European Respiratory Society Annual Congress 2012

Abstract Number: 1449

Publication Number: P3653

Abstract Group: 1.5. Diffuse Parenchymal Lung Disease

Keyword 1: Idiopathic pulmonary fibrosis Keyword 2: Interstitial lung disease Keyword 3: Lung function

testing

Title: Effect of pirfenidone on chronic interstitial pneumonia

Dr. Hiroyuki 1907 Takoi taco155485@hotmail.com MD ¹, Dr. Yukiko 1908 Miura s7081@nms.ac.jp MD ², Dr. Yoshiya 1909 Tsunoda chabo448@yahoo.co.jp MD ¹, Dr. Yuki 1910 Sumazaki yuki-yucky_pocky.820@docomo.ne.jp MD ¹, Dr. Toru 1911 Tanaka toru-tanaka.1030@docomo.ne.jp MD ¹, Dr. Shih-Yuan 1912 Lin owenlin1031@yahoo.co.jp MD ¹, Dr. Yohei 1913 Yatagai yohei820yatagai@yahoo.co.jp MD ¹, Dr. Akimasa 1914 Sekine akimasa.sekine@gmail.com MD ¹, Dr. Kenji 1915 Hayashihara dora@nms.ac.jp MD ¹ and Dr. Takefumi 1916 Saito takefumisaito@yahoo.co.jp MD ¹. ¹ Department of Respiratory Medicine, Ibaraki-Higashi National Hospital, Ibaraki, Japan and ² Division of Pulmonary Medicine, Infectious Diseases, and Oncology, Dept. of Internal Medicine, Nippon Medical School, Tokyo, Japan .

Body: Background: Several reports reveal the favorable effect of pirfenidone on early stage of idiopathic pulmonary fibrosis (IPF), but impacts on non-specific interstitial pneumonia (NSIP) and interstitial pneumonia (IP) associated with collagen vascular diseases (IP-CVD) are not clear. Objectives: To examine the effect of pirfenidone on chronic IP including IPF, NSIP and IP-CVD. Methods: Thirty-two patients were enrolled in the study evaluating the safety and efficacy of pirfenidone in IPF, NSIP and IP-CVD. Clinical diagnosis are IPF(14), NSIP(14), IP associated with scleroderma(3), and rheumatoid arthritis(1). Based on PaO₂ at rest and SpO₂ after 6 minutes walk test (6MWT), disease severity of those were classified into four groups [Table 1]. We retrospectively analyzed subjective symptom in British Medical Research Council scale, pulmonary function, KL-6, SP-D and CT findings before and during pirfenidone administration.

Table 1. Disease severity of patients

	PaO ₂ at rest (mmHg)	SpO ₂ after 6MWT	n
I	>80		9
II	70-79	When<90%, to III	8
Ш	60-69	When<90%, to IV	4
IV	<60	unnecessary to perform 6MWT	11

Results: Correlations was observed between subjective symptom and VC, but was not between subjective

symptom and KL-6, SP-D, CT findings. After administration of pirfenidone, VC improved above 5% in 22%, 50%, 25%, 45% of patients (severity grade I, II, III, IV, respectively). Subjective symptoms highly improved in patients with scleroderma (improvement ratio: 67% in scleroderma vs. 14%, 14%, 0% in IPF, NSIP, RA, respectively). Conclusions: Pirfenidone might have the favorable efficacy independent of disease severity, without severe adverse events, in chronic IP, especially in IP associated with scleroderma.