European Respiratory Society Annual Congress 2012

Abstract Number: 811

Publication Number: 4711

Abstract Group: 7.2. Paediatric Asthma and Allergy

Keyword 1: Asthma - management Keyword 2: Children Keyword 3: Asthma - diagnosis

Title: Fungal sensitisation in children with severe therapy resistant asthma

Dr. Susana 5412 Castanhinha susanacastanhinha@gmail.com ¹, Dr. Atul 5413 Gupta atulgupta@doctors.org.uk ²,³, Dr. Marco 5414 Maglione maglione84@libero.it ⁴, Dr. Sergio 5415 Koo sergiokoo@gmail.com MD ⁵, Dr. Cara 5416 Bossley c.bossley@rbht.nhs.uk MD ², Dr. Louise 5417 Fleming I.fleming@rbht.nhs.uk ², Prof. Dr Andrew 5423 Bush a.bush@rbht.nhs.uk ²,³ and Dr. Sejal 5424 Saglani s.saglani@rbht.nhs.uk ²,³ . ¹ Department of Paediatrics, Hospital Santa Maria, Universidade de Lisboa, Lisbon, Portugal ; ² Department of Respiratory Medicine, Royal Brompton and Harefield NHS Trust, London, United Kingdom ; ³ National Heart and Lung Institute, Imperial College, London, United Kingdom ; ⁴ Department of Paediatrics, Federico II University, Naples, Italy and ⁵ Department of Paediatrics, Queen Mary Hospital, Chinese University of Hong Kong, China .

Body: Adults with severe asthma with fungal sensitisation (SAFS) have reduced lung function and increased morbidity [Am J Respir Care Med 2009;179:11-8]. We hypothesized that fungal sensitisation in children with severe, therapy-resistant asthma (STRA) is associated with increased morbidity. Methods: All children had STRA having had basic management optimized [Lancet 2010;376:814-25]. There were 166 patients (11.7 years [4-17]; 61% boys). SAFS (n=76) was defined as specific IgE (splgE) or skin prick test (SPT) positivity to Aspergillus fumigatus, Alternaria alternata or Cladosporium herbarum. Non-sensitised patients (n=90) had negative splgE and SPT. Age, atopy, symptoms, medication, lung function and airway inflammation were assessed. Results: SAFS children were mainly boys (57/76(75%) vs 43/90(48%), p<0.001), had earlier asthma onset (0.5 years [0-12.5] vs 1.5 [0-12.5], p=0.006), higher total IgE (637 IU/mL [12-6737] vs 177 [1-10881], p=0.002) and sum of inhalant allergen SPT and splgE (16 mm [0-38] vs 9 [0-36], p<0.001; 78 IU/mL [0-400] vs 19 [0-243], p=0.02). SAFS children had a trend for lower FEV1 (72%Pred [29-121] vs 75.5 [23-125], p=0.18) and FVC (90%Pred [36-138] vs 95 [30-123] p=0.13), more bronchodilator reversibility (59/73 (81%) vs 42/81 (52%), p<0.001), and were more likely prescribed maintenance oral steroids (18/76 (24%) vs 8/88 (9%), p=0.02). Symptoms and airway inflammation (sputum, bronchoalveolar lavage and endobronchial biopsy) were similar. Conclusions: Children with STRA and SAFS had earlier asthma onset, more atopy and bronchodilator reversibility, and were more often given prednisolone. We need a randomised controlled trial of antifungal therapy in paediatric SAFS.