European Respiratory Society Annual Congress 2013

Abstract Number: 14

Publication Number: P4178

Abstract Group: 5.2. Monitoring Airway Disease

Keyword 1: Asthma - mechanism Keyword 2: Allergy Keyword 3: Airway management

Title: Vitamin D deficiency in asthma patients with allergic bronchopulmonary aspergillosis (ABPA)

Dr. Livingstone 90 Chishimba livingstone.chishimba@manchester.ac.uk MD ^{1,3,4}, Dr. Weijuan 91 Zhang Weijuan.Zhang MD ², Dr. Andrew Mochridge 92 Andrew Mochridge amockridge@doctors.org.uk MD ⁴, Dr. Robert M. 93 Niven Robert.Niven@uhsm.nhs.uk MD ^{1,3,4}, Dr. Khaled 94 Al-Shar Khaled.Al-shair@manchester.ac.uk MD ³ and Prof. David 102 Denning ddenning@manchester.ac.uk MD ^{1,3,4}. ¹ The North West Lung Centre, Department of Respiratory Medicine, University Hospital of South Manchester, Manchester, United Kingdom, M23 9LT; ² Imaging Sciences, School of Cancer & Enabling Sciences, University of Manchester, Manchester, United Kingdom, M23 9LT; ³ The National Aspergillosis Centre, University Hospital of South Manchester, Manchester, United Kingdom, M23 9LT and ⁴ Institute of Inflammation and Repair, Respiratory & Allergy Centre, The University of Manchester, Manchester, United Kingdom, M23 9LT.

Body: Background: Vitamin D deficiency is being increasingly recognized in chronic lung disease. Recent studies suggest that ABPA correlated with vitamin D deficiency among Cystic Fibrosis (CF) patients, and that heightened Th2 reactivity in ABPA correlated with lower mean serum vitamin D levels. However, this correlation remains unknown in asthma patients with ABPA. Methods: 144 asthma patients (with ABPA, n=80), (without ABPA, n=64) who attended our hospital between January 2011 and May 2012 were prospectively evaluated for 25-hydroxyvitamin D (25-OHD3), lung function and IgE levels. Patients were retrospectively reviewed for clinical characteristics and prognosis compared with patients with normal VitD levels. Results: VitD deficiency (<25 nmol/L) occurred in 61(42.4%) of 144 asthma patients of whom 18 (12.5%) were severely deficient (< 25 nmol/L). Patients with ABPA had higher mean serum VitD levels compared with non-ABPA controls, though the difference was not statistically significant (68.8±38.3 nmol/L vs 57.6±35.7nmol/L (p=0.59). Moreover, the FEV1 was significantly lower in the deficient group compared with the group with normal levels (P=0.030). Further, patients with low VitD levels had a poorer prognosis compared to those with normal levels. CONCLUSION: Our data suggests that asthmatic ABPA patients may have higher vitamin D status than non-ABPA patients and that there may be an association between lung function and Vitamin D status. However, the causal effect relationship needs to be established.