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Title: Multicentre longitudinal analysis of body mass index, lung function and sputum microbiology in primary ciliary dyskinesia

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Body: BACKGROUND: No studies have longitudinally assessed paired body mass index (BMI) and lung function in primary ciliary dyskinesia (PCD). Data about the relationship between sputum pathogens and spirometric evolution are also lacking. METHODS: We aimed to determine longitudinal BMI and spirometry changes in 162 PCD patients from London, UK (n=75), Naples, Italy (n=24) and Copenhagen, Denmark (n=63). Annual BMI and FEV₁ were analyzed over blocks of 2, 4 and 6 consecutive years. Isolation of P. aeruginosa (PA) from sputum was recorded in order to assess impact on lung function progression. RESULTS: Median age at first spirometry was 9 years (range, 4.2-27.2). Mean Z scores of first measured BMI and FEV₁, were -0.02, and -1.37, respectively. There were no significant changes in BMI and FEV₁ slopes, over any time block. During the follow-up PA was not related to lung function evolution, even though patients with at least one isolation of PA showed a trend towards worse lung function at 2 years.

		FEV1 Z score slope*				
	Ν	2 yrs	Ν	4 yrs	Ν	6 yrs
Ever P. aeruginosa	69	-0.06 (-0.19 to 0.08)	51	-0.09 (-0.17 to -0.01)	38	-0.07 (-0.14 to 0.004)
Never P. aeruginosa	93	0.07 (-0.04 to 0.17)	59	-0.02 (-0.08 to 0.05)	43	-0.05 (-0.10 to 0.002)
р		0.053		0.10		0.76

*Mean and 95% CI.

CONCLUSIONS: PCD subjects receiving centralized care show steady BMI and stable spirometry over medium term follow-up. Evolution of lung function could not be significantly correlated to PA isolation, although a trend was found towards decline of FEV_1 after 2 years of follow-up.