European Respiratory Society Annual Congress 2012

Abstract Number: 4196

Publication Number: P3391

Abstract Group: 6.1. Epidemiology

Keyword 1: Occupation Keyword 2: Epidemiology Keyword 3: Environment

Title: Occupational air pollutants – More hazardous for respiratory health than smoking? Report from the obstructive lung disease in northern Sweden studies

Dr. Ulf 24768 Hedlund ulf.hedlund@glocalnet.net MD ^{1,2}, Dr. Linnea 24767 Hedman linnea.hedman@nll.se ¹, Prof. Bo 24769 Lundbäck bo.lundback@gu.se MD ^{1,3} and Prof. Eva 24770 Rönmark eva.ronmark@nll.se ^{1,2}. ¹ The OLIN Studies, Norrbotten County Council, Luleå, Sweden, 97189; ² Occupational and Environmental Medicine, Public Health and Clinical Medicine, Umeå University, Umeå, Sweden, 90185 and ³ Krefting Research Centre, Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden, 41345

Body: Background: Both smoking and occupational air pollutants (OAP) are risk factors for impaired respiratory health. Comparisons of their effects and how they interact are scarce. Aim: To compare the effects of ever smoking and ever OAP on non-malignant respiratory disorders and to assess their interactions. Material and methods: In a population-based incidence study of asthmatic and bronchitic disorders in northern Sweden, 5896 subjects answered a postal questionnaire in 1996 and in 2006 (79% of the responders in 1996). Cumulative incidences were calculated. Risk factors were analyzed in multiple logistic regressions adjusted for possible confounders and the results are presented as odds ratios (OR). Ever/never smoking (S) and ever/never OAP were used as a combined variable with four categories or as dichotomous variables, respectively. Result: Cumulative incidences for 10 years were for S₀/OAP₀ 3.2 - 7.4, S_1/OAP_0 3.3 - 9.5, S_0/OAP_1 3.8 - 11.0, and for S_1/OAP_1 7.1 - 15.0. Using a combined variable with S_0/OAP_0 as the reference odds ratios were for S_1/OAP_0 0.99 – 1.8 with some significant results, S_0/OAP_1 1.0 - 2.2, with more significant results, and S_1/OAP_1 1.4 - 3.4 with all results significant. Interactions between smoking and OAP were mostly multiplicative for both asthmatic and bronchitic disorders. Population attributable risks based on dichotomous variables were for smoking about 15%, for OAP about 20%, and for smoking and/or OAP about 25%. Conclusion: OAP were at least as strong a risk factor as smoking for impaired respiratory health. Both smoking and OAP ought to be considered as possible confounders.