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Title: Comparing driving simulator parameters between obstructive sleep apnoea syndrome (OSAS) patients and controls in an office based advanced driving simulator (MiniSim)

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Body: Introduction- Untreated OSAS patients are at increased risk of traffic accidents. We have previously shown that controls perform better on the MiniSim than patients (failure rate-12% v/s 24%, p-0.03, OR-2.2). Task failure in patients can be identified based on standard deviation of lane position at epoch-3 (SDLP-3) and veer reaction time (Veer- RT). These parameters were further explored in controls. Methods- 178 (52+/-11 yrs, ESS 13+/-7, ODI 32+/-24) untreated OSAS patients and 96 controls (50+/-15 yrs, ESS 3+/- 2) performed a 90km motorway driving simulation. Outcome pass, indeterminate or fail, based on preset criteria, was compared between patients and controls. Results- SDLP-3 and Veer-RT were worse in the fail group. A hierarchical pattern of worsening parameters was noted both in controls and patients. On multiple comparison there was a significant difference in SDLP-3 and Veer-RT in the pass and fail group, both in controls and in untreated OSAS patients.

Driving simulator parameters in controls

| Parameters (mean +/- SD) | Pass Controls(n=49) | Indeterminate Controls(n=36) | Fail Controls(n=11) | P- value (One-way ANOVA) |
|--------------------------|---------------------|------------------------------|---------------------|--------------------------|
| SDLP-3 | 0.37(0.1) | 0.41(0.11) | 0.52(0.16) | 0.0016 |
| Veer-RT (sec) | 1.4(0.26) | 1.6(0.34) | 2.2(0.25) | < 0.0001 |

Driving simulator parameters in untreated OSAS patients

| Parameters (mean +/- SD) | Pass Patients | Indeterminate Patients | Fail Patients | P-value (One-way ANOVA) |
|--------------------------|---------------|------------------------|---------------|-------------------------|
| | | | | |

| SD) | (n=73) | (n=60) | (n=45) | -way ANOVA) |
|---------------|------------|-----------|------------|-------------|
| SDLP-3 | 0.37(0.09) | 0.42(0.1) | 0.52(0.13) | < 0.0001 |
| Veer-RT (sec) | 1.4(0.31) | 1.6(0.44) | 2.1(0.53) | < 0.0001 |

Conclusion- SDLP-3 and Veer-RT during simulated driving on an advanced simulator are objective markers of poor driving both in controls and in untreated OSAS patients.