Parapneumonic effusion and empyema

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ABSTRACT: Parapneumonic effusions account for about one third of all pleural effusions. Approximately 40% of patients with pneumonia develop a concomitant effusion, which is associated with an increased morbidity and mortality.

In order to select the most appropriate therapy for the individual patient, the effusion should be categorized as being in the exudative, fibropurulent, or organizational stage, and all necessary information should be compiled to decide whether the effusion is likely to take an uncomplicated or a complicated course. There is a considerable variation in the aggressiveness and course of parapneumonic effusions, and, therefore, the spectrum of the appropriate therapy may vary from a conservative approach in uncomplicated effusions to aggressive surgical intervention in advanced multiloculated empyemas.

This review discusses current diagnostic and therapeutic options and offers guidelines for treating the various stages of parapneumonic effusions and empyemas. Eur Respir J 1997; 10: 1150–1156.

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Keywords: Empyema, pleural effusion, pleurisy, pleuritis, pneumonia

Received: December 19 1996
Accepted for publication January 23 1997

Definitions

"Pleurisy" (syn. pleuritis) is best defined as an inflammatory process of the pleura, which can be caused either by a variety of infectious microorganisms or by other inflammatory mechanisms. It is usually associated with localized chest pain that is synchronous with the respiratory cycle and is often manifested as a pleural rub on auscultation. It may induce an exudative pleural effusion. The pain and the rub sometimes subside when an effusion develops.

A "parapneumonic effusion" is an accumulation of exudative pleural fluid associated with an ipsilateral pulmonary infection.

"Uncomplicated parapneumonic effusions" are not infected and do not usually need tube thoracostomy.

"Complicated parapneumonic effusions" are usually associated with the pleural invasion of the infectious agent and require tube thoracostomy and sometimes decortication for their resolution.

An effusion is called an "empyema" when the concentration of leucocytes becomes macroscopically evident as a thick and turbid fluid (pus). In more than 50% of cases, it is of parapneumonic origin. Other common causes include surgical procedures (mainly thoracic surgery), traumas and oesophageal perforation.

Pathophysiology

Parapneumonic effusions and empyemas usually develop along the following lines.

The pleuritis sicca stage

The inflammatory process of the pulmonary parenchyma extends to the visceral pleura, causing a local pleuritic reaction. This leads to a pleural rub and the characteristic pleuritic chest pain, which originates from the sensitive innervation of the adjacent parietal pleura. A significant number of patients with pneumonia report pleuritic chest pain without developing a pleural effusion [1], suggesting that the involvement of the pleura may be limited to this stage in many cases of pneumonia.

The exudative stage

The ongoing inflammatory process leads to a mediator-induced increased permeability of local tissue and of regional capillaries. The subsequent accumulation of fluid in the pleural space is probably the combined result of the influx of pulmonary interstitial fluid [2] and of a local microvascular exudate. The fluid is usually clear and sterile, cytological specimens show a predominance of neutrophils, the pH is normal and the lactate dehydrogenate (LDH) activity is <1,000 international units (IU).

The fibropurulent stage

This stage may develop quickly (within hours) in patients who are not receiving antibiotics, or who are...
treated with ineffective antibiotics. It is characterized by the deposition of fibrin clots and fibrin membranes ("sails") in the pleural space, which lead to loculations with increasing numbers of isolated collections of fluid. It is usually accompanied by (and caused by) bacterial invasion from the pulmonary parenchyma. The fluid is often turbid or frank pus. Cytology shows neutrophils and often degenerated red cells, and Gram stains and bacterial cultures are usually positive. The metabolic and cytolyltial activity in these effusions is high, as reflected by low pH values (<7.2), and high LDH activities (often >1,000 IU).

The organizational stage

This final stage is characterized by the invasion of fibroblasts, leading to the transformation of interpleural fibrin membranes into a web of thick and nonelastic pleural plaques. Functionally, gas exchange is often severely impaired on the side of the organizing empyema ("trapped lung"). The further course may vary from spontaneous healing with persistent defects of lung function to chronic forms of empyema with high risks for further complications, such as bronchopleural fistula, lung abscess, or "empyema necessitatis" (spontaneous perforation through the chest wall).

Bacteriology

All patients suspected of having a parapneumonic effusion should undergo a thoracentesis, unless the effusion is very small (fig. 1). Bacteriological studies should include a Gram stain and aerobic and anaerobic cultures. Many different bacteria have been identified as causative agents for parapneumonic effusions or empyemas. The spectrum of the most common organisms seems to have changed repeatedly over recent decades, influenced, in part, by the introduction of new antibiotics for the therapy of pneumonias [3]. Additionally, the reported spectra depend on the patient populations that have been studied by various investigators. According to recent series from the United States [4, 5] and Europe [6], the majority of culture-positive effusions are due to aerobic bacteria, while up to 15% are caused exclusively by anaerobic bacteria, and the remainder are due to multiple, usually both aerobic and anaerobic, organisms. Streptococci (often *Streptococcus pneumoniae*) and Staphylococci (mostly *Staphylococcus aureus*) usually dominate aerobic Gram-positive isolates, while *Escherichia coli*, *Klebsiella* spp., *Pseudomonas* spp., and *Haemophilus influenzae* are the most common aerobic Gram-negative isolates. *E. coli* and anaerobic organisms are often found in combination with other organisms. The most frequent anaerobic isolates are *Bacteroides* spp. and *Peptostreptococcus*. Occasionally, *Actinomyces* spp., *Nocardia* spp., or fungi (most frequently *Aspergillus*) may be the cause of an empyema.

Clinical aspects and differential diagnosis

The clinical presentation of patients with pneumonia, whether or not they have parapneumonic effusions, is similar. In a large series by Light and co-workers [1], there were no significant differences between these two groups of patients regarding white blood cell count (WBC) and the occurrence of pleuritic chest pain.

Patients with pneumonia due to infection with aerobic bacteria usually suffer from an acute febrile illness, whilst patients with anaerobic infections tend to present with a more subacute or chronic condition, with a longer duration of symptoms and frequent weight loss [7]. Anaerobic pleuropulmonary infections often follow aspiration of oral or gastric contents. These patients usually have poor oral hygiene (*foetor ex ore*) with anaerobic colonization of the oropharynx, and often suffer from conditions that predispose to aspiration, such as seizure disorders, syncope of other origin, or alcoholism. The latter has been found to be a relevant associated disorder in as many as 29% [6] to 40% [5] of cases.

In general, patients who have a longer history of symptoms before seeking medical attention, or who have received insufficient treatment, are more likely to have complicated parapneumonic effusions or empyemas.

The finding of a purulent effusion without pneumonia may be explained as a postpneumonic empyema, in which the pulmonary infiltrates have already resolved. However, pleural empyemas are not necessarily caused by pneumonias (table 1). The majority of nonpneumonic empyemas are of iatrogenic origin, most commonly as a complication of a pneumonectomy or other thoracic surgical procedures. Thoracic surgery is responsible for about 20% of all thoracic empyemas [8–10]. Around 5% occur following a thoracic trauma and 5% following an oesophageal perforation (often iatrogenic). Thoracentesis and spontaneous pneumothorax are each the
cause of about 2% of cases. Rarely (in approximately 1%), abdominal infections can be the origin of a thoracic empyema. Most originate from the subdiaphragmatic region and occur after surgical procedures, most commonly a cholecystectomy or a splenectomy [11].

Differential diagnosis

Fever, pulmonary infiltrates, and a pleural effusion are not invariably due to pneumonia or to a complication of some surgical procedure. A very important differential diagnosis, which should always be considered, is pulmonary infarction. Pulmonary embolism is a common disorder and paraembolic effusions occur in 25–50% of cases [12]. The effusions may become infected and will then require treatment identical to complicated parapneumonic effusions. Other disorders which should be considered include tuberculosis (see review No. 4 in this series), lupus erythematosus and other autoimmune disorders [13], acute pancreatitis and other diseases of the gastrointestinal (GI) tract [14], and drug-induced pleuropulmonary disease [15]. The turbid or milky aspect of empyemas may sometimes lead to the misconception of a chylothorax or pseudochylothorax (for details, see review No. 6 in this series, in this issue of the Journal).

Imaging techniques

Conventional chest radiographs usually suggest the presence of a parapneumonic effusion when there is a pulmonary infiltrate with evidence of ipsilateral pleural fluid. For the latter, a lateral chest radiograph is particularly useful to detect significant blunting of the posterior costophrenic angle. Bilateral decubitus chest radiographs may help to separate dense pulmonary infiltrates from free flowing pleural fluid. The most typical sign of an empyema is an encapsulated effusion in an atypical position [16].

Ultrasoundography is a good method to guide a thoracentesis or place a chest tube. It is especially useful for small effusions and in other circumstances which require precise targeting, such as loculated effusions. The usefulness of ultrasound to gain information on the nature of an effusion was investigated in a prospective study of 320 patients (224 with exudates and 96 with transudates) by YANG et al. [17]. Essentially, these authors found that ultrasound can supply the clinician with the following information: transudates are always anechoic, but exudates may also be anechoic. Effusions are usually exudates when they are septated or show a complex or homogeneously echogenic pattern. Dense echogenic patterns are most often associated with haemorrhagic effusions or empyemas.

Computed tomography (CT) may also be used for image-guided drainage. In a series of 86 effusions of various causes, contrast-enhanced CT showed parietal pleural thickening in all cases of empyema and in 56% of parapneumonic effusions [18]. Parietal pleural thickening indicated an exudate with high specificity (96%), but the sensitivity was low and it was not possible to differentiate inflammatory from malignant disease. Another study of 25 empyemas [16] showed a typical encapsulated and biconvex configuration in 20 cases. Further characteristics were thickening and increased contrast uptake of the parietal pleura and increased density of the adjacent subcostal tissue. However, it was not possible to correlate the CT findings with stages of clinical empyema.

Magnetic resonance imaging (MRI), especially sagittal T1-weighed images, allows a detailed analysis of the layers of the chest wall and their possible infiltration by inflammatory or malignant processes. Uncomplicated parapneumonic effusions do not seem to induce visible changes of the chest wall, while malignant effusions are frequently associated with alterations of the peripleural fat layer and the innermost intercostal muscles [19]. Whilst these findings are helpful in the differential diagnosis of benign and malignant effusions, it remains likely that complicated effusions and empyemas will show infiltration of the chest wall similar to malignant disease.

In summary, newer imaging techniques supply us with more detailed morphological information and can provide clues to the possible nature and cause of an undiagnosed effusion, but they do not obviate the need for a thoracentesis or other invasive diagnostic procedures.

Pleural fluid chemical analysis

Parapneumonic effusions are exudates. This is documented by measuring the pleural fluid protein level and LDH activity (and application of the criteria of LIGHT and co-workers [20], and/or the cholesterol level [21] (see review on "Diagnostic principles in pleural disease", No. 2 in this series). Of course, exudates are not necessarily parapneumonic, since they may be caused by any inflammatory or malignant pleural process. The finding of a transudate excludes a parapneumonic effusion and strongly suggests one of the following underlying conditions: heart failure, liver cirrhosis, or hypoproteinaemia.

Several pleural fluid parameters have been utilized to assess the severity and to predict the future course of a parapneumonic effusion. Patients with complicated parapneumonic effusions tend to have a lower pleural fluid pH and glucose level and a higher LDH activity [1, 22–26]. The glucose concentration correlates directly with the pH [26]. The cause for pleural fluid acidosis and low glucose levels is the local metabolic activity of inflammatory cells and bacteria [27]. The superiority of the pH over glucose or LDH measurements in parapneumonic

Table 1. – Causes of empyema in 319 patients from three series [8–10]

<table>
<thead>
<tr>
<th>Cause</th>
<th>Number</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pulmonary infection</td>
<td>177</td>
<td>55</td>
</tr>
<tr>
<td>Thoracic surgery</td>
<td>66</td>
<td>21</td>
</tr>
<tr>
<td>Trauma</td>
<td>18</td>
<td>6</td>
</tr>
<tr>
<td>Oesophageal perforation</td>
<td>15</td>
<td>5</td>
</tr>
<tr>
<td>Spontaneous pneumothorax</td>
<td>7</td>
<td>2</td>
</tr>
<tr>
<td>Thoracentesis</td>
<td>6</td>
<td>2</td>
</tr>
<tr>
<td>Subdiaphragmatic infection</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Sepsis</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Miscellaneous or unknown</td>
<td>22</td>
<td>7</td>
</tr>
<tr>
<td>Total</td>
<td>319</td>
<td>100</td>
</tr>
</tbody>
</table>

(Adapted, with permission, from [3]).
effusions was recently confirmed in a meta-analysis of seven studies, using receiver operating characteristic (ROC) statistical techniques [28]. Therefore, it may suffice to measure the pH alone, but it must be emphasized that it is only valid when measured properly, which means: 1) collection and transport under strictly controlled anaerobic conditions; and 2) immediate measurement in a calibrated blood gas machine. It should also be kept in mind that the pleural fluid pH may not be useful in patients with systemic pH alterations (e.g. in systemic acidosis) [22] and in infections due to Proteus spp., which can induce a local metabolic alkalosis [29].

A properly measured pleural fluid pH is a useful indicator for tube thoracostomy. However, the pH should always be interpreted in concert with other information, e.g. with the clinical situation, the presence and number of loculations, and bacteriological findings. For instance, if the Gram stain of the pleural fluid is positive, tube thoracostomy is indicated regardless of the pH.

Various recommendations have been made for the use of the pH in parapneumonic effusions: a pleural fluid pH <7.00 [3] or <7.10 [30] has been proposed as the appropriate cut-off point for early tube drainage. These patients have a higher risk for developing multiloculated and empyematosus effusions with conservative treatment alone. Conservative treatment and close observation (repeat thoracentesis) have been recommended within a pH range of 7.00–7.20 [3] or 7.10–7.30 [30]. Pleural fluids with pH levels between 7.2 [3] and 7.3 [30] usually take a benign course, and can be treated with systemic antibiotics alone. In the aforementioned meta-analysis by Heffner et al. [28], the decision thresholds to identify complicated effusions ranged between pH 7.21 and 7.29.

What conclusions should be drawn from the data that we have? 1) it makes sense to measure the pleural fluid pH in all parapneumonic effusions except for those that are frankly purulent or have a positive Gram stain (immediate indication for tube drainage, regardless of the pH); 2) glucose measurements do not add relevant information and are not essential, unless there is doubt about the quality of the pH measurement; 3) pH values <7.0 should usually lead to tube drainage, in all other cases the pH should not be the sole criterion to decide on the necessity of a chest tube (see fig. 1); 4) effusions with pH 7.0–7.2 should be observed closely (repeat thoracentesis); and 5) effusions with pH >7.2 should be observed; those with pH values >7.3 are very unlikely to take a complicated course.

**Cytology**

Cytological specimens should be obtained in all cases of suspected parapneumonic effusions. True parapneumonic effusions and empyemas are invariably dominated by polymorphonuclear leucocytes. Any other findings strongly suggest another diagnosis (e.g. predominance of lymphocytes in an exudate is most often associated with tuberculosis or malignancy).

**Antibiotics and chest tube drainage**

The mainstay of all therapies in parapneumonic effusions and empyemas is systemic antibiotic therapy. It should be started as soon as pleural fluid specimens, sputum and blood samples, have been obtained for bacteriological studies. Empirical regimens should include antibiotics that are likely to be active against the bacteria that commonly cause parapneumonic effusions (see "Bacteriology"). The smell of the fluid (e.g. foetid odour in anaerobic infections) and other clinical circumstances (see "Clinical aspects and differential diagnosis") can influence the decision on the initial antibiotic regimen. In patients with community-acquired pneumonia, the regimen should consist of a second or third generation cephalosporin, or a beta-lactam/beta-lactamase inhibitor combination, and metronidazole or clindamycin should be added, if there is a possibility of an anaerobic infection. A macrolide, such as erythromycin or clarithromycin, may be part of the regimen in suspected Legionella infections, which may cause parapneumonic effusions, although they rarely tend to be complicated [3]. In patients with severe nosocomial pneumonia, third generation cephalosporins, or imipenem (which includes activity against anaerobic organisms) are reasonable first choices. In suspected Gram-negative infections, aminoglycosides may not be effective in the setting of a complicated purulent, acidic and low partial pressure of oxygen (PO₂) environment [30], and alternatives, such as aztreonam, should be considered in the initial combination. Further antibiotic treatment should immediately be adjusted to the results of the Gram stains and cultures.

A chest tube should be inserted in all complicated effusions, according to the criteria outlined above (see also fig. 1). It is best to place the tube under ultrasound (or CT) guidance to ensure its optimal localization. In loculated effusions, it may sometimes be advantageous to place a second tube into a separate fluid chamber. Traditionally, large tube sizes (26–32 French) have been recommended, but smaller tubes often prove sufficient, at least when the fluid does not consist of thick pus. In thick empyematosus fluid, it may be helpful to place a double lumen catheter and irrigate the pleural space with saline solution [31] (fig. 1). At present, the additional application of local antibiotics via a chest tube is not recommended outside controlled trials [3].

The effectiveness of the chest tube drainage should be demonstrable within 24 h (reduction of radiological size, clinical improvement). Prolonged and unsuccessful tube drainage is associated with increased morbidity and mortality [32]; therefore, failure of this procedure should soon lead to a decision to institute a more aggressive approach.

**Fibrinolytic agents**

As early as 1949, Tillett and Sherry [33] recommended the use of fibrinolytics in loculated pleural effusions to induce enzymatic lysis of adhesions and debriement. It was proposed that such intrapleural therapy could obviate the need for surgical interventions. Today, fibrinolytic agents are recommended by many authors when chest tube drainage and a course of adequate antibiotics have failed to improve the situation, and when the effusion is loculated. A number of small uncontrolled studies have been published [34–43], which have described...
success rates ranging 60–95%. The varying results of these studies are due, in part, to different patient characteristics and protocols, but also to various definitions of complete or partial resolution and treatment failure. In a larger recent series of 118 patients [44], fibrinolytic therapy was used in 83%. The overall success rate (resolution without need for decortication) was reported to be 94%. However, it is difficult to interpret some of these data, since the study included 23 cases of haemothorax, and the indications for drainage and intracavitary fibrinolytic therapy were variable. By contrast, in a retrospective comparison of various methods of treating empyema, only 2 out of 8 patients (25%) treated with intracavitary fibrinolytics had a successful outcome [5].

Optimal dosage and timing of intrapleural fibrinolytic therapy are unknown. Most studies have used single doses of 250,000 IU streptokinase or 100,000 IU urokinase. Recently, Bouros et al. [43] reported successful therapy with single daily doses of 50,000 IU urokinase. This would help to reduce the costs, if the efficacy of this low dose can be confirmed. Usually, the procedure is carried out as follows: the fibrinolytic substance is diluted in 100 mL saline and instilled via the chest tube. The tube is then clamped for 1–4 h. The instillation is usually repeated once daily, and is continued for several days, sometimes for periods of up to 2 weeks. Many authors report that the therapy enhances the drainage volume [38, 40, 41, 43], which is generally attributed to the effectiveness of fibrinolysis. However, a recently published animal study [45] suggested that streptokinase induces the production of additional pleural fluid. Furthermore, this study confirmed that streptokinase reduces the number of pleural adhesions, but it failed to demonstrate a significant reduction of plaques on the pleural surfaces.

Intrapleural fibrinolytic treatment does not seem to have a measurable influence on systemic coagulation parameters (e.g. [46]). However, Temes et al. [42] in their series observed a case of significant local bleeding which required thoracotomy. There may be a risk of allergic reactions after repeated use of streptokinase; however, clinically relevant side-effects seem to be rare. Thus, intrapleural fibrinolytic treatment may be considered safe. It has also been successfully used in children [38].

In summary, presently available evidence suggests that there is a place for local fibrinolytic therapy in complicated, loculated parapneumonic effusions or empyemas (fig. 1). It is probably important to start the treatment as early as possible, as soon as it becomes evident that a chest tube and antibiotics alone do not suffice in the control of the situation. At the same time, however, alternative options, such as interventional thoracoscopy or thoracotomy and decortication, have to be considered. Compared to these more invasive procedures, fibrinolytics certainly have the advantage of avoiding the risks of general anaesthesia, which may be an important aspect in the treatment of elderly and/or multimorbid patients. The lack of controlled trials still leaves us with uncertainties as to when, for how long, and what dose of which fibrinolytic agent should be given. As long as these questions remain unresolved, intrapleural fibrinolytic therapy will continue to be a matter of debate.

### Therapeutic thoracoscopy

If a complicated parapneumonic effusion or an empyema does not respond to chest tube drainage, antibiotics, and, possibly, thrombolytic agents, thoracoscopic lysis of adhesions and debridement can be the next step. Whilst it is considered to be a minimal invasive procedure, it usually requires general anaesthesia. Like fibrinolytic therapy, thoracoscopy seems to be most successful when carried out early in the disease [47]. It must be kept in mind that debridement may not be easy through the thoracoscope, and it may fail in cases of extensive pleural adhesions [48]. Therefore, thoracoscopic procedures must sometimes be extended to formal thoracotomy. Successful therapeutic thoracoscopies have also been reported in children [49, 50].

### Thoracotomy with decortication

Prolonged unsuccessful tube drainage of pleural empyemas is associated with increased morbidity and mortality. Therefore, some authors recommend an early aggressive surgical approach after a short trial of tube drainage and antibiotics [32]. It has a high success rate (up to 95%) [5], whilst morbidity and mortality are low. However, formal thoracotomy remains a major thoracic operation, with some intra- and peri-operative risks, which become particularly relevant in patients who are markedly debilitated. Thus, the decision to initiate this procedure should only be made after considering the prospects of fibrinolytic therapy or therapeutic thoracoscopy, if available (fig. 1). Certainly, chronic postpneumonic empyemas are a major indication for formal thoracotomy [51]. They are often characterized by delayed presentation, delayed treatment, and complicating underlying conditions, such as chronic alcoholism. Advanced pleural fibrosis is very likely under these circumstances, thus reducing the chances for alternative procedures, such as fibrinolysis or thoracoscopic debridement. Thoracotomy and decortication are very effective procedures in such cases [51]. Generally, it should be kept in mind that control of the infection, but not the impairment of lung function, is the only imperative reason for decortication in the first weeks of treating an empyema. With the control of the infection by other means, even thick pleural peels can resolve gradually, and lung function parameters can return to normal after several months. Thus, late decortication to repair persisting defects of lung function is usually only performed after several months of monitoring the further course of such patients.

### Open drainage

Open drainage is a procedure which is sometimes carried out in patients whose risk appears too high to tolerate thoracoscopy or formal thoracotomy. Thus, it is most often performed in elderly, polymorbid patients with advanced, multiloculated empyemas. It is a lengthy procedure, with treatment periods lasting up to several months. Therefore, intrapleural fibrinolytic therapy should be attempted before a final decision for open drainage is made. Moreover, it should be ensured that
there is sufficient fusion between the lung and the chest wall. Usually, a prolonged inflammatory process in the pleural space will lead to satisfactory coupling of these two structures. This is important, to avoid the risk of a pneumothorax when opening the pleural cavity permanently for free communication with the atmosphere. This risk should be tested for by opening the closed chest tube to the atmosphere and looking for a pneumothorax on a chest radiograph.

Summary

The presence of a parapneumonic effusion increases the morbidity and mortality of patients with pneumonia. In order to select the most appropriate therapy for the individual patient, the effusion should be categorized as being in the exudative, fibropurulent or organizational stage and, from a more clinical point of view, all necessary information should be compiled to decide whether the effusion is likely to take an uncomplicated or a complicated course. This decision is based upon biochemical and bacteriological pleural fluid analyses, and on ultrasound and/or CT scan imaging of the pleural cavity.

The best way to treat an uncomplicated parapneumonic effusion is early and appropriate antibiotic therapy, which often prevents a complicated or empyematous course.

A complicated effusion or an empyema requires immediate chest tube drainage. Substantial clinical improvement and resolution of the effusion should be documentable within the next 24 h. Otherwise, it is likely that a fibropurulent or organizational stage has been reached and that loculations have developed. At this time, three further treatment modalities need to be considered: 1) Intra-pleural fibrinolytic therapy; 2) thorascopic debridement; or 3) early thoracotomy and decortication.

Fibrinolytic therapy may obviate the need for surgical intervention in many cases. However, we are still lacking controlled trials to support this view more clearly. Usually, fibrinolytic therapy should be declared unsuccessful when the effusion has not completely cleared within 1 week. Thorascopic debridement is usually considered the next step in centres that are equipped for this procedure. However, it should always be performed with the option of switching to thoracotomy, since technical difficulties in removing all adhesions occur in a substantial number of cases, with success rates of only around 60%. Formal thoracotomy with decortication is the most radical approach and remains the gold standard in the treatment of complicated parapneumonic effusions and empyemas, with success rates well above 90%. It is an attractive option for early and decisive treatment in patients who are good surgical candidates, and it remains the initial treatment of choice in all chronic, multiloculated empyemas.

Open drainage is a lengthy and comparably unattractive procedure, which is reserved for some patients who are too debilitated to tolerate a more invasive approach. It should be kept in mind that the primary goal of all initial medical or surgical procedures is the control of the pleural infection. Considerations based on imaging techniques or lung function results are only of secondary importance at this time. Therefore, pleural adhesions and restricted lung function alone may not justify immediate invasive procedures, if pleural infection is being controlled. In such cases, the further course should be observed, because spontaneous restitutio ad integrum is probable. Late decortication may be indicated in cases of persisting and significant loss of lung function.

References

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