European Respiratory Society Annual Congress 2012

Abstract Number: 2864

Publication Number: 4301

Abstract Group: 5.2. Monitoring Airway Disease

Keyword 1: Asthma - diagnosis Keyword 2: Breath test Keyword 3: Nitric oxide

Title: Determinants of exhaled NO in a population of subjects with different respiratory symptoms – Results from the Swedish GA²LEN survey

Dr. Andrei 8636 Malinovschi Andrei.Malinovschi@medsci.uu.se MD ¹, Prof. Kjell 14319 Alving Kjell.Alving@kbh.uu.s ¹, Mrs. Linda 26396 Ekerljung Linda.Ekerljung@gu.se ², Prof. Bo 26397 Lundbäck bo.lundback@gu.se MD ², Dr. Roelinde 26398 Middelveld Roelinde.Middelveld@ki.se ³, Prof. Sven-Erik 26426 Dahlén Sven-Erik.Dahlen@ki.se MD ³, Dr. Lars 26427 Modig lars.modig@envmed.umu.se ⁴, Prof. Bertil 26428 Forsberg bertil.forsberg@envmed.umu.se ⁴ and Prof. Christer 26553 Janson christer.janson@medsci.uu.se MD ¹. ¹ Dept. of Medical Sciences, Uppsala University, Uppsala, Sweden ; ² University of Gothenburg, Krefting Research Centre, Institute of Medicine, Sahlgrenska Academy, Gothenburg, Sweden ; ³ Karolinska Institute, The Centre for Allergy Research, Stockholm, Sweden and ⁴ Department of Public Health and Clinical Medicine, Umeå University, Umeå, Sweden .

Body: Fraction of NO in exhaled air (FeNO) is a common method to assess airways inflammation. Determinants of FeNO have nevertheless mostly been studied in the healthy general population. Therefore, we studied determinants of FeNO in a large population of subjects with respiratory symptoms that may reflect the type of patients seen in clinical practice. FeNO was measured in 1018 subjects with asthma, sinusitis, asthma and sinusitis, or symptoms suggestive of asthma but without fulfilling the asthma diagnosis criteria, aged 17-76 years (median 45 yrs). Female gender, current smoking and having both parents smoking during childhood were related to lower FeNO while increased height, age, atopy and asthma diagnosis were related to higher FeNO, both before and after adjustments for variables given in Table.

	FeNO relative difference	Adjusted* FeNO relative difference
Female gender	- 24% (-30,-19)	-11% (-20, -1)
Height (per 10cm)	15% (10, 19)	7% (2, 13)
Age (per 10yrs)	4% (1, 7)	6% (4, 9)
Atopy	22% (14, 32)	16% (8, 26)
Smoking	-42%(-47, -35)	-41% (-47, -34
Asthma	16% (7, 25)	19% (1, 40)
Both parents smoking during childhood	-18% (-25, -9)	-10% (-18, -1)

^{*} for variables in the Table plus study center, rhinitis, sinusitis, unspecific symptoms, inhaled corticosteroid use, passive smoking and lung function.

In conclusion, constitutional factors, such as male gender, increased height and age, are related to increased FeNO in subjects with respiratory symptoms. They should be accounted for in clinical practice as their effect size is comparable to the effect of diagnosed asthma. Parental smoking during childhood was related to decreased FeNO and this warrants further studies.