European Respiratory Society Annual Congress 2013

Abstract Number: 4897

Publication Number: P1072

Abstract Group: 6.3. Tobacco, Smoking Control and Health Education **Keyword 1:** Children **Keyword 2:** Education **Keyword 3:** Health policy

Title: Analysis of the impact of tobacco smoking prevention initiatives for children

Ms. Fatemeh 33526 Matinkhah e.matinkhah@gmail.com ¹. ¹ Clean Breath Center, Iranian Anti Tobacco Association, Tehran, Islamic Republic of Iran, 1433634363 .

Body: Background: One of the priorities of public health to reduce the smoking outbreak is preventing teenagers from becoming smokers base on the fact that If we prevent teen ages from smoke there is less likely to become smokers in future. We designed a preventing smoking plan for children between 6-12 years old. Method and Material: This study is a survey research based on phone interviews and questionnaires. 400 children who received training randomly selected and they and their parents were questioned. Interviews were analyzed based on concept by two others. The planed program concludes following workshops: Theater room Mystery room Knowledge room Story room Painting room Sport room Results/Outcomes: In total, about 37 percent of children had experienced indirect smoking from relatives. The children's viewpoint about smoking after taking training in Clean Breath Center 85.62% gained increased awareness of harmful effects and riskiness of smoking 38.03% of Mothers stated that they observe hatred and reaction of their children against smoking. The effect of children's hints on preventing smoke habits of family members The percentage of Not care about children's hints (32.19%) is still high; however other percentages such as Reduction of smoking rate (16.44%) and No smoking when the children are present (23.97%) are considerable. Totally 13.02% of smokers in the family and close relatives of the children have guitted or decided to guit smoking regarding children's hints. Conclusions /Lessons Learnt: Answers gathered from children and their parents about children viewpoints after training, revealed positive impact of this program in form of "gaining negative attitudes against smoking" in children.