European Respiratory Society Annual Congress 2012

Abstract Number: 105

Publication Number: P1977

Abstract Group: 6.3. Tobacco, Smoking Control and Health Education **Keyword 1:** Education **Keyword 2:** Health policy **Keyword 3:** Smoking

Title: Influence of smoking among residents doctors in a tertiary teaching hospital and their attitude of giving smoking cessation advice

Dr. Wassim 392 Zakaria info@pr-akhoury.com MD ¹ and Prof. Abdalla 393 Khoury info@pr-akhoury.com MD ¹. ¹ Internal Medicine, Aleppo University Hospital, Aleppo, Syrian Arab Republic .

Body: Introduction: Smoking among resident doctors would be an obstacle to effective Smoking prevention, in particular the practice of minimal advice. Objectives: To assess the Smoking habits of resident doctors in a tertiary teaching Hospital and to study the link between their Smoking status and their practice of minimal Smoking cessation advice in 2011 in a legislative context unfavorable to smokers. Methods: From a total 477 resident doctors in Aleppo University Hospital, 466 doctors I answered a survey (response rate:97.6%) investigating their own Smoking habits and how they approach patients who smoke. Results: The Prevalence of active Smoking among responders was(24%)[35% were Male, and 4% Female], 4% were former smokers and 72% never smoked. Regular smokers (58%)smoked an average 15 cigarettes a day and [43%were nicotine dependant (5%) strongly]. 66% of smokers doctors wish to stop Smoking an more than 50% of them wish to consult Anti-Smoking clinic. When consulting doctors systematically addressed smoking habits(62%) said that they gave minimal smoking cessation advice, in contrast with (87%) of non smokers doctors. The incidence of Smoking in the family's smoker resident doctors was(64%)in contrast with non smokers (41%). Conclusions: Resident doctors who smoked were less prone to ask their patients if they smoke (38% versus 13% of non-smokers: P=0.003) and they believed that their smoking does not influence their practice of giving minimal smoking advice.