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Title: Tobacco smoking: Still an important lifestyle component for adolescents and adults

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Body: Tobacco use remains still,unfortunately,an important component of lifestyle for all ages Romanian people. The aim of this study was to highlight features of tobacco from different generations, adolescents and adults.Study groups: A-student smokers aged 14-18 years, B-smoking adults aged over 19. All subjects completed anonymous questionnaires about tobacco use. The prevalence of smoking was 21.8% for group A,35.6% for group B.The prevalence of smoking was relatively similar for males and females for group A-23.6% /20.3%, while for group B was more prevalent for males increased (52.4% /19.6%). Smoking prevalence was also similar for rural/urban areas for group A; for group B slightly increased in rural areas-62.3%. We obtained a low nicotine dependence in 70.2% of adolescents and high dependence in only 6.0% of them; in adults the medium dependence prevailed 49.1%, and high dependence occurred in 34.9% of cases. The mean age at wich they start smoking was 13.8 years for group A and 15.2 for group B.In both groups we found a significant percentage of cases having at least one other smoker in their family-33.3% for adolescents and 20.8% for adults. In this study we found that the new generation is better informed about health risks of smoking(79.8%), but ignore that information, knowingly exposing themselves to risks. Although groups of study subjects were included only smokers in the two categories, it is worth mentioning that the percentage of ex-smokers was a significant (12.5%, respectively 23.8%). It should therefore promote a healthy lifestyle, without tobacco consumption, both adolescents and adults, in order to increase quality of life by preventing multiple pathology caused by tobacco.