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Title: The deterioration of bronchi patency in asthmatics is accompanied by the hyperresponsiveness to distilled water

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Body: Introduction: Airway patency and the level of hydrogen peroxide (H₂O₂) in the exhaled breath condensate (EBC) are the markers of the bronchial asthma (BA) activity. Their role in the formation of bronchospastic reaction to the osmotic stimulus is unknown. Aim: to study the correlation of bronchi patency, airway reaction to distilled water (DW) and the level of H₂O₂ in EBC in asthmatics. Methods: The lung function (FEV₁), the airway reaction (Δ FEV₁) to 3-minute inhalation of ultrasonically nebulized DW, to 3-minute isocapnic cold air hyperventilation (ICAH), and the initial level of H₂O₂ in EBC were estimated in 289 asthmatics (mean age 34.9±1.15). Results: The patients were divided into four groups: with the excessive airway reaction to each bronchoprovocation and without it. The groups did not have significant differences in the reaction to DW (Δ FEV₁ -19.9±1.06 and -3.26±0.96%; p<0.001) and ICAH (Δ FEV₁-19.5±1.06 and -4.49±1.96%; p<0.001), respectively (p>0.05). Significantly lower FEV₁ was found in the group of patients with hyperresponsiveness to DW in comparison with the group without it (3.12±0.16 and 3.74±0.16 l; p<0.05), and with the patients with hyperresponsiveness to ICAH (3.63±0.12 l) (p<0.05). A direct correlation between FEV₁ and the degree of reaction to DW (r=0.56; p<0.05) was found, whereas in the group with hyperresponsiveness to ICAH it had a reverse character (r=-0.64; p<0.01) and depended on the level of H₂O₂ in EBC (r= 0.50; p<0.05). Conclusion: The airway hyperresponsiveness to DW in asthmatics is associated with bronchi patency deterioration and is not connected with the level of H₂O₂ in EBC.