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**Title:** Increased apoptosis of alveolar lymphocytes (AL) in idiopathic pulmonary fibrosis (IPF). Potential mechanisms and practical considerations

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**Body:** Background: The implication of T cells in IPF pathogenesis is controversial. The views vary from direct lymphocytes participation in lung fibrosis to their protective role against the process. Aim: Examination of AL apoptosis frequency in IPF. Results were related to clinical data and BAL cytoimmunological pattern, in order to evaluate the physiopathological role of AL and T cell apoptosis mechanisms in IPF. Methods. BAL of 27 IPF patients and 17 controls was examined for: a) cytoimmunology, b) supernatant levels of cytokines taking part in cell apoptosis/survival (ELISA), c) AL apoptosis with flow cytometry (sub-G1 peak of cell cycle); d) TUNEL assay; e) AL staining for BCL-2, BCL-xL, BAK, caspase-3, and death receptors (DRs). Results. In all methods AL apoptosis was higher in IPF than in controls (sub-G1 peak:  $2.8 \pm 2.2$  vs  $1.0 \pm 0.2\%$ ,  $p < 0.05$ ). IPF was characterized by remarkably lower AL BCL-2+ percentage, higher caspase-3 and death receptor TNFR1 expression.  $\text{TNF}\alpha$  and soluble FAS levels were increased in supernatants; there was no difference in IL-7 and TRAIL expression. AL apoptosis rate in IPF was correlated negatively with BAL lymphocytosis ( $R_s = -0.35$ ,  $p < 0.02$ ) and positively with BAL neutrophile percentage ( $R_s = -0.51$ ,  $p < 0.001$ ), as well as both DLCO ( $R_s = -0.77$ ,  $p < 0.01$ ) and VC pred. values ( $R_s = -0.88$ ,  $p < 0.001$ ). Conclusions. AL protect lung tissue from fibrosis; AL apoptosis is an unfavourable process and its inhibition should be considered as important therapeutic option in IPF. Its mechanisms may include BCL-2 family proteins interaction, and  $\text{TNF}\alpha$ :TNFR1 ligation. The way that neutrophiles impact AL apoptosis needs further explanation.