



Time-based gene expression programme following diaphragm injury in a rat model

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ABSTRACT: It was hypothesised that diaphragm injury activates a time-based programme of gene expression in muscle repair.

Gene expression of different substances, such as proteases (calpain 94 (p94)), transcription factors (myogenin and cFos), growth factors (both basic fibroblast growth factor (bFGF) and insulin-like growth factor (IGF)-II), and structural proteins (myosin heavy chain (MHC) and titin), was quantified by RT-PCR in rat diaphragms exposed to caffeine-induced injury. Injured and noninjured (control) rat hemidiaphragms were excised at different time points (1–240 h).

In injured hemidiaphragms, in comparison with control muscles, p94 expression levels peaked at 1 h post-injury (PI), cFos mRNA levels began to rise, after an initial dip, and peaked at 96 h PI, while myogenin mRNA levels started to increase as early as 12 h PI, IGF-II mRNA levels initially decreased until 48 h PI and increased thereafter, peaking at 72 h PI, bFGF mRNA levels rose to a maximum at 96 h PI, and MHC and titin mRNA levels were significantly elevated at 72 h PI.

Caffeine-induced diaphragm injury is followed by a time-based expression programme of different genes tailored to meet muscle repair needs.

KEYWORDS: Diaphragm, gene expression, injury, repair

Diaphragm fibre injury is associated with reduced muscle force [1, 2] that may lead to ventilatory muscle dysfunction. Diaphragm damage is observed both *in vitro* [3] and *in vivo* after inspiratory overloading [4–6], sepsis [7], and prolonged mechanical ventilation [8, 9]. In humans, diaphragmatic sarcomere disruption is more prevalent in patients with chronic obstructive pulmonary disease (COPD) than in healthy subjects [10]. The amount of muscle injury is related to the degree of airway obstruction, and high-threshold inspiratory loading in COPD patients increases the amount of damage [10, 11]. Based on these findings, it could be hypothesised that diaphragm fibres are able to regenerate efficiently after injury in a similar fashion as limb muscles do when they are repeatedly repaired throughout life [12, 13]. Skeletal muscle regeneration requires activation of quiescent myogenic precursor cells (mpc) that undergo multiple rounds of cell division, differentiate into myoblasts, fuse onto damaged fibres, and, finally, mature into myofibres. Several studies have hinted at a time-based gene expression programme regulating mpc progression after limb muscle injury, although the contribution of the different molecular mechanisms is not yet well defined [13–15].

In an *in vivo* rat model [2], it has been shown previously that caffeine-induced diaphragm injury caused sarcolemmal disruption in 33% of muscle fibres, in association with 70% muscle force reduction at 1 h post-injury (PI). Healing of membrane injury was complete by 4 days PI. However, full force recovery only occurred at 10 days PI, suggesting that assembly of sarcomeres and other cellular structures, required for normal force production, takes longer than membrane healing. This supports the concept of a time-based programme, during diaphragm repair, involving the organised expression of different molecular factors, such as proteases, myogenic regulatory factors, growth factors and structural proteins.

The current authors hypothesised that diaphragm injury activates a time-based programme of gene expression in muscle repair. Therefore, the main objectives were to study the time course of mRNA expression of genes involved in different stages of the muscle regeneration process, namely, proteases (calpain 94 (p94)), transcription factors (cFos and myogenin), growth factors (basic fibroblast growth factor (bFGF) and insulin-like growth factor (IGF)-II), and structural proteins (myosin heavy chain (MHC) and titin).

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Received:

April 23 2004

Accepted after revision:

November 12 2004

SUPPORT STATEMENT

This study was supported by the Canadian Institutes of Health Research (CIHR-Grant MOP-53119). S.N. Mehiri was the recipient of a Canadian Lung Association-CIHR fellowship. E. Barreiro was supported by SEPAR, FUCAP (Barcelona, Spain) and RESPIRA (RTIC C03/11; Madrid, Spain), and Biomed (BMTH4-CT98-3406; Brussels, Belgium).

European Respiratory Journal
Print ISSN 0903-1936
Online ISSN 1399-3003

MATERIALS AND METHODS

Methodology

All experiments were conducted on Sprague-Dawley rats (Charles River, St. Constant, QC, Canada) weighing 250–300 g, in accordance with the guidelines of the Canadian Council on Animal Care (Ottawa, ON, Canada) after approval by the institutional Animal Care Committee (Centre hospitalier de l'Université de Montréal (CHUM), Hôpital Notre-Dame, Montréal, QC, Canada). The current authors studied the caffeine-induced injury model that has already been shown to present sarcolemmal damage to 33% of diaphragm fibres [2].

Experimental procedures

The rats were anaesthetised by intraperitoneal injection of sodium pentobarbital (50 mg·kg⁻¹). After an aseptic median incision of the abdominal wall, the costal portion of the right hemidiaphragm was exposed to a 100-mM caffeine solution (Sigma Chemicals, St. Louis, MO, USA) dissolved in HEPES-buffered Krebs solution. The caffeine was contained in a 2-cm-diameter plastic suction cup held in place for 10 min by negative pressure (-20 cmH₂O). The same procedure, with a saline-filled suction cup, was applied to the left hemidiaphragm, which served as the control muscle in all rats. The abdominal wall was then closed, and the animals were allowed to recover in cages with food and water *ad libitum*.

To check whether local caffeine application induces hypoxia, a series of complementary experiments were performed. In 33 adult male rats, oxygen transcutaneous saturation of haemoglobin was measured during the entire time of diaphragm caffeine application (10 min). None of these 33 animals desaturated.

Study protocol and diaphragm sample preparation

Nine time-point groups of rats (n=7 each) were established, as has been previously done [2], and sacrificed at 1, 4, 6, 12, 24, 48, 72, 96 and 240 h PI, with each animal serving as its own control, since the left hemidiaphragm remained untreated. The diaphragm was removed *en bloc*, and immersed in equilibrated regular Krebs solution (95% O₂, 5% CO₂, pH 7.38) that was chilled at 4°C for further dissection. Both the caffeine and saline-exposed areas were localised and dissected into two portions. One rectangular block was dissected and frozen at -80°C for subsequent molecular biology analysis. The second block was quick-frozen in isopentane, which had been pre-cooled with liquid nitrogen, and preserved at -80°C for histology.

Histological analysis

Muscle strips (10-µm cross-sections), cut in a cryostat microtome (Leica Cryocut 1800; Leica, Heidelberg, Germany) and maintained at -20°C, were stained with haematoxylin and eosin (H&E) and viewed with a Nikon Eclipse TE600 microscope (Nikon, Melville, NY, USA), which was connected to a Photometrics® CoolSNAP™ camera (Roper Scientific Inc., Tucson, AZ, USA). Criteria adapted from REID and BELCASTRO [16] were applied to identify abnormal muscle morphology. A muscle area was considered as abnormal when it contained viable muscle with an abnormal morphology, necrotic muscle, or when it was invaded by inflammatory cells (where no outline of muscle cells was evident). Normal and abnormal

areas were measured with the area calculator tool of MetaMorph® Imaging System 4.6 software (Universal Imaging Corporation, Downingtown, PA, USA). First, the total cross-sectional area, including normal and abnormal muscle, was computed and displayed in calibrated units. Then, all abnormal areas were delimited with the manual outlining tool, and calculated in a similar manner. The fraction area of abnormal tissue was represented by the percentage of abnormal muscle relative to the total cross-sectional area [17].

Total RNA isolation

Frozen diaphragm tissue was homogenised (Model 985370 Tissue Tearor; Biospec Products, Bartlesville, OK, USA) in 1 mL of TRIzol® Reagent (Life Technologies Inc., Rockville, MD, USA) according to the manufacturer's instructions. The extracted total RNA was ethanol precipitated, dried, and resuspended in RNase-free water before storage at -80°C.

RT-PCR analysis

The oligonucleotide primer pairs used for each of the studied factors are enumerated in table 1. Purified total RNA (1 µg per reaction) was the substrate for RT-PCR amplification of gene segments in the Titan® One-Tube RT-PCR System (Roche Diagnostics, Laval, QC, Canada). Each gene-specific fragment was co-amplified with a 237-base pair fragment corresponding to mRNA glyceraldehyde-3-phosphate-dehydrogenase (GAPDH). GAPDH served as a reference gene, since its expression is widely recognised for standardising the expression levels of different genes in various tissues and under a number of physiological conditions, including muscle injury and repair [18, 19]. Reverse transcription was performed at 50°C for 30 min prior to cycling. Linear amplification was undertaken according to the studied gene, after 28–39 cycles (table 1). Each cycle consisted of 1 min at 94°C, followed by 1 min at 55°C and 3 min at 68°C. Co-amplification was achieved by adding GAPDH primers to the reaction mixtures with 28 cycles remaining. Cycling was then stopped for 5 min at 55°C to allow the reverse transcription of GAPDH-specific sequences, and the remaining 28 amplification cycles were resumed. The last cycle had an elongation segment of 10 min instead of 3 min. In the current authors' experience, the reverse transcriptase in this kit is very temperature stable. All RT-PCR products were separated by electrophoresis in 1.5% standard agarose/1 × Tris-borate ethylenediamine tetraacetic acid buffer (TBE) gels and stained with ethidium bromide, except for MHC/GAPDH co-amplifications, which were separated in 3% high-resolution (3:1) agarose/1 × TBE gels.

Densitometric analysis

Amplification products were analysed in the Alpha Imager 2000 Documentation and Analysis System (Alpha Inotech Corporation, San Leandro, CA, USA). mRNA expressions of the different molecular markers were normalised in the injured fibres relative to GAPDH mRNA. Therefore, the intensity of the band representing the target gene from each sample was divided by the intensity of the sample's corresponding GAPDH band. The ratios calculated in the treated diaphragms were then compared to those obtained for noninjured control tissues and plotted against time in terms of relative expression.

TABLE 1 Primers and reaction conditions for RT-PCR

Gene	5' Primer	3' Primer	Cycles	bp size
GAPDH	5'TGGTGAAGGTCGGTGTGAACG3'	5'TCTCGTCTCTGGAAGATGGTG3'	28	237
p94	5'CTCTCCTTCTGGTCTGAACATGGG3'	5'GTGACGGTCTGTCTCATCTGAGGCC3'	32	115
cFos	5'CACCGACCTGCCTGCAAGATC3'	5'AGCTCAGTGAGTCAGAGGAGG3'	35	523
Myogenin	5'ACCTTCTGTCCACCTTCAGG3'	5'AGCAAATGATCTCTGGGTTG3'	36	498
bFGF	5'TCACTTCGCTTCCCGCACTGC3'	5'TCTGCTCTTAGCAGACATTGG3'	39	435
IGF-II	5'CCGGCTTCCAGGTACCAATGG3'	5'TTGGGTGGTAACACGATCAGG3'	35	508
MHC	5'CCGATTGAGGAGCTGGAGG3'	5'CTCTCCACACTGCTGGAGAGG3'	33	314
Titin	5'TGTCTGCCCTGCAACGGTC3'	5'TTCCACCACAGCAGTGGCCC3'	33	581

Reverse transcription was performed at 50°C. PCR amplification conditions were denaturation at 94°C for 1 min, annealing at 55°C for 1 min, and elongation at 68°C for 3 min. bp: base pairs; GAPDH: glyceraldehyde-3-phosphate-dehydrogenase; p94: calpain 94; bFGF: basic fibroblast growth factor; IGF: insulin-like growth factor; MHC: myosin heavy chain.

Statistical analysis

Values are expressed as the means of relative expression \pm SEM. The relative mRNA expression of each factor at different time points and the abnormal muscle fraction area in the injured hemidiaphragm were first compared with the contralateral hemidiaphragm by the Wilcoxon test for related samples. The expression of each factor at different time points was compared by one-way ANOVA, when normality and equality of variance were confirmed. The Bonferroni *post hoc* test was applied to locate significant differences between different time points. Otherwise, Kruskal-Wallis one-way ANOVA was used on ranks. The level of significance was $p < 0.05$.

RESULTS

Histological quantification of abnormal muscle area

Necrosis and inflammation progression were monitored by H&E staining in both injured and control hemidiaphragms (fig. 1). Control muscles did not show any monocyte/macrophage infiltration (fig. 1a). Moderate inflammatory cells infiltration appeared as early as 6 h PI, but was more evident at 24 h (fig. 1b). Muscle necrosis with abnormal morphology and infiltration of swollen necrotic cells by mononucleated cells reached a maximum at 48 (fig. 1c) and 72 h PI. These anomalies declined subsequently by 96 h, and disappeared completely at 240 h PI (fig. 1d). Statistical comparisons are shown in figure 2.

Time-course expression of markers

Proteases

p94 mRNA peaked at 1 h after diaphragm injury to twice the baseline value ($p < 0.05$) and decreased to baseline at 4 h. A late significant increase was observed at 240 h PI (fig. 3a).

Transcription factors

cFos mRNA expression was decreased at 6 h PI, compared with the control side ($p < 0.05$), and returned to baseline at 12 h PI (fig. 3b). Thereafter, it started to rise progressively up to 48 h PI, and increased sharply with a peak at 96 h PI ($p < 0.05$). Interestingly, the beginning of cFos mRNA elevation coincided directly with decreasing myogenin mRNA (72 h PI). Myogenin mRNA expression began to rise at 12 h PI ($p < 0.05$), and

peaked at 48 h with a value three-fold higher than that of the controls ($p < 0.05$). Its expression remained significantly high until 72 h PI (fig. 3c).

Growth factors

IGF-II mRNA expression declined by 1 h PI and reached a minimum level at 6 h ($p < 0.05$), remaining low until 48 h PI. Its maximal level was observed at 72 h of recovery and was almost twice as high as that of the contralateral hemidiaphragm ($p < 0.05$), with significant elevation until 240 h PI (fig. 3d). bFGF mRNA expression dropped initially at 6 h PI ($p < 0.05$), and increased significantly at 24 h PI ($p < 0.05$). A second peak of expression, two-fold higher than in the control diaphragm, was noted at 96 h PI ($p < 0.05$), reaching baseline at 240 h PI (fig. 3e).

Structural proteins

MHC mRNA expression showed initial depression at 1 h PI ($p < 0.05$), and increased significantly at 72 h PI (fig. 4a). Maximal expression was reached at 96 h PI and remained high thereafter ($p < 0.05$). After an initial drop that was not significant, titin mRNA expression rose significantly by 72 h PI and stayed elevated thereafter ($p < 0.05$; fig. 4b).

DISCUSSION

The main findings of the present study are as follows: 1) p94 expression levels peaked significantly at 1 h PI; 2) after an initial decrease, the mRNA levels of the transcription factor cFos started to rise, and peaked at 96 h PI, while myogenin mRNA levels increased as early as 12 h PI; 3) IGF-II levels decreased initially until 48 h PI and climbed thereafter, with a peak at 72 h PI; 4) after an initial drop, bFGF mRNA levels reached a maximum at 96 h PI; and 5) mRNA levels of both MHC and titin increased significantly at 72 h PI. Table 2 summarises these data.

Histological findings

In a previous study, it was reported that local application of caffeine induces reproducible rat diaphragm sarcolemmal damage peak at 1 h PI, concomitant to maximal loss of force [2]. Actually, and even though H&E is not truly specific for

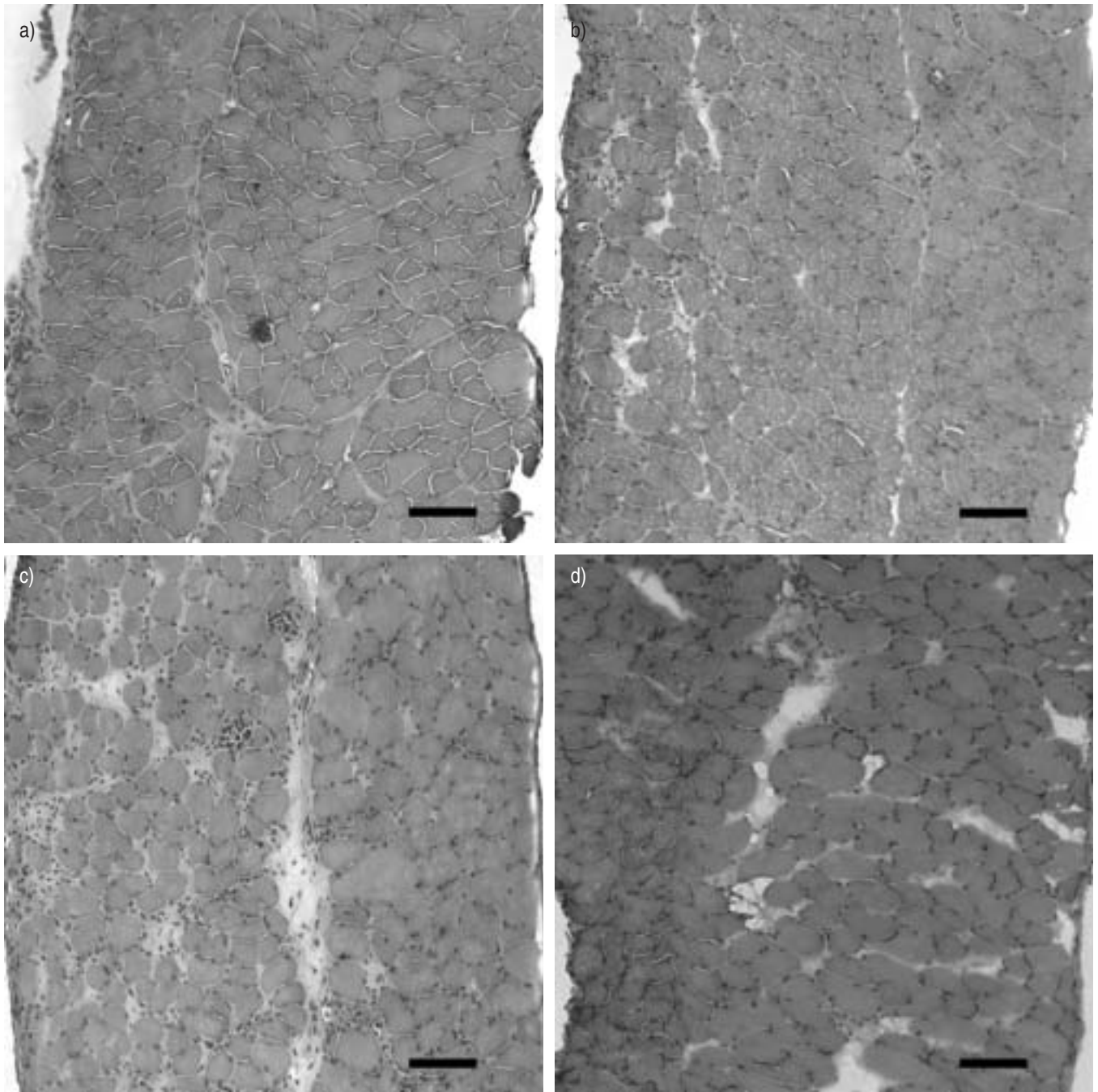


FIGURE 1. Control nontreated diaphragm (a). The interstitial space and myocyte invasion by mononucleated cells was evident at 24 h post-injury (PI; b), and rose significantly at 48 h PI (c). Mononucleated cell infiltration disappeared completely at 240 h PI (d). Scale bars=50 μ m.

inflammatory processes, and did not allow the current authors to differentiate the inflammatory cell population, it was shown that PI inflammatory infiltrates appear later than myocyte membrane injury, and are substantial only at 48–72 h PI. The role of inflammatory infiltrate remains to be determined, and it is not excluded that inflammation could contribute to the activation of molecular factors involved in the muscle repair process [20–22]. LAPOINTE *et al.* [23] suggest that nonsteroidal anti-inflammatory drugs inhibit the repair process following muscle injury.

Pattern of gene activation

Proteases

p94, an indispensable, muscle-specific, calcium-dependent, nonlysosomal cysteine protease [24], modulates the function of digesting proteases [25]. Calpains are activated during sepsis-induced muscle injury [26] and resistive loading-induced diaphragm damage [6, 16]. In contrast to the other factors, p94 mRNA did not decrease, but peaked transiently and immediately after injury, simultaneously with maximum sarcolemmal injury and loss of force [2]. This rapid increase

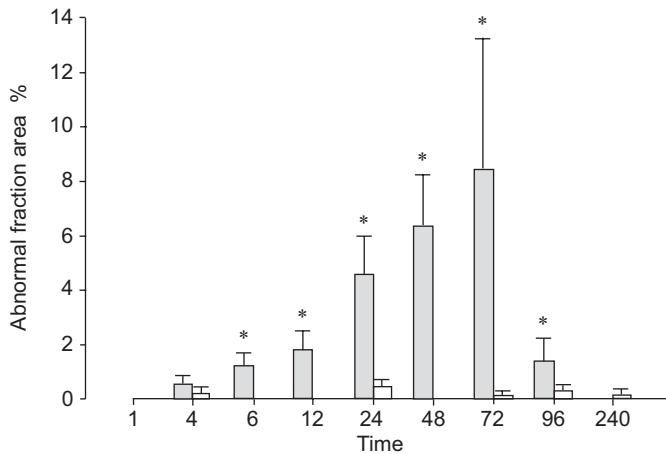


FIGURE 2. Evolution of the haematoxylin and eosin histological abnormalities in caffeine-treated (■) and nontreated control hemidiaphragms (□). The results are expressed as percentages ± SEM of the total area for each post-injury time point. Bars are not represented when no infiltration was observed. *: $p < 0.05$, significantly different from controls.

suggests that the immediate caffeine-induced rise of intracellular calcium could have triggered p94 mRNA upregulation. Even though quantification of the level of enzyme activation was not possible, because of the small quantity of tissue, it is reasonable to assume that the p94 mRNA peak promoted the enzyme's synthesis and led to larger availability of its activated form. In addition, calpains are implicated in cell migration and signalling [27], myoblast fusion, and myogenin expression [28].

Transcription factors

The proto-oncogene cFos promotes muscle cell repair and hypertrophy in immediate response to both injury [29] and mechanical stress [30, 31], while myogenin is a potent regulator of terminal muscle differentiation during myogenesis and regeneration [32–34]. Unexpectedly, myogenin rose as early as 12 h PI, whereas cFos increased later than expected at 72 h PI. This coincided with decreased myogenin transcripts, perhaps because myogenin inhibits the cFos promoter [35]. In addition, the highest levels of inflammation coincided with elevated cFos and, thus, indicated a potential role of some pro-inflammatory factors in inducing cFos expression and mpc division [36, 37]. As a terminal differentiation marker, late expression of the myogenin gene was expected. Nonetheless, some studies of crush injury or toxic damage in peripheral muscles have detected early myogenin mRNA and protein expression in the myonuclei/nuclei of satellite cells [29, 38, 39]. This implies the existence of a subpopulation of committed satellite cells that immediately begin terminal differentiation without previous mitosis, whereas other mpc proliferate and differentiate only thereafter [40]. These highly radiation-resistant satellite cells, which retain the ability to form muscle in the short term and go directly to terminal differentiation [40], might be present in the diaphragm.

Growth factor transcripts

bFGF and IGF-II increased at 24 and 72 h PI, respectively. bFGF, a strong mitogenic factor [41], enhances muscle regeneration [42] and myogenic cell migration [43]. Diaphragm bFGF expression is not well known. It is enhanced by hypoxia-induced hyperventilation [44] and is decreased in mdx mice

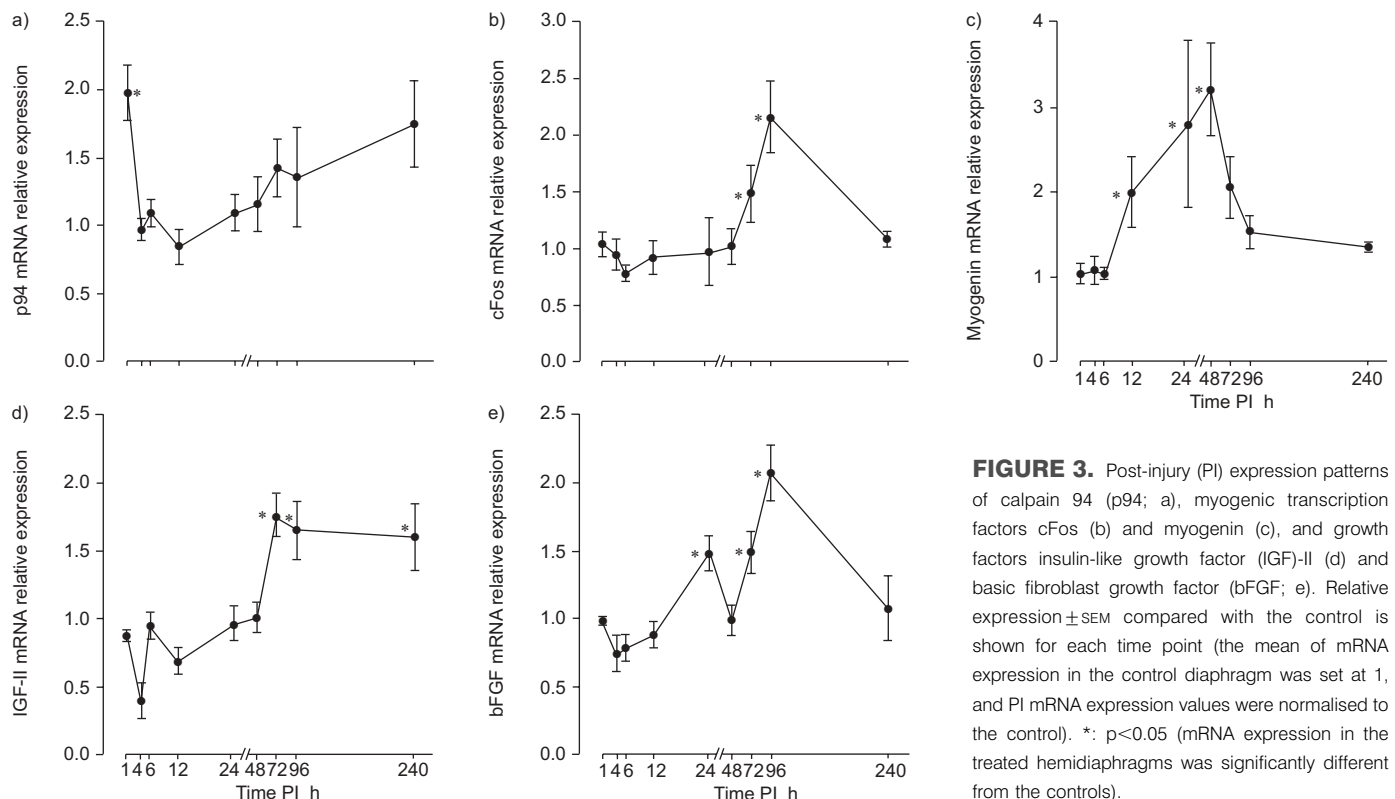


FIGURE 3. Post-injury (PI) expression patterns of calpain 94 (p94; a), myogenic transcription factors cFos (b) and myogenin (c), and growth factors insulin-like growth factor (IGF)-II (d) and basic fibroblast growth factor (bFGF; e). Relative expression ± SEM compared with the control is shown for each time point (the mean of mRNA expression in the control diaphragm was set at 1, and PI mRNA expression values were normalised to the control). *: $p < 0.05$ (mRNA expression in the treated hemidiaphragms was significantly different from the controls).

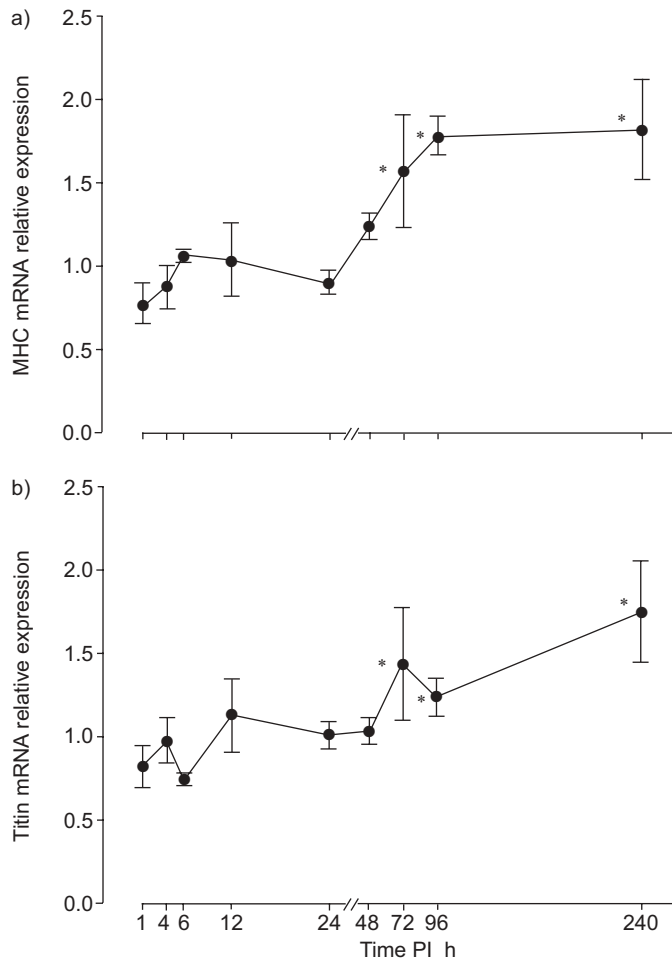


FIGURE 4. Post-injury (PI) mRNA expression patterns of the muscle structural proteins myosin heavy chain (MHC; a) and titin (b). Relative expression \pm SEM compared with the control is shown for each time point (the mean of mRNA expression in the control diaphragm was set at 1, and PI mRNA expression values were normalised to the control). *: $p < 0.05$ (mRNA expression in the treated hemidiaphragms was significantly different from the controls).

[45]. The current authors found that the rise in bFGF mRNA lasted 96 h PI, confirming the involvement of bFGF in the

diaphragmatic repair programme. IGF-II acts as a signalling factor during muscle repair [46], activating mpc proliferation and terminal differentiation [47]. Very little is known about IGF-II expression and action in the diaphragm. Although IGFs appear to be involved in diaphragm remodelling, most of the available data concern IGF-I. IGF-II increases diaphragmatic specific force [48], enhances fibre growth, maintains their size [49, 50], and prevents corticosteroid-induced diaphragm atrophy in emphysematous hamsters [51]. Conversely, IGF-I and -II expression is decreased in the rat diaphragm after massive corticosteroid treatment [52]. According to the current data, IGF-II transcripts are upregulated during the repair process in the diaphragm. Moreover, IGF-II mRNA increases only after myogenin gene activation, as demonstrated in myogenesis models [47]. IGF-II mRNA elevation precedes structural protein transcript expression, and is maintained at high levels during MHC and titin transcript expression and force recovery [2]. This points to IGF-II involvement in structural protein construction, and is interesting in light of a recent study showing that it promotes skeletal muscle force and myofibre heterogeneity [53].

Finally, the late increase of MHC and titin mRNA, concomitant with inflammatory infiltration withdrawal and functional recovery [2], confirms the efficiency of the diaphragmatic repair process. The earlier rise of MHC mRNA suggests that contractile protein gene activation precedes noncontractile protein genes like titin. Maximal expression of titin transcripts, an elastic protein considered to be a molecule that helps to position myosin filaments in sarcomeres [54], was observed only at 240 h PI.

Study limitations

Caffeine-induced injury model

Caffeine-induced damage is not a model of physiological injury in its classic sense. Nonetheless, the current authors' preference for the caffeine model of muscle injury in the present study was two-fold: 1) it has already been demonstrated that local application of a caffeine solution elicits reproducible diaphragm sarcolemmal injury in association with a major reduction of diaphragm force [2]; and 2) diaphragm exposure to caffeine produces injury without interference of other factors prone to muscle fibre injury, such as hypoxia and acidosis, as seen in resistive-loading models

TABLE 2 Post-injury gene expression profile

Gene	Onset of significant expression rise h	Onset of rise p-value	Peak of relative expression h	Ratio of relative expression at peak	Peak p-value	Range of increase h
p94	1	0.028	1	2.0 \pm 0.7	0.005	0–1
Myogenin	12	0.028	48	3.2 \pm 1.3	0.028	12–72
cFos	72	0.028	96	2.1 \pm 0.5	0.018	72–96
bFGF	24	0.028	96	2.1 \pm 0.8	0.028	24–96
IGF-II	72	0.028	72	1.8 \pm 0.4	0.028	72–240
MHC	72	0.028	96	1.8 \pm 0.9	0.028	72–240
Titin	96	0.043	240	1.6 \pm 0.5	0.043	96–240

Statistical analyses were performed as described in *Materials and methods*. The rise is considered significant compared with the control side at $p < 0.05$. p94: calpain 94; bFGF: basic fibroblast growth factor; IGF: insulin-like growth factor; MHC: myosin heavy chain.

[16]. Hence, the eloquence of caffeine-induced injury is that it eliminates several confounding factors. Furthermore, skeletal muscle caffeine exposure has been shown to stimulate Ca^{2+} release from the sarcoplasmic reticulum by activating ryanodine receptors, thereby increasing intracellular Ca^{2+} concentrations [55]. The massive elevation of intracellular calcium is a known contributor to muscle injury. Several studies suggest that caffeine-induced calcium release from intracellular stores can induce mammalian sarcolemmal damage [56] and myofibrillar degradation [57].

H&E staining allowed the assessment of histological damage. As mentioned previously, this technique does not allow specific differentiation of inflammatory cell types, but clearly shows cell infiltration (fig. 1).

RT-PCR

The current study was designed to screen and monitor the time course of gene expression of several factors involved in myocyte regeneration after diaphragmatic damage. RT-PCR was the most appropriate technique for the detection of small mRNA quantities of the selected factors, since the amount of injured tissue obtained from the rat diaphragm was very limited. Although RT-PCR does not give information about the presence, amount or location of the resulting proteins, significant modifications of mRNA levels are both reproducible and informative with respect to PI activation of the genes involved. The suitability of GAPDH as a housekeeping gene is exemplified by the internal consistency of the current results. The different temporal gene expression patterns that emerged from the current data were possible because GAPDH expression levels remained constant throughout the PI period covered by the study.

Conclusions

In summary, the current authors conclude that caffeine-induced injury triggers a time-based programme of the expression of a variety of genes, at least in the rat diaphragm, tailored to meet the needs of muscle repair. The pattern of expression of these genes covers a wide range of different phenomena involved in complete muscle repair, which go from the proteolysis of damaged muscle proteins to the synthesis of new muscle fibres. Future studies are required to elucidate the exact pattern of gene expression in the muscle repair process under other chronic conditions of diaphragm injury, such as sepsis and chronic obstructive pulmonary disease.

ACKNOWLEDGMENTS

The authors would like to thank O. Da Silva (Research Support Office, CHUM Research Centre, Hôtel-Dieu Hospital, Montréal, QC, Canada) for his editorial assistance.

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