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Title: Effectiveness of indacaterol and tiotropium in patients with severe dyspnoea

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Body: Introduction. Dyspnoea is a common, troublesome symptom of COPD. It is useful to know how patients (pts) with varying degrees of breathlessness respond to treatment. Aim. We explored the effectiveness of the once-daily(od) long-acting inhaled bronchodilators indacaterol(IND) and tiotropium(TIO) in COPD pts according to baseline dyspnoea severity(median modified Medical Research Council[mMRC] score <2.0 or \ge 2.0[ie less or more dyspnoea]). Methods. Data were pooled from three randomized studies of double-blind IND 150 μ g od(n=745), IND 300 μ g od(n=849) and placebo(PBO; n=1171) and open-label(o/l) TIO 18 μ g od(n=411) in pts with moderate-to-severe COPD. Trough FEV₁, transition dyspnoea index(TDI), St George's Respiratory Questionnaire(SGRQ) and odds ratios(OR) for clinically relevant response in TDI(\ge 1 point) and SGRQ(\ge -4 units) were evaluated at 6 months. Results. In pts with mMRC <2/ \ge 2 respectively(n=1425/1752), mean age was 63.1/63.9 years, FEV₁ 57.6/51.8% predicted, FEV₁/FVC 53.9/51.6%. Differences vs PBO for outcomes in each subgroup are shown in table(p<0.05 vs *PBO, †TIO or ‡IND 150).

		mMRC <2			mMRC ≥2	
	IND150	IND300	TIO	IND150	IND300	TIO
n	341	373	173	404	476	238
Trough FEV ₁ , mL	180*	180*	150*	140*	170* [†]	130*
TDI total score	1.21*	1.33*	1.26*	0.83*	1.24*†	0.63*
TDI responder OR	2.09*	2.44*	1.79*	1.77*	2.91*†‡	1.34
SGRQ total score	-4.7*	- 3.9*	-2.3	-4.0* [†]	-3.0*	-1.6
SGRQ responder OR	2.03*	1.56*	1.40	1.90*†	1.74*	1.29

Conclusions. In pts with less severe dyspnoea(mMRC <2), IND 150, IND 300 and o/l TIO were similarly effective. In pts with more severe dyspnoea(mMRC \geq 2), IND 300 was more effective than IND 150 and o/l TIO in improving dyspnoea. Increasing the IND dose to 300 μ g may be useful for pts with more severe dyspnoea.