European Respiratory Society Annual Congress 2012

Abstract Number: 1107 Publication Number: P2256

Abstract Group: 5.2. Monitoring Airway Disease

Keyword 1: Sarcoidosis Keyword 2: Lung function testing Keyword 3: Spirometry

Title: Change in pulmonary function abnormalities in sarcoidosis over time: A review of 75 cases

Dr. Christopher 8249 Atkins christopher.atkins@nnuh.nhs.uk¹, Mr. Andrew 8250 Wilkes andy.wilkes@nnuh.nhs.uk¹, Dr. Orion 8251 Twentyman orion.twentyman@nnuh.nhs.uk MD¹, Chris 8252 Atkins chris.atkins@doctors.net.uk and Chris 8253 Atkins chris.atkins@doctors.net.uk .¹ Department of Respiratory Medicine, Norfolk and Norwich University Hospital, Norwich, Norfolk, United Kingdom, NR4 7UY .

Body: Airflow obstruction is common on initial pulmonary function tests (PFTs) in Sarcoidosis. Little has been published about change in PFTs over time, or with treatment. We examined PFT change in patients diagnosed with Sarcoidosis over a 14 year period. 75 patients were included. Median follow-up was 5.1 years. Patients were divided into those treated prior to follow-up (n=39) and those not (n=36). Results are shown in table 1.

	Presentation		Follow-up		Within-group difference		
Outcome	Untreated	Treated	Untreated	Treated	Untreated	Ireated	Between-group mean difference (95% CI)
FEV1 (L)	2.83	2.61	2.77	2.38	-0.07*	-0.23*	0.16* (-0.05-0.37)
FVC (L)	3.66	3.40	3.65	3.31	-0.01*	-0.09*	0.08* (-0.17-0.34)
FEV1/FVC Ratio	77.4%	77.2%	76.2%	72.1%	-1.2%	-5.2%	4% (0.58-7.42)
FEV1 (centile)	35.5	25.5	50.9	38.3	15.5	13.0	2.64 (-8.56-13.85)
FVC (centile)	46.1	32.7	68.8	58.8	22.7	26.3	-3.39 (-17.28-10.50)
Ratio (centile)	34.4	35.7	34.7	28.5	0.3	-6.5	7.47 (-4.90-19385)

Absolute and centile values (baseline, follow-up and within-group differences)

*L/year change

Treated patients tended to have greater deterioration of their PFTs. The difference was non-significant, except for a lower decline in FEV1/FVC ratio in those untreated. Previous research (Miller et al. Chest 2011; 139:52-59) suggests fixed ratio values are less accurate than percentile predicted; here, there was no statistical difference in percentile change between groups. Absolute FEV1 and FVC values declined in both

groups, though less in those untreated. Both groups showed greater than expected annual decline in FEV1 (Kerstjens et al. Thorax 1997;52:820-7), though both improved their percentile predicted values, with no significant difference in FEV1 or FVC change between groups.