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Title: Influence of farm exposure and pets ownership during pregnancy on cord blood mononuclear cells (CBMC) with intracellular production of interferon (IFN)- γ

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Body: Some epidemiological and observational data suggest that farm and pets exposure in early childhood may be conducive to reduced atopy. Currently, there is a lack of consensus regarding underlying immunological mechanisms, especially in prenatal period. AIM: We hypothesized the influence of farm exposure and pets ownership during pregnancy on intracellular IFN- γ production by CBMC. METHODS: Intracellular IFN- γ expressions as well as early activation marker CD69 (absolute cells count) were examined using flow cytometry after PHA stimulation of CBMC obtained from 93 full-term newborns. The Kruskal-Wallis and Mann–Whitney tests were used. RESULTS: We revealed that newborns from rural mothers (n=14) have higher amount of both nonactivated (INF γ +/CD69-, p=0.02) and activated (INF γ +/CD69+, p=0.028) CBMC, producing IFN- γ , as compared with newborns from urban mothers (n=79). Only for newborns from urban mothers we calculated the influence of pets exposure during pregnancy on intracellular IFN- γ production (Fig. 1).

Noteworthily, that only amount of activated (INF γ +/CD69+) CBMC was elevated in dog (but not in cat) exposure group. CONCLUSION: Thus, external and home environment factors such as farm exposure and dog ownership may act prenatal affecting Th1/Th2 balance. These findings can leastwise partially explain previously reported epidemiological data.