EFFICACY AND SAFETY OF TWICE-DAILY ACLIDINIUM BROMIDE

IN COPD PATIENTS: THE ATTAIN STUDY

Paul W. Jones, Dave Singh, Eric D. Bateman, Alvar Agusti, Rosa Lamarca, Santana Paul W. Jones, Dave Singh, Rosa Lamarca, Santana Paul W. Jones, National Rosa Lamarca, Santana Paul W. Jones, Alvar Agusti, Rosa Lamarca, Santana Paul W. Jones, National Rosa Lamarca, Santana Paul W. Jones, Nationa Pau

Gonzalo de Miquel, ⁵ Rosa Segarra, ⁵ Cynthia Caracta, ⁶ Esther Garcia Gil⁵

¹St George's, University of London, London, UK; ²University of Manchester,

Medicines Evaluation Unit Ltd, Manchester, UK; ³University of Cape Town, Cape

Town, South Africa; ⁴Thorax Institute, Hospital Clínic, University of Barcelona, and

Fundación Investigación Sanitaria Illes Balears (FISIB), Centro de Investigación

Biomédica en Red Enfermedades Respiratorias (CIBERES), Mallorca, Spain;

⁵Almirall S.A., Barcelona, Spain; ⁶Forest Research Institute, New Jersey, USA

CORRESPONDENCE: Professor Paul W. Jones, MD, St George's, University of

London, Cranmer Terrace, London, SW17 0RE, UK. Tel: +44 (0)20 8725 5371. Fax:

+44 (0)20 8725 5955. E-mail: pjones@sgul.ac.uk

Word count: 2997/3000

Tables/Figures: 8/8

ABSTRACT: The efficacy and safety of two doses of aclidinium bromide were evaluated in patients with moderate to severe COPD.

In this 24-week, double-blind trial, patients were randomised to twice-daily aclidinium (200 μ g or 400 μ g) or placebo. The primary efficacy endpoint was change in trough forced expiratory volume in 1 second (FEV₁) at Week 24. Other endpoints included peak FEV₁, health status (St George's Respiratory Questionnaire; SGRQ) and dyspnoea (Transitional Dyspnoea Index; TDI).

Overall, 828 patients were randomised. At Week 24, significant improvements from baseline were observed with aclidinium 200 μ g and 400 μ g versus placebo for trough FEV₁ (99 and 128 mL; both p<0.0001) and peak FEV₁ (185 and 209 mL; both p<0.0001). Peak FEV₁ improvements on Day 1 were comparable with Week 24. Aclidinium 200 μ g and 400 μ g produced significant improvements over placebo in baseline-adjusted mean SGRQ total score (-3.8 and -4.6 units; p<0.001 and <0.0001) and TDI focal score (0.6 and 1.0 units; p<0.05 and <0.001) at Week 24. With both aclidinium doses, the incidence of anticholinergic adverse events was low and similar to placebo.

Twice-daily aclidinium significantly improved bronchodilation, health status and dyspnoea, and was well tolerated in patients with COPD.

KEYWORDS: Anticholinergic, bronchodilation, dyspnoea, exacerbations, health status, long-acting muscarinic antagonist

INTRODUCTION

Chronic obstructive pulmonary disease (COPD) is an increasing public health problem that imposes a considerable burden in terms of morbidity, mortality and healthcare costs worldwide [1]. Although not curable, COPD is treatable, with bronchodilator therapy being central to the symptomatic management of the disease [2, 3].

Aclidinium bromide, a novel, inhaled long-acting muscarinic antagonist compound with low systemic activity, has been developed for the treatment of COPD. Initially, aclidinium was investigated as a once-daily drug. In Phase III studies, once-daily aclidinium 200 μg significantly improved trough forced expiratory volume in 1 second (FEV₁) in patients with COPD versus placebo [4], but this improvement was below the suggested minimum clinically important difference (MCID) of 100-140 mL [5, 6]. Therefore, additional clinical studies were conducted to investigate twice-daily (BID) aclidinium. A 2-week, crossover study showed that aclidinium 400 μg BID provided 24-hour bronchodilation that was statistically and clinically significant compared with placebo [7]. Subsequently, a 12-week, Phase III study (ACCORD COPD I) with aclidinium 200 μg and 400 μg BID reported significant improvements over placebo in bronchodilation, health status and COPD symptoms [8]. This paper presents results from a Phase III study of longer duration (ATTAIN), which assessed the efficacy and safety of aclidinium 200 μg and 400 μg BID versus placebo over 24 weeks in patients with moderate to severe COPD.

METHODS

Study subjects

Male and female patients aged \geq 40 years were included if they were current or former cigarette smokers with a smoking history of \geq 10 pack-years and had a diagnosis of COPD according to Global Initiative for Chronic Obstructive Lung Disease criteria [2] (post-bronchodilator FEV₁/forced vital capacity (FVC) ratio of <70% and FEV₁ <80% of the predicted value). Patients had to demonstrate good technique during lung function assessments according to American Thoracic Society/European Respiratory Society criteria [9].

Key exclusion criteria were: history or current diagnosis of asthma; respiratory tract infection or COPD exacerbation within 6 weeks (3 months if hospitalisation was required) before screening or during the run-in period; clinically relevant respiratory conditions other than COPD; unstable cardiac conditions including myocardial infarction within the previous 6 months; contraindications to the use of anticholinergic drugs.

Inhaled salbutamol was permitted as needed, but was discontinued 6 hours before and during study visits. The following concomitant medications were allowed if their administration had been stable for ≥4 weeks before screening: inhaled corticosteroids or oral sustained-release theophyllines; systemic corticosteroids at doses equivalent to 10 mg/day of prednisone or 20 mg every other day; oxygen therapy (<15 hours/day). This study was conducted in accordance with the Declaration of Helsinki, International Conference on Harmonisation/Good Clinical Practice Guidelines and local regulations. The protocol was approved by an independent ethics committee at

each centre before study initiation. All patients gave written informed consent. The study was registered with ClinicalTrials.gov with identifier NCT01001494.

Study design

This was a double-blind, randomised, placebo-controlled, parallel-group Phase III study conducted in nine European countries and South Africa. Following screening and a 2-week run-in period to assess disease stability, patients were randomised (1:1:1) to receive aclidinium 200 µg, aclidinium 400 µg or placebo BID for 24 weeks. All study treatments were administered via a multiple-dose dry powder inhaler (Genuair®)*.

A sample size of 244 patients per treatment arm was estimated to provide at least 90% power to detect a difference of 90 mL in trough FEV₁ between the aclidinium arms and placebo at Week 24 with a two-sided 5% level of significance, assuming a standard deviation of 240 mL and adjusting for multiple treatment comparisons. The sample size provided sufficient power to detect treatment differences in the secondary endpoints.

Measurements

Standardised [9] spirometric measurements (FEV₁, FVC and inspiratory capacity [IC]) were conducted before the morning dose on Day 1 (baseline) and during visits at Weeks 1, 4, 8, 12, 18 and 24. Additionally, FEV₁ and FVC measurements were obtained at 0.5, 1, 2 and 3 hours post-dose and IC measurements at 3 hours post-dose on Day 1 and Weeks 1, 4, 12 and 24. IC was measured using an inspiratory manoeuvre to total lung capacity from stable tidal breathing [9]. All study centres had identical spirometry equipment, a detailed study manual and training. Spirometry data

were electronically transmitted to a data-management centre for quality review and only technically adequate measurements were accepted.

Health status was evaluated pre-dose at baseline and Weeks 4, 12 and 24 using the St George's Respiratory Questionnaire (SGRQ). Dyspnoea was assessed at baseline using the Baseline Dyspnoea Index (BDI) and changes were measured using the Transitional Dyspnoea Index (TDI) at Weeks 4, 12 and 24. The BDI and TDI were administered by an independent reviewer before study procedures.

Patients recorded COPD symptoms and relief medication use daily in an electronic diary; concomitant medications were recorded by the patient in a paper diary. At each visit, COPD exacerbations were identified by the investigator by reviewing records of COPD symptoms, use of daily relief medication and concomitant medications. COPD exacerbations were defined as an increase in COPD symptoms over at least two consecutive days, resulting in the increased use of short-acting bronchodilators and/or inhaled corticosteroids (mild exacerbation), treatment with antibiotics and/or systemic corticosteroids (moderate exacerbation), or hospitalisation (severe exacerbation).

Safety was assessed by adverse-event (AE) monitoring, clinical laboratory data, blood pressure and 12-lead electrocardiograms.

Statistical analysis

The primary efficacy endpoint was the change from baseline in morning pre-dose (trough) FEV₁ at Week 24. Secondary endpoints were the change from baseline in peak FEV₁ (highest FEV₁ value observed within 3 hours after morning dosing) at Week 24 and the percentages of patients achieving clinically significant improvements in SGRQ total score and TDI focal score at Week 24. For US

regulatory requirements, trough and peak FEV₁ values at Week 12 were also assessed as primary and secondary endpoints, respectively.

Efficacy analyses were performed on the intent-to-treat (ITT) population, defined as all patients who took ≥ 1 dose of study medication and had a baseline and ≥ 1 postbaseline FEV₁ assessment. Missing data were imputed using last observation carried forward (LOCF). For spirometry data, linear interpolation and time-matched LOCF were applied. Changes from baseline in lung function parameters and SGRQ and TDI scores were evaluated using analysis of covariance (ANCOVA), with treatment group and sex as factors and age and baseline value as covariates. The percentages of patients with clinically significant improvements in SGRQ (decrease of ≥ 4 units [10]) and TDI (increase of ≥ 1 unit [11]) scores were analysed using logistic regression with treatment group, sex, age and baseline value as covariates. Use of relief medication was analysed using normal scores ANCOVA, with treatment group and sex as factors and age and corresponding normal score baseline as covariates. An annualised rate of COPD exacerbations was calculated using Poisson regression with correction for over-dispersion with treatment group, sex and baseline COPD severity as factors and age as a covariate. Logistic regression, including treatment group and baseline COPD severity as covariates, was used to analyse the percentage of patients with ≥ 1 COPD exacerbation. Safety outcomes were analysed descriptively for the safety population, defined as patients who received ≥ 1 dose of study medication.

RESULTS

Patient characteristics

Of the 828 randomised patients, 819 patients were included in the ITT and safety populations. Figure 1 shows patient disposition. Baseline demographics and disease status were similar across treatment groups (Table 1).

At Week 24, aclidinium 200 µg and 400 µg produced significant improvements from

Efficacy

Lung function

baseline in mean±standard error (SE) trough FEV $_1$ compared with placebo (by 99±22 mL and 128±22 mL, respectively; p<0.0001 for both; Figure 2). For both aclidinium doses, the improvement in trough FEV $_1$ was statistically superior to placebo at all measured timepoints from Week 1 to Week 24, ranging from 77 mL (Week 12) to 105 mL (Week 18) for aclidinium 200 µg and from 105 mL (Week 12) to 140 mL (Week 18) for aclidinium 400 µg (Figure 2; Table 2). Mean±SE peak FEV $_1$ significantly improved from baseline with aclidinium 200 µg and 400 µg versus placebo at Week 24 (by 185±23 mL and 209±24 mL, respectively; p<0.0001 for both; Figure 3). At Week 12, the corresponding improvements were 182±21 mL and 191±21 mL, respectively (p<0.0001 for both). The improvement in peak FEV $_1$ provided by both aclidinium doses was statistically superior to placebo at all timepoints from Day 1 to Week 24 (Figure 3; Table 2). Following the first dose of aclidinium, the increase in peak FEV $_1$ over placebo on Day 1 (187 mL, 400 µg) was comparable to that seen at study end (209 mL, 400 µg). The mean post-dose time to

peak FEV₁ was <2 h for aclidinium 200 µg and 400 µg at all timepoints except for Day 1 (127 and 126 minutes, respectively).

Both aclidinium doses resulted in significant improvements over placebo in FVC and IC values throughout the study (Table 2). Numerically greater improvements in trough FVC and trough IC were observed with the 400 μg versus 200 μg dose at all timepoints; these improvements were statistically significant (p<0.05) at Weeks 1, 8, 12 and 18 for trough FVC and at Weeks 1, 12 and 18 for trough IC. Aclidinium 400 μg also produced numerically greater improvements versus aclidinium 200 μg in peak FVC at all timepoints except Week 12; these improvements were statistically significant (p<0.05) at Weeks 1 and 24.

Health status

Significantly greater improvements from baseline in mean SGRQ total score were observed with both aclidinium doses versus placebo at all timepoints, except Week 4 with aclidinium 200 μ g (Figure 4). By Week 24, the improvement over placebo in baseline-adjusted mean±SE SGRQ total score was -3.8±1.1 units for aclidinium 200 μ g (p<0.001) and -4.6±1.1 units for aclidinium 400 μ g (p<0.0001). More patients had a clinically significant improvement in SGRQ total score (\geq 4 units) at Week 24 with aclidinium 200 μ g and 400 μ g compared with placebo (56.0% and 57.3% versus 41.0%; odds ratio 1.83 and 1.87; p<0.001 for both).

Dyspnoea and relief medication use

Both aclidinium doses provided significantly greater improvements from baseline in TDI focal score compared with placebo at all timepoints, except Week 12 for aclidinium 200 μ g (Figure 5). The improvement over placebo in baseline-adjusted mean±SE TDI focal score at Week 24 was 0.6±0.3 units for aclidinium 200 μ g

(p<0.05) and 1.0±0.3 unit for aclidinium 400 μg (p<0.001). More patients treated with aclidinium 200 μg and 400 μg had a clinically significant improvement in TDI focal score (\geq 1 unit) at Week 24 compared with placebo (53.3% and 56.9% versus 45.5%; odds ratio 1.47 and 1.68; p<0.05 and <0.01, respectively).

Over 24 weeks, the mean total daily use of relief medication was significantly reduced from baseline with aclidinium 200 μ g (by 0.61 puffs/day; p=0.0002) and aclidinium 400 μ g (by 0.95 puffs/day; p<0.0001) compared with placebo. The percentage of days without the need for relief medication over 24 weeks was significantly increased over placebo by 11% for both doses of aclidinium (p<0.001 for both).

COPD exacerbations

The rate of exacerbations of any severity was lower with aclidinium 200 μg and 400 μg versus placebo (0.43 and 0.40 versus 0.60 per patient per year, respectively). Compared with placebo, the rate ratio with aclidinium 200 μg was 0.72 (95% confidence interval [CI] 0.52-0.99; p<0.05) and 0.67 (95% CI 0.48-0.94; p<0.05) with aclidinium 400 μg . The frequency of moderate or severe exacerbations was also lower for aclidinium 200 μg and 400 μg versus placebo (0.35 and 0.34 versus 0.47 per patient per year, respectively), but the rate ratios did not reach statistical significance (0.74 [95% CI 0.53-1.04] and 0.72 [95% CI 0.51-1.02]; p=0.08 and p=0.06, respectively).

Safety

The percentage of patients with at least one treatment-emergent AE was similar for placebo, aclidinium 200 μ g and aclidinium 400 μ g (57.1%, 54.5% and 53.5%, respectively). Table 3 shows AEs reported by \geq 2% of patients in any treatment group.

Potential anticholinergic AEs occurred with an incidence of <1% in any treatment group and were reported at a similar or lower incidence in the aclidinium 200 μ g and 400 μ g groups compared with placebo, except for urinary tract infection (0.7%, 2.2% and 0.7%, respectively). The percentage of patients reporting dry mouth was low and similar in each group (placebo: 0.4%; aclidinium 200 μ g: 0.7%; aclidinium 400 μ g: 0.4%).

The percentage of patients experiencing a serious AE (SAE) was similar across the three groups (placebo: 5.5%; aclidinium $200~\mu g$: 4.3%; aclidinium $400~\mu g$: 5.6%). The most common SAE by preferred term was COPD exacerbation, which was reported by 3.7%, 1.4% and 0.7% of patients in the placebo, aclidinium $200~\mu g$ and aclidinium $400~\mu g$ groups, respectively. Other preferred terms were reported as SAEs by no more than one patient in any treatment group. No SAEs were considered by the local investigator to be related to study medication. Three patients died during the study; one each in the placebo (road traffic accident), aclidinium $200~\mu g$ (myocardial infarction) and aclidinium $400~\mu g$ (acute cardiac failure) groups. None of the deaths were thought to be related to treatment.

No clinically relevant changes from baseline in laboratory parameters or blood pressure were observed in any group. The mean changes from baseline in 12-lead electrocardiogram parameters were generally small, with no apparent treatment- or dose-related trend: two patients (placebo: n=1; aclidinium 200 μ g: n=1) had a QT interval corrected for heart rate using the Fridericia formula (QTcF) of >500 ms, and five patients (placebo: n=2; aclidinium 200 μ g: n=3) had a change in QTcF of >60 ms.

DISCUSSION

This study showed that, in patients with moderate to severe COPD, aclidinium 200 µg or 400 µg BID significantly improved lung function assessments over 24 weeks compared with placebo. The improvement in trough FEV₁ with aclidinium 400 µg was 128 mL at Week 24. Improvements in trough FEV₁ with aclidinium 400 μg ranged from 105 (Week 12) to 140 mL (Week 18) throughout the study, which is consistently within the proposed MCID of 100-140 mL [6, 12]. However, the improvement in trough FEV₁ with aclidinium 200 µg was lower, ranging from 77 mL (Week 12) to 105 mL (Week 18). Aclidinium 400 µg also showed numerically greater improvements over the 200 µg dose for FVC, IC and peak FEV₁ values. This is one of the first bronchodilator trials to report IC. For both aclidinium doses, the improvement in peak FEV₁ on Day 1 was comparable with Week 24. Improving health status and relieving symptoms are important goals in the management of stable COPD [2]. As the relationship between these outcomes and changes in FEV_1 is poor, it is important to measure directly the effect of treatment on health status and symptoms [12]. At 24 weeks, the mean improvement with aclidinium 400 µg versus placebo exceeded the MCID for SGRQ total score and equalled the MCID for TDI focal score. Such large improvements in SGRQ score are reported relatively rarely in clinical trials. With both aclidinium doses, approximately 15% more patients had an improvement that exceeded the SGRQ MCID compared with placebo. For the TDI score, 8% and 11% more patients exceeded the MCID with aclidinium 200 µg and 400 µg, respectively, compared with placebo. These improvements are likely to translate into a noticeable benefit for patients and clinicians in routine clinical practice.

In the placebo arm, FEV_1 response declined during the study, whereas SGRQ total score and TDI focal score improved. A similar lack of concordance between FEV_1 and SGRQ has been observed in numerous other bronchodilator studies [13].

This study was not powered for exacerbations and the population was not enriched by recruiting patients with a history of frequent exacerbations, as reflected by the modest exacerbation rate in the placebo group. Despite the low rate of exacerbations, both aclidinium doses significantly reduced the rate of exacerbations of any severity compared with placebo. However, these results need to be confirmed in adequately powered trials. There was a similar trend in reduced rates for moderate or severe exacerbations in a second, similar, Phase III study [8].

Aclidinium 200 μ g and 400 μ g BID for 24 weeks was well tolerated, with no differences between the safety profiles of the two doses. The incidence of anticholinergic AEs in both aclidinium groups was low and similar to placebo.

Moreover, no serious anticholinergic AEs occurred in any of the study arms. The low incidence of anticholinergic AEs reported with aclidinium is consistent with earlier studies, which showed that aclidinium is rapidly hydrolysed in human plasma into inactive metabolites [14, 15].

Overall, both aclidinium BID doses significantly improved bronchodilation, health status, COPD symptoms and exacerbations (any severity). The study was not powered to detect statistically significant differences between doses. However, the 400 μ g dose consistently demonstrated numerically greater efficacy compared with the 200 μ g dose and produced clinically significant improvements in lung function, health status and symptoms that were not observed with the lower dose. The range of improvement in trough FEV₁ observed with aclidinium 400 μ g over the study period (105-140 mL) was comparable with results from 6- to 12-month studies of tiotropium, in which

improvements ranged from 120 to 150 mL [16–19]. This is consistent with observations from an earlier Phase II study, in which aclidinium 400 μ g BID produced 24-hour bronchodilation that was similar to tiotropium 18 μ g once-daily [7]. The improvement in trough FEV₁ with aclidinium 400 μ g in the present study was also similar to that observed with the same dose in a previous 12-week, Phase III study (124 mL at study end) [8]. The 12-week study showed clinically significant improvements in dyspnoea with aclidinium 400 μ g; the improvements in health status were statistically but not clinically significant, which may be because the study duration was not long enough for clinical significance to be reached. As both aclidinium doses had a similar safety profile, the risk-benefit profile appears to support aclidinium 400 μ g as the appropriate dose for treatment. In conclusion, given the sustained bronchodilatory effect and low rate of anticholinergic effects, aclidinium BID may be an effective new LAMA treatment option for patients with stable moderate or severe COPD, with the risk-benefit profile favouring the 400 μ g dose.

Acknowledgements

We thank all the ATTAIN study investigators and PAREXEL International Limited. We also thank Dr Sharon Gladwin from Complete Medical Communications, who provided medical writing support funded by Almirall, S.A., Barcelona, Spain. This study was funded by Almirall, S.A., Barcelona, Spain, and Forest Laboratories, Inc, NY, USA. *Genuair® is a registered trademark of Almirall S.A., Barcelona, Spain.

References

1. Mannino DM, Buist AS. Global burden of COPD: risk factors, prevalence, and future trends. *Lancet* 2007; 370: 765-773.

- Global Strategy for Diagnosis, Management, and Prevention of COPD.
 www.goldcopd.com. Date last updated: 2010. Date last accessed: August 26 2011.
- Vestbo J, Edwards LD, Scanlon PD, Yates JC, Agusti A, Bakke P, Calverley PM, Celli B, Coxson HO, Crim C, Lomas DA, MacNee W, Miller BE, Silverman EK, Tal-Singer R, Wouters E, Rennard SI. Changes in forced expiratory volume in 1 second over time in COPD. *N Engl J Med* 2011; 365: 1184-1192.
- 4. Jones PW, Rennard SI, Agusti A, Chanez P, Magnussen H, Fabbri L, Donohue JF, Bateman ED, Gross NJ, Lamarca R, Caracta C, Garcia Gil E. Efficacy and safety of once-daily aclidinium in chronic obstructive pulmonary disease.

 *Respir Res 2011; 12: 55.
- 5. Cazzola M, MacNee W, Martinez FJ, Rabe KF, Franciosi LG, Barnes PJ, Brusasco V, Burge PS, Calverley PM, Celli BR, Jones PW, Mahler DA, Make B, Miravitlles M, Page CP, Palange P, Parr D, Pistolesi M, Rennard SI, Ruttenvan Molken MP, Stockley R, Sullivan SD, Wedzicha JA, Wouters EF. Outcomes for COPD pharmacological trials: from lung function to biomarkers. Eur Respir J 2008; 31: 416-469.
- Donohue JF. Minimal clinically important differences in COPD lung function.
 COPD 2005; 2: 111-124.
- 7. Fuhr R, Magnussen H, Sarem K, Ribera Llovera A, Kirsten A-M, Falques M, Caracta C, Garcia-Gil E. Efficacy of aclidinium bromide 400 μg BID compared with placebo and tiotropium in patients with moderate-to-severe COPD. *Chest* 2011; Sep 8 [Epub ahead of print].

- 8. Kerwin EM, D'Urzo AD, Gelb AF, Lakkis H, Gil EG, Caracta CF. Efficacy and safety of a 12-week treatment with twice-daily aclidinium bromide in COPD patients (ACCORD COPD I). *COPD* 2012; Feb 9 [Epub ahead of print].
- Miller MR, Hankinson J, Brusasco V, Burgos F, Casaburi R, Coates A, Crapo R, Enright P, van der Grinten CP, Gustafsson P, Jensen R, Johnson DC, MacIntyre N, McKay R, Navajas D, Pedersen OF, Pellegrino R, Viegi G, Wanger J. Standardisation of spirometry. *Eur Respir J* 2005; 26: 319-338.
- Jones PW. St George's Respiratory Questionnaire: MCID. COPD 2005; 2: 75 79.
- 11. Mahler DA, Witek TJ, Jr. The MCID of the transition dyspnea index is a total score of one unit. *COPD* 2005; 2: 99-103.
- 12. Cazzola M, MacNee W, Martinez FJ, Rabe KF, Franciosi LG, Barnes PJ, Brusasco V, Burge PS, Calverley PM, Celli BR, Jones PW, Mahler DA, Make B, Miravitlles M, Page CP, Palange P, Parr D, Pistolesi M, Rennard SI, Ruttenvan Molken MP, Stockley R, Sullivan SD, Wedzicha JA, Wouters EF. Outcomes for COPD pharmacological trials: from lung function to biomarkers. *Eur Respir J* 2008; 31: 416-469.
- 13. Westwood M, Bourbeau J, Jones PW, Cerulli A, Capkun-Niggli G, Worthy G. Relationship between FEV1 change and patient-reported outcomes in randomised trials of inhaled bronchodilators for stable COPD: a systematic review. *Respir Res* 2011; 12: 40.
- 14. Jansat JM, Lamarca R, Garcia Gil E, Ferrer P. Safety and pharmacokinetics of single doses of aclidinium bromide, a novel long-acting, inhaled antimuscarinic, in healthy subjects. *Int J Clin Pharmacol Ther* 2009; 47: 460-468.

- 15. Sentellas S, Ramos I, Alberti J, Salva M, Anton F, Miralpeix M, Beleta J, Gavalda A. Aclidinium bromide, a new, long-acting, inhaled muscarinic antagonist: *in vitro* plasma inactivation and pharmacological activity of its main metabolites. *Eur J Pharm Sci* 2010; 39: 283-290.
- 16. Brusasco V, Hodder R, Miravitlles M, Korducki L, Towse L, Kesten S. Health outcomes following treatment for six months with once daily tiotropium compared with twice daily salmeterol in patients with COPD. *Thorax* 2003; 58: 399-404.
- Casaburi R, Mahler DA, Jones PW, Wanner A, San PG, ZuWallack RL,
 Menjoge SS, Serby CW, Witek T, Jr. A long-term evaluation of once-daily
 inhaled tiotropium in chronic obstructive pulmonary disease. *Eur Respir J* 2002;
 19: 217-224.
- 18. Donohue JF, van Noord JA, Bateman ED, Langley SJ, Lee A, Witek TJ, Jr., Kesten S, Towse L. A 6-month, placebo-controlled study comparing lung function and health status changes in COPD patients treated with tiotropium or salmeterol. *Chest* 2002; 122: 47-55.
- Vincken W, van Noord JA, Greefhorst AP, Bantje TA, Kesten S, Korducki L,
 Cornelissen PJ. Improved health outcomes in patients with COPD during 1 yr's
 treatment with tiotropium. *Eur Respir J* 2002; 19: 209-216.

 Table 1. Baseline demographics and disease status

	Placebo	Aclidinium	Aclidinium	Total
		200 μg BID	400 μg BID	
	(n=273)	(n=277)	(n=269)	(n=819)
Age (years)	62.0 (8.0)	62.3 (7.8)	62.9 (8.4)	62.4 (8.0)
Male (%)	69.2	65.3	67.7	67.4
Caucasian (%)	95.2	95.0	95.5	95.2
COPD severity (%)				
Moderate (GOLD II)*	65.9	69.6	68.7	68.1
Severe (GOLD III)*	34.1	30.4	31.3	31.9
Current smoker (%)	52.8	50.5	55.0	52.8 40.2 (19.8)
Smoking history (pack-years)	38.9 (18.3)	40.0 (19.8)	41.7 (21.1)	
Baseline FEV ₁ (L)	1.50 (0.49)	1.51 (0.50)	1.51 (0.53)	1.51 (0.50)
Baseline FEV ₁ , % of	52.4 (14.4)	53.0 (14.1)	52.0 (13.9)	52.5 (14.1)
predicted value				
Post-salbutamol FEV ₁ , % of	56.6 (12.8)	57.6 (13.2)	56.2 (12.2)	56.8 (12.8)
predicted value				
SGRQ total score	45.1 (15.8)	46.3 (16.8)	47.6 (17.7)	46.3 (16.8)
BDI focal score	6.7 (2.0)	7.0 (2.2)	6.7 (2.1)	6.8 (2.1)
Daily use of salbutamol (No.	3.8 (4.3)	3.3 (3.2)	3.5 (3.0)	3.5 (3.5)
of puffs)				
Pre-study COPD medication	91.9	89.5	88.1	89.9

	Placebo	Aclidinium	Aclidinium	Total
		200 μg BID	400 μg BID	
	(n=273)	(n=277)	(n=269)	(n=819)
%)				
ICS	42.1	35.0	37.2	38.1
LABA	33.0	27.8	30.1	30.3
LABA + ICS	15.4	13.4	14.1	14.3
LAMA	21.2	31.0	28.6	27.0
SABA	50.2	48.7	52.4	50.4
SABA + SAMA	9.5	11.6	11.2	10.7
SAMA	16.5	16.2	15.2	16.0
Xanthines	21.6	22.4	18.6	20.9
Others**	4.0	4.3	4.8	4.4
Patients with ≥1 self-	32.6	35.4	36.2	34.7
reported COPD exacerbation				
n previous year (%)				

Data are presented as mean (SD) unless otherwise stated.

BDI, Baseline Dyspnoea Index; BID, twice daily; COPD, chronic obstructive pulmonary disease; FEV_1 , forced expiratory volume in 1 s; SD, standard deviation; SGRQ, St George's Respiratory Questionnaire; ICS, inhaled corticosteroid; LABA, long-acting β_2 -agonist; LAMA, long-acting muscarinic antagonist; SABA, short-acting β_2 -agonist; SAMA, short-acting muscarinic antagonist.

^{*}As classified by the Global Initiative for Chronic Obstructive Lung Disease.

^{**}Systemic corticosteroids, influenza vaccine, oxygen, leukotrienes, or SABA + ICS.

Table 2. Baseline-adjusted mean differences between aclidinium and placebo in lung function parameters at all timepoints over 24 weeks

Parameter	Aclidinium 200 μg BID	Aclidinium 400 μg BID		
Trough FEV ₁ , mL	77-105 [†]	105-140 [‡]		
Peak FEV ₁ , mL	161-185 [‡]	187-211 [‡]		
Trough FVC, mL	119-159 [§]	184-224 [‡]		
Peak FVC, mL	242-276 [‡]	257-295 [‡]		
Trough IC, mL	57-70*	109-133 [‡]		

*p<0.05; \$p \le 0.0002; *p \le 0.0001; *p<0.0001

Data are reported as the minimum and maximum values over the treatment period; the indicated p-values apply over the entire range.

BID, twice daily; FEV_1 , forced expiratory volume in 1 s; FVC, forced vital capacity; IC, inspiratory capacity

Table 3. Adverse events reported by $\geq 2\%$ of patients in any treatment group (safety population)

		No. of patients (%)					
		Aclidinium			Aclidinium		
	Placebo (n=273)		20	200 μg BID (n=277)		400 μg BID (n=269)	
Preferred term			(
COPD	56	(20.5)	44	(15.9)	38	(14.1)	
exacerbations							
Headache	22	(8.1)	30	(10.8)	33	(12.3)	
Nasopharyngitis	23	(8.4)	32	(11.6)	30	(11.2)	
Rhinitis	7	(2.6)	4	(1.4)	9	(3.3)	
Diarrhoea	3	(1.1)	5	(1.8)	8	(3.0)	
Bronchitis	6	(2.2)	1	(0.4)	7	(2.6)	
Hypertension	9	(3.3)	5	(1.8)	7	(2.6)	
Cough	5	(1.8)	7	(2.5)	7	(2.6)	
Toothache	1	(0.4)	3	(1.1)	6	(2.2)	
Back pain	10	(3.7)	12	(4.3)	5	(1.9)	
Influenza	6	(2.2)	3	(1.1)	5	(1.9)	
Arthralgia	6	(2.2)	5	(1.8)	3	(1.1)	
Urinary tract	2	(0.7)	6	(2.2)	2	(0.7)	

infection

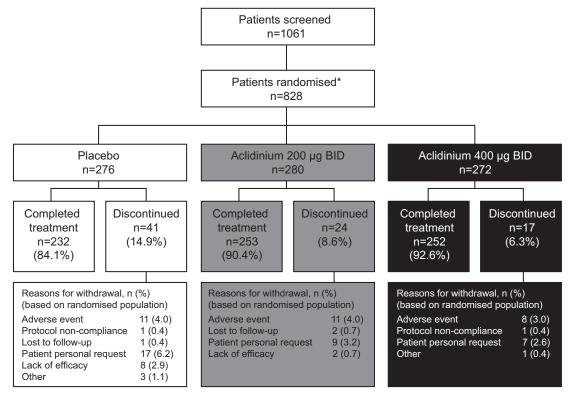
Dyspepsia 6 (2.2) 5 (1.8) 1 (0.4)

BID, twice daily; COPD, chronic obstructive pulmonary disease.

Figure legends

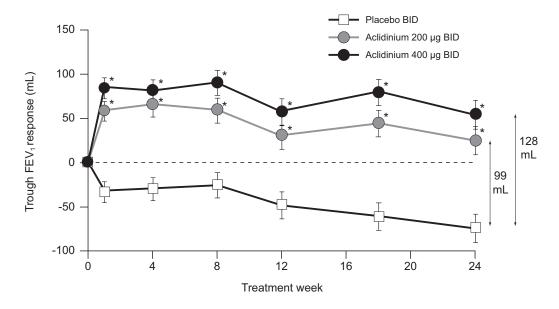
Figure 1. Patient disposition.

Figure 1



^{*}Note: nine patients from one centre were counted as randomised only due to missing baseline data; therefore, the numbers of patients who completed or discontinued treatment do not add up to the total number randomised BID, twice daily

Figure 2. Change from baseline in trough FEV₁ over 24 weeks.



Data reported as least squares mean (standard error)

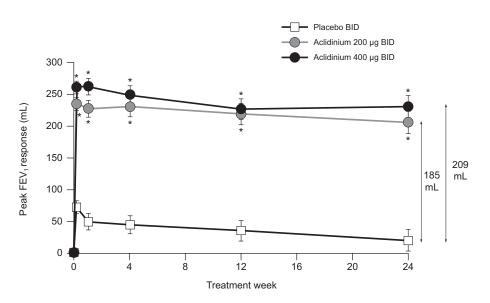
*p<0.0001 for both treatments vs placebo

There were no statistically significant differences between the two aclidinium arms

BID, twice daily; FEV₁, forced expiratory volume in 1 second

Figure 3. Change from baseline in peak FEV₁ over 24 weeks.

Figure 3



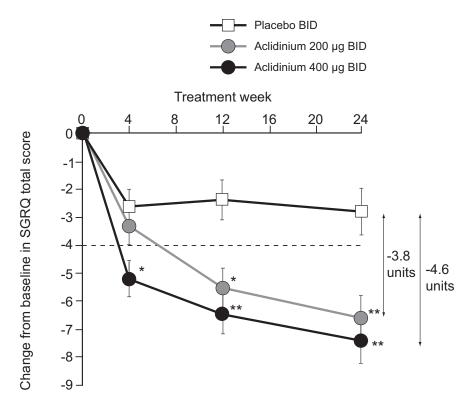
Data reported as least squares mean (standard error)

*p<0.0001 for both treatments vs placebo

There were no statistically significant differences between the two aclidinium arms BID, twice daily; FEV₁, forced expiratory volume in 1 second

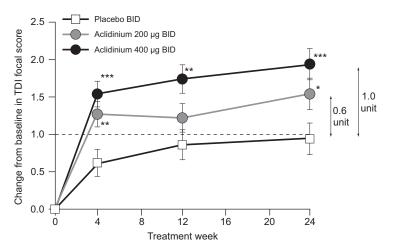
Figure 4. Change from baseline in SGRQ total score over 24 weeks.

Figure 4



*p<0.01; **p<0.001 vs placebo
Data reported as least squares mean (standard error)
BID, twice daily; SGRQ, St George's Respiratory Questionnaire
Values on or below the dotted line represent clinically significant improvement

Figure 5. Change from baseline in TDI focal score over 24 weeks.



Data reported as least squares mean (standard error)
*p<0.05; *rp<0.01, ***p<0.0101 vs placebo
BID, twice daily; TDI, Transitional Dyspnoea Index
Values on or above the dotted line represent clinically significant improvement