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Title: TIOSPIR®: Large scale trial of tiotropium Respimat® vs HandiHaler® (HH) in patients (pts) with COPD

Robert 18638 Wise rwise@jhmi.edu MD ¹, Antonio 18639 Anzueto anzueto@uthscsa.edu MD ², Peter 18640 Calverley pmacal@liverpool.ac.uk MD ³, Ronald 18641 Dahl ronadahl@rm.dk MD ⁴, Daniel 18642 Dusser daniel.dusser@cch.ap-hop-paris.fr MD ⁵, Gordon 18651 Pledger gordon.pledger@gmail.com ⁶, Michael 18657 Koenen-Bergmann michael.koenen-bergmann@boehringer-ingelheim.com ⁷, Elizabeth 18685 Joseph beth.joseph@boehringer-ingelheim.com ⁸, Daniel 18695 Cotton dan.cotton@boehringer-ingelheim.com ⁸ and Bernd 18697 Disse bernd.disse@boehringer-ingelheim.com ⁷.

¹ Pulmonary and Critical Care Medicine, Johns Hopkins Asthma & Allergy Center, Baltimore, MD, United States ; ² Pulmonary/Critical Care, Pulmonary Critical Care University of Texas Health Science, San Antonio, TX, United States ; ³ Respiratory Medicine, School of Clinical Science, University Hospital Aintree, Liverpool, United Kingdom ; ⁴ Pulmonary Medicine, Aarhus University Hospital, Aarhus, Denmark ; ⁵ Pneumology, Service De Pneumologie Hopital Cochin, Paris, France ; ⁶ Hamilton, TX, United States ; ⁷ Medical Affairs, Boehringer Ingelheim Pharma GmbH & Co. KG, Ingelheim, Germany and ⁸ Clinical Operations, Boehringer Ingelheim Pharmaceuticals Inc., Ridgefield, CT, United States .

Body: Background: Direct comparisons of tiotropium Respimat® and HH in pts with COPD are limited. Prospective long-term data are needed to assess the relative effects on efficacy and safety. Aims and objectives: Compare safety and efficacy (exacerbations) of 5 µg and 2.5 µg once daily tiotropium Respimat® with 18 µg tiotropium HH in a phase IIIb study (TIOSPIR®). Methods: Randomized, active-controlled, double-blind, double-dummy, parallel-group, non-inferiority, event-driven, international multicentre (50 countries) trial of pts aged ≥40 y with COPD (postbronchodilator (postBD) FEV₁ ≤70% pred., FEV₁/FVC ≤70%), smoking history ≥10 pack-y. Primary endpoints: time to death (all-cause; non-inferiority analysis), time to first exacerbation (superiority analysis). Secondary endpoints: no. of: exacerbations, hospitalized exacerbations; time to: first hospitalized exacerbation, major cardiovascular AE. Time-to-event analyzed using Cox proportional hazards; no. of events: negative binomial model. Results: Enrollment completed in April 2011; 17135 pts began treatment (Table).

Baseline demographics	
Treated pts,N	17135
Age,y	65.0±9.1

Male, %	71.5
Current smoker, %	38.1
Smoking history, pack-y	43.8±24.8
FEV ₁ , L*	1.34±0.48
FEV ₁ , % pred*	48.3±13.9
FVC, L*	2.71±0.85
FEV ₁ /FVC*	0.499±0.114
GOLD stage, %	
I	0.3
II	48.5
III	40.1
IV	10.8
History of myocardial infarction, %	6.0
Coronary artery disease, %	15.2
Cardiac arrhythmia, %	10.6
Heart failure class, %	
None	92.1
I	3.1
II	4.1
III	0.6
IV	0.0

*PostBD. Data: mean±SD

Conclusion: TIOSPIR® will provide robust data on relative safety and efficacy of tiotropium Respimat® vs HH from moderate to very severe COPD and across comorbidities. Funded by Boehringer Ingelheim.