Inflammation in cystic fibrosis airways: relationship to increased bacterial adherence


ABSTRACT: It is unclear whether inflammation in the cystic fibrosis (CF) lung relates predominantly to bacterial infection, or occurs as a direct consequence of mutant cystic fibrosis transmembrane conductance regulator (CFTR) protein. Interleukin (IL)-8 secretion from CF and non-CF cell lines, and from CF and non-CF human primary nasal epithelial cells incubated with or without *Pseudomonas aeruginosa*, was measured. Activation of nuclear factor-κB (NF-κB) in unstimulated CF and non-CF nasal epithelial cells, cell lines and murine tissues was measured by gel-shift assays. No significant difference in basal IL-8 production or NF-κB activation was observed between CF and non-CF primary nasal cells. However, CF cells exhibited a significantly (p<0.01) increased IL-8 secretion following *P. aeruginosa* stimulation. Equalization of the increased *P. aeruginosa* adherence observed in CF cells, to non-CF levels, resulted in comparable IL-8 secretion. Further, IL-8 production did not differ with mutations which result in either correctly localized CFTR, or in partial/total mislocalization of this protein. Similar levels of NF-κB activation were observed in a number of organs of wild-type and CF mice. Finally, IL-8 secretion and NF-κB activity were not consistently increased in CF cell lines. Cos-7 cell transfection with plasmids expressing ΔF508 or G551D mutant CFTR protein resulted in increased activation of a p50-containing NF-κB complex, but IL-8 secretion was similar to wild-type cells. The authors conclude that the stimulus produced by *Pseudomonas aeruginosa* is the predominant inflammatory trigger in their models. Eur Respir J 2001; 17: 27–33.

Over the last two decades, the life expectancy of patients with cystic fibrosis (CF) has improved dramatically, allowing median survival to reach thirty years. Cloning of the CF gene and subsequent investigations into the molecular physiology of the gene product have led to a better understanding of the disease. The CF gene encodes the cystic fibrosis transmembrane conductance regulator protein (CFTR), a chloride channel localized to the apical surface of epithelial cell membranes. More than 800 CF mutations are classified into five groups based on the mechanism by which the function of CFTR is disrupted. Broadly, these include those in which no protein is produced (class I), protein which does not reach its correct location (class II), and those in which smaller amounts or less functional protein are correctly localized (classes III–V) [1]. The deletion of the amino acid phenylalanine at position 508 (ΔF508) in the CFTR protein accounts for >70% of CF alleles in Caucasians and is an example of a class II mutation.

The most common cause of death in CF is respiratory failure as a result of chronic pulmonary infection and inflammation [2]. However, it is not clear whether the inflammation is simply a secondary response to infection, or whether the primary defect in CFTR is more directly linked to the generation of this inflammatory process. A number of lines of evidence link mutant CFTR with an increased susceptibility to infection. Most studies suggest that CF subjects show reduced mucociliary clearance, perhaps related to the primary defect. This, in turn, will predispose to infection by a variety of organisms [2]. Local host antimicrobial defences, such as β-defensins [3], may show impaired function as a result of alterations in
Airway surface fluid (ASF) electrolytes, although it is presently unclear whether CF ASF is indeed abnormal with regard to sodium or chloride content [4]. A controversial hypothesis suggests that there is a defect in ingestion of Pseudomonas aeruginosa by respiratory epithelial cells [5], likely to facilitate infection. Finally, the receptor for P. aeruginosa, the asialoglycolipid asialo-GM1, is significantly increased on the apical cell membrane of CF respiratory epithelium and may, therefore, promote infection by increasing adherence [6]. Thus, several studies support the hypothesis that mutant CFTR can lead to increased bacterial colonization and resultant inflammation.

The hypothesis of primary (endogenous) inflammation is based firstly on clinical observations of inflammation preceding detectable infection in CF neonates and young children. Thus, bronchoalveolar lavage fluid showed neutrophil infiltration, increased levels of interleukin (IL)-8 [7, 8] and a protease/antiprotease imbalance, but was negative for bacterial culture [7]. A recent study adds weight to the concept of endogenous inflammation [9]. Early inflammation was examined in human foetal airway xenografts in severe combined immunodeficient (SCID) mice. Significant increases in IL-8 secretion were seen from CF proximal airway grafts prior to infection, when compared to non-CF grafts. Neutrophil recruitment to the basal membrane and movement to the epithelial surface was also evident. This was slower and less marked in non-CF proximal airways. In distal airway xenografts, neutrophil migration was again observed in CF airways, but was not seen in non-CF tissues. One possible explanation for endogenous inflammation is that mutant (mistrafficked) CFTR protein may directly increase activation of the transcription factor nuclear factor-κB (NF-κB) [10]. NF-κB, and particularly the p50/p65 heterodimer, is involved in the regulation of a large number of proinflammatory mediators [11]. In addition, "protective" cytokines such as IL-10 which serve to terminate inflammation, and are also under the control of NF-κB, have been shown to be significantly reduced in CF [12].

IL-8 is a powerful chemoattractant and is transcriptionally regulated by NF-κB. IL-8 is involved in recruitment of neutrophils into the lung [13] or nasal mucosa [14] and is a central factor in the inflammatory response of the airways [15]. This study has examined whether there is evidence for basally increased IL-8 production and NF-κB activation to support the hypothesis directly linking mutant CFTR to inflammation. To assess the alternative hypothesis of inflammation following infection, it has been studied whether in CF, stimulation with P. aeruginosa results in exaggerated production of IL-8, and whether this in turn relates to the characteristically increased adherence level of these organisms.

Materials and methods

Patient population

The study used 29 adult CF patients (21 males) with a mean (range) age of 29.2 (17–44) yrs. None were using nasally inhaled, oral or intravenous steroids and no patient was studied during an acute exacerbation. The genotype of each subject is included in the Results section. Eighteen nonsmoking healthy volunteers (11 males) with a mean age of 32.7 (23–50) yrs served as controls. The protocol was approved by the Royal Brompton Hospital Ethics Committee and all subjects gave informed consent.

Nasal epithelial cell harvesting

Nasal epithelial cells were obtained by brushing the mucosa of the inferior turbinate of both nostrils with a 3 mm cytology brush (Diagmed, Thirsk, UK). Recovered cells were suspended in Ham’s F12 medium (Gibco BRL, Paisley, UK), washed once and pelleted by pulse centrifugation (13,000 × g) in phosphate-buffered saline (PBS) and resuspended in Ham’s F12. Cell numbers were quantified by microscopic examination in a standard haemocytometer counting chamber (Sigma, Poole, UK) and viability estimated using the tripan blue exclusion assay. Subsequently, samples were divided into two groups for assessment of IL-8 secretion and bacterial adherence. Viability was again quantified after 24 h.

Bacterial strain

A laboratory reference strain of P. aeruginosa (international antigenic typing scheme (IATS) serotype 01 (National Collection of Type Cultures 11440, American Type Culture Collection 3348), nonmucoid, piliated and gentamicin-sensitive) was used [16]. The bacteria were grown on blood agar plates for four consecutive days before overnight culture in tryptone soya broth (Unipath Ltd, Basingstoke, UK) to ensure piliation. Piliation status was confirmed by transmission electron microscopy. Briefly, bacteria were suspended in distilled water, placed onto formvar coated grids (Agar Scientific Ltd, Stansted, UK) and negatively stained with 0.65% sodium phosphotungstate. Subsequently, bacteria were pelleted by centrifugation at 160 × g for 10 min, supernatant was removed and the pellet resuspended in 1 mL of phosphate buffered saline (PBS). Bacterial concentration was quantified by spectrophotometry, with an optical density at 620 nanometers, of 0.1 corresponding to ~2.5 × 10⁸ bacteria, as previously described [17]. Bacterial dilutions were prepared in PBS.

Pseudomonas stimulation assay

Nasal epithelial cells were divided into two 400-µL aliquots. P. aeruginosa at a final concentration of ~5.2 × 10⁷ bacterial-mL⁻¹ was added to one aliquot, whilst the second aliquot was used to determine basal IL-8 secretion in the absence of stimulation. Both aliquots were incubated at 37°C with 5% carbon dioxide. After 1 h, 50 µL of supernatant were removed from each sample and immediately stored at -20°C for subsequent IL-8 analysis. Gentamycin (500 µg-mL⁻¹)
was added to each sample and the incubation was continued under the same conditions. After 24 h, 50 µL of supernatant were removed from each aliquot and stored at -20°C. IL-8 quantification was carried out using a standard enzyme-linked immunoassortment assay (ELISA; Genzyme, Bellinghurst, UK), with results expressed as IL-8 production 10⁻³ live cells present at the start of the incubation.

Assessment of bacterial adherence by scanning electron microscopy

Adherence was assessed by a previously described technique [17]. Briefly, after incubation at 37°C for 1 h, nasal brushings were spun through a 50% Percoll gradient (Pharmacia-Biotech, St Albans, UK) at 4°C at 13,000 x g for 20 min, to separate the nonadherent bacteria from bacteria attached to epithelial cells. The nonadherent bacteria pelleted at the base of the tube, whereas bacteria attached to epithelial cells remained at the percoll/PBS interface. This fraction was removed and cytopun at 20 x g onto a thermowax coverslip (Emitech, Ashford, Kent, UK). Cells were fixed overnight with 2.5% cacodylate-buffered glutaraldehyde, washed in sodium cacodylate buffer and dehydrated with serial concentrations of ethanol and hexamethyldisilazane (TAAB Laboratories, Aldermaston, UK). Coverslips were then mounted onto aluminium stubs, coated with gold, and analysed through field-emission scanning electron microscopy (Hitachi S4000, Nissei Sangyo, Tokyo, Japan). Samples were coded and examined with the observer blinded to the incubation conditions. Bacterial binding, defined as direct contact of P. aeruginosa with the ciliated surface of the cells, was assessed in a mean ±SEM of 41 ± 3 cells per sample. Adherence data are expressed as the mean ±SEM of adherent bacteria per 10 cells.

Equalization of Pseudomonas aeruginosa adherence

As increased IL-8 secretion levels produced by CF cells may simply reflect the increased receptor number, the authors attempted to equalize bacterial adherence in CF and non-CF cells. Decreasing dilutions of the P. aeruginosa standard culture were applied to CF cells, until similar adherence levels were seen in CF and non-CF cells.

Electrophoretic mobility shift assay

Cell pellets were washed twice in ice-cold PBS (Sigma, Poole, UK) and lysed in 70 µL of extraction buffer as previously described by PAHL et al. [18]. The authors assayed total cellular protein, since irrespective of intracellular localization, only activated NF-κB can form deoxyribonucleic acid (DNA)/protein complexes, and thus be visualized using the electrophoretic mobility shift assay (EMSA). Briefly, cells were resuspended in extraction buffer (20 mM N-Hydroxysulphenyl) piperazine-N-[2-ethanesulfonic acid] (HEPES), pH 7.9, 350 mM NaCl, 20% glycerol, 1% Nonidet (NP40), 0.5 mM ethylenediamine tetraacetic acid (EDTA), 1 mM ethylenglycol-bis-(β-aminoethylether)-N,N',N'-tetraacetic acid (EGTA), 0.5 mM dithiothreitol (DTT) plus protease inhibitors (0.2 trypsin inhibitor units (TIU) mL⁻¹ aprotinin, 500 µM 4-(2-aminoethyl)benzenesulphonyl fluoride (AEBSF), 1 mM sodium orthovanadate, 10 mM sodium fluoride) and incubated on ice for 30 min. Cell debris was removed through centrifugation (14,000 x g 5 min) and the protein concentration was determined by a modified Folin-Lowry method [19]. The gel shift assay system from Promega (Southampton, UK) was used and EMSA was carried out according to manufacturers recommendations. An oligonucleotide probe containing the κ light chain enhancer consensus sequence binding site for NF-κB (5'-AGT TGA GGG GAC TTT CCC AGG C-3') was end-labelled with radiolabelled adenosine triphosphate (³²P-ATP) (Amersham Life Science Ltd, Little Chalfont, UK). Each reaction used 10 µg of cellular protein. Reaction products were resolved on 5% non-denaturing polyacrylamide gels (Anachem, Luton, UK) at 10 mA for 3 h at 30°C. Gels were then dried and exposed to Kodak Biomax MS film at -80°C. To identify the specificity of NF-κB binding, competition studies with an approximate 50-fold excess of unlabelled NF-κB consensus oligonucleotide were carried out. For supershift analysis, 2 µg of either anti-p50, anti-p52, anti-cRel, anti-ReIB or anti-p65 antibodies (Santa Cruz Biotechnology Inc., CA, USA) were added after the addition of labelled oligonucleotide and reactions were incubated for a further 45 min at room temperature. Quantification of NF-κB complexes was carried out by densitometry using LabScan and ImageMaster 1D software (Amersham Pharmacia Biotech, St. Albans, UK).

Mice

Lungs, trachea, liver, spleen and kidneys were removed from ΔF508 homozygote CF mice (CFTR(ΔF508/ΔF508)) and non-CF littermates (age 6–12 weeks). To determine NF-κB activity the tissues were mechanically homogenized in 1 mL of extraction buffer and processed for EMSA as described above. Each reaction used 20 µg total protein.

Cell culture

Human CF cell lines used were tracheal epithelium (2CFT29α, ΔF508/AF508), submucosal epithelium (CFSMEo, ΔF508/unknown) and nasal polyp (CF-NPE90, unknown/unknown). Human non-CF cell lines used were bronchial epithelium (16HBE140-), tracheal epithelium (9HTEo) and tracheo-bronchial epithelium (TBEo). All cell lines were provided by Dieter Grunert (University of California, San Francisco, CA, USA). CFNP90, 2CFT29α, CFSMEo and 16HBE140- cells were cultured in minimal essential medium (MEM); 9HTEo- and TBEo- cells were grown in Dulbecco modified Eagle medium (DMEM). Both media were supplemented with 10% foetal calf serum (FCS) and 1% penicillin-streptomycin solution and cells
grown in a 5% CO₂ atmosphere. All media, FCS and antibiotic solutions were obtained from Sigma (Poole, UK). Cultures were assayed for mycoplasma contamination using an ELISA assay (Boehringer Mannheim UK, Lewes, UK) and were shown to be free of infection. IL-8 secretion during 24 h incubation was determined in semiconfluent monolayers using a standard ELISA assay. To determine NF-κB activation, cells were grown to 70% confluence, scraped into surrounding medium and pelleted at 160 × g for 5 min at room temperature and protein lysates were prepared as described above. The degree of cell confluence in immortalized cell culture may influence activation of NF-κB proteins. Thus, care was taken to ensure that all cell cultures were assayed at 70% confluence. Cos-7 cells (supplied by ATCC) were cultured under routine procedures in DMEM supplemented with 10% FCS and 1% streptomycin/penicillin.

Transfections

The 6.2 kb wild-type, ΔF508 and G551D CFTR complementary deoxyribonucleic acids (cDNAs) were cloned into the Not I site of the eukaryotic expression vector pCMV6 (Clontech Laboratories UK Ltd, Basingstoke, UK), from which the β-galactosidase reporter gene was removed through Not I digestion. DNA was prepared using Qiagen columns (Qiagen Ltd, West Sussex, UK), according to manufacturers’ recommendations. Transient transfection of semiconfluent Cos-7 cells was carried out using plasmids complexed to the cationic lipid DC-Cholesterol/dioleoylphosphatidy~lethanolamine (DOPE) at a ratio of 1:3 (44.8 μg plasmid: 134.4 μg lipid per 80 cm² flask) in Optimem (Sigma). The medium was replaced with normal growth medium 24 h after transfection. IL-8 was determined 48 h after transfection and NF-κB activity was determined as described above.

Statistical analysis

The Mann-Whitney U-test was used to compare means and the Wilcoxon rank sum test to assess significance of changes from background levels. The null hypothesis was rejected at p<0.05. Data are presented as mean±SEM for convenience. Numbers of human subjects or mice are indicated by n numbers, where appropriate.

Results

Interleukin-8 secretion by nasal epithelial cells

In the absence of added *P. aeruginosa*, IL-8 secretion at 24 h from freshly obtained CF (n=19) and non-CF (n=16) primary nasal epithelium was not significantly different (fig. 1). Incubation with *P. aeruginosa* resulted in a significant (p<0.05) increase in IL-8 secretion after 24 h from CF, but not from non-CF nasal cells. Thus, in the presence of *P. aeruginosa*, IL-8 secretion from CF cells was approximately three-fold higher than from non-CF cells (p<0.01). Assessment of cell viability by trypan blue exclusion and evidence of ciliary beating demonstrated that there was no significant difference in the number of live cells at 24 h after stimulation (CF: 1.8±0.6 × 10⁵ mL⁻¹, n=11; non-CF: 1.7±0.5 × 10⁵ mL⁻¹, n=8).

Equalization of Pseudomonas aeruginosa adherence levels in cystic fibrosis and non-cystic fibrosis cells

It has previously been demonstrated using these methods that *P. aeruginosa* adherence to CF cells is ~3-4 times greater than to non-CF cells [17]. As this may have been the stimulus for IL-8 production, the authors attempted to equalize the numbers of adherent bacteria to CF and non-CF cells. The authors first assessed the highest concentration of *P. aeruginosa* which could be applied to non-CF cells without affecting their viability, as assessed by trypan blue exclusion and evidence of ciliary beating. A 1:4 dilution of the standard *P. aeruginosa* culture, corresponding to 1.6 × 10⁸ bacteria·mL⁻¹, was the maximum tolerated concentration resulting in 4.5±0.6 *P. aeruginosa* adhering per 10 cells (n=7). Next, the *P. aeruginosa* concentration applied to CF cells was reduced to produce similar levels of binding to that seen in non-CF cells (fig. 2a). This level of binding was reached for CF cells with a *P. aeruginosa* solution approximately six times less concentrated than for non-CF, corresponding to 2.5 × 10⁷ bacteria·mL⁻¹. Viability, assessed at 24 h, using these two concentrations of *P. aeruginosa* was not different in CF and non-CF cells.

Interleukin-8 secretion under conditions of similar Pseudomonas aeruginosa adherence

When levels of *P. aeruginosa* adherence were approximately equal, IL-8 production by CF (n=13) and non-CF cells (n=7) did not differ over a 24 h period (fig. 2). Note that IL-8 values for this comparison were normalized for the number of adherent bacteria.
demonstrated for each subject to try to ensure greater accuracy. Because of this correction, values differ in magnitude from those shown in figure 1. As different concentrations of bacteria were applied to CF and non-CF cells, adherence to the basolateral membrane was also examined to rule out any effects this may have on IL-8 secretion. No significant difference in the degree of basolateral adherence was observed between CF and non-CF cells (CF: 3.0±0.5-10 cells; non-CF: 2.0±0.4-10 cells).

Influence of genotype

To determine whether CF genotype influences P. aeruginosa induced-IL-8 secretion, patients were classified into three groups. Group 1 (n=13) with mismatching mutations on both alleles (AF508 homozygotes and a AF508/I507 compound heterozygote), group 2 (n=6) with only one mismatching mutation (AF508 compound heterozygotes, the second mutation being R553X × 2, 1717-1G→A, 621+1G→T, G551D × 2), and group 3 (n=3) without mismatching mutations (genotypes being G542X/3849+10xB G→T, G542X/ R533X, 1717-1G→A/G551D). No difference was found in IL-8 secretion between the three groups (fig. 3).

**Nuclear factor-κB activity and interleukin-8 secretion in immortalized cell lines**

CFNP90- cells exhibited a significant decrease in activation of NF-κB (n=6, p<0.001) and no difference in IL-8 secretion when compared with the mean of the three non-CF cell lines (fig. 6). In CFMSMEo- cells NF-κB activity was increased (n=6, p<0.01), but IL-8 secretion was not different (n=6). ΣCFTE29o- cells showed an increased activation of NFκB (n=6, p<0.001) and IL-8 secretion (n=6, p<0.001). The increased NF-κB activity in CFMSMEo- and ΣCFTE29o- cells was largely due to an increase in complex II.
The effects of transfection with wild-type, ΔF508 and G551D cystic fibrosis transmembrane conductance regulator on nuclear factor-κB activity and interleukin-8 secretion

Cos-7 cells transfected with either ΔF508 or G551D CFTR plasmids, exhibited a significant increase in p50-containing complex II when compared to wild-type transfectants (n=10, p<0.01) (fig. 7). No significant increase in complex I was observed. IL-8 secretion was not significantly different in any of the transfectants (fig. 7). Successful transfection was confirmed through plasmid-specific reverse transcriptase polymerase chain reaction (RT-PCR; data not shown). Following transfection with a β-galactosidase reporter gene 11±3%/ (n=6) of cells were positive for an X-gal immunohistochemical assay. However, this assay is known to underestimate the overall transfection efficiency [21].

Discussion

In the present study, using freshly obtained human nasal epithelial cells, it has been demonstrated that the elevated IL-8 secretion produced by CF cells in the presence of *P. aeruginosa* is a direct consequence of increased bacterial binding. No increase in basal NF-κB activity could be detected in primary CF nasal epithelial cells or in CF mice. NF-κB activity and IL-8 secretion varied greatly between CF cell lines and neither was consistently increased, nor did they correlate with each other. Overexpression of ΔF508 and G551D mutant CFTR increased p50 activity in Cos-7 cells when compared to overexpression of wild-type CFTR; however, this increase was not accompanied by an increase in IL-8 secretion. Each of these studies has its limitations, but taken together the present findings lend support to the view that inflammation in CF relates predominantly to the bacterial burden in the airways of these patients.

There are substantial clinical data supporting the role of micro-organisms as the key initiator of CF inflammation [22, 23]. Many pathogens are implicated in bronchial infection in CF including *Haemophilus influenzae*, *Staphylococcus aureus*, *P. aeruginosa* and respiratory syncytial virus (RSV). Each of the bacteria, and in particular *P. aeruginosa*, bind to asialo-GM1 receptors via pili, inducing subsequent IL-8 production; no IL-8 upregulation is observed using unpiliated *P. aeruginosa*. Thus, these findings are in keeping with the authors' suggestion that the characteristic CF inflammation is linked to the increase in *P. aeruginosa* adherence. The increased numbers of asialo-GM1 receptors on CF cells may be a direct result of a CF mutation-related sialylation defect [24]. Thus, a reduction of *P. aeruginosa* adherence to nasal epithelial cells has been shown following transfection of wild-type CFTR [17].

Whilst *P. aeruginosa* adherence clearly triggers CF inflammation, other clinical studies suggest that inflammation may precede bacterial colonization. This is
based on the detection in bronchoalveolar lavage of inflammatory cells and IL-8 in the absence of demonstrable micro-organisms [7, 8]. An alternative explanation for these findings is that the inflammatory response has been successful in eradicating the organism which initially induced it [25]. Several laboratory studies have also suggested a role for mutant CFTR directly inducing inflammation [10, 26]. In keeping with the clinical studies showing normal IL-8 levels after resolution of infection, no evidence for elevated IL-8 in unstimulated primary CF nasal epithelial cells could be found. Of nasal swabs from 12 of the CF subjects taken to assess bacterial colonization, one was positive for S. aureus, whilst the remaining 11 showed no evidence of bacterial growth. Furthermore, no increase in NF-κB activity in CF, either in human nasal epithelium or in tissues obtained from ΔF508 CF mice could be detected. Clearly, one limitation of the whole lung EMSA analysis is the dilution effect of non-epithelial cells which are unlikely to express CFTR. However, the similarity of findings in the human epithelial cells support these data. Consistent with data published by DiMango et al. [10] increased NF-κB activity and IL-8 secretion in ΔCFTE290o- cells was also detected when compared to three wild-type cell lines. However, measurements in two other CF cell lines (CFSMEo-, CFNP90o-) showed that an increase of NF-κB and IL-8 was not a consistent characteric of such immortalized CF cell lines. Indeed, all combinations of elevated or reduced NF-κB activity and changes in IL-8 could be demonstrated. Whilst the ΔF508 homozygous line (ΔCFTE290o-) produced higher levels of IL-8 than the other CF cell lines, a recent paper has demonstrated a similar variability, including that between two ΔF508 homozygous cell lines [27].

Baueurle et al. [28] have suggested that endoplasmic reticulum (ER) retention of proteins such as mutant CFTR may lead to activation of NF-κB and hence expression of pro-inflammatory cytokines. Cooling of ΔF508 CF cells has been shown to promote trafficking of ΔF508 CFTR to the apical membrane. A recent report has suggested that such a reduction in temperature also reduces NF-κB activity and IL-8 secretion [10]. However, cooling is likely to affect a number of cellular processes, and the present study followed this up by promoting CFTR trafficking using trimethylamine N-oxide (TMAO), which increases ΔF508 trafficking to the apical membrane in ΔCFTE290o- cells. TMAO could restore cyclic adenosine monophosphate (cAMP)-dependent chloride efflux, but did not alter NF-κB activity and IL-8 secretion in these cells (data not shown), consistent with the present data, showing lack of effect of different CFTR mutations. Clearly, however, these results may be interpreted as TMAO inducing a low level of trafficking sufficient to restore chloride function, but leaving the vast majority of mutant CFTR mistrafficked.
adherence and a preserved capacity for elimination of pathogens, associated with enhanced inflammatory markers as witnesses of recent infection. However, the effects of a chronic inflammatory response, and the continued presence of bacteria (related to increased adherence, excess mucus and probably many other factors), lead to the second phase where the inflammatory process is no longer sufficiently effective to produce bacterial clearance. The present data cannot rule out a direct contribution of the mutant protein on inflammation, but it is suggested that this may be a less significant factor. If these views are correct, novel treatments aimed at reducing bacterial adherence would be expected to play an important role early in life in cystic fibrosis patients. Reducing inflammation at this time may prove harmful, by reducing the appropriate host response to an increased burden. The impact of such treatments later in life will clearly depend on the balance between "useful" and "inappropriate" inflammation. It is likely that only trials of anti-inflammatory treatment can distinguish these possibilities.

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