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Title: Long-term efficacy of twice-daily aclidinium bromide in COPD patients: A one-year study

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Body: INTRODUCTION: Aclidinium bromide is a long-acting muscarinic antagonist currently under investigation for the long-term maintenance treatment of COPD. In this study, the long-term efficacy and safety of twice-daily (BID) aclidinium 200 μ g and 400 μ g in moderate-to-severe COPD patients were assessed. The efficacy results are reported here. METHODS: Patients were randomized (1:1) to receive aclidinium 200 μ g or 400 μ g BID in a double-blind manner. The primary endpoint was change from baseline to Week 52 in trough FEV₁. Other efficacy parameters included change from baseline to Week 52 in peak FEV₁, trough and peak FEV₁ by study visit, normalized FEV₁AUC₀₋₃, and change from baseline to Week 52 in SGRQ and EuroQol scores. RESULTS: A total of 605 patients were randomized to this study. Both aclidinium 200 μ g and 400 μ g BID resulted in improvements from baseline to Week 52 in trough and peak FEV₁ (Table), with numerically larger increases seen with the 400 μ g dose. At study end, change from baseline in normalized AUC₀₋₃ FEV₁ was also improved for both groups, with greater improvements seen with the higher aclidinium dose (Table). Both treatment groups showed clinically significant improvements in SGRQ Total score and improvements in EuroQoL parameters from baseline to Week 52 (Table).

CONCLUSIONS: Treatment with aclidinium 200 μ g or 400 μ g BID results in benefits in lung function and health status in COPD patients over 1 year.