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Title: Hypercapnic ventilatory response in patients with Steinert's myotonic dystrophy type 1

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Body: Steinert's myotonic dystrophy type 1 (DM₁) leads to hypercapnic respiratory failure which is often considered as secondary to respiratory muscle weakness. Because of frequent central sleep disorder breathing, low central ventilatory drive is likely to be involved in the pathogenesis of hypercapnia but data are scarce and conflicting. Thus, the aim of our study was to compare the hypercapnic ventilatory response in 20 consecutive DM₁ patients versus 22 matched healthy subjects (HS) of similar age (33±10 vs. 39±14 yrs). The ventilatory response to carbon dioxide was assessed by the rebreathing method with measures of occlusion pressure (P_{0.1}). DM₁ patients performed spirometry, arterial blood gas analysis (ABG) and inspiratory maximal pressure (P_Imax). In response to hypercapnia, DM₁ patients vs. HS showed lower forced vital capacity, minute ventilation (VE), mean inspiratory flow rate (VT/Ti), and P_{0.1} (p<0.001, p<0.009, =0.06 and <0.05, respectively). There was no significant difference in hypercapnic ventilation response corrected by the predicted maximal ventilation (cHCVR) (Jones et al., Respiration, 1993) (HS: 1.91±0.79 vs. DM: 2.10±1.58 %; p=0.82). P_Imax was only slightly reduced in patients (66±38% predicted values). In DM₁ patients, HCO₃⁻ was significantly correlated with cHCVR (r=-0.48; p<0.05), but P_Imax was not correlated with ABG parameters. Hypercapnic vs. normocapnic patients showed lower cHCVR and P_{0.1} (p<0.05). In contrast to previous studies, our results suggest a contribution of ventilatory control dysfunction to chronic respiratory failure in DM₁ patients. More data are now needed to identify the phenotypes of patients experiencing such central abnormalities.