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Title: Diagnostic approach of lung malignancies through CT-guided percutaneous needle cytology and biopsy

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Body: Background The use of CT- guided percutaneous needle procedures is well established in the diagnostic approach of suspected lung malignancy. Aim To evaluate the efficacy and the complication rate of these procedures. Methods A retrospective study of patients submitted to transthoracic needle cytology/core biopsy for suspected lung malignancy in a 2 year period. Results We assessed 129 episodes concerning 117 patients (213 punctures), 76% male, mean age 65,4 years. Most common localizations were RUL 35,7% and RIL 22,5%. 55% had other lesions. Citology was performed in all patients; core needle biopsy was needed in 23,3%. 107 patients have a definite diagnosis (malignancy in 83,2%) of which 63,6% were done as an extemporaneous exam. The most frequent diagnosis was lung adenocarcinoma (36,4%) and NSCLC (12,1%). We assessed 15 episodes of pneumothorax (7% of punctures), 3 needing aspiration and 1 tube drainage, 5 small hemorrhagic episodes and 1 hemoptysis. The distance to the chest wall significantly affected the presence of pneumothorax (3.8 vs 17.6mm; p<0.01). Nodules that were diagnosed as cancer were statistically bigger than non malignant lesions (51,7 vs 33,8 mm) (p=0,01). Bigger nodules had a higher need of core needle biopsy in order to obtain a diagnosis (p=0,01). The presence of cavitation or ground glass opacification did not interfere with diagnostic accuracy. Conclusions CT-guided percutaneous lung punctures are important tools in the diagnostic approach of lung malignancies with a low rate of complications. The possibility of having a pathologist to provide an extemporaneous exam speeds the diagnosis and reduces the need for further invasive diagnosis and iatrogenic damage.