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Title: Complex approach in the study of clinical and functional features in patients with severe bronchial asthma with and without respiratory disorder during sleep

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Body: Aim of study: comparison of clinical and functional diagnostic criteria in patients with severe bronchial asthma and in combination with obstructive sleep apnea. Materials and methods: 60 patients with severe asthma were divided into 2 groups: I group of patients with OSA were 30 patients (16 women and 14 men age (58,8 \pm 2,2) years) and II group of patients without OSA consisted of 17 women and 13 men age (50,5 \pm 2,1) years. In both groups FEV₁ ranged from (54,8 \pm 3,1) to (58,2 \pm 2,6)%). The following studies were performed: respiratory function, polysomnography, daily blood pressure measurement, Holter monitoring of ECG. Results: Asthma Control Test score revealed that patients with OSA had poor control of asthma symptoms (15,0 \pm 4,7) compared to patients without OSA (18,0 \pm 4,7) and higher scores for breathlessness scale MRCDS. Results of the questionnaire SQRG found that patients with OSA had more symptoms due to asthma and significant limitation of activity (67,1 \pm 3,8) than patients without OSA (60,2 \pm 4,7) (p <0.05). Patients with OSA had an increase in pulse blood preassure, minimum of daily, a maximum of night, and a marked increase in the average heart rate per night, the increase variability in blood pressure. in the night period, compared with patients without OSA, p <0.05. Conclusion: the use of a wide range of diagnostic methods will allow for an adequate pathogenetic treatment and improvement of disease control in patients with severe asthma and in combination OSA.