (57%) or both (84%). Nasal nitric oxide for screening was used in 46% of centres, saccharine tests in 36%. Treatment approaches varied widely, both within and between countries. European region, size of centre and the country's general government expenditure on health partly defined availability of advanced diagnostic tests and choice of treatments.

In conclusion, we found substantial heterogeneity in management of PCD within and between countries and poor concordance with current recommendations. This demonstrates how essential it is to standardise management and decrease inequality between countries. Our results also demonstrate the urgent need for research: to simplify PCD diagnosis, to understand the natural history and to test the effectiveness of interventions.

Keywords

Bronchiectasis

Ciliary motility disorders

Diagnosis

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INTRODUCTION

Primary ciliary dyskinesia (PCD) is a rare autosomal recessive disease, characterised by altered ciliary beat frequency or beat pattern or both. It results in an impaired mucociliary clearance of upper and lower airways, leading to chronic airway inflammation and infection.[1-6] Published data on PCD are scarce, observational and derived from small case series.

The European Respiratory Society (ERS) task force on PCD in children was founded in 2006 with the aims to describe diagnostic and therapeutic approaches for this rare disease in Europe, to collect cross-sectional and longitudinal data on representative numbers of patients, to define research needs and to enhance collaborative research. A consensus statement published in 2009 summarises recommended diagnostic and treatment approaches based on available scientific evidence and clinical expertise of the task force members.[7] The consensus statement concluded that the evidence base for diagnosis and treatment of PCD is poor and more research urgently needed. The task force also made a number of recommendations (**Box 1**). Although these partly reflect expert opinion rather than scientific evidence, they reflect the best currently available evidence.

It is unclear how these recommendations compare to current clinical practice in Europe. For this reason, the PCD task force sent a questionnaire to all paediatric respiratory centres in Europe. It aimed to describe: a) how care for children with PCD is organised (centralised versus split); b) how these centres screen for PCD and how they confirm the diagnosis; c) which treatment options are used; and d) how long-term follow-up is organised. The underlying motivation was to detect regions within Europe and management topics, where standardisation of procedures is particularly urgent. On the other hand, recommendations that contrast with widespread clinical practice might need reevaluation by randomised trials.

METHODS

Study design and population

Using a two-stage sampling design, we performed a questionnaire survey directed to all institutions considered likely to treat paediatric PCD patients in Europe. From the ERS membership roster we found a national representative for most European countries. Turkey and Israel volunteered and were also included. Questionnaires were distributed between January and October 2008 and replies collected until January 2009, i.e. *before* publication of the task force consensus statement. Each national representative made a list of all paediatric respiratory centres in his/her country and mailed the questionnaires. Non-responding centres were reminded repeatedly by letters, e-mails and personal phone calls. Depending on the national health care systems, national representatives sent questionnaires only to tertiary care centres (in countries with centralised care for paediatric PCD) or to tertiary, secondary and primary care centres (in countries where PCD care was not centralised).

Definitions

Type of centres was defined as tertiary care centres (university hospitals or tertiary referral centres), secondary care centres (regional referral centres with a respiratory unit), and primary care centres (paediatric practices or small hospitals).

Participating countries were grouped into five regions according to the United Nations (UN) definition of the European regions,[8] with the following exceptions: The United Kingdom (UK) and Ireland were analysed as a separate region, labelled the British Isles, given the large number of cases available from the UK. Estonia, Israel, Serbia and Turkey were grouped with Eastern Europe.

Data on general government expenditure on health (GGHE, the sum of outlays for health maintenance, restoration or enhancement paid for in cash or supplied in kind by government entities) were obtained from WHOSIS, the WHO Statistical Information System database bringing together core health statistics for the 193 WHO member states.[9]

Questionnaire

The 10-page questionnaire included a first section on centre characteristics and the team involved in PCD care and approximate numbers of PCD and CF patients cared for in the centre. Section two listed different diagnostic methods and asked whether these were currently available for diagnosing PCD, either locally at the centre, or upon referral to a regional or national reference centre. Section three listed potential treatments and asked if these were prescribed routinely (for all patients), frequently or sometimes (for some patients) or never. We also assessed the usual frequency of follow-up visits in the respective centre. Finally, the questionnaire included an anonymous list with characteristics of all PCD patients

currently in follow-up. The questions used for this paper are listed in the online supplement; the full questionnaire is available from the authors on request. Results on individual patient data have been published.[10]

Analysis

We double-entered all questionnaires into an EpiData database, eliminated double counts of cases reported by more than one centre, and analysed the data using Stata statistical software (version 10, STATA Corporation, College Station, TX). To ensure comparability between countries, response rate was only computed for tertiary care centres.

For the analysis of reported practices for diagnostic work-up and management, we included only questionnaires from centres reporting cases. We used univariable and multivariable logistic regression models to determine factors associated with different diagnostic procedures and treatments. All factors associated with the outcome ($p < 0.05$) were retained in the multivariable model.

RESULTS

We received questionnaires from 223 centers. Of these, 194 centres (141 tertiary care and 53 smaller ones) in 26 countries reported PCD patients and were used for the analyses. The overall response rate from tertiary care centres was 52% ranging from 18% to 100% per country (**Table 1**), with the majority of countries having a response rate of greater than 66%.

A) Organisation of care and number of patients per centre

Three countries had a single national reference centre for PCD (Cyprus, Denmark, Hungary), while in other countries PCD care was split among numerous centres (UK 32, Italy 19, Spain 18, Switzerland 17, Sweden 14, Austria 11; **Table 1**). Median number of patients per centre was 4, (IQR 2-9, range 1-95), with large differences between countries.

B) Diagnosis of PCD

The techniques available for PCD diagnosis in the five European regions, irrespective of whether the test was performed in the centre itself or whether patients were referred to a reference centre, are described in **Table 2**. In some countries (Bulgaria, Estonia, Hungary, Portugal, Romania), essential techniques were not available within the country (**Table E1** online supplement). Diagnostic techniques did not vary by type of centre, with the exception of electron microscopy and ciliary beat frequency and pattern, which were both more common in tertiary care (**Table E2** online supplement). The proportion of centres performing these measurements in-house was lower for demanding investigations such as bronchial biopsy, electron microscopy, ciliary visualisation and genetic testing (data available from authors).

Screening for PCD: Nasal nitric oxide (NO), recommended for screening by the task force, was used by 46% of centres, varying from 29% in Eastern Europe to 68% in Northern countries (**Table 2**). Variants of the saccharine test, considered as unreliable in children, were used by 36% of centres (18% in the British Isles, 51% in Southern Europe).

Confirmation of the diagnosis: Nearly all centres (90%) used a bronchial (64%) or nasal (85%) biopsy specimen of ciliated cells, as recommended (**Table 2**). Electron microscopy, however, was only available to 77% of centres and native ciliary function tests to 57% of centres. Many could only assess ciliary beat frequency, with only 27% of centres being able to measure both beat frequency and pattern, varying from 7% in Eastern Europe to 52% in the British Isles. Worryingly, 16% of all centres used neither electron microscopy nor ciliary function tests. Culture of ciliated epithelium and genetic analyses were only available to few centres, again with important regional differences.

Determinants of use of different diagnostic techniques

Higher GGEH (**Figure 1**) was associated with an increased likelihood to use nasal NO (OR 1.48 per 1000 US dollar increase in GGEH) and a decreased likelihood to use saccharine tests for screening (OR 0.66). Similarly, GGEH was associated with more access to native ciliary function tests (OR 1.44), culture of ciliated epithelium (OR 1.42) and genetic testing (OR 1.33).

In a multivariable regression adjusting simultaneously for size of centre and region (**Table 3**), regional differences and number of PCD patients treated in the centre remained significantly associated with use of diagnostic methods. The number of patients treated per centre was a stronger determinant of diagnostic techniques than the type of centre (tertiary or smaller) or the number of specialists in the PCD team. Results for region remained similar, when we adjusted the models for type of centre rather than for number of treated patients.

C) Treatment of PCD

A large number of treatments were used either routinely for all patients, or sometimes for specific patients (**Table E3** online supplement and **Figure 2a-c**). In total, 78% of centres prescribed an airway clearance therapy and 28% a formal exercise program to all patients (**Figure 2a**). Most centres prescribed inhaled bronchodilators and corticosteroids (ICS) only to selected patients. However, 20% of centres prescribed bronchodilators routinely to all patients and 15% did so for ICS. Recombinant human deoxyribonuclease (rhDNase) was prescribed (sometimes or routinely) by 45% of centres.

Antibiotics were used for treatment of exacerbations in 88% of centres (**Figure 2b**). Fewer prescribed prophylactic or intermittent antibiotics, either routinely (few centres) or sometimes (many). Tympanostomy or tube insertion was usually only applied to selected children.

Immunisation against *B. pertussis*, *S. pneumoniae* and influenza was part of routine management in 77%, 71% and 80% of centres respectively (**Figure 2c**).

Management varied widely between centres within a country and between regions within Europe (**Figure 2a-c**, **Table E4** online supplement). In Nordic countries, PCD was often treated like asthma with routine use of inhaled steroids and beta agonists. Airway clearance, antibiotics for exacerbations and vaccinations, comparatively cheap therapies considered essential by experts, were used in the majority of centres. Still, an important minority did not prescribe them to all patients. In contrast, rhDNase, an exceedingly expensive treatment, was used by nearly 50% of centres, despite a total lack of evidence for its effectiveness in PCD.

Determinants of use of different treatments

We examined the factors that were associated with different treatment modes, with a focus on routine use of airway clearance and prophylactic antibiotics (two measures recommended for all patients in the consensus statement), and on routine use of ICS and rhDNase (two measures *not* recommended for all patients). In univariable analysis airway clearance therapy and rhDNase were prescribed less often in centres with fewer patients and in Eastern Europe. In contrast, ICS were used more often in smaller centres and in Southern and Northern Europe compared to Western and Eastern Europe and the British Isles. Antibiotic treatment did not vary by region. Multivariable analysis (**Table 4**) confirmed these findings. Again, number of PCD patients cared for in the centre was a stronger explanatory factor for treatments than size of the PCD team or type of centre (tertiary or smaller). Adjusting the models for type of centre rather than for number of treated patients did not change the results for regions. For the frequency of use of rhDNase, we did not find any correlations between the number of cystic fibrosis (CF) patients cared for in the centre and the number of PCD patients.

D) Follow-up care *Frequency of follow-up visits* in centres varied between every 3-4 months (134 centres, 69%), every 6 months (40 centres, 21%), yearly (7 centres, 4%) and “at parents’ request” (4 centres, 2%). This did not differ significantly by type of centre ($p=0.429$, **Table E5** online supplement) and there were small differences between the Western region compared to the other European regions ($p=0.005$, **Table E6** online supplement).

The PCD team included a respiratory physician (180 centres, 93%), a physiotherapist (165, 85%), an ENT surgeon (136, 70%), an audiologist (114, 59%), a specialist nurse (94, 49%), a social worker (89, 46%), a psychologist (89, 46%), and a radiologist (128, 66%).

Audiologists, radiologists and ENT surgeons were more often part of the PCD team in tertiary care centres than in smaller hospitals ($p=0.003$, $p=0.001$ and $p<0.001$ respectively, **Table E7** online supplement) and there were small differences between regions, particularly for radiologists, social workers and psychologists ($p=0.211$, $p=0.656$ and $p=0.288$ respectively, **Table E8** online supplement).

DISCUSSION

This is the first study to describe diagnostic work-up and management of PCD in European children and to compare it with current expert recommendations. Until recently, there were no international guidelines for management of PCD in children, only recommendations from the UK.[1, 3, 5, 11-15] This survey, describing the situation before publication of the ERS task force guidelines,[7] found that PCD care is decentralised, with an average number of only 4 patients per centre and that diagnostic work-up and management is heterogeneous and often contrasts international recommendations.

Strengths and limitations

Although most countries had a response rate of greater than 66%, response rates varied between countries and only paediatric centres were approached. Moreover because of national differences in health care systems some countries collected data from tertiary, secondary and primary care, while in countries with highly centralized PCD care only tertiary centres were approached. This could have introduced a bias, but the alternative, excluding all data not from tertiary care would be open to the same criticism. Furthermore, the definition of primary, secondary and tertiary varies across Europe, so even combining so-called 'tertiary' centres would not result in a homogeneous study group. Therefore, our point estimates (e.g. the proportion of centres using a specific management) might not be totally representative for Europe. Indeed, the true variability in diagnostic approaches and treatments is likely to be even larger than suggested by our study, because centres that did not participate or are led by adult physicians are likely to have different management strategies.

Our data are derived from questionnaires to physicians and not from chart reviews, and therefore represent the physicians' knowledge and intentions rather than what is actually done. Some respondents might have been unaware of diagnostic techniques available in their own country. In England for instance, since 2006 all patients can be referred to nationally funded PCD Diagnostic Centres, where nasal NO, ciliary visualisation, beat function, electron microscopy and cell cultures are available. Clearly not all respondents were aware of the repertoire of diagnostics following referral to the national service.

A) Organisation of care

Recommendations state that patients with PCD should be seen for full or shared care in a centre specialising in the condition (Box 1).[7] Only three countries had centralised care in one national reference centre. Everywhere else, PCD care was split among many tertiary and secondary care centres, with only 4 patients per average centre. Considering that the response rate to the survey was not 100%, the number of centres involved in PCD care must be even higher and the median number of patients per centre lower.

B) Diagnosis of PCD

Nasal NO measurements, a helpful tool in PCD screening in all age groups [16] are only available to 48% of tertiary care and 37% of smaller centres. On the other hand, the saccharine test and its variants, unreliable in young children, are still widely used particularly in low-resource countries. Reassuringly, 90% of centres based their final diagnosis on samples of ciliated epithelium obtained via nasal or bronchial brushing or biopsies. The remaining 10% of centres were, however, not able to perform ciliary analysis or refer children to a centre offering this. Nasal brushing represents an elegant, simple, well-tolerated and only minimally invasive way to collect samples of ciliated epithelium. Despite that, bronchial biopsies were more commonly used, perhaps because bronchoscopy allows to rule out several differential diagnoses for a chronic bronchitis (foreign body aspiration, airway anomalies, or recurrent infections).

The way these samples were further analysed differed considerably between countries. This might have historical reasons (techniques being used preferentially in places where they were developed) and financial reasons (more sophisticated methods being unavailable in low-resource countries). Electron microscopy for analysis of structural defects was available in most centres. In contrast, only few places performed functional tests such as ciliary beat pattern analysis, which are essential for children with normal electron microscopy, as some patients with PCD have normal ciliary ultrastructure.[17, 18] The same applies to genetic testing, culture of ciliated epithelium or immunofluorescence, but in contrast to beat pattern analysis, these investigations are only useful in a minority of patients. Functional tests were rarely done in small centres and resource-poor Eastern European countries.

This survey assessed accessibility to diagnostic tests but not quality of measurements. It seems reasonable that specialist investigations should only be available at centres with a high throughput of PCD diagnostic samples to ensure quality of assessments.

C) Treatment of PCD

We found a wide range of different therapies in use for PCD patients. The use of treatments developed for CF patients, such as airway clearance techniques, regular inhaled antibiotics, rhDNase or hypertonic saline demonstrates that many paediatricians in Europe observe similarities between these diseases and extrapolate evidence from CF clinical trials.

However, the pathophysiology of the two diseases is different and the evidence is lacking that treatments that are beneficial in CF have any value in PCD.[19]

There were considerable within and between country differences. For instance, rhDNase was more widely used in centres treating more PCD patients. Although these centres usually treated also more CF patients, we found no association between number of CF patients per centre and use of rhDNase for PCD patients in the centre. In Southern, Northern and Eastern

Europe but not in Western Europe or Britain, ICS were often used for treatment of PCD, although evidence for their effectiveness is lacking.

Importantly, the two least disputed elements of PCD treatment – airway clearance therapy and immediate use of high-dose oral antibiotics for every exacerbation – were used by the large majority of centres. Still, a significant minority (10-15%) did not endorse these recommendations. The fact that these cheap and effective treatments were sometimes neglected in centres where expensive drugs such rhDNase were prescribed suggests the importance of ERS task force in trying to standardize management in PCD patients.

D) Follow-up care

Although in our survey 90% of all centres reported to plan follow-up visits for PCD patients every three to six months, it is uncertain if that actually happens, especially for adolescents. Reasons might include poor compliance at teen-age or different management strategies of adult chest physicians treating this age group. This is an area of concern because lung function deteriorates in young adults,[2, 20, 21] so that treatment should be continued or even intensified in adolescence.

Implications and conclusions

In summary, this large survey assessing management of paediatric PCD patients in Europe showed a wide variety of diagnostic practices and treatments, and only partial alignment with the recommendations that were published shortly after this survey.[7] This mirrors the lack of evidence on the effectiveness of treatments, the inexistence (until recently) of international guidelines and the lack of resources to implement current knowledge in some regions. In most countries, care for PCD patients was split among a large number of centres, and there is evidence that this affected quality of diagnostics and care.

The following issues might profitably be addressed at European Union level. Firstly, there is a need to centralise management to one or few reference centres per country with specialised techniques. Secondly, resource implications prevent proper PCD diagnosis in many parts of Europe. It is likely that while many patients remain undiagnosed, others are incorrectly labelled as having PCD. Thirdly, medications are used unlicensed, off-label, and in a non-evidence based manner. This means that some children miss beneficial therapies while others are exposed to treatments which are potentially dangerous, or useless but costly.

Conducting this survey has resulted in a number of benefits. The network of medical institutions and the database of PCD patients can be used for planning randomised controlled trials in this rare disease and for collecting information on clinical aspects and long-term prognosis. An international registry of PCD patients with data on diagnosis, treatments and long-term follow-up would be the logical step from this study and an ideal

instrument for further research on this rare disease. Once the evidence base for treatment of PCD is stronger, management recommendations can be updated and widely implemented in Europe.

FIGURE LEGENDS

Box 1

A) Centralised care

1) Patients with PCD should be seen for either full or shared care in a centre specialising in the condition;

B) Diagnosis

2) Nasal NO levels can be used as a screening test for PCD in children, while the saccharine test is unreliable;

3) Diagnosis is confirmed by analysis of ciliated epithelial cells derived from nasal brushings or bronchoscopic samples;

4) Ciliary beat pattern and frequency analyses using high-speed video recording and electron microscopy (EM) are the key diagnostic techniques; other techniques (cell culture, analysis of dynein protein localisation by immunofluorescence and genetic analyses) might help in selected patients;

C) Treatment

5) Airway clearance by physiotherapy and exercise, and prompt antibiotic treatment (oral, intravenous if needed) are the cornerstones of treatment;

6) Prophylactic oral antibiotics and long-term use of nebulised anti-pseudomonas antibiotics should be considered in specific patients;

7) Inhaled bronchodilators and topical or inhaled steroids have no routine place in PCD treatment except for patients with concurrent asthma; rhDNase and hypertonic saline might possibly be considered in very selected patients.

8) The use of tympanostomic ventilation tubes should be avoided for PCD patients whenever possible;

9) All PCD patients should receive all childhood immunisations including pneumococcal and influenza immunisation.

C) Follow-up

10) A protocolised shared-care system is recommended to ensure specialist follow-up and prevent eventual lung damage. Regular sputum or cough-swab cultures should be performed.

Box 1: Recommendations for diagnosis and management of PCD, summarised from the consensus statement of the European Respiratory Society task force on PCD in children[7]

Figure 1: Association between diagnostic tests used to diagnose PCD in children and the general government expenditure on health (GGHE) in the country (unadjusted results, n=26)

*biopsy = bronchial mucosa or nasal brush/biopsy; †any ciliary function (native) = ciliary visualisation, ciliary beat frequency or ciliary beat frequency and pattern
 OR, odds ratio; CI, confidence interval

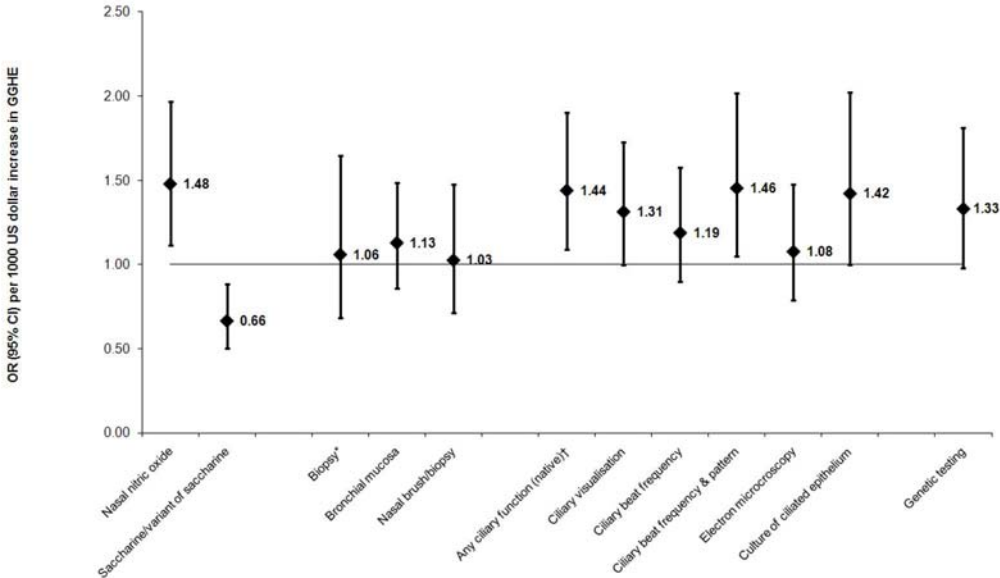


Figure 2: Treatment of PCD patients in 26 countries, comparing European regions: a) Airway clearance and inhalants; b) Antibiotics & Ear, nose and throat treatments; c) Immunisations (based on the 194 centres reporting patients (Western Europe n=61; British Isles n=33; Southern Europe n=47; Northern Europe n=22; Eastern Europe n=31))

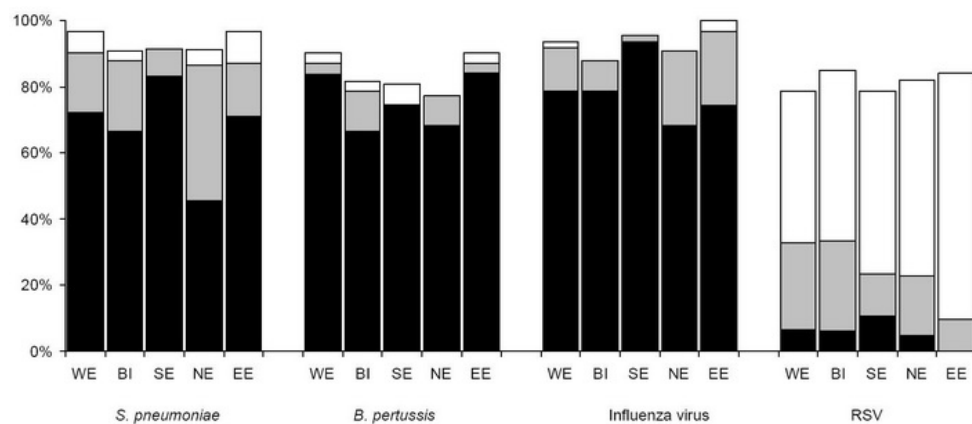
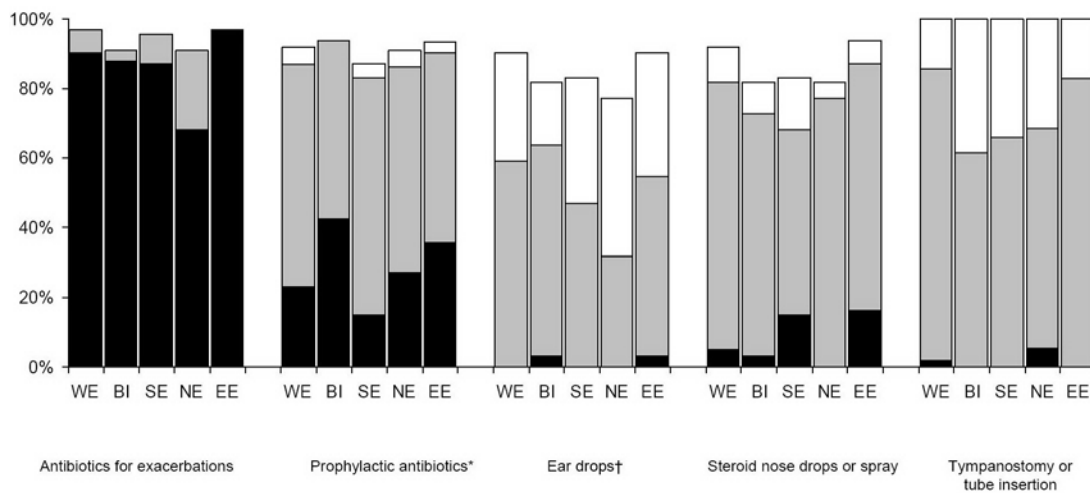
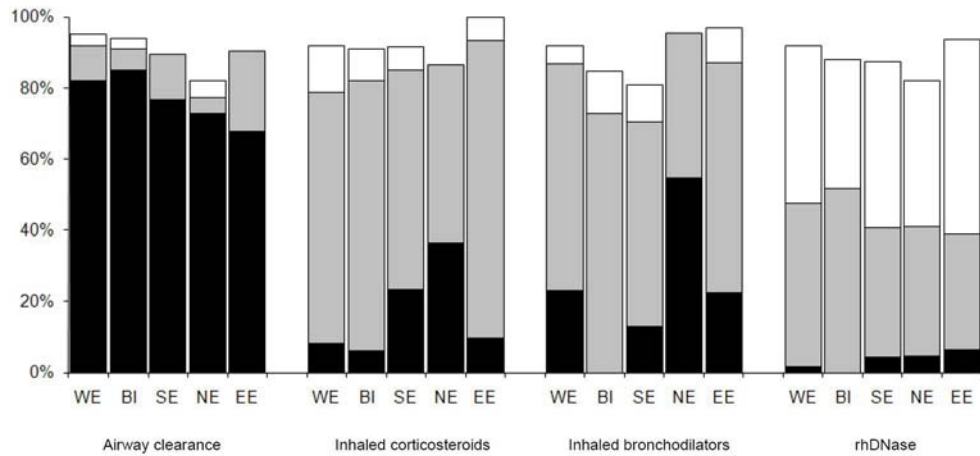
■ routinely (for all children) ▒ frequently or sometimes (for some children) □ never

*Prophylactic antibiotics = prophylactic nebulised antibiotics, prophylactic oral antibiotics, intermittent oral antibiotics, regular intravenous antibiotics or intermittent intravenous antibiotics; † Ear drops = quinolone or aminoglycoside eardrops

European regions: Western Europe (WE): Austria, Belgium, France, Germany, Netherlands, Switzerland; British Isles (BI): Ireland, United-Kingdom; Southern Europe (SE): Cyprus,

Greece, Italy, Portugal, Spain; Northern Europe (NE): Denmark, Finland, Norway, Sweden; Eastern Europe (EE): Bulgaria, Czech Republic, Estonia, Hungary, Israel, Romania, Serbia, Slovakia, Turkey

rhDNase, recombinant human deoxyribonuclease; RSV, respiratory syncytial virus



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CONFLICT OF INTEREST

None

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Table 1: European survey on management of PCD in children: returned questionnaires, response rates and patients reported per centre

European regions	Countries	Returned questionnaires *		Response rates of tertiary care centres†	Patients reported per centre median (IQR)
		Total	Tertiary care		
Western Europe	Austria	11	5	5/5 (100%)	2 (1-9)
	Belgium	7	5	5/8 (63%)	3 (2-5)
	France	6	5	5/8 (63%)	26 (16-36)
	Germany	13	10	10/55 (18%)	3 (3-4)
	Netherlands	7	6	6/8 (75%)	6 (6-6)
	Switzerland	17	8	8/8 (100%)	3 (1-5)
British Isles	Ireland	1	1	-	-
	United-Kingdom	32	18	18/32 (56%)	4 (1-5)
Southern Europe	Cyprus	1	1	1/1 (100%)	27 (27-27)
	Greece	5	5	5/6 (83%)	4 (3-4)
	Italy	19	15	15/27 (56%)	8 (5-14)
	Portugal	4	3	3/4 (75%)	2 (2-2)
	Spain	18	17	17/25 (68%)	4 (2-7)
Northern Europe	Denmark	1	1	1/1 (100%)	95 (95-95)
	Finland	4	4	4/5 (80%)	1 (1-1)
	Norway	3	3	-	6 (4-19)
	Sweden	14	5	5/9 (57%)	2 (1-9)
Eastern Europe	Bulgaria	1	1	1/4 (25%)	
	Czech Republic	2	2	2/5 (40%)	7 (1-12)
	Estonia	1	1	1/2 (50%)	1 (1-1)
	Hungary	1	1	1/1 (100%)	43 (43-43)
	Israel	8	7	7/9 (78%)	9 (6-17)
	Romania	3	3	3/9 (33%)	3 (2-3)
	Serbia	2	1	1/2 (50%)	8 (5-11)
	Slovakia	1	1	1/1 (100%)	7 (7-7)
	Turkey	12	12	12/37 (32%)	8 (4-11)
Total		194	141	141/272 (52%)	4 (2-9)

* all questionnaires that contained a list of patients; † calculated as the number of questionnaires returned by tertiary care paediatric centres, divided by the total number of tertiary care paediatric centres in the respective country

Table 2: Techniques used for diagnosing PCD in European children, by region (N=194 centres)*

	Total (n=194)			Western Europe (n=61)			British Isles (n=33)			Southern Europe (n=47)			Northern Europe (n=22)			Eastern Europe (n=31)		
	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI
Screening tests																		
Nasal nitric oxide	89	45.9	[38.8-53.0]	31	50.8	[37.9-63.7]	11	33.3	[16.4-50.3]	23	48.9	[34.1-63.78]	15	68.2	[47.0-89.3]	9	29.0	[12.1-46.0]
Saccharine / variant of saccharine	70	36.1	[29.3-42.9]	18	29.5	[17.7-41.3]	6	18.2	[4.3-32.1]	24	51.1	[36.2-65.9]	8	36.4	[14.5-58.2]	14	45.2	[26.6-63.7]
Biopsy†	175	90.2	[86.0-94.4]	58	95.1	[99.5-100]	24	72.7	[56.7-88.7]	43	91.5	[83.2-100]	22	100	-	28	90.3	[79.3-100]
Bronchial mucosa	124	63.9	[57.1-70.7]	46	75.4	[64.3-86.5]	14	42.4	[24.6-60.2]	32	68.1	[54.3-81.9]	15	68.2	[47.0-81.9]	17	54.8	[36.3-73.4]
Nasal brush/biopsy	164	84.5	[79.4-89.7]	52	85.2	[76.1-94.4]	24	72.7	[56.7-88.8]	40	85.1	[74.5-95.6]	21	95.4	[86.0-100]	27	87.1	[74.6-100]
Analytic methods																		
Electron microscopy	150	77.3	[71.4-83.3]	50	82.0	[72.0-91.9]	23	69.7	[53.1-86.2]	35	74.4	[61.5-87.4]	18	81.8	[64.3-99.3]	24	77.4	[61.8-93.0]
Any ciliary function (native) ‡	111	57.2	[50.2-64.2]	39	63.9	[51.5-76.3]	24	72.7	[56.7-88.7]	25	53.2	[38.4-68.0]	10	45.5	[22.9-68.1]	13	41.9	[23.5-60.3]
Ciliary visualisation	95	49.0	[41.9-56.1]	37	60.6	[48.0-73.3]	16	48.5	[30.5-66.5]	21	44.7	[29.9-59.4]	8	36.4	[14.5-58.2]	13	41.9	[23.5-60.3]
Ciliary beat frequency	71	36.6	[29.8-43.4]	28	45.9	[33.0-58.8]	17	51.5	[33.5-69.5]	14	29.8	[16.2-43.4]	4	18.2	[0.6-35.6]	8	25.8	[9.4-42.1]
Ciliary beat frequency and pattern	53	27.3	[21.0-33.6]	17	27.8	[16.2-39.4]	17	51.5	[33.5-69.5]	12	25.5	[12.6-38.5]	5	22.7	[3.7-41.7]	2	6.5	[0.0-15.6]
Culture of ciliated epithelium	42	21.6	[15.8-27.5]	18	29.5	[17.7-41.3]	13	39.4	[21.8-56.9]	4	8.5	[0.0-16.8]	4	18.2	[0.6-35.7]	3	9.7	[0.0-20.7]
Genetic testing	58	29.9	[23.4-36.4]	29	47.5	[34.6-60.4]	9	27.3	[11.2-43.3]	10	21.3	[9.1-33.4]	3	13.6	[0.0-29.2]	7	22.6	[7.0-38.2]

* Test available to centre, either done in-house or by referral of the patient or specimen to another hospital.

† biopsy = bronchial mucosa or nasal brush/biopsy; ‡ any ciliary function (native) = ciliary visualisation, ciliary beat frequency or ciliary beat frequency and pattern; CI, confidence interval

European regions: Western Europe: Austria, Belgium, France, Germany, Netherlands, Switzerland; British Isles: Ireland, United Kingdom;

Southern Europe: Cyprus, Greece, Italy, Portugal, Spain; Northern Europe: Denmark, Finland, Norway, Sweden; Eastern Europe: Bulgaria, Czech Republic, Estonia, Hungary, Israel, Romania, Serbia, Slovakia, Turkey

Table 3: Predictors of techniques used for diagnosing PCD in European children (results adjusted for size of centre (no of PCD children) and region; n=194)*

	Nasal nitric oxide			Saccharine / variant of saccharine			Bronchial biopsy			Nasal brush/biopsy			Electron microscopy			Any ciliary function (native)†		
	OR	95% CI	p	OR	95% CI	p	OR	95% CI	p	OR	95% CI	p	OR	95% CI	p	OR	95% CI	p
No PCD patients cared for																		
0 to 2	1		<0.001	1		0.475	1		0.083	1		0.001	1		0.004	1		<0.001
3 to 5	2.2	[1.0-5.2]		1.5	[0.7-3.3]		1.8	[0.8-3.9]		5.0	[1.7-14.9]		2.6	[1.1-6.1]		4.6	[2.0-10.4]	
6 or more	5.7	[2.6-12.7]		0.9	[0.5-2.0]		2.3	[1.1-4.9]		4.5	[1.7-12.1]		1.5	[1.8-9.9]		4.9	[2.3-10.4]	
European region																		
Western	1		0.005	1		0.028	1		0.020	1		0.218	1		0.582	1		0.030
British Isles	0.5	[0.2-1.4]		0.5	[0.2-1.5]		0.3	[0.1-0.6]		0.5	[0.2-1.4]		0.6	[0.2-1.5]		1.8	[0.7-4.9]	
Southern	1.0	[0.4-2.2]		2.4	[1.1-5.4]		0.7	[0.3-1.7]		1.0	[0.3-3.0]		0.6	[0.3-1.7]		0.6	[0.3-1.4]	
Northern	3.3	[1.1-10.3]		1.5	[0.5-4.2]		0.9	[0.3-2.6]		6.0	[0.7-52.7]		1.4	[0.4-5.3]		0.7	[0.2-2.0]	
Eastern	0.3	[0.1-0.8]		2.0	[0.8-5.0]		0.4	[0.1-0.9]		1.0	[0.3-3.6]		0.6	[0.2-1.9]		0.3	[0.1-0.8]	

* Test available to centre, either done in-house or by referral of the patient or specimen to another hospital.

† any ciliary function (native) = ciliary visualisation, ciliary beat frequency or ciliary beat frequency and pattern

OR, odds ratio; CI, confidence interval

European regions: Western Europe: Austria, Belgium, France, Germany, Netherlands, Switzerland; British Isles: Ireland, United Kingdom;

Southern Europe: Cyprus, Greece, Italy, Portugal, Spain; Northern Europe: Denmark, Finland, Norway, Sweden; Eastern Europe: Bulgaria, Czech

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Table 4: Predictors of treatments of PCD in European children: airway clearance therapy, inhaled corticosteroids, rhDNase and antibiotics (results adjusted for size of centre (no of PCD children) and region; n=194)

	Airway clearance*			Inhaled corticosteroids*			rhDNase†			Antibiotics for exacerbations*			Prophylactic antibiotics*‡		
	OR	95% CI	p	OR	95% CI	p	OR	95% CI	p	OR	95% CI	p	OR	95% CI	p
No PCD patients cared for															
0 to 2	1		0.032	1.00		0.025	1.00		0.032	1.00		0.092	1.00		0.333
3 to 5	1.7	[0.7-4.0]		0.4	[0.1-1.2]		1.6	[0.7-3.6]		2.8	[0.8-9.5]		1.9	[0.8-4.5]	
6 or more	3.2	[1.3-7.7]		0.3	[0.1-0.9]		2.6	[1.3-5.4]		2.7	[0.9-7.8]		1.3	[0.6-2.9]	
European region															
Western	1		0.302	1.00		0.063	1.00		0.326	1.00		0.215	1.00		0.063
British Isles	1.4	[0.4-4.5]		0.7	[0.1-3.6]		1.4	[0.6-3.3]		0.8	[0.2-3.3]		2.5	[0.1-6.3]	
Southern	0.7	[0.3-1.9]		3.5	[1.1-11.2]		0.7	[0.3-1.5]		0.7	[0.2-2.5]		0.6	[0.2-1.6]	
Northern	0.7	[0.2-2.4]		5.1	[1.4-18.7]		0.8	[0.3-2.3]		0.3	[0.1-1.1]		1.5	[0.5-4.6]	
Eastern	0.4	[0.1-1.1]		1.4	[0.3-6.4]		0.5	[0.2-1.2]		2.9	[0.3-26.0]		1.8	[0.7-4.78]	

* routinely used (for all children); † frequently or sometimes used (for some children); ‡ Prophylactic antibiotics = prophylactic nebulised antibiotics, prophylactic oral antibiotics, intermittent oral antibiotics, regular intravenous antibiotics or intermittent intravenous antibiotics
rhDNase, recombinant human deoxyribonuclease; OR, odds ratio; CI, confidence interval

European regions: Western Europe: Austria, Belgium, France, Germany, Netherlands, Switzerland; British Isles: Ireland, United-Kingdom; Southern Europe: Cyprus, Greece, Italy, Portugal, Spain; Northern Europe: Denmark, Finland, Norway, Sweden; Eastern Europe: Bulgaria, Czech Republic, Estonia, Hungary, Israel, Romania, Serbia, Slovakia, Turkey