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Title: Once-daily indacaterol 150 μ g or 300 μ g and other bronchodilators in COPD patients of GOLD 2011 groups A and B

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Body: Introduction Indacaterol (IND) is an inhaled, once-daily, 24 hr long-acting β_2 -agonist for the treatment of COPD. We report on the effectiveness of IND and other long-acting bronchodilators compared to placebo in patients of GOLD 2011 groups A and B. Methods A post-hoc, subgroup pooled analysis of 6-month efficacy data from 3 randomized, placebo controlled studies (n=3862) was performed across GOLD groups A–D categorized according to FEV₁ % predicted, mMRC dyspnea scale and exacerbation history in the 12 months prior to entry (yes/no). Once-daily IND 150 μ g or 300 μ g, open-label tiotropium (TIO) 18 μ g; twice-daily salmeterol (SAL) 50 μ g or formoterol (FOR) 12 μ g were compared to placebo. Endpoints included trough FEV₁, TDI, and SGRQ total score, all at Week 26, and mean rescue medication use over 26 weeks. Results In GOLD groups A and B, IND 150 μ g and 300 μ g significantly improved FEV₁, TDI, SGRQ total score and mean rescue medication use compared with placebo.

Adjusted mean treatment difference vs placebo

	FEV ₁ (mL)	SGRQ total score	TDI	Mean rescue use (puffs/day)
GOLD group	A/B	A/B	A/B	A/B
IND 150 μ g	209*/156*	-3.4 \ddagger /-5.6*	1.0 \dagger /1.1 \dagger	-0.80*/-1.05*
IND 300 μ g	216*/177*	-3.6 \ddagger /-3.2 \ddag	1.2*/1.1 \dagger	-0.86*/-1.23*
FOR	80 \ddag /99 \dagger	-1.3/-3.8 \ddag	0.5/0.8 \ddag	-0.87 \dagger /-0.96*
TIO	171*/120*	-0.9/-3.4 \ddag	1.1 \ddagger /0.8 \ddag	-0.52 \ddag /-0.53 \ddag
SAL	158*/111 \ddagger	-2.8/-5.6 \ddagger	0.4/1.0 \ddag	-0.77 \ddagger /-0.99 \dagger

Group A, n=1134; Group B, n=1008; *p<0.0001; †p<0.001; ‡p<0.01; §p<0.05 vs placebo

Conclusion Treatment selection according to patient's symptoms as well as risk is an important consideration in the treatment of COPD as per GOLD. IND 150 μ g and 300 μ g effectively improved lung function, health status, and symptoms in GOLD 2011 group A and B patients.