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Abstract Group: 10.1. Respiratory Infections
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Title: Bacterial prevalence and load during COPD exacerbation and recovery

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Body: Bacteria are a common aetiological trigger of COPD exacerbations, with prevalence and load increasing from stable state (Garcha et al, Thorax 2011: 66;A11). We investigated prevalence and load of H . influenzae, S. pneumoniae and M . catarrhalis during exacerbation recovery using quantitative PCR (qPCR). We collected sputum from subjects in the London COPD cohort at exacerbation presentation ( $n=137$ ), day $3(n=41), 7(n=53), 14(n=56)$ and 35 post-exacerbation $(n=35)$. All exacerbations were treated with $\geq 7$ days of antibiotics ( $\pm$ oral steroids) and defined by our usual symptomatic criteria (Seemungal et al, AJRCCM, 1998). Characteristics of 102 COPD patients: mean(SD) age 68.7(8.2) years; FEV $1.2(0.5) \mathrm{L}$, 48.6(24.8)\% predicted. Bacterial prevalence was higher at exacerbation than Day 3 ( $50.4 \mathrm{vs} 26.8 \%$; $p=0.008$ ), Day 7 (28.3\%; $p=0.006$ ) and Day 14 (30.4\%; $p=0.011$ ) (Fig. 1). In recovery samples paired with bacteria-positive exacerbations (different patients at each time point), load [median (IQR) $\log _{10} \mathrm{CFU} / \mathrm{ml}$ ] was significantly higher at exacerbation compared with Day $3(n=15)$ : $10^{8.1(5.9-8.7)}$ vs $10^{0(0-4.0)}, p=0.001$; Day 7 ( $\mathrm{n}=17$ ): $10^{8.2(6.3-8.8)}$ vs $10^{4.2(0-6.6)}, \mathrm{p}=0.01$; Day 14 ( $\mathrm{n}=14$ ): $10^{8.0(6.3-8.7)}$ vs $10^{4.4(0-6.6)}, \mathrm{p}=0.022$; and Day 35 $(n=15): 10^{7.7(5.7-9.3)}$ vs $10^{5.9(0-6.74)}, p=0.047$. Bacterial prevalence and load detected by qPCR falls within 3 days of antibiotic therapy for COPD exacerbations, with load remaining low for at least 35 days post-onset.

